

## TABLE OF CONTENTS

- [Administrative](#)
- [Academics](#)
- [Clubs & Athletics](#)
- [Student Activities](#)
- [Other news](#)
- [Upcoming events](#)

The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB News-wire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Dan Witt](#).

### BENN STAFF

[Mr. Anton Milardovic](#)  
[Mrs. Sophia Adach](#)  
[Mrs. Jennifer Jackson](#)  
[Mrs. Nada Offak](#)  
[Mr. James Rodrigue](#)  
[Mrs. Laura Varriano-Lane](#)

### NEXT ISSUE

April 11, 2012



*As we approach one of the most holiest days of the year, may the glorious Resurrection of the Lord Jesus Christ be with you and your families during the Easter Season and throughout the whole year.*

## Administrative

### GRT SERVICE TO/FROM ST. BENEDICT CATHOLIC SECONDARY SCHOOL GR. 10 LITERACY TEST - THURSDAY, MARCH 29, 2012

#### Morning Service to the school

All school specials operate in the morning at the regularly scheduled times.

#### Midday Shuttles from Hespeler to School

ST. BENEDICT'S SHUTTLE Bell Time 11:45am

10:45am Depart Hespeler Terminal (71 Melran bay). Proceed EXPRESS to school.

11:15am Depart Hespeler Terminal (71 Melran bay). Proceed EXPRESS to school.

### **Afternoon Service from the school**

All school specials operate in the afternoon at the regularly scheduled times.

### **SCHEDULE FOR THE DAY**

8:15 - Warning bell for students writing the literacy test

8:25 - Literacy test begins

11:25 - lunch

12:10 - period 2 (all St. Benedict students)

1:20 - period 5 (all St. Benedict students)

2:25 - regular dismissal time



**St. Benedict Catholic Secondary School**  
**May 4 to 6, 2012**

**50<sup>th</sup>**

**Music Coffee House  
Dinner & Auction  
Sports Events  
Open House  
Assembly**

Photo: John Curtis

**B** [www.sbcss50th.myevent.com](http://www.sbcss50th.myevent.com)  
**A Celebration of People for 50 years**

The poster features a central image of a church steeple against a blue sky with clouds. The text is arranged around the steeple, with the school name and dates at the top, the '50th' anniversary logo in the middle, and a list of events below. At the bottom, there is a large blue 'B' logo and the website URL.

**REGISTER TODAY AT**

**<http://www.sbcss50th.myevent.com>**

## **NEWS FROM THE GUIDANCE OFFICE**

**BY MRS. P. KLASSEN**

**THANKS FROM THE GUIDANCE DEPARTMENT**

The Guidance Department would like to extend a huge thank you to the entire St. Benedict Community - students, parents and staff - for their help and support during the recent course selection process. The vast majority of students completed the task of choosing their courses for next year, on or before the dead line of March 1. This gave our department the week prior to the March Break to track down any outstanding course selections. If your son or daughter has not returned their signed copy to the guidance office, please encourage them to do so as soon as possible.

## **GRADE 10 ENRICHED HISTORY! IS THIS AN OPTION FOR YOU?**

The option of choosing Grade 10 History at the Enriched Academic Level for the 2012-2013 school year was inadvertently omitted from the course selection process. If your son or daughter chose Academic History (CHC 2DI) for next year, but would be interested in take the Enriched Academic Course (CHC 2DN), please sign and return the permission form that they received in their period one class this week to the guidance office as soon as possible or contact your son or daughter's counsellor.

## **WATERLOO ENGINEERING CATALYST CONFERENCE FOR GRADE 11 GIRLS**

The University of Waterloo is offering a unique opportunity this spring to Grade 11 girls who may be interested in pursuing a career in Engineering. From May 4 - May 6, 2012, they will be holding their Annual "Catalyst Conference". Attendees will have the opportunity to experience engineering and what it is like to be a student at the University of Waterloo by participating in a number of hands-on workshops, compete in a design competition, meet current female engineering students and experience life in residence. The registration fee for this event is \$100 and includes meals, some snacks and residence accommodations. All students must provide their own travel to the University of Waterloo. To find out more, and to download forms for the application process please visit: <http://catalyst.uwaterloo.ca/grade-11-girls/>.

## **GOWNS FOR GRADS**

Gowns for Grade (Cambridge) is a charitable organization that was started in November 2009 in response to recession-hit families that were unable to afford to send their daughters to their grade eight graduations or their grade twelve graduation proms. Through donations from individuals and local businesses, they are able to provide dresses, accessories and shoes free of charge to any girls who are interested. This year they are expanding their services to include men's wear. Gowns for Grads will gratefully accept donations of gently used/new dresses, shoes and accessories, as well as gently used/new suits, shirts, pants, ties and hoes to help outfit young women and men. If you know of someone who could benefit from their service, please get in touch and arrangements will be made for them to come and "shop" for their perfect prom attire. Contact your guidance counsellor for a phone contact or email [gowns4gradscambridge@gmail.com](mailto:gowns4gradscambridge@gmail.com).

## **ZOOM INTO THE WORKPLACE! ATTENTION GRADE 12 GRADUATES SEEKING EMPLOYMENT!**

If you are a current grade 12 student who is planning to graduate in June and seek full-time employment, consider attending "Zoom Into the Workplace" on Wednesday, May 2. This event, geared toward students who are not planning to attend post-secondary school is being sponsored by the Business and Education Partnership of Waterloo Region. At Zoom you will hear from, and interact with people who work in different industry sectors. You will be invited to take part in workshops that are geared to your specific areas of interest. See Mr. Ambeau in the guidance office for more information about this fantastic opportunity.

## **HEALTHY HEART DAY - BE A VOLUNTEER AND/OR A PARTICIPANT**

On April 21, 2012, St. Benedict will be the host site for the 8th Annual Healthy Heart Day. This event, which will focus on the heart health of women is being organized by Dr. Michelle Pandey. Volunteers are needed for this event! If you have a special interest in medically related careers, this would be a great opportunity for you. Volunteers are needed for set-up, registration, take-down and other assorted tasks. If you are interesting in earning Community Service Hours, while at the same time learning more about an important health topic, consider volunteering for this event. Please see Mrs. Klassen in the guidance office for more information or contact 519-624-3511 after 5 PM. You can also email [healthyheartday@rogers.com](mailto:healthyheartday@rogers.com).

## **RAY OF HOPE - YOUTH ADDICTION SERVICES**

Ray of Hope offers addiction treatment programs which assist youth in the Waterloo and Wellington regions on their journey to overcoming addiction and substance abuse. They provide different levels of treatment to youth, as well as support to parents/guardians, with the ultimate goal of helping youth return to a life free of addiction. The Rebound Choices program is offered to female and male youth between the ages of 12 - 17 and focuses both on substance abuse prevention and helping youth develop constructive social skills. The program is offered one night a week for ten weeks, and covers topics such as communication, decision making, relationships, and goal setting, as well as providing reliable information about alcohol, marijuana and prescription drugs. For more information about the Rebound Choices program, speak to a guidance counsellor, contact 519-743-2311, extension 213 or email [yasinquiries@rayofhope.net](mailto:yasinquiries@rayofhope.net).

## **SHH ... IT'S MENTAL HEALTH**

As part of their speakers' series, Lutherwood is hosting a seminar called "Understanding Self Harm". Self harm is frightening behavior that can leave parents and friends at a loss for direction. In this seminar, you will gain a better understanding of self harm, why teens engage in this behavior, how to support those with these tendencies and where in our community you can turn for help. This seminar will take place on March 29 at Lang's Village, 1145 Concession Road from 6:30 - 8:30 PM. Admission and Parking are free.

Lutherwood is a not-for-profit organization that provides a wide range of mental health, employment, housing and family counselling services to more than 20,000 people in Waterloo Region and Wellington County.

## **OPPORTUNITIES FOR PRESTON YOUTH**

Both the Allan Reuter Centre (Downtown Preston, Attached to the Fire Hall) and the Preston Heights Community Centre offer a great variety of activities for children and youth - FREE OF CHARGE. If you are interested in finding out more about "The P-Town Picasso Youth Art Studio", the Monday Evening Youth Drop-In, or Girls Club, please call 226-749-0408.

## **NEW PHONE EXTENSIONS**

Please make note of our new phone extensions:

Mrs. Eduina Bloomfield (Administrative Assistant)	x. 5631
Mr. Mike Ambeau (Counsellor A - E)	x. 5634
Mrs. Pat Klassen (Counsellor F - Laz and Program Head)	x. 5190
Mr. Sean Kritz (Counsellor Le - Pl)	x. 5633
Mrs. Kathy Menjolian (Counsellor Po - Z)	x. 5635

# ENRICHING THE LIVES OF STUDENTS

BY MRS. D. WITTMANN

## IDC4U: INTERDISCIPLINARY STUDIES FOR AUTONOMOUS LEARNERS

In Unit One, the students investigated critical and creative thought. Benjamin Bloom created Bloom's Taxonomy for categorizing the level of abstraction of questions that commonly occur in critical thinking. The students will apply this taxonomy in a tutorial setting while they analyze Malcolm Gladwell's *Outliers* - understanding that the better the question, the better the answer.

Using William's Taxonomy, the students looked at the creative thought process. Students learned that innovation is important to the advancement of society around the world. New and innovative products can increase the standard of living and provide people with opportunities to improve their lives. Each student selected a product of their choice and followed its path from innovation to modern-day, looking at the historical context, influence and impact. Students investigated the following: washing machine, Kindle Fire eBook readers, sodium nitrate preservative, microphone, light bulb, itunes, airplanes, movies, and automobiles, to name a few.

Next: Looking at Leonardo DaVinci - a universal genius:

- Geniuses look at problems in many different ways
- Geniuses make their thought visible
- Geniuses produce
- Geniuses make novel combinations
- Geniuses force relationships
- Geniuses think in opposites
- Geniuses think metaphorically

## BEYOND BENNY'S

BY MRS. N. OFFAK

### MATH:

#### Centre for Education in Mathematics and Computing

#### School-based contests for grades 7-12

Grade 9 Fryer, Grade 10 Galois, Grade 11 Hypatia: Wednesday, April 12, 2012

Grade 12 Euclid: Tuesday, April 11, 2012

<http://www.ccmc.uwaterloo.ca/>

Sponsored by the University of Waterloo

#### Math Circles

Free weekly enrichment activities

February 8th - April 4, 2012, 6:30pm - 8:30pm

<http://www.cemc.uwaterloo.ca/events/mathcircl...>

Sponsored by the University of Waterloo

### LANGUAGE AND LITERACY:

#### Poetry Writing Contest

Poetry contest in grade divisions 7-9 & 10-12

Submission Deadline: April 12, 2012

<http://poeticpower.com/Contest.html>

Sponsored by Creative Communication

#### Young Writers Poetry Contest

Short story contest for ages 7-18. See website for details.

Submission deadline: March 2012

<http://www.youngwritersofcanada.ca>

Sponsored by the Poetry Institute of Canada

### MEDIA & TECHNOLOGY:

#### Jumpcuts

Young filmmakers create their own short films for this showcase of creativity and vision

Submission deadline: March 2012

<http://www.sprockets.ca/about/jumpcutsfilmmak...>

Sponsored by Sprockets: Toronto International Film Festival for Children

### SCIENCE:

#### Ontario Science Centre School

28 Students from across Ontario can attend a semester at the OSC completing Grade 12 science credits in an enriched environment. Grade 11 students need to apply in the spring.

Application Deadline: April 2012

<http://ontariosciencecentre.ca/oscschool>

Sponsored by Ontario Science Centre

#### AAPT Photo Contest

For students in grades 9-12. Three categories: nature, contrived, multiple images.

Submission deadline: March 1 - May 15, 2012

<http://www.aapt.org/Contests/photocontest.cfm>

Sponsored by the American Association of Physics Teachers

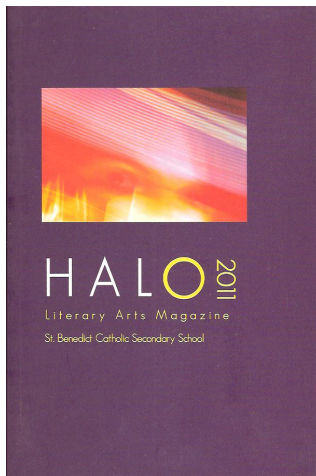
- Geniuses prepare themselves for chance

## COOPERATIVE EDUCATION PROGRAMS

Did you have trouble choosing a coop program in career cruising? If you wanted to apply for any of our experiential learning programs next year—like specialist high skills major, co-op or home build—it is not too late.

Make an appointment with your guidance counsellor to do this. If you have questions about all of the co-op programs available please see Mrs. Crowell in the coop office on the second floor or call her at 519 621 4050 ext. 5220 for help.

## LOOKING FOR SAINTS FOR THE HALO



The St. Benedict Literary Arts Magazine —HALO—will be released this June, giving our student authors, artists, and photographers an opportunity to get their work published. A great gift for family members, this full-colour glossy publication costs only \$5.00 and supports student literacy while encouraging creative outlets for teenagers in our school community.

### Engineering Science Quest

Submissions Year Round

Register online

<http://www.esq.uwaterloo.ca/>

Sponsored by the University of Waterloo

### THE ARTS:

#### KW Kiwanis Music Festival

Classical music contest for youth

April 16-29, 2012

<http://www.kwkiwanismusicfestival.org/>

Sponsored by Kiwanis Club of Kitchener-Waterloo

#### Public "Art Talks"

Check website for class and talk listings

<http://www.kwag.ca/en/exhibitions/ArtTalks.asp>

Sponsored by the K-W Art Gallery

#### Art Exhibits and Programs

Check website for program listings

<http://www.theclayandglass.ca>

Sponsored by Canadian Clay & Glass Gallery

#### Arts & Culture Venues & Events in Waterloo Region

Check website for program listings

<http://www.explorewaterlooregion.com/artscultu...>

Sponsored by Waterloo Region Tourism

#### Wilfrid Laurier Music Workshops

Check website for program listings

[http://www.wlu.ca/page.php?grp\\_id=160&p=253](http://www.wlu.ca/page.php?grp_id=160&p=253)

Sponsored by Wilfrid Laurier University Music Department

### OTHER:

#### Youth Committee on Public Affairs

Assist in planning and participating in the annual summer conference in Orillia. Contact information on website under "Youth".

Spring 2012

<http://www.couch.ca>

Sponsored by Couching Institute on Public Affairs

#### Archaeology Field School

Secondary students work toward an interdisciplinary studies credit (IDC4U) at this three week field school. Applicants must have completed grade 10.

Registration: Before May 1, 2012

Camp: August 2012

<http://www.boydfieldschool.org>

Sponsored by Toronto & Region Conservartion

#### Enrichment Studies Unit

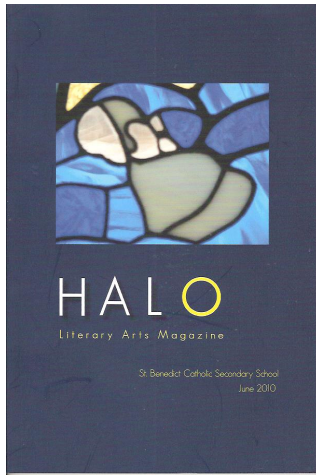
Residential programs for students in grades 6-11 in May of each year. A wide variety of courses to choose from and participate in at university atmosphere.

Application deadline: March 2012

Program: May 2012

<http://esu.queensu.ca>

This is a limited release, so reserve your copy now and pre-order HALO by [emailing Miss Charron](mailto:Miss.Charron).



Sponsored by Queen's University

### **Deep River Science Academy**

For students 15-17 years old who have completed at least one grade 10 science course. This program offers a lab immersion two-credit program in biology, chemistry or physics.

Application deadline: March 2012

Camp: Six weeks: July 1 - August 12, 2012

<http://drsa.ca>

### **International Summer School for Young Physicist**

The ISSYP is an exciting and challenging two-week program for Canadian and international high school students with a keen interest in theoretical physics and who intend to pursue physics studies at the university level.

Application deadline: March 2012

Camp: July 2012

<http://www.perimeterinstitute.ca/en/Outreach/St...>

Sponsored by the Perimeter Institute

### **Katimavik**

<http://www.katimavik.org>

Students aged 17 to 21 work in teams on community projects in six month themed programs. This volunteer experience develops leadership, improves understanding of environmental issues and tackles stimulating projects.

Application Deadline: Applications are now being accepted

*\*Programs run from July to December 2012*

Sponsored by the Government of Canada

### **Laurier Enriched Academic Program**

<http://www.wlu.ca/leap>

Summer camp for gifted/highly able students in grades 1-9. Saturday morning programs and summer camp.

Summer 2012

Registration information on the website.

**For more information on these Enrichment Opportunities, please [contact Mrs. N. Offak](#)**

## Clubs and Athletics

### **TRACK AND FIELD**

This is the last week to join Cambridge's most exciting sport ... Track and Field, of course!

Practices continue Mondays, Wednesdays, and Thursdays after school.

Paperwork is collected each day in the Phys Ed hallway. Deadline is March 30th. Extra copies of paperwork are available on classnet in the Clubs & Teams - XCountry link.

### **GIRLS HOCKEY WRAPUP**

**BY MRS. C. RATZ**

Last week the girls' hockey team played in their last tournament of the season. The girls played hard against some solid competition. Points were earned by: Nicole Mercer (2), Kelly Melo (2), Kayla Carnegie, Lauren Hummel, Ali McKinnon and Mary Marshall. Congratulations to the girls on a great season!

## **DISTRICT 8 ANNOUNCES 2011-12 BOY'S BASKETBALL ALL-STARS**

WITH FILES FROM DISTRICT8.CA

*On March 20 District 8 announced the all-star teams for the boys' basketball teams. St. Benedict was well represented at both the junior and senior level.*

At the senior level, our first team all-stars were Santo Dak and Kueth Geng. Josh Edwards earned a place on the second team team all-stars.

At the junior level, Omar Camanto and Aaron Zammit were named to the all-star team. Congratulations to all our boys!

## **ROBOTICS CLUB NEWS**

BY MRS. M. BOOTH

Members of the robotics club Emil, Conor, Zach, and Aaron competed in the Roboticon 2012 on March 17 and 18th at the University of Guelph. The team placed in the top half for the first trial of each challenge but struggled with the second trials.

Robotics club will meet this Friday March 30th after school in A3. See you there!

## **ATTENTION COMPUTER PROGRAMMERS!**

If you are interested in the ECOO group programming contest, please email Mr. Milardovic ASAP—the contest will be held next Wednesday at St. David's, there are limited spots available, and we need to start training.

## **ATTENTION STUDENTS PARTICIPATING IN THE OVERNIGHT FAST FOR INDIA**

There will be a short meeting on Thursday in the chapel at 12:25. You MUST attend this meeting if you are fasting.

## **Student Activities**

## **ATTENTION ALL LINK LEADERS!!**

It's time to celebrate YOU!! You are invited to a very special event Friday, March 30th during PERIOD 1 in the Cafeteria. Please see Ranger for more details! If you cannot make it, please let Mrs. Healy know as soon as possible.

See you Friday morning!!

## **STAY UP TO DATE WITH DISTRICT 8 SPORTS**

*Now receive sports updates in your email or on your mobile device!*

The new [District 8 website](http://district8.ca) now allows you to sign up themselves for nightly e-mail updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by going to <http://district8.ca/admin/emailSignUp.php>.



# GETTING PREPPED FOR PROM

Voila Hair Academy will do your prom hair! Up-dos are \$30.  
Book your appointment with Mrs. Cox in room 124 ASAP

## Other News

# Happy 50th Birthday Benny's!

Planning continues for the St. Benedict 50th Reunion on May 4 and 5. Acts are starting to line up for our Coffee House and our Assembly. But we are still looking for more talent. If you are interested please [email Ron Martinello](mailto:ron.martinello@sbcss50th.com).

As well, the deadline for registration for the May 5th dinner is approaching. Make sure you sign up. Registration for all events can be found at [www.sbcss50th.myevent.com](http://www.sbcss50th.myevent.com). You can also find the link on our school website.

## PARISH CONNECTIONS

# ST. MARY'S OF THE VISITATION PARISH

*"Christ Has Died, Christ has Risen, Christ will come again"*

The Easter faith of the Church is summarized in the above acclamation. To proclaim that Christ is risen is to say that God is alive, that God is with us, that God will never leave us. At a time when so many people are experiencing the devastating consequences of war and poverty, when people are carrying the cross of sickness and when family members are seeking to be reconciled with each other, we pray for the gift of peace: the peace of the Risen Lord.

As a parish family we celebrate and seek this peace during the Easter Triduum called Holy Week. In this festival of days, Christ's saving work is commemorated by the Church with the utmost solemnity. Through the liturgy of the Triduum, the church is intimately united with Christ and shares in His passage from death to life. The liturgies of the Triduum are the way we publicly celebrate the Easter Peace. They commemorate not only the historical events, but celebrate and make present their saving effect for us.

I invite you to come with your family to the celebrations of Holy Week. May our common celebration bring to each one of us a true and lasting sense of peace.

Together in the Lord's Service  
Father F. Freitas  
Pastor - St Mary of the Visitation Parish,  
Cambridge

*"We are connected to our past, committed*

## HOLY WEEK MASS SCHEDULE

**PALM SUNDAY** (March 31/April 1, 2012)  
Saturday at 5:00 p.m.  
Sunday at 8:00 a.m., 9:30 a.m., 11:00 a.m.

**HOLY THURSDAY** (April 5, 2012)  
7:00 p.m. - Mass celebrated by Bishop Matthew Ustrzycki followed by  
Procession of the Blessed Sacrament to the Repository  
with Adoration until 11:00 p.m.

**GOOD FRIDAY** (April 6, 2012)  
11:00 a.m. - Solemn Liturgy adapted for children  
3:00 p.m. - Solemn Liturgy of Good Friday  
7:00 p.m. - Stations of the Cross

**HOLY SATURDAY** (April 7, 2012)  
1:00 p.m. - Blessing of Easter Food  
7:00 p.m. - Solemn Easter Vigil (This fulfills your  
Sunday obligation)  
(There is no 5:00 p.m. Mass or Confessions today)

**EASTER SUNDAY** (April 8, 2012)  
8:00 a.m., 9:30 a.m., 11:00 a.m.

Additional seating will be provided for many of our

*to our future and compassionately focused on being a Family of Faith, a place, with something for everyone".*

celebrations in our Parish Centre. Additional Parking will be available at the Johnson Centre.

## Upcoming Events

### Wednesday, March 28

2:30pm Fanime/Anime Club  
2:45pm MAD Movement  
2:45pm Strategy Games Club  
BENN Newsletter out

### Thursday, March 29

12:25pm Fast for India meeting  
2:30pm Yearbook Club  
2:45pm Track and Field training  
7:00pm School Council meeting  
Grade 10 EQAO Literacy Test

### Friday, March 30

8:00am MAD Fast for India  
2:30pm Track and Field deadline  
2:35pm Robotics Club  
2:40pm Conditioning Club  
2:45pm Doctor Who Video Club

### Sunday, April 1

Palm Sunday

### Monday, April 2

2:30pm Camera Club  
2:40pm Math Club

### Tuesday, April 3

2:45pm Track and Field training  
6:00pm Badminton Club CANCELLED  
Lift Truck & Propane Safety

### Wednesday, April 4

2:30pm Fanime/Anime Club  
2:45pm MAD Movement  
2:45pm Strategy Games Club

### Thursday, April 5

2:30pm Yearbook Club  
2:45pm Track and Field training  
Suicide Prevention Training

### Friday, April 6

2:40pm Conditioning Club  
Good Friday

### Sunday, April 8

Easter Sunday

### Monday, April 9

Easter Monday

### Tuesday, April 10

2:45pm Track and Field training  
6:00pm Badminton Club  
CPR-C & Standard First Aid training

### Wednesday, April 11

2:30pm Fanime/Anime Club  
2:45pm MAD Movement  
2:45pm Strategy Games Club  
BENN Newsletter out  
CPR-C & Standard First Aid training

## DID YOU KNOW?

**There are now over 1000 entries on our school calendar on the website!**

Check the calendar on the school website for more information. New information is always being added, and more detailed information about upcoming events can be found there.

On the front page of our website, the calendar displays what's coming up in the next week. If you would like to see the full calendar, you can find it under **Benny's News ► Calendar of Events**.

## Miscellaneous

### WE WANT TO KNOW...

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please [email us](#) with your comments and suggestions. If you like our newsletter,

tell others; if you don't like it, tell us!

Check out our school website at <http://stbenedict.wcdsb.ca> for news and information updates.

This newsletter is also available on the school website if you [click here](#).  
You may want to send this link to other parents rather than forward your email—doing so may alter the layout and generate the page incorrectly.

