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The Benny's Electronic News Network newsletter is a publication of St. Benedict C.S.S. in Cambridge, Ontario. It is distributed every second Wednesday during the school year using the WCDSB Newswire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Dan Witt](#).

BENN STAFF

[Mr. Anton Milardovic](#)
[Mrs. Sophia Adach](#)
[Mrs. Nada Offak](#)
[Mrs. Laura Varriano-Lane](#)

NEXT ISSUE

October 12, 2011

Note from Administration

Over the past two weeks, we had the privilege to gather as a Catholic faith community to celebrate Mass. On Sept 22, Father Freitas joined our grade 9 students and LINK Crew, to celebrate our Grade 9 LINK Mass and beautifully connected the gospel message of letting your light shine with our lived calling of discipleship, leading by example, and having the courage to stand up and lead. Today Father Freitas celebrated our opening mass with our grade 10, 11, and 12 students. Today he challenged the notion of the "good life" and clearly messaged the way to the "good life" is by following the example of Jesus and caring for others in our community.

The opportunity to gather as a Catholic faith community, and embrace all those gathered in faith, is a precious gift we share as a Catholic school system. The students' respectful response was a reflection of the meaningful connections made through these celebrations and has set a positive tone for the rest of our year.

– Mr. D. Witt, Principal

ST. BENEDICT IN THE LOCAL MEDIA

THE RECORD: [Looking for redemption in B division](#)

THE RECORD: [Rez three-year win streak ends](#)

THE RECORD: [Saints-Hawks is a hot rivalry in the making](#)

THE RECORD: [Saints rise up](#)

Administrative

ST. BENEDICT'S CELEBRATES SPIRITUALITY

BY MR. A. MILARDOVIC

*St. Benedict C.S.S. is known for its slogan **A Celebration of People**. And there are many things we celebrate: sports victories, academic accomplishments, stellar dramatic and musical performances, and of course, our Catholic faith community.*

Last week our grade 9s—through their LINK activities—celebrated mass together. This morning it was our grade 10s, 11s, and 12s who celebrated our opening mass. For an hour, our school gym—which is the scene of many a celebration of sports excellence—was transformed into a place of worship, a place of solemnity.

This morning's mass was presided by Father Freitas from [St. Mary of the Visitation Parish](#) who always enjoys the opportunity to spend time with our students. Father inspired our students to try to achieve goodness by following the example Jesus set.

The students of the grade 10 and 11 vocal music class, together with Mr. Renner and Mrs. Harris, lead the students in song through the celebration.



DO YOU HAVE AN OLD BENNY'S YEARBOOK?

Our 50th Anniversary Committee wants to put together a commemorative yearbook including excerpts from past yearbooks. We are missing the following years:

1975, 1980, 1983, 1984, 1985, 1988, 1990, 1991, 1992, 1996

If you could lend us your yearbook we would greatly appreciate it! Please contact [Mr. Curtis](#).

WHAT'S WITH THE FUNKY NEW WATER FOUNTAIN?

BY MR. A. MILARDOVIC



Visitors to St. Benedict's may notice a new, "funky looking" water fountain by the cafeteria entrance. The fountain also serves as a water bottle filling station. It is a first step in our efforts to become more environmentally conscious as a school.

In January, our Board Director Roger Lawler sent an email to administrators about a presentation by the Canadian Catholic Organization for Development and Peace. The presentation was on becoming bottled water free zones. He wrote that "access to water is a universal right. Far too often bottled water companies are purchasing water supplies in countries, bottling the water and selling it back to residents. In developed countries we, at least, have access to safe drinking water. In developing nations the choice is unsafe drinking water or purchasing safe bottled water. No individual should face that choice."

"Development and Peace has asked all to take a stand so everyone has access to safe public water systems. Action begins at home. Over the past eighteen months the Catholic Education Centre has become a bottled water free zone. At the same time school sites were invited to also become bottled water free zones."

To that end, the Elkay's EZH2O™ bottle filling station was installed to give staff and students an opportunity to refill their water bottles rather than contribute to the plastic water bottle waste that is generated through the purchase of bottled water. The filling station has a sensor which

Our eventual goal is to follow the lead of the Board's Catholic Education Centre and become a bottled water free zone.

detects when a bottle is placed in front of it and can fill a 500ml bottle in less than ten seconds. It even features a digital counter that displays how many plastic bottles are being diverted from landfill as people use the station to refill their water bottles.

Our eventual goal is to follow the lead of the Board's Catholic Education Centre and become a bottled water free zone.

As of yesterday afternoon, the tally on the machine was 1625 bottles saved. A similar fountain in the Phys.Ed. hallway shows over 2500 fewer bottles ended up in landfill as a result of our staff and students' efforts.

We will continue to monitor the number and provide you with updates on this and our other efforts to become more environmentally conscious and reduce our school's carbon footprint.



NEWS FROM THE GUIDANCE OFFICE

BY MRS. P. KLASSEN

COURSE CHANGES

The Guidance Department would like to thank the parents, students and staff of St. Benedict for their patience and understanding during the first two weeks of the school year. Guidance is always a busy place, however the first two weeks are always "extra" busy as we register students new to our school and work at making many course changes in a timely manner. We are pleased to report that the vast majority of our students respected and followed the procedure that we have in place which helped us get students placed quickly and appropriately. Course changes for first semester have now ended.

GRADE 12S AND POST SECONDARY OPTIONS

The process of meeting with Grade 12 students to help them review and plan their post-secondary options has started. Meetings for all grade 12 students who are considering applying to either college or university occurred last week and many students are already taking advantage of the opportunity to visit with representatives from many Ontario colleges and universities. These visits will continue into November.

Parents and students are also invited to attend the University Information Program which is being hosted by Glenview Park Secondary School on October 6, from 6:30 to 8:30 pm. A representative from each Ontario university will be at this event, giving presentations about their respective schools and programs. There will be opportunity to attend three presentations of your choosing throughout the evening. Conestoga College will be hosting the College Information Program at their campus Wednesday, October 26, from 5:30 to 7:00 pm and Thursday, October 27, from 9:00 to 11:30 am. Both of these events will allow students and parents to obtain information that is needed to help them make this important decision.

All Grade 12 students are encouraged to become part of our email distribution list through which we will send out updates and reminders about visits, scholarships and deadlines. Signing up is easy! Go to the guidance section of the St. Benedict web site and follow the instructions.

UP-COMING UNIVERSITY AND COLLEGE VISITS

September 29: University of Guelph, 1:15 pm

October 3: Lakehead University, 8:30 am

October 3: Redeemer University College, 12 noon

October 4: Conestoga College, 9:45 am

October 7: Dalhousie University, 8:30 am



October 11: Mohawk College, 8:30 am
October 14: Sheridan College, 1:30 am

To help students plan for post-secondary, all the college and university visits are on the school calendar. A handy way to view the complete listing would be to click on the new **University/College Visits** link under the Guidance menu.

On the evening of Parent/Teacher/Student Conferences (October 20), the Guidance Department will present information to parents regarding the process for applying to post-secondary institutions. More details will follow in the next edition of the BENN.

ST. BENEDICT WELCOMES INTERNATIONAL STUDENTS

This fall the St. Benedict community has welcomed several International Students to our school. A group of fourteen Colombian students will be studying with us until the middle of November and we also have students with us from Korea, Sri Lanka and Spain. Some of these students are with us on a short term exchange program, while others plan to study with us and obtain their Ontario Secondary School Diploma. All of them bring something special to our community and we look forward to learning more about them and the countries and cultures that they come from.

K-W COUNSELLING SERVICES

K-W Counselling Services, located at 480 Charles Street East in Kitchener, offers a wide variety of services to parents including a Walk-in Counselling Clinic and "Parenting Your Teen Workshops". Many of these parenting workshops are one night only and are free of charge. Topics this fall include, Teen Stress and Development, Communicating with your Teen, Teen Emotions and Management, Encouraging Responsible Choices with your Teen and Problem Solving. Call 519-884-0000, ext. 248 for more information.

WE ARE HERE TO HELP YOU!

Student case loads are determined by alphabet as follows:

Mr. M. Ambeau	A – E	ext. 503
Mrs. P. Klassen	F – Lazdins & Int'l	ext. 190
Mr. S. Kritz	Le – Pl	ext. 512
Mrs. K. Menjolian	Po – Z	ext. 240

SCHOOL COUNCIL

Our first School Council meeting of the year is scheduled for September 29, 2011. The meeting will run from 7:00 p.m. to 9:00 p.m. in Room 111. New members are welcome.

CHANGE IS COMING!

BY MRS. L. O'NEILL

SPECIALIST HIGH SKILLS MAJOR **ARE YOU INTERESTED IN ANY OF THE FOLLOWING SECTORS?**

Arts and Culture • Business • Construction
Energy • Environment • Health and Wellness
Hospitality and Tourism
Information and Communications
Technology
Justice, Safety, and Emergency Services
Manufacturing • Transportation

Get more information at www.highskills.ca
Sign up in the GUIDANCE office.

WHO IS YOUR ADMINISTRATOR?

The administrative contact for your son or daughter is based on your last name:

A to Ge: [Mrs. Beaucage](#)

Gh to N: [Mr. Sauve](#)

O to Z: [Mrs. Leusink](#)

As always, feel free to contact our principal, [Mr. Witt](#).

St. Benedict is happy to have a new Alternative Education class working very hard to beautify the grounds.

Our first project is to create a new smoking area that will keep students from crossing the street and also allow our neighbours to walk without having to go through our current smoke area. The students are working on a plan for the new space and will then get their hands dirty, as they work to build, construct and create the new space.

These students hope to be busy throughout the year with some similar projects around the school grounds. Cleaning up the gardens, creating gathering spaces, helping with a vegetable garden and working together with the school Environmental team.

We do need some help! The ground is very hard and while our students are ready to work, we are not sure they will be able to break up the ground with shovels. We are looking for donations of either supplies or equipment. If you know of anyone who could spare an hour or two with a machine (backhoe, bobcat, etc.), please contact [Mr. Dave Seguin](#) or [Mrs. Laura O'Neill](#) at the school at 519-621-4050. If anyone has any leftover gardening supplies that they would like to donate we would be happy to accept those too.

UPDATED BUS INFORMATION

Please note that the AM Melran/Saginaw Special will now start a couple of blocks earlier at Queen and Cooper. This now matches the afternoon Melran Special in this area. There are no changes to the PM map.

ARE YOU THINKING ABOUT BECOMING A TEACHER?

Do you have some spare time? Want to give back to the community? If you answered yes to any of these questions, then volunteering at St. Benedict might be for you! In the past, volunteers were instrumental in several capacities, which include: one-on-one support, behaviour management, supervisors of small group activities, assisting coaches after school, and some even having the pleasure of being an extra pair of eyes and ears on class trips. If you or someone you know would like to join our team of volunteers, please feel free to [email Mrs. Offak](#), or call her at 519-621-4050 ext. 654 to set up an appointment.

WE'RE #1!

BY MR. A. MILARDOVIC

One of the measures of a company's success these days seems to be its ranking in various search engines. We wanted to see how our school measures up against other Benedicts of the world, so using [Google](#) here's what we found:

Search Term	Ranking
Benedict	14th
St. Benedict	4th
St. Benedict School	1st
Benedict Cambridge	1st
Benedict Catholic	1st

Most of these results are due to Google's geolocation algorithm—Google "knows" your location based on your internet service provider's location. It, therefore, determines the results based on the geographic location of those sites. In contrast, if you go to [Google.hr](#), which is the Croatian version of Google (*sorry, a bit of editor's bias here*), and search for 'St. Benedict school' we are ranked 29th.

HATS AND CELL PHONES: PUT THEM AWAY, OR LOSE FOR A DAY!

Hats and cell phones should be off, and in student's lockers during the school day. Hats are not part of the school uniform, so they should not be worn in the school. Students wearing hats in the building risk having them confiscated. Cell phones are a distraction and hinder student progress, they should be off and put away.

UNIFORMS

We remind students that non-uniform clothing is not permitted in the classrooms, and should be left in your

In spite of this, if you disclude the search for just Benedict and just St. Benedict, we can still argue that St. Benedict C.S.S. is #1!

locker. Pants and shorts are to be worn properly, not rolled.

Academic

ENRICHING THE LIVES OF STUDENTS

BY MRS. D. WITTMANN

An Apple a Day or Two ... and Blueberries!



“There is good evidence that many fruits and vegetables enrich memory and learning and may help keep the brain young. Apples are full of antioxidants that help guard against the oxidative damage to brain cells, and berries, especially blueberries, are bursting with flavinoids which appear to cross the blood-brain barrier to boost synaptic connections and stimulate brain cell regeneration, especially in the hippocampus.

The results from the mice study were comparable to humans drinking approximately two eight-ounce glasses of apple juice, or eating two or three apples daily” (Brown and Fenske).

Apples also help keep the pounds away, too. Apples contain pectin which makes you feel full and reduces insulin spikes so you store less fat (Oz).

NEED HELP WITH MATH?

BY MR. M. MODOLO

Often students are looking for extra support with their math work. If you or your child is one of these, there are several options available for you:

- Talk to your math teacher and try to arrange a help session outside of class time. Our teachers are generous with their time when it comes to supporting student learning outside of class.
- Ask your teacher if you can sign up for our after-school Numeracy Support program that runs on Wednesdays and Thursdays from 2:30 - 3:30 in room 310.
- If there is just a question from your homework you didn't understand, try stopping by the math office to ask for help.
- If you want to review a concept that was taught in class, try checking for videos on www.khanacademy.org. You'll be amazed at the number of resources available.
- If you want support while you are completing homework, Consider <http://www.edu.gov.on.ca/elearning/homework.html> - free on-line homework help from the Ministry of Education (live on-line support with certified teachers)

St. Benedict C.S.S
proudly presents

November 30—December 2, 2011
Watch for more information

LOOKING FOR A MATH CHALLENGE?

BY MR. M. MODOLO

There are dozens of opportunities for special math contests and enrichment sessions throughout the school year. To find out more information, please [e-mail Mr. Modolo](#) to be part of the math challenge e-mail list. You'll find out about upcoming contests, after school prep sessions, and you will receive Problems of the Week. Participating students will earn points towards the inaugural **St. Benedict Math Challenge Award**.

ARE YOU HIP ENOUGH FOR HIP-HOP?

BY MRS. M. ROCHA

The Arts department is offering a FREE Hip-hop class with Maddy Massey from Triple Arts Academy on Wednesday October 5 during period 1. Sign up list is on the door of room 104. The first 25 students who sign up and get their period 1 teacher's approval can join us. If you have questions please see Mrs. Rocha.

Clubs & Athletics

JR. BOYS SOCCER

BY MR. N. DUFRESNE

In the first game of the season, our junior boys soccer team fought hard against St. Mary's, scoring first in the 24th minute. St. Mary's pulled even in the 35th minute and was ahead by one at half time. As the weather got worse, the ball got more slippery, allowing the Eagles to pocket four more goals in the second half. Congratulations go out to the sole Saints goal scorer, Lucas Dasilva, and the man of the match, Artur Brasil!

The next match saw the Saints visiting our Waterloo rivals, St. David's. After starting the match shorthanded and falling behind by a goal due to a colossal coaching error in the first ten minutes of the contest, the junior Saints F.C. rallied back to tie the match in the second half with a goal in the 67th minute by Artur Brasil. The Saints kept the pressure on, and with no one wanting a tie Jordan Rutyna picked up the wining goal amongst utter chaos in front of the Celtics keeper in the 78th minute of play. The man of the match was the keeper, Vincent Robins, for his heads up play and his calm composure while minding the net.

Our next match is this afternoon against our cross-town rivals, the Mustangs, at Monsignor Doyle at 3:30. Come out and cheer for the Saints!

CROSS COUNTRY

BY MS. M. BOOTH

The Bennies X-Country running team had a great afternoon at the Preston Fun Run on September 16. Congratulations go out to Tess Wittmann, Lauren Robbins, and Allie Amaral, who all placed in the top 10. Donald Raymond, Julia Wittmann, and Peter Reynolds also placed very well with top 25 finishes in their races.

Well done midget boys team who placed 4th in the beginner race.

The junior and senior teams (boys and girls) also placed very well at 6th place out of 16 teams.



Jr. Boys Soccer
Saints 2, St. Mary's 6
Saints 2, St. David's 1

Senior Girls Basketball
Saints 42, Rockway 11

Junior Girls Basketball
Saints 50, Rockway 7

Senior Boys Football
Saints 23, WCI 0
Saints 12, Resurrection 7

Junior Boys Football
Saints 30, Resurrection 27

Senior Boys Volleyball
Saints 3, Pere Rene 0

Junior Boys Volleyball
Saints 0, Rockway 3

Girls Field Hockey
Saints 2, St. Mary's 0

The second race of the year was held on September 22 at Shade's Mill. Our Midget Girls team placed first. Congratulations to Tess, Lauren, Alyssa, and Jessica. Our Senior Boys teams placed fourth in a competitive race with over 200 runners. Great job to the top 10 finishers: Nathan Schmidt and Tess Wittmann. Well done to the top 30 finishers: Lauren Robbins, Allysa Mason, Andrew Misener, Brandon Schneider, Colton Dorion, Peter Reynolds, and Alley Houston. In addition, it was great to see some Alumni at the event!

For all the results of the Shade's Mill race, visit Athletic.net and look for CWSB for Benny's students.

GIRLS BASKETBALL

SENIOR GIRLS

BY MR. K. FRATARCANGELI

The senior girls basketball team competed in their first tournament of the season at Eastwood. The girls faced some difficult competition. After the first two games the girls found themselves in the consolation championship against a tough Ancaster team. After a valiant effort the girls found themselves on the wrong end of 41 to 30 loss.

The following weekend the girls won the Pauline Johnson Collegiate classic tournament in Brantford. The girls went 4 and 0 with an average margin of victory of 17 points.

In the first game of league play on Monday, the girls beat Rockway 42-11. High scorer for the game was Jenelle Case with 12 points.

JUNIOR GIRLS

BY MISS A. WHALEN

Congratulations to the Junior Girls basketball team as they defeated Rockway 50-7 in their first game of the season. Top scorers were Amber Baetson with 16 points, Brooke Wanklin with 12 points and Kayla Leusink with 11 points.

Both teams travel to St. Mary's today for a pivotal game in league play.

FOOTBALL

SENIOR FOOTBALL

BY MR. J. VALE

Congratulations to the Saints senior Football team as they defeated defending champion WCI 23-0 in their first A division game. The Saints were led by Jordan Kerr and Tamaul Lewis Gosslin on offence and an outstanding defensive effort led by Robin Petrie, Drew Walden and Shane McMullen.

Congratulations to the Senior Football team as they defeated Resurrection 12-7 to improve their record to 2-0. This was Rez's first home loss in 19 games. The Saints were led by Dequan French-Gray, Drew Walden, Shane McMullin and an incredible defensive effort.

The Saints now take on undefeated Jacob Hespeler Thursday under the lights at 7 p.m. Come out and show your support.

JUNIOR FOOTBALL

BY MR. J. VALE

The Junior Boys Football team kicked off their 2011 season with an exciting win over powerhouse Resurrection Secondary School. After early touchdowns by George Monaghan and Brad MacInnis, and a field goal by Derek Porter, the Saints led 18-0. Sadly, the Phoenix clawed back into the game and eventually took a 2 point lead. However, Monaghan's second touchdown of the game, followed by a 50 yard touchdown run by Braden Normore iced a 30-27 victory for the Saints.

Quarterback Brayden Hill threw for 2 touchdowns and finished the day with over 200 passing yards.

Defensively, the Saints were led by Derek Cole, Brady Bartlett and Austin Welch.

The Saints next game is Thursday, September 29th at 5pm at home against Jacob Hespeler.

BOYS VOLLEYBALL

SENIOR BOYS VOLLEYBALL

BY MR. N. O'CONNOR

The senior boys volleyball team got off to a good start sweeping Pere Rene de Galinee three games to none.

JUNIOR BOYS VOLLEYBALL

BY MR. J. RODRIGUE

Monday afternoon our team succumbed to the Rockway Flames in three sets. Mr. Rodrigue would like to give a shout out to Brian, Aaron and Scott for their hard work and hustle. The boys will look to bounce back on Wednesday when they play host to the Eagles of St. Mary's.

GIRLS VARSITY FIELD HOCKEY

BY MRS. S. ROLT

Last Wednesday our girls varsity field hockey team were victorious in their season opener against St. Mary's. Please congratulate them on their 2-0 win, with a special congratulations to Nicole Maher for scoring 2 goals.

GRADE 9 SOCCER TOURNAMENT

BY MR. A. ARKELL

Attention all grade 9 boys and girls interested in representing our school at the Grade 9 Soccer tournament in Stratford. We are still need 8 more girls and 5 more boys to complete our teams. You can submit completed permission forms to Mr. Arkell in room 314 at any time during the day and to Mrs. Paleczny in room 126 in the morning. You can also pick up forms if you haven't done so already from either location. Spots on each team will be filled on a first-come-first-serve basis. So bring in your forms as soon as possible.

SCIENCE TEAM

BY MR. A. ARKELL

There are a few spots still open for our competition at McMaster University on Thursday, October 6th. Permission forms and event information can be found on our ClassNet page. Events are open to any team member in Grades 11 or 12. Spots will be filled first-come-first-serve basis in order that students submit their permission forms and money to Mr. Arkell in room 314.

FRENCH CLUB

PAR MME S. LECLERC

For students interested in learning more about the French language and culture, French Club is the place to be! Learning another language and exploring new cultures opens us up to new worlds and new possibilities. By becoming a member of the French Club, students get the opportunity to explore the French language and culture in a relaxed, non-academic environment.

A variety of activities and media are explored in French Club. For example, you will be introduced to popular French singers and musical groups of the day, you will have the chance to sample French-inspired cuisine, you will see video clips and movies that open your mind to the French culture, all while having the opportunity to practice your French skills, chat and socialize

with your peers.

French Club is open to students of any grade, whether or not you are currently enrolled in French. All you need is an interest in the French language and culture!

Any student interesting in joining French Club is invited to attend our first French Club meeting, next Tuesday at 2:30 pm in room 219. A French-inspired snack will be provided!

Merci et à bientôt!!!



ST. BENEDICT'S IS MAKING A DIFFERENCE!

BY MRS. M. ROCHA

The MAD Movement (our social justice club) is passionate about creating positive change in the world. We are currently planning presentations, events, and activities that will encourage and inspire the staff and students to get involved and MAKE a DIFFERENCE!

On Saturday, September 24, members of the club walked proudly in the Walk for Life to support the work of Cambridge Right to Life. In October, MAD will welcome presenters from Free the Children who will lead a presentation and workshop about the issues of education and poverty. MAD will organize "Halloween for Hunger", in which they will be collecting donations on Halloween night for the Cambridge Food Bank. In November, MAD will lead the school in a "Vow of Silence", to stand in solidarity with the voiceless in our world. Pledges will be collected during the vow and all money will be donated to Free the Children.

Also in November, the MAD Movement will be bringing 28 students to WE DAY in Kitchener! These students will have the opportunity to hear prominent social justice leaders speak and perform. Currently, MAD is working on an awareness campaign which includes an educational performance for the students and we are also planning various fundraisers that will occur throughout the school year. WOW!

It is obvious that we are dedicated to our goal, and with your help, we WILL make a difference!

YEARBOOK CLUB

BY MR. J. CURTIS

Working with a dedicated group of writers, designers, and photographers, our Yearbook Club produces a 128-page, full-colour yearbook full of high school memories. Members will learn effective communication skills that will help them now and in the future. Meet with Mr. Curtis, Miss Fernandes, and Mrs. McCaffery Thursdays after school in room 216.

CAMERA CLUB

BY MR. J. CURTIS

Each week, members share their photographs based on an assigned theme, and in the process learn how to take better pictures. With tips and tricks from our in-house photography experts, along with shared experiences from other shutterbugs in the room, members improve their photography skills. Meet with Mr. Curtis after school Mondays in room 216.

DECA INFORMATION MEETING

Are you interested in testing your business savvy? Meeting people from across Ontario and possibly the world? Travelling? Improving your resume or university/college application?

Today's businesses require teamwork, consensus building, decision-making, interpersonal skills, and goal orientation. While business organizations value cooperative effort, they also demand independent thinking. DECA seeks to transform students into team workers who recognize that their own success depends on the success of others.

Students from all grades are invited to join DECA by coming to a meeting tomorrow, Thursday, after school in the Room 214. Meet DECA students and find out what it's all about!

FANIME CLUB

BY MRS. E. MELSE

Do you like anime, Harry Potter, Kingdom Hearts, or just Finding Waldo?
Meet us every Wednesday in room 217 after school

STRATEGIC GAMES CLUB

BY MR. P. RISO

The Games Club will play host to various strategy games such as Risk, HeroClix, Yugioh and Magic the Gathering. We meet every Wednesday in room 225 after school. Come out and challenge your friends!

Student Activities

HEY ALL YOU GRADE NINES!!

Link Crew is proud to present another Fantastic event just for you!!

Are you feeling the Bennies fever!?! Are you ready to celebrate being a Saint!?! Well, get ready to share that energy on Thursday afternoon for 6th Annual Grade 9 Link Crew Olympics! Be sure to watch to Ranger or ask your teacher for more specific details!!

Other News

JOSTENS RING DAYS

Jostens will return for ring days on Thursday, Sept 29th for those who missed Tuesday and Wednesday. Visit the ring table in the front foyer at lunch periods to order your ring.

Upcoming Events

Wednesday, September 28

2:30pm Fanime/Anime Club
2:45pm MAD Movement
2:45pm Strategy Games Club
3:00pm Tennis practice at Hesp. Tennis Club
3:30pm Jr. Boys Soccer @ Msgr. Doyle
3:30pm Sr. Girls Basketball @ St. Mary's
3:30pm Girls Field Hockey vs St. David @ St. Benedict
3:30pm Sr. Boys Volleyball @ St. Mary's
3:30pm Jr. Boys Volleyball @ St. Mary's
5:00pm Jr. Girls Basketball @ St. Mary's
BENN Newsletter out
Blue and Yellow Day

Thursday, October 6

11:00am Cross Country: Wat. Dist. Inv. Meet
2:30pm Yearbook Club
2:30pm DECA meeting
6:30pm UIP (University Information Program)
7:00pm Coffee House
SHSM: GPS Training

Friday, October 7

8:30am Univ. visit: Dalhousie
2:45pm Doctor Who Video Club
Graduation registration deadline
Grade 9 soccer tournament

Monday, October 10

Thursday, September 29

11:48am LINK Crew Olympics
1:15pm Univ. visit: University of Guelph
2:00pm Cross Country: University of Waterloo Race
2:30pm Sr. Boys Football vs Jacob Hespeler
2:30pm Yearbook Club
2:30pm DECA meeting
7:00pm School Council meeting
Jeans Day
Jostens Ring Days

Friday, September 30

Professional Activity Day

Monday, October 3

8:30am Univ. visit: Lakehead University
12:00pm Univ. visit: Redeemer University
2:30pm Camera Club
3:00pm Tennis practice at Hesp. Tennis Club
3:30pm Jr. Boys Soccer vs Resurrection
3:30pm Jr. Girls Basketball vs St. David
3:30pm Jr. Boys Volleyball @ St. David
3:30pm Sr. Boys Volleyball @ St. David
4:30pm Girls Field Hockey vs Msgr. Doyle @ St. David
5:00pm Sr. Girls Basketball vs St. David

Tuesday, October 4

9:45am College visit: Conestoga
6:00pm Badminton Club
Photo Retake Day
SHSM: First Aid & CPR-A Training

Wednesday, October 5

7:00am UIP (University Information Program)
2:30pm Fanime/Anime Club
2:45pm MAD Movement
2:45pm Strategy Games Club
3:00pm Sr. Boys Football @ Preston HS
3:00pm Tennis District 8 tournament
3:30pm Jr. Boys Soccer @ Resurrection
3:30pm Sr. Girls Basketball vs Msgr. Doyle
3:30pm Girls Field Hockey vs St. Mary's @ St. Mary's
3:30pm Sr. Boys Volleyball @ Msgr. Doyle
3:30pm Jr. Boys Volleyball @ Msgr. Doyle
5:00pm Jr. Girls Basketball vs Msgr. Doyle
SHSM: First Aid & CPR-A Training
SHSM: GPS Training

World Teachers Day

10:30am Cross Country: Thanksgiving Day practice
THANKSGIVING DAY

Tuesday, October 11

8:30am College visit: Mohawk
6:00pm Badminton Club

Wednesday, October 12

8:30am Univ. visit: Richard Ivy School of Business
2:30pm Fanime/Anime Club
2:45pm MAD Movement
2:45pm Strategy Games Club
3:30pm Jr. Boys Soccer @ St. Mary's
3:30pm Sr. Girls Basketball @ Resurrection
3:30pm Girls Field Hockey vs Msgr. Doyle @ Msgr. Doyle
3:30pm Sr. Boys Volleyball vs Resurrection
3:30pm Jr. Boys Volleyball vs Resurrection
5:00pm Jr. Girls Basketball @ Resurrection
SHSM: Pharmacy Training
BENN Newsletter out

Thursday, October 13

2:30pm Yearbook Club
2:30pm DECA meeting
7:00pm Academic Awards Night
SHSM: Pharmacy Training

Friday, October 14

1:30am College visit: Sheridan
10:00am Ont. Univ. Fair
1:30pm Cross Country: Laurel Creek Race
2:45pm Doctor Who Video Club
3:00pm Sr. Boys Football @ Glenview Park
4:30pm Girls Field Hockey vs Resurrection @ St. Benedict
Deadline to sign up for SHSM

Be sure to check the calendar on the school website for more information. New information is always being added, and more detailed information about upcoming events can be found there.

Sports results are also posted to calendar, if you hover your mouse over a past game, a short synopsis will appear.

You can find the full calendar under **Benny's News**
► **Calendar of Events.**

Miscellaneous

WE WANT TO KNOW...

Your opinions are important to us! Please [email us](#) with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at <http://stbenedict.wcdsb.ca> for news and information updates.

This newsletter is also available on the school website if you [click here](#). You may want to send this link to other parents rather than forward your email—doing so may alter the layout and generate the page incorrectly.

