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The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB News-wire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Dan Witt](#).

BENN STAFF

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NEXT ISSUE

November 14, 2012

Graduation - A Celebration of People

On Friday, October 26 St. Benedict welcomed back 270 graduates from the class of 2012 for the 26th Graduation Ceremony. Our gymnasium was alive with enthusiastic cheering and standing ovations typically reserved for our sports teams as proud parents, siblings and grandparents joined us to celebrate this important milestone. In addition to being presented with their diplomas, many graduates were also recognized for the outstanding contributions that they have made to our school and our community. Brittany Sowa, chosen by her classmates as Valedictorian gave a genuine and sincere address in which she reminded the graduates to remember their past and their roots as they look ahead to the future. Graduation 2012 will long be remembered as not only a celebration of academic excellence and community involvement, but also as a *Celebration of People*.

– Mrs. P. Klassen

BENNY'S IN THE LOCAL MEDIA

CAMBRIDGE TIMES: [Bennies takes midget title, Channer leads boys](#)

Administrative

JOINT HEALTH AND SAFETY COMMITTEE MESSAGE TO PARENTS & GUARDIANS

Please be aware of all parking rules for the safety of our students. There is absolutely no idling, parking or stopping in the fire routes, or bus drop off loading zone.

NEWS FROM THE GUIDANCE OFFICE

BY MRS. P. KLASSEN

**UNIVERSITY INFORMATION PRESENTATION (UIP)
NIGHT - COMING SOON!!**

Our school will be the host site for the Cambridge area, UIP night this year. This event is scheduled for Thursday, November 1 and will run from 7 PM - 9 PM. All 21 Ontario universities will have representatives at this event. This is a great opportunity for parents and students to learn more about specific schools and their programs. The evening will allow for three 30-minute presentations which will be followed by an open house style walk-about.

POST-SECONDARY TIMELINE

- College and University visits will draw to a close during the month of November. All remain visits are posted later in this article.
- Grade 12 students should continue to do specific institution research at the E-info site (www.electronicinfo.com) for university and www.ontariocolleges.ca site.
- On-line application tutorials will also help students gather the information that will be needed for the eventual application process.
- Now is a great time to arrange for a campus visit or tour at institutions that are of interest. Most colleges and universities typically host these events in the fall, as well as in the spring. Check the guidance bulletin board as well as your email distribution list updates for more information about specific school open house dates. (Conestoga College is hosting an Open House on Saturday, November 24 at their Doon campus from 1 - 3 PM. No registration is required and parking is free).
- The OUAC PIN numbers which are needed for university application have not yet arrived, however as soon as they do, students will be notified. College application requires students to use their OEN numbers (found on all report cards) to set up their college application accounts.
- Students are encouraged to complete their application prior to leaving for the Christmas break as both the OUAC and OCAS systems tend to become overloaded as the deadline for applications approaches.
- Review your semester two timetable to make sure that you have all of the necessary pre-requisite courses.
- Complete your Community Service Hours!!
- Be prepared to wait for confirmation of acceptance from schools. Each institution has its own timeline. Try not to let anxiety about acceptance interfere with your progress at school.

SCHEDULE OF REMAINING COLLEGE AND UNIVERSITY VISITS

Tuesday, November 6: St. Mary's University (Nova Scotia) - 9:45 AM

Tuesday, November 13: Brock University - 11:00 AM

* This is a lunch presentation so bring your lunch with you!

Thursday, November 15: Dalhousie University (Nova Scotia) - 8:30 AM

Thursday, November 15: Lambton College - 8:30 AM

Wednesday, November 23: University of Guelph-Humber - 8:30 AM

Tuesday, November 27: Redeemer University College - 8:30 AM

2012 TAKE OUR KIDS TO WORK DAY

Take Our Kids to Work is a signature program of the *The Learning Partnership*, a national organizations dedicated to championing a strong public education system in Canada through innovative programs and public engagement. This event, scheduled this year for Wednesday, November 7 will involve more than 250,000 grade 9 students in Ontario, as well as students in Manitoba and Quebec. For students it is a fun day designed to give them opportunity to learn more about the skills that are required in today's workplace, to develop an appreciation for their parents' careers and to start exploring career options in a practical way. For parent's it is an opportunity to participate in a shared experience with your child and to begin career dialogue which is based on an actual experience. If, for whatever reason, it is not possible for your child to accompany a parent to their place of employment, arrangements can be made with another adult. In order to participate, grade 9 students must return a signed consent form to their period

one teacher by Monday, November 5. Grade 9 students who do not participate in the program are expected to attend school on November 7.

APPRENTICESHIP PRESENTATION

If you are interested in learning more about pathways that lead to apprenticeships in the trades, plan now to attend a presentation on Thursday, November 8. This presentation will be held during period 2 in the lecture hall and any student in Grade 10, 11 or 12 will be welcome to attend. The presentation, being hosted by the Waterloo Catholic District School Board, will explain the various opportunities that are available for students through the many apprenticeship, OYAP and dual credit programs that are offered through our school and school board. A sign up list will be posted in the guidance office for all students who wish to attend.

COMMUNITY SERVICE HOURS

In addition to fulfilling a requirement that is necessary for high school graduation, volunteering is an excellent way to develop skills and abilities, as well as a chance to give back to the community. Volunteer opportunities for students are updated and posted regularly on both the Ranger system and the Guidance bulletin board. Current postings include becoming a reading or writing buddy to a young child or helping to gift wrap at the mall during the up-coming Christmas Season. Community Living Cambridge is also seeking volunteers who are willing to make more a long-term volunteer commitment. Why wait until your Grade 12 year to find out how fun and fulfilling volunteering can be? Check out these great opportunities now!

WALK-IN COUNSELLING CLINIC - NEW TO CAMBRIDGE

Do you have concerns about:

- Your child's behaviour
- Your child's emotional state
- Your child's mental health diagnosis (eg. Anxiety, depression, ADHD)
- A family conflict
- School-related issues
- Other parenting challenges

Front Door offers Walk-In Counselling for individuals and families every Tuesday from 12 noon to 7:30 PM and every Thursday from 10 AM to 5:30 PM. The Tuesday clinic is located at 35 Dickson Street and the Thursday clinic is located at Langs Community Health Centre, 1145 Concession Road. The walk-in service is designed to help families with children up to the age of 18 years of age get started on the road to understanding. Through a single therapy session, experienced therapists help identify issues and equip families with tools and strategies to address their concerns. Appointments are available on a first come basis and are free of charge. Family members directly involved in the concern are encouraged to attend.

Academics

ENRICHING THE LIVES OF STUDENTS

BY MRS. D. WITTMANN

CALLING ALL MATHLETES!

BY MISS C. STOCKIE

The University of Waterloo's Canadian Senior and Intermediate Mathematics Contests are coming

The logo for Zoom Career Days features the word "ZOOM" in a large, bold, sans-serif font. The letter "Z" is black, "O" is blue, "O" is green, and "M" is black. Below "ZOOM" is the phrase "CAREER DAYS" in a smaller, bold, black, sans-serif font.

Be a part of the Business & Entrepreneurship ZOOM

soon, and the deadline to sign up is November 7th. Come to the Math Office to register your name for this fun-filled and challenging contest. Leave a \$2.00 deposit that will be returned to you when you show up to write this 2-hour contest on Tuesday, November 20th. **Only the first 5 students** in each grade that register will be able to participate in this event. So don't miss out!

Watch for this school year's FIRST Department of Mathletics Newsletter. On Tuesday, November 6th, watch for a Math Newsletter and school-wide puzzle competition—open to students in all grades AND teachers too. See your Math teacher OR the Math Office for your chance to enter. Exercise your grey matter in new and exciting ways!

Career Day!

ZOOM Career Days are "sector-specific" one-day conferences that focus on career exploration for Grade 11 and 12 Specialist High Skills Major students interested in a specific career sector.

Our November 28th ZOOM Career Day will focus on Business & Entrepreneurship

WHEN AND WHERE?

Wednesday November 28th, 2012

9:00 a.m. - 2:00 p.m.

The Delta Kitchener
105 King Street East, Kitchener

Featuring

Session Speakers and Interactive Workshops
Multi-Media
Education/Training Exhibits
Presentations
Personalities from Rogers Kitchener Radio Group
And much more!

UNIVERSITY OF WINDSOR MATH CONTESTS

BY MISS R. HALL

The University of Windsor monthly math contest will be starting Tuesday, October 16. Come on out Tuesday at 2:30 in room 309 and test out your math skills. All grades are welcome. If you have any questions, please see your math teacher or the math office.

CONTEST DATES

November 13, December 11,
January 15, February 12,
March 19

Athletics

JUNIOR BOYS FOOTBALL PERSEVERE TO GRAB VICTORY FROM ELMIRA LANCERS

BY MR. P. RONZIO

The junior boys football team travelled to Elmira last Thursday to play a tough opponent in the Lancers. Despite some early struggles, the boys were able to play a solid second half and came out on top, 40-6.

Key players were Mario Alyas with two field goals and big plays on defence, and Aidan Yearwood with some big running plays and a touchdown. The boys play their final regular season home game this Thursday, November 1, at 1pm. Come out and support the team as they play their cross-town rivals from Preston!

BENN BOX SCORES

Junior Boys Soccer

Saints 4, Msgr. Doyle 2
SEMIFINAL

Saints 2, Msgr. Doyle 1
FINAL

Resurrection 3, **Saints 0**

Junior Girls Basketball

Saints 40, Resurrection 36

Saints 46, Msgr. Doyle 28

Saints 41, Pere Rene 15

Saints 46, St. Mary's 30

Senior Girls Basketball

Resurrection 27, **Saints 19**

Saints 26, Msgr. Doyle 24

JUNIOR BOYS SOCCER

BY MRS. L. O'NEILL

The boys beat St. David 5 - 2 earlier in their season. The goal scorers were Elliot Dixon, Shamar Santos with 2 and Artur Brasil with 2. The boys continued their winning to beat Monsignor Doyle 4 - 2 in the last regular season game. Goal scorers were Artur Brasil with 2, Shamar Santos and Johnny Cabral.

In semi-final playoff action last Wednesday at Monsignor Doyle, the boys beat their cross-town rivals a second straight time, winning 2 - 1 to advance to the finals game. Goals were scored by Johnny Cabral and Josh Soares. On Monday the boys fought the elements and a very tough Resurrection team, but fell to a 3 - 0 decision, finishing 2nd in the division.

Congratulations to the boys on a successful season!

St. Mary's 43, **Saints 25**

Girls Field Hockey

Resurrection 8, **Saints 0**
Saints 0, St. Mary's 0

Junior Boys Volleyball

Resurrection 3, **Saints 0**
St. Mary's 3, **Saints 1**
Saints 3, Msgr. Doyle 0
Pere Rene 3, **Saints 0**

Senior Boys Volleyball

Resurrection 3, **Saints 0**
St. Mary's 3, Saints 2
Saints 3, Msgr. Doyle 0
Saints 3, Pere Rene 0

Junior Boys Football

Saints 40, Elmira DSS 6

JUNIOR GIRLS BASKETBALL WINNING WAYS

BY MS. A. WHALEN

It looks like a great season is taking shape, the junior girls basketball team won a tight game against Resurrection. The final score was 40-36, a classic nail biter! We are having quite the awesome season with a lovely group of young ladies.

Winning continued against Pere Rene, 41-15. Shout-outs to Afifa and Brighten for 14 points each.

Another win was tallied against St. Mary's Monday night, 46-32. Shout outs to Kayla Leusink with 25 points and great rebounding. The battle continues today as the girls take on Woodlawn on Wednesday.

GIRLS VOLLEYBALL SEASON TO GET UNDERWAY

All girls interested in playing Junior or Senior Girls Volleyball this year, must attend a meeting this Friday immediately after school in the Lecture Hall.

BOYS VARSITY HOCKEY TRY-OUTS

Boys Varsity Hockey try-outs start on Thursday, Nov. 1st. Forms and money are due at this time.

See Mr. Lisy in Room 123 or Mr. O'Connor in the P.E. office for more information.

SR. BOYS' BASKETBALL

TRYOUTS

Thursday, Nov 1st, 5:30pm-7:00pm
(Enter School through back Gym Doors)

Friday, Nov 2nd, 7pm-9pm
(Enter School through back Gym Doors)

All interested players must see Mr. Malnerich by Wednesday, Oct 31st to Sign-up.

Come to Seminar Rm 3.2 or Rm 208 before school, after school or on your lunch.

JUNIOR BOYS BASKETBALL TRYOUTS

Tryouts start Thursday, November 1st from 7:00pm to 9:00pm. See Mr. Malnerich to sign-up.

GIRLS HOCKEY MEETING

There will be a Girls Hockey meeting on Monday Nov. 5th in room 107. If you are interested in playing - you MUST attend the meeting. Please bring your lunch.

D8 AND CWOSSA RESULTS FOR XCOUNTRY RUNNING

By Ms. M. Booth

We're yellow...

We're blue...

Great results at District 8 with two 1st place plaques for Boys overall and Midget Boys.

Awesome running to midgets: Devaughn Channer (1st), Matt Fantini (3rd), Nick Misener (4th), Perrin Leadbeater, Jordan Kroeger, Connor Goliath, Matt Lapcinski and Kyle Klassen. Other Top 10 runners: Andrew Misener 4th, Tess Wittmann 4th, Marcus Noble 6th, Jade Weir 7th, Darren Russo 9th, and Donald Raymond 10th.

We had excellent effort displayed at CWOSSA despite the very warm day for October. Our top runners in each division were: Rachel Kasprzyk (30th), Tess Wittmann (23rd), Julia Wittmann (28th), Matt Fantini (21st), Darren Russon (41st), Marcus Noble (18th), Keith Tanner (34th). Overall our midget girls finished 5th of 15 teams, senior boys came in 11th of 32 teams.



WRESTLING

By Ms. D. Costa

Wrestling season is up and running this Thursday at 6:55 am. This is a big year for St. Benedict as we are hosting CWOSSA. This is a great year to join the wrestling team since each wrestler who continues on in CWOSSA can wrestle in their home gym and represent the school with pride. Again, practices begin this Thursday bright and early at 6:55 ... no better way to start your day than with a great workout and wrestling match!

STAY UP TO DATE WITH DISTRICT 8 SPORTS

Now receive sports updates in your email or on your mobile device!

The new [District 8 website](#) now allows you to sign up themselves for nightly e-mail updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by going to <http://district8.ca/admin/emailSignUp.php>.

SWIMMING

By Mrs. J. Muscat

Come and join the SWIM TEAM! We are looking for male and female swimmers in all grades. See Mrs. Muscat or Mr. Vale for details.

ACTIVITIES AT ST. BENEDICT'S

With the change in our school schedule back to the common lunch, many new opportunities are now available to our students. Here is our current list of activities:

	Before school	At lunch	After school
Monday	Breakfast at Benny's	Homework help (rooms 123) Art club (room 217) Fitness Center open (weight room) Saturday morning cartoons (Sem 2.1) Intramurals: indoor soccer (gym) Puzzles club (room 214) Accepting Differences (room 106)	Camera club (room 216) Cross Country training
Tuesday	Breakfast at Benny's	Artistic License (room 303) Homework help (rooms 123) Fitness Center open (weight room) Saturday morning cartoons (Sem 2.1) Self Defense and Conditioning club (Gym 1) Science Team (room 314) ** Tuesdays with Marilyn (room 124) Intramurals: floor hockey (gym) Puzzles club (room 214) Glee club (room 103)	Badminton club at 6:00pm (gym) Cross Country training
Wednesday	Breakfast at Benny's	Homework help (rooms 123) DECA Business club (room 216) Fitness Center open (weight room) Lost club (room 125) Saturday morning cartoons (Sem 2.1) Intramurals: basketball (gym) Puzzles club (room 214) Welding club (Annex room A4)	Anime club (room 210) Cross Country training
Thursday	Breakfast at Benny's	Homework help (rooms 123) Making a Difference (MAD) (room 321) Saturday morning cartoons (Sem 2.1) Eco Team (room 314)** Intramurals: fitness (gym) Puzzles club (room 214) Ultimate Frisbee club (gym) Glee club (room 103)	Yearbook club (room 216) Cross Country training Games club (room 125)
Friday	Breakfast at Benny's	Homework help (rooms 123) Fitness Center open (weight room) Lost club (room 125) Saturday morning cartoons (Sem 2.1) Intramurals: volleyball (gym) Accepting Differences (room 126)	Cross Country training Doctor Who Video club (room 226)

** Meets every second week.

New clubs, teams, and events are being added regularly... listen to the announcements, and check out the Ranger system and our school website.

If you have any ideas for a new club or activity, talk to one of your teachers, or someone on SAC. Make it happen!

Student Activities

Other News

Upcoming Events

Wednesday, October 31

2:35pm Anime Club
2:45pm Homework Club
3:30pm Jr. Boys Volleyball vs Woodland
3:30pm Sr. Boys Volleyball vs Woodland
3:30pm Sr. Girls Basketball @ Woodland
5:00pm Jr. Girls Basketball @ Woodland
Hallowe'en
Hallowe'en activities
Spirit Day
BENN Newsletter release

Thursday, November 1

10:55am Homework help
11:00am Ultimate Club
11:00am Glee club
11:00am Making A Difference Club
11:00am Saturday morning cartoons
11:00am Intramurals: fitness
11:00am Puzzles Club
1:00pm Jr. Boys Football vs Preston
2:40pm Games club
2:40pm Yearbook Club
3:00pm Sr. Boys Football vs Preston
7:00pm UIP (University Information Programme)
All Saints' Day

Friday, November 2

10:55am Homework help
11:00am Lost Club
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: volleyball
11:00am Accepting Differences Club
2:40pm Doctor Who Video Club
All Souls' Day

Saturday, November 3

Cross Country

Sunday, November 4

Daylight Savings Time ends

Monday, November 5

10:55am Homework help
11:00am Art Club
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: indoor soccer
11:00am Puzzles Club
11:00am Accepting Differences Club
2:40pm Camera Club
2:45pm Homework Club
3:30pm Jr. Girls Basketball vs St. David

Thursday, November 8

8:20am Term 2 Civics/Careers begins
8:20am Successful Exhibiting: Finding & Researching your Target Market Training
10:55am Homework help
11:00am Ultimate Club
11:00am Glee club
11:00am Making A Difference Club
11:00am Eco Team
11:00am Saturday morning cartoons
11:00am Intramurals: fitness
11:00am Puzzles Club
2:40pm Games club
2:40pm Yearbook Club

Friday, November 9

10:55am Homework help
11:00am Lost Club
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: volleyball
11:00am Accepting Differences Club
2:40pm Doctor Who Video Club

Sunday, November 11

Remembrance Day

Monday, November 12

10:55am Homework help
11:00am Art Club
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: indoor soccer
11:00am Puzzles Club
11:00am Accepting Differences Club
2:40pm Camera Club
2:45pm Homework Club

Tuesday, November 13

8:20am H&S + Fall Protection Training
10:55am Homework help
11:00am Self Defense and Conditioning Club
11:00am Tuesdays with Marilyn
11:00am Univ. visit: Brock University
11:00am Glee club
11:00am Science Team
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: floor hockey
11:00am Puzzles Club
11:00am Artistic License
2:30pm U. of Windsor math contest
6:00pm Badminton club, 6:00-7:30

Wednesday, November 14

3:30pm Jr. Boys Volleyball @ St. David
3:30pm Sr. Boys Volleyball @ St. David

Tuesday, November 6

8:20am Equipment Interfacing & Live Audio
Production Techniques
10:55am Homework help
11:00am Self Defense and Conditioning Club
11:00am Tuesdays with Marilyn
11:00am Glee club
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: floor hockey
11:00am Puzzles Club
11:00am Artistic License
6:00pm Badminton club, 6:00-7:30

Wednesday, November 7

10:55am Homework help
11:00am Lost Club
11:00am DECA Business Club
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: basketball
11:00am Puzzles Club
11:00am Welding Club
2:35pm Anime Club
2:45pm Homework Club
5:00pm Jr. Girls Basketball @ Msgr. Doyle
7:00pm Experience the Arts
Take Our Kids to Work day
Spirit Day

8:30am College visit: Lambton College
10:55am Homework help
11:00am Lost Club
11:00am DECA Business Club
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: basketball
11:00am Puzzles Club
11:00am Welding Club
2:35pm Anime Club
2:45pm Homework Club
Spirit Day
BENN Newsletter release

DID YOU KNOW?

There are over 1300 entries on our school calendar on the website!

This means plenty of opportunities for your son or daughter to get involved!

Check the calendar on the school website for more information. New information is always being added, and more detailed information about upcoming events can be found there.

On the front page of our website, the calendar displays what's coming up in the next week. If you would like to see the full calendar, go to **Benny's News ► Calendar of Events**.

Miscellaneous

HAS YOUR SON OR DAUGHTER LEFT THE ST. BENEDICT COMMUNITY?

If you are no longer associated with St. Benedict's and want to be removed from the BENN mailing list, simply [email us](#) and you will be promptly removed from the mailing list.

WE WANT TO KNOW...

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please [email us](#) with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at <http://stbenedict.wcdsb.ca> for news and information updates.

This newsletter is also available on the school website if you [click here](#). You may want to send this link to other parents rather than forward your email—doing so may alter the layout and generate the page incorrectly.

