

SAINTS BASKETBALL

2019 SPRING LEAGUE BASKETBALL PROGRAM

THIS 10 SESSION PROGRAM IS DESIGNED FOR BOYS AND GIRLS TO IMPROVE THEIR SKILLS AND GAIN A THOROUGH UNDERSTANDING OF THE GAME OF BASKETBALL

No basketball experience is necessary. Players must be prepared to learn, try their best, and make new friends from other schools.

Age Divisions: Grades 4, 5, 6
Tuesdays from 6pm to 7:30pm
From April 9th to May 28th

Grades 7, 8
Tuesdays from 7:30pm to 9pm
From April 9th to May 28th

Cost: \$90

Registration: Tuesday, March 5th, 2019
7pm - 9pm
St. Benedict Atrium
(enter through front doors
by the library)

Program Features

- *Emphasis is on developing solid fundamentals and basic principles of play in a fun and encouraging environment*
- *Fundamental stations and/or large group instruction emphasizing offensive moves and defensive footwork*
- *Daily League games and team competitions*
- *Will be grouped according to gender if numbers permit*
- *League reversible jersey*
- *Certificate of Achievement*
- *Awards and Prizes*

FOR MORE INFORMATION CONTACT:

JOHN MALNERICH
ST. BENEDICT C.S.S.
519-621-4050 ext 3070

John.Malnerich@wcdsb.ca

Or go to: <http://stbenedict.wcdsb.ca>
and look under "Student Life/Saints
Athletics"



**Coaching staff
includes**
John Malnerich,
(Head Boys' Coach)
and
Former and Current
Senior St. Benedict
Players