

TABLE OF CONTENTS

- [Administrative](#)
- [Academics](#)
- [Clubs & Athletics](#)
- [Student Activities](#)
- [Other news](#)
- [Upcoming events](#)

The Benny's Electronic News Network newsletter is a publication of St. Benedict C.S.S. in Cambridge, Ontario. It is distributed every second Wednesday during the school year using the WCDSB Newswire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Jamie McKinnon](#).

Note from Administration

Welcome to another edition of the BENN. We have officially hit the mid term mark period and will quickly be entering the home stretch of semester one.

Parents and guardians should be expecting report cards coming home with students next Monday, November 23rd. As always we encourage you to discuss your child's progress with them and discuss plans to support their growth to end the semester.

On a policy note: A reminder to students, that the only sweaters to be worn for warmth are **uniform sweaters**. All other sweaters or hoodies need to be in students' lockers or back packs during the day. Students are expected to be in full uniform at all times during the entire school day. Thank you for your continued support in having our students dress with the respect their education deserves. We look forward to the on set of the Advent season and the continued Celebration of People. Enjoy the BENN.

- Mr. J. McKinnon, Principal

ST. BENEDICT IN THE LOCAL MEDIA

CAMBRIDGE TIMES: [High School scores - Nov. 12](#)

CAMBRIDGE TIMES: [Video Zone: St. Benedict Fundraiser](#)

CAMBRIDGE TIMES: [High School scores - Nov. 5](#)

Administrative

SAFETY AT ST. BENEDICT'S

BY MRS. G. LEUSINK

Throughout the school year, students and staff work together to create a safe environment for everyone. One way we do this is by practising safety routines throughout the school year.

It is mandatory to have three fire drills per semester. As part of our drill, teachers take attendance at their class meeting place and send a student to the flag pole to hand in their attendance sheet to the waiting administrator. The drill is over when the majority of the

There are three safety situations that could happen:
1) Lockdown

sheets are handed in. Most drills last for about ten minutes and they are definitely shorter when it's a little chilly outside because then the students actually run to hand their sheets in!

This is the first year that safety drills are mandatory even though we have had them in the past. There are three safety situations that could happen: 1) Lockdown (threat to the school community); 2) Hold and Secure (threat to the surrounding community but not at the school) and 3) Shelter in Place (environment related). This week our community has been learning about safety situations and what to do if we ever find ourselves in a situation where a lockdown is necessary. It is everyone's responsibility to keep themselves and others safe! Let's all do our part!

2) Hold and Secure

3) Shelter in Place

PADRE'S POST

BY FATHER F. FREITAS

Canadian Food for Children (CFFC) is a humanitarian organization begun over 15 years ago by Dr. Andrew Simone who, challenged by Blessed Mother Teresa of Calcutta to serve the poor, put aside his medical practice to begin assisting Catholic missionaries by collecting the goods they needed to do their work in the world. Since its inception, CFFC has shipped almost daily containers full of supplies to over 20 countries world wide who face drought, disease and disaster.

Once again this Advent St. Benedict's, and our parish of St. Mary of the Visitation, will partner with CFFC through our Red Stocking Campaign. Some 50 homerooms will receive a Red Stocking with the challenge to fill it with new or good conditioned schools supplies (e.g. pencils, crayons, book marks, candy, educational toys, puzzles, and art supplies). These Red Stockings will be collected and sent by CFFC to mission schools in Africa operated by a Catholic religious community of sisters. The Red Stocking Campaign runs in our parish from November 28th to December 13th. You are

also welcome to bring Red Stockings to our Parish Church during any of the Lord's Day Masses (Saturday at 5:00p.m., Sunday, 8:00am., 9:30a.m., 11:00 a.m.).

On Tuesday December 1st our parish school will welcome various priests from the area who will be assisting me in celebrating the Sacrament of Reconciliation with the students at St Benedict. Students will be invited by grade level to the Chapel where they will have the opportunity to meet individually with one of the priests for this beautiful sacrament of God's pardon and peace. The Season of Advent is a wonderful time to experience the Lord's peace - even in the midst of all the busyness. Our parish celebration of this Sacrament is at 7:00 p.m. on December 17th at our parish Church. All are welcome.

I thank the students and staff for the wonderful response to "Tuesday at Benny's"; I continue, now in my third year, to enjoy the opportunity to be a part of St Benedict's; let's continue to pray for each other as we walk the road of "becoming Saints".

GUIDANCE NEWS

BY MRS. P. KLASSEN

POST-SECONDARY INFORMATION UPDATE

Although school visits from college and universities will conclude this week, grade 12 students should still continue to do specific institution research at the E-info site (www.electronicinfo.com) for university and www.ontariocolleges.ca site for college information. The PIN numbers that are required for university application have arrived and are available for pick-up in the guidance office. Students who are planning to apply for college do not need a PIN number to apply, but they do require their OEN number, which can be found on the student report card. On-line application tutorials will also help students gather the information that will be needed for the eventual application process. Now is also a great time to arrange for a campus visit or tour at institutions that are of interest. Most colleges and universities typically host these events in the

fall, as well as in the spring. Check the guidance bulletin board as well as your email distribution list updates for more information about specific school open house dates. If you are in Grade 12 and do not know what the email distribution list is, please see your guidance counsellor.

COMMUNITY SERVICE HOURS

In addition to fulfilling a requirement that is necessary for high school graduation, volunteering is an excellent way to develop skills and abilities, as well as provide a chance to give back to the community. The upcoming Christmas Season provides unique opportunities for students to complete some of the hours that are needed to fulfill this diploma requirement. Volunteer opportunities for students are updated and posted regularly on both the Ranger system and the Guidance bulletin board. Why wait until your Grade 12 year to find out how fun and fulfilling volunteering can be? Check out these great opportunities now!

REGISTRATION AND TRANSITION INFORMATION FOR INCOMING GRADE 8'S

Early in 2010, St. Benedict will formally begin the transition process for in-coming grade 8 students. Each of our feeder schools will take part in a half day visit to our school during the second week of January, and our **Grade 8 Parent Night** will take place on **Thursday, January 21, 2010**. Please pass this information on to any neighbours who may be considering St. Benedict for the 2010 - 2011 School Year.

WE ARE ONLY A PHONE CALL AWAY

Counsellor's Name	Ext	Last names
Mrs. Wehrle	265	A - Con
Mrs. Klassen	190	Coo - Hum
Mr. Kritz	512	Hun - Od
Mrs. Menjolian	240	Oe - Th
Mr. Ambeau	503	Ti - Z

Mr. Jason Kent: Youth Care Worker (A - O), ext. 245

Mrs. Wendy Schuster: Youth Care Worker (P - Z), ext. 245

ATTENDANCE ISSUES

If your son or daughter is absent from school on a particular day, please try to call the school by noon **that same day**. **The direct phone line for the attendance office is (519) 621-4001.**

HATS AND CELL PHONES: PUT THEM AWAY, OR LOSE FOR A DAY!

Hats and cell phones should be off, and in student's lockers during the school day. Hats are not part of the school uniform, so they should not be worn in the school. Cell phones are distracting and hinder student progress, they should be off and put away.

Students who choose to wear hats or use cell phones in the school may have those items confiscated for the day and will be consequenced.

ARE YOU IN GRADE 12? INTERESTED IN POST-SECONDARY INFORMATION?

Sign up to receive emails including the latest information about post-secondary opportunities, visits by colleges and universities, scholarship information, and other information that will help you plan for your future. Sign up is done in a few easy steps:

1. GO to the Benny's website
2. CLICK on Guidance on the menu to the left
3. SELECT "Click here to join our information list!"
4. ENTER your name and email, and click SUBMIT.

For more information, talk to [Mrs. Menjolian](#) in the Guidance Office.

Students & Parents Find Out What It's All About!



Invitation open
to all WCDSB
secondary school
students &
parents

Tuesday, January 12, 2010
6:30 p.m. to 8:00 p.m.
Alumni Hall @ St. Mary's High School
1500 Block Line Rd., Kitchener N2C 2S2

To confirm your attendance, contact:
Lisa Legault, OYAP Office, Waterloo Catholic District School Board
519-578-3677 ext. 2401 or Lisa.Legault@wcdsb.ca

-
- Work with parents and the community

Just a few of the tasks involved in Student Success teaching include:

- Developing a positive/constructive relationship with students
- Monitoring attendance/lates for at risk students
- Developing work and study skills for at risk students
- Working one-on-one with students on assignment completion

Student Success is about the whole student and providing the necessary supports so the student has academic and personal success.

WHO ARE YOUR STUDENT SUCCESS TEACHERS?

Dave Jaeger (A-L)

John Malnerich (M-Z)

Amy Gleiser (Grade 9 Transition A-Z)

Homework Club

**ARE YOU IN NEED OF SOME
EXTRA HELP WITH
HOMEWORK? NEED A QUIET
PLACE TO WORK? DO YOU HAVE**

HELLO FROM STUDENT SUCCESS!

BY MISS A. GLEISER

Student Success is a program that aims at fostering an environment that provides extra support for students to ensure overall success in school. The Student Success office is located on the 3rd floor in Seminar Room 3.2 (beside the Chapel).

WHAT EXACTLY DOES A STUDENT SUCCESS TEACHER DO?

Track progress of students at risk of not graduating
Provide direct support for student to improve achievement
Supply school-wide effort to improve the outcomes for struggling students
Re-engage early school leavers

LINK NEWS

Link is BACK IN ACTION!

On Thursday, November 19th, our Bennies Link Leaders will be engaging our Grade Nine Students with some excellent lessons and tips on Studying Skills! With midterm marks in, this lesson is aimed at providing students with some

ACCESS TO A COMPUTER AT HOME?

Located in Room 224, Homework Club provides students with an alternative quiet area to complete homework after school with the help of some really great teachers from all learning areas! Please stop by and check it out!

Where? Room 224
When? Monday - Thursday
Time? 2:30 - 3:30

valuable pointers on how to refocus and continue to be successful in school!

Coming soon ... Backwards Lunch for all Grade Nine Students ... more details to follow

UNIFORMS

A reminder to students that non-uniform clothing is not permitted in the classrooms, and should be left in your locker. Pants and shorts are to be worn properly, not rolled.

WHO IS YOUR ADMINISTRATOR?

The administrative contact for your son or daughter is based on your last name:

A to F: [Mrs. Beaucage](#)

G to O: [Mr. Bellini](#)

P to Z: [Mrs. Leusink](#)

As always, feel free to contact our principal, [Mr. McKinnon](#).

IS THERE ANYTHING YOU WOULD LIKE TO SEE ADDRESSED IN THE *BENN*?

[EMAIL US](#)

Help Keep Our Community Warm



Mrs. Beyerle's period 2, grade 12 Business Leadership class is helping the St. Vincent de Paul by holding a Warmth Drive. Your donations of new and used-but-in-good-condition winter outerwear and blankets, quilts and duvets will be collected for the month of November on behalf of our local St. Vincent de Paul. The manager of the Cambridge St. Vincent de Paul stated that the following items would be in high demand this year:

mittens and gloves (most-needed item every year)
toques
winter coats
scarves
winter boots
blankets
quilts
duvets

If you have any of these items, please bring them to room 208. If possible please bring them during period 2 (between 9:45 and 11:00) so that the students and Mrs. Beyerle can thank you directly.



BENNY'S STAFF BIOS

Glenda Leusink started teaching in 1990 at Monsignor Doyle in Cambridge. Over the next 13 years,

Manuel Furtado is the Head Custodian at St. Benedict. For 16 years he has been a Head Custodian



she has taught various business courses including marketing, entrepreneurship, data processing, accounting and typing as well as co-op education. Throughout that time, she was involved in countless activities that supported student learning and encouraged students to have fun in high school. She

became a vice-principal so that she could take everything she knew about how kids learn, classroom management techniques, relationship building and curriculum development so that she could support other teachers in their quest of becoming a master teacher. She has been a vice-principal for seven years, five of which have been at St. Benedict's. Her philosophy that all kids can learn, her years of teaching experience and her overall love for educating our youth has helped her recognize that in her role as vice-principal, she is still a teacher, her office is her classroom!



Mary Lou Kastner is a very familiar face in the front office of St. Benedict. As part of a distinguished career of 25 years, Mary Lou has served at this school for 11 years, acting as the Lead Administrative Assistant. What she admires about St. Benedict is

the people. "We are blessed with wonderful staff and students. Great sense of Community." How does she know? All three of her children attended St. Benedict's and she feels that the staff and school environment helped mold them into the wonderful people they are today. She is proud of them and proud of this school!



and runs a very tight ship - along with the rest of his dedicated team of custodians. His pride in our school is evident in the fine state and cleanliness that can be seen daily at St. Benedict. What does he like most about our school? The people of course! It starts with the respectful students, the teaching

staff and all the way to the awesome administrative team from the secretaries to administrators. Manny particularly enjoys this time of year as it's the start of the new hockey season, and he has high hopes for his Maple Leafs.



Bobbi-Lou Bester is an enthusiastic new teaching staff member. Every new teaching challenge is met with an indomitable sense of humour and winning smile. In her 2 short years at St. Benedict she can claim a niche in Math, English,

Accounting, Business, Civics and Geography. When she's not in the classroom she can be seen coaching the girl's field hockey and baseball teams, assisting with Badminton Club, and working on BENN Newsletter. "The colleagues I get to work with here make Bennies a great place for a new teacher to start teaching. St. Benedicts has many supports systems and everyone works together for the betterment of the school and students" With an attitude like that - we're sure to see Bobbi for many years to come at St. Benedict!

Academic



ENRICHING THE LIVES OF STUDENTS

BY MRS. D. WITTMANN

IDENTIFYING THE GIFTED

1. Einstein was four years old before he could speak and seven before he could read.
2. Isaac Newton did poorly in grade school.
3. When Thomas Edison was a boy, his teachers told him he was too stupid to learn anything.
4. F.W. Woolworth got a job in a dry goods store when he was 21, but his employers would not let him wait on a customer because he "Didn't have enough sense."
5. A newspaper editor fired Walt Disney because he had "No good ideas"
6. Caruso's music teacher told him "You can't sing, you have no voice at all."




7. Leo Tolstoy flunked out of college.
8. Verner Von Braun flunked 9th grade algebra.
9. Admiral Richard E. Byrd had been retired from the navy, as, "Unfit for service" until he flew over both poles.
10. Louis Pasteur was rated as mediocre in chemistry when he attended the Royal College.
11. Abraham Lincoln entered The Black Hawk War as a captain and came out a private.
12. Fred Waring was once rejected from high school chorus.
13. Winston Churchill failed the sixth grade.

Don't miss out! Skills competitions are open to ALL secondary students! Becoming involved in Skills will open doors to your future career or education. Registration begins November 23, 2009 on the www.skillswaterloo.ca site. The provincial and national competitions will take place at RIM Park in Waterloo in May, 2010.

Check out the exciting categories available this year:

- 2D Character Animation (team of 2)
- Auto Service Technology
- Baking
- Cabinetmaking
- Carpentry (individual)
- Culinary Arts
- Desktop Publishing
- Electronics
- Fashion Design
- GIS! (team of 2)
- Graphic Design
- Hairstyling
- Home & Team Building (team of 4)
- IT Office Software Application
- Job Interview
- Job Skills Demonstration
- Landscape Gardening (team of 2)
- Photography
- Precision Machining
- Prepared Speech
- Restaurant Service
- Robotics (team of 4)
- Small Powered Equipment
- TV & Video Production (team of 2)
- Welding
- Workplace Safety

Math @ MAC

MacMaster University is sponsoring their 4th Annual Math @ Mac on-line competition, to be held on Thursday, November 26th, 2009.

Deadline for registration is Fri. Nov. 20th

\$100 CASH PRIZES AWARDED
for the top 3 finishers from each grade level!

Sign up alone or in a team of 2.
This contest is open to any student – grades 9 through 12.

See your Math teacher or go to the Math Office for more details.

WCDSB
STUDENT SUCCESS SITE
<http://bss.wcdsb.ca>
Resources to help you help your son or daughter succeed.

LITERACY CORNER

BY MR. D. JAEGER

[EQAO](#) (Education Quality and Accountability Office), the folks who bring us the OSSLT, have assessed literally hundreds of thousands of Literacy Tests over the past decade. From this experience, they have found many positives and negatives when it comes to writing the test. Today, let's look at what we can work on with three characteristics of unsuccessful tests:

SIMPLICITY

In ideas and sparse supporting details; in understanding and use of forms (e.g., personal essay, graphs and charts); and in vocabulary use.

REPETITION

The small set of ideas selected from texts or chosen for writing are used repeatedly; narrow range of skill sets for choice of vocabulary and sentence structure; syntax is often drawn from oral language

CONCRETENESS

Focus on specifics of tasks; straight-forward purposes in reading or writing; heavy reliance on personal experience for evidence

For homework, brainstorm the many straightforward ways to ensure any/all of these do not show up in your work!

Clubs & Athletics

TRANSPORTATION OF STUDENT ATHLETES

By Ms. D. Wehrle, Athletics Director

In order to reduce the cost of bussing, we currently do not provide return busses (from competition and practices) when it occurs in Cambridge. The expectation here is that students will find their own way home from the practice or competition. "FIND THEIR OWN WAY HOME" means taking their own car to the practice or game, (because this is their only way home after) they are allowed to do so. However, they are NOT ALLOWED to drive ANYONE else.

In the event we provide a bus to and from the competition, student athletes MUST BE ON THE BUS. They are not allowed to drive themselves to the competition, even if they are 18. If a parent shows up to watch the game, they may drive their child home. This is the only way a student would not be returning to St. Benedict on the bus. This parent is not allowed to drive home any other student athletes.

It is important to note that when we provide transportation we insist student athletes are on the bus for the following reasons:

- We play as a team, we travel as a team
- Opportunity to build team unity, camaraderie
- Protect ourselves in the event of an accident
- The financial cost to provide the transportation

THE GIRLS' HOCKEY TEAM IS READY TO START THE SEASON!

By Mrs. L. O'Neill

Tryouts have just finished for the Girls' Hockey team and regular season games start on Tuesday, November 24. This year the girls will play 12 games during the season that runs until the middle of February. We have a really good group of girls and hope to be playing in the post season at the end of February. We will also compete in the annual Winter Meltdown Tournament hosted by the Waterloo Catholic Schools Foundation at RIM Park at the beginning of January. The team is comprised of many returning players and some new rookies who we are hoping can push us to win the Meltdown tournament or if we can't win we would be happy to repeat as Bronze medal champions. Coaches Jaeger and O'Neill are looking forward to a great season.

INTRAMURAL ICE HOCKEY starts December 2. All games are at Ice Park on Wednesdays from 3pm - 4 pm. Please see Mr. Jankura for a permission form in Phys Ed Office.

FALL SPORTS WRAP-UP

By Brandon Finlay, SAC Athletics

A special thanks to all the athletes of the fall season. Your hard work and dedication has not gone unnoticed. Also, a special thanks to all the coaches who dedicated their time to making our



Junior Boys Volleyball

WCHS 3, SBCSS 1

Senior Boys Volleyball

WCHS 3, SBCSS 0

Junior Girls Basketball

RCSS 33, SBCSS 31

Senior Girls Basketball

SDCSS 46, SBCSS 23

Junior Boys Football

SBCSS 10, Bluevale 12

teams dedicated and successful.

Some of our teams that had great success include:

- Senior football who bounced back from a rough year last year with a 3-3 season.
- Junior football finished 1st in their division, and fell just short to Bluevale in the playoffs.
- Junior and senior girls' basketball had a great run into the playoffs but lost in semi-finals in a close game against Resurrection.
- Our Midget Girls Cross-Country team won Gold at CWOSSA.

Thanks to a great fall season and everyone that helped out any of the sports teams, players who dedicated their time to their team and most importantly to the teachers who coach.

Now we, as a school, can look forward to a great winter season with more success on the way.

JUNIOR SAINTS FALL JUST SHORT

By Mr. J. VALE

Another great season has come to an end for the Junior Saints Football Team. After once again winning their division, the Saints travelled to Bluevale to take on the Knights in their playoff game. After controlling the momentum the entire game, the Saints gave up a last second touchdown, and the lead, making the score 12-10 and eventually ending their season. Coach Lowes and Vale would like to thank the 40 players for their incredible dedication to the team and doing their part to make for such a memorable season. Go Saints Go!

ROBOTICS CLUB weekly meeting is this Wednesday, Nov 18th in A3. Students who are interested in going to the National Robotics Games at the Ontario Science Centre on November 21st should see Ms. Booth in A3.

Other News

WAYVE PRESENTS ANTI-BULLYING WEEK

NOVEMBER 16- 20, 2009

By Miss A. WHALEN



To highlight anti-bullying week this year, the WAYVE team have put together a great promotion to bring awareness to this most serious issue.

The Anti- Bullying program this week hopes to rally existing troops, bring awareness and gather new members to kick off WAYVE.

WAYVE stands for Working Against Youth Violence Everywhere and is a program that is led by students, for students with the hope of promoting awareness and support for victims of bullying.

Martin Luther King Jr. once said, "It is not the violence of a few that scares me, it is the silence of many."

Show your support for WAYVE this week by observing and participating in the anti-bullying activities at St. Benedicts which include: daily prayers, commercials, ranger announcements, as well as an awesome Chain Activity that will link our school as a community that cares for each other.

AND ...

Come out to next weeks meeting and be a voice for your fellow Saints that need it. New members are encouraged to check the ranger for our upcoming meetings which begin next week. All are welcome.

***"It is not the violence of a few
that scares me, it is the silence
of many."***

- Martin Luther King Jr.



MEMBERS OF A SENIOR SOCCER TEAM? No! A third of the way through the month of November, here are some of the teachers who have decided to "grow the mo" to help raise awareness and to "change the face" of men's health. Prostate cancer is the 2nd leading cause of cancer-related deaths among males.

COMMUNITY BEREAVEMENT SUPPORT PROGRAM FOR ADULTS LIVING WITH LOSS

BY MRS. C. McDONALD-REIS, SCHOOL SOCIAL WORKER

It is especially difficult to take steps in the healing process alone. Furthermore, having family, work, and "everyday life" activities and events can get in the way of you having time to grieve the loss of someone that you love. Taking time to be with others who have experienced similar loss may allow you the time to consider your thoughts and feelings and begin to consider taking steps toward a different, normal life.

The Barthel Funeral Home provides free group presentations and support for adults who are living with the loss of a loved one. Groups are informal and open to all. You may register in advance or simply just attend. They are facilitated by Marilyn Rushton, bereavement counselor (who speaks for a portion of the evening, so there is no pressure ever to talk unless you would like to). They occur on alternate Wednesdays from 7-9pm, at 566 Queenston Road. The phone number is 519-579-2185. The next group meets on November 25, 2009. There will also be a presentation on December 9, 2009 about coping through the holiday season.

ARE YOU A GRANDPARENT RAISING YOUR GRANDCHILDREN?

BY MRS. C. McDONALD-REIS, SCHOOL SOCIAL WORKER

There is a support and networking group of grandparents that meets the 3rd Wednesday of every month at the Self Help Food Bank, 54 Ainslie Street, Cambridge from 5:30 - 7:30. This is a peer to peer support group offering resource exchange, information and a chance to meet other grandparents who are raising their grandchildren. Child care, refreshments and snacks are provided. Call Bonnie for more information at 519-622-6550 or email at bdion@cambridgefoodbank.on.ca.

CYBER BULLYING AND TEENS

BY MR. A. MILARDOVIC

To keep with this week's theme of Anti-Bullying with our school's WAYVE group, I thought I'd use this opportunity to deal with a form of bullying parents are oblivious to, and their teens don't talk about: cyber bullying.

Cyber Bullying can generally be defined as *sending or posting harmful or cruel text messages or images using the Internet or other digital communication devices*. Teens won't talk to parents about it because, like other forms of bullying, it's "just not something to be talked about." In this day and age, where individuals hide behind aliases and nicknames on the internet, and hurl insults and threats at each other without thinking about the consequences, it is more important for us to see that the "code of silence" changes.

Some specific examples of cyber bullying would include:

- Sending cruel, vicious, and sometimes threatening messages
- Creating web sites that have stories, cartoons, pictures, and jokes ridiculing others
- Taking a picture or video of a person using a digital camera and posting that picture or video without consent and with intent to embarrass them
- Breaking into an e-mail account and sending vicious or embarrassing material to others
- Engaging someone in IM (instant messaging), tricking that person into revealing sensitive personal information, and forwarding that information to others

If your son or daughter is being cyber bullied, they should:

- not respond to/engage in the abuse
- talk to someone about it. Ignoring bullying leads to escalation.
- keep records/print off messages if possible, to help identify the bully.
- if necessary, get a new number, account, give it out one person at a time and keep a diary to record any abuse. Your tormentor may be closer than you think.
- take a break - Unplug.

Parents, if your child is being bullied, or suspect your child is being bullied:

- Make bullying a more "talkable" subject
- Place and keep the computer in an open, common area.
- Inform your Internet Service Provider (ISP) or cell phone service provider of abuse.
- Do not erase messages; keep for evidence.
- Invest in some good software; McAfee Parental Controls filter both IM and Chat Rooms.

The school has policies in place for bullying, and they do extend to cyber bullying. We also have tools available that if a student is being cyber bullied at school we can track the activity if it is internal. The important message to pass to teens is that *cyber bullying is bullying, and it is not to be tolerated*. Tell someone you trust, inform your ISP or cell phone provider, and if necessary call the police.

If you have more questions or want a specific issue addressed, you can [email me](#).

With information from the Ontario Provincial Police website, [Tip Sheet: Cyber Bullying](#).

Upcoming Events

Nov 18: SAC Fall Fair
Nov 18: WAYVE Yellow shirt day
Nov 19: DECA Regionals
Nov 20: Deadline for Math @ MAC competition reg
Nov 20: 6:30 Sr. Bball vs Waterloo Oxford @ home
Nov 21: 10:00am Sr Bball vs Preston @ home
Nov 21: 4:00pm Sr Bball vs Lourdes @ home

Nov 25: 3:30 Sr Bball @ Doyle
Nov 27: Sr Bball tourn @ Centre Wellington
Nov 28: Sr Bball tourn @ Centre Wellington
Dec 1: 6-7:30 Badminton Club
Dec 2: 4:00 Sr Bball @ RMC
Dec 3: 7:00pm School Council, room 103

Nov 23: Report Card Distribution
Nov 24: 6-7:30 Badminton Club
Nov 25: Canadian Open Math Contest

Be sure to check the calendar on the school website for more information. You can find it under **Benny's News > Calendar of Events.**

Miscellaneous



THE NUMBERS KEEP GROWING... AND GROWING...

We are fast approaching the 500 subscriber mark! Thank you to all subscribers! Please encourage your friends who have students at St. Benedict to subscribe to BENN. It's free *and* environmentally friendly!

NEWSLETTER FEEDBACK

WE WANT TO KNOW what you think and how we can improve communication with you. Please email the Newsletter editor from the link below.

Check out our website at <http://stbenedict.wcdsb.ca> for news and information updates.

This newsletter is also available on the school website if you [click here](#). You may want to send this link to other parents rather than forward your email--doing so may alter the layout and generate the page incorrectly.

Any comments? [Send us an email!](#)

BENN STAFF: [Mr. Anton Milardovic](#) • [Mrs. Sophia Adach](#) •
[Miss Bobbi Bester](#) • [Mr. Kevin Fratarcangeli](#) • [Mr. Michael Huemiller](#)

