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*The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB News-wire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Dan Witt](#).*

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### **NEXT ISSUE**

November 28, 2012

## Senior Boys Footballers in Finals Saturday

BY MR. J. VALE

The Senior Boys Football team extended their season on Wednesday, November 7 with a win of 22-9 over KCI. The offence was led by Robin Petrie and Dequan French-Gray who both scored touchdowns for the Saints! Devon Pelley and Drew Walden led an inspired defensive effort by the team.

On Tuesday, the boys advanced to this Saturday's "B" Championship with a 26-6 victory over Forest Heights. The team was led by Robin Petrie with 3 touchdowns and great play by Dequan French-Gray and Drew Walden. It was a true team effort!

The Championship game will be played this Saturday, November 17 at 12:00pm, at the field at Jacob Hespeler. Good luck to the boys as they look to cap the season with a championship title!

## Administrative

## Academics

### **ENRICHING THE LIVES OF STUDENTS**

BY MRS. D. WITTMANN

#### **BIOMIMETICS: CREATIVE AND CRITICAL THOUGHT**

Biomimetics is the study of the structure and function of biological systems as models for the design and engineering of materials and machines. It is widely regarded as being synonymous with biomimicry, biomimesis, biognosis and similar to biologically inspired design.

An international exhibition took place in Paris in 1889, the early counterpart of today's World Fairs. During the planning stage there was competition between architects for new structures to

commemorate the grand event. One French engineer, Gustave (Gustavo) Eiffel (1832-1923), went to an unusual source for new design ideas. He reviewed the work of anatomist Herman von

Meyer. In the 1850s, Meyer had studied the human femur, or thighbone, which connects to the hip. This bone, the largest in our body, has a very unusual off-center ball joint which fits into the hip socket. For strength, the curved femur head has many internal bone fibers, called trabeculae. These bone fibers criss-cross each other in layers and are precisely aligned to carry the forces of tension and compression. As a result, the femur efficiently supports and transfers the off-center weight of the person. The femur connection may look awkward, but it functions well for a lifetime of movement. Swiss engineer Karl Cullman later generated mathematical models of the femur design. He noted that the trabeculae fibers closely resembled the struts and braces used in buildings. Architect Eiffel then took these ideas and designed his famous Eiffel Tower. The outward flares at the base of the tower resemble the upper curved portion of the femur. The internal wrought iron braces used in the tower closely follow the design of the original trabeculae within the femur.



The Eiffel Tower has been a Paris landmark for over a century. Including its antennas, the tower reaches a height of 1063 feet (324 meters), or 81 stories. The tower marked the entrance to the 1889 exhibition and was originally built as a temporary structure. Competing architects scoffed at the tower, calling it an eyesore and predicting that it would collapse under its own weight. However, it remains today, over a century later, a Paris landmark. It is the destination of millions of tourists annually. The Eiffel Tower today is considered a work of art, and it is based on the workmanship of the human body.

## DEPARTMENT OF MATHLETICS REPORT

By Miss C. Stockie

Last week, out of the many students (and teachers) that submitted their solutions to the puzzles in Volume 3, Issue 1 of the Mathletics Newsletter, the following were chosen as WINNERS: Matthew Sibley, Tomoyuki Nesbitt, Ricky Yang, Kristine Suarez and Mr. Milardovic. Congratulations to this month's winners, and thanks to everyone who participated. Watch for prizes to be delivered to your homeroom classes.

New this week: Miss Stockie's period 1 class and Mrs. Brennan's period 4 class took part in the University of Waterloo's On-Line Beaver Mathematics and Computer Contest. This challenging, mind-bending activity was a far-cry from the boring, bubble-sheet-colouring contests of the past. Each question posed a new and unique challenge, and students were called on to exercise their grey matter in new and exciting ways. Congratulations on a job well done! Watch for results coming SOON!

Next week: The Canadian Intermediate and Senior Mathematics and Computing Challenges are taking place on Tuesday, November 20th during periods 1 and 2 in room 203. The 20 students from all four grade levels who signed up for this contest have their work cut out for them. Lots of luck!

Coming soon: Watch for Volume 3, Issue 2 of the Mathletics Newsletter in December!



# GIRLS HOCKEY TRYOUTS

BY MRS. L. O'NEILL

Tryouts have begun for the Girls Hockey Club. The girls will be participating in three tournaments this year. The first tournament is on November 19 and is being hosted by Waterloo Oxford Lady Crusaders. The team will travel to the Wilmot Rec Centre in Baden to play three, or hopefully four, games!

On December 19, the team will be playing in the Grand River tournament taking place at the Activa Sports Complex in Kitchener.

Best of luck to the girls as they compete in these tournaments.

There will also be a brief but important girl's hockey meeting on Friday in room 107 at the beginning of lunch.

# AFTER-SCHOOL INTRAMURAL HOCKEY

BY MR. E. OFFAK

**Who?** Anyone interested in playing hockey. You must wear full equipment at all times.

**When?** Mondays and Wednesdays from 3:00pm to 3:50 pm, starting Monday, November 26. There will approximately nine to ten ice times.

**Where?** Cambridge Ice Park

**Cost?** The cost is \$60, which includes ice time and a spirit wear t-shirt.

**Anything else?** If you are interested, please contact Mr. Jankura in the Phys.Ed. Office or Mr. Offak in A2 (the Annex) for a permission form. Sign-up will be based on first come, first served basis as there will be only limited space for players. So don't wait, get your forms in asap! See you on the ice!!

# JUNIOR GIRLS BASKETBALL

BY MS. A. WHALEN

The team continued their winning streak on Tuesday, October 30, defeating Woodlawn with a final score of 48-24! Special shout out to Brighten Ching for her awesome shooting!

The girls faced St. David C.S.S. in the finals on Tuesday, November 6. The Saints poured their hearts out and left it all on the court. Unfortunately, they came up a little short losing to St. David 44-43.

The team would like to thank all their fans who came out to support them during the season. The team looks forward to coming back strong next year!

# SENIOR GIRLS BASKETBALL

The Senior Girls Basketball team travelled to Woodland Christian School on Tuesday, October 30, playing their final game of the regular season. The team played hard and lost a close game 40-38. Special note goes to Hilary Ferguson who had a game and season high of 30 points!

The girls are looking forward to the start of the playoff season!



## Junior Girls Basketball

**Saints 48**, Woodland 24

St. David 39, **Saints 36**

Semi Final

St. David 44, **Saints 43**

## Senior Girls Basketball

Woodland 40, **Saints 38**

Semi Final

Resurrection 46, **Saints 30**

## Junior Boys Volleyball

Woodland 3, **Saints 0**

**Saints 3**, St. David 1

## Senior Boys Volleyball

Woodland 3, Saints 0

St. David 3, **Saints 1**

## Junior Boys Football

**Saints 33**, Forest Hts 27

Semi Final

**Saints 19**, Jacob Hespeler 42

## Senior Boys Football

**Saints 22**, KCI 9

Semi Final

Forest Hts 6, **Saints 26**

# JUNIOR BOYS FOOTBALL

BY MR. P. RONZIO

The Junior Football team played a great, hard fought game against an excellent Forest Heights team last week, coming out on top 33-27. The win places the team against our cross-town rival Jacob Hespeler Hawks on Tuesday, November 13 in the semi-final round.

In that game, they fought hard against a strong Jacob Hespeler team, losing 42-19.

We applaud the boys on a strong season, and thank all the parents and supporters who came out throughout the season to cheer us on.

## CROSS-COUNTRY RUNNERS!

Please see Mr. Wittmann ASAP if you would like to participate in the Jingle Bell Run.

## ATTENTION RUNNERS AND OTHER FITNESS FANATICS!

Winter running will have started taking place Mondays and Thursdays after school. Meet in the phys ed hallway, dressed for the outdoors. All are welcome!

## STAY UP TO DATE WITH DISTRICT 8 SPORTS

*Now receive sports updates in your email or on your mobile device!*

The new [District 8 website](#) now allows you to sign up themselves for nightly e-mail updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by going to <http://district8.ca/admin/emailSignUp.php>.

## Clubs

### REACH FOR THE TOP

BY MR. C. BILLO

The Reach for the Top junior and senior teams will practice after school on Wednesday. The location is room 317. See Mr. Billo if you cannot attend.

### DECA STUDENTS ADVANCE TO PROVINCIAL CHAMPIONSHIPS

BY MR. F. WITTMANN

Congratulations to the following DECA students. These students wrote a 100 multiple choice test in their DECA category, and have now qualified for the provincial championship in Toronto in February.

Lucas Wozniak  
Will Simpson  
Mitchell Hall  
Alexa Senior  
James Smith  
Alicia Adamski  
Ferhan Siddiqui  
Trevor O'Hagan

Laura Bradbury  
Deanna Laparan  
Hayden Polski  
Jerome Villapando  
Matthew Laws  
Kennedy Thompson  
Aaron Silver  
Winonna Roach

David Li  
Jason Wozniak  
Julia Wittmann  
Zachary Amaral  
Kyle Gojmerac  
Tyler DeSousa  
Tess Wittmann  
Mary Le

Abby Ferguson  
Nikki Davidson  
Sanjot Sadhra  
Jonathan Kerr  
Jake Nagle

# SAINTS 4 LIFE

BY MRS. M. ROCHA

Does it bother you when you know that someone is not being treated with dignity and respect? Do you believe that it is our duty to speak up when someone is being victimized? Join the Saints 4 Life Club because we believe that we can be a voice for the most innocent victims of violence in our world... The unborn children. We meet every Tuesday at lunch in room 321.

# MAKING A DIFFERENCE CLUB COLLECTS TREATS

BY MRS. M. ROCHA

A huge congratulations to the members of the Making A Difference Club for collecting 620 pounds of food on Halloween night for the Cambridge Food Bank! Your spirit and enthusiasm were much appreciated by your supervisors and your community!

# ROBOTICS CLUB

BY MS. M. BOOTH

Robotics Club will meet this week on Friday at 2:40pm in A3. Everyone is welcome!

# ACTIVITIES AT ST. BENEDICT'S

With the change in our school schedule back to the common lunch, many new opportunities are now available to our students. Here is our current list of activities:

	Before school	At lunch	After school
<b>Monday</b>	Breakfast at Benny's	Homework help (room 123) Art club (room 217) Fitness Center open (weight room) Saturday morning cartoons (Sem 2.1) Intramurals: indoor soccer (gym) Puzzles club (room 214)	Camera club (room 216) Cross Country training
<b>Tuesday</b>	Breakfast at Benny's	Artistic License (room 303) Homework help (room 123) Fitness Center open (weight room) Saints 4 Life Club (room 321) Saturday morning cartoons (Sem 2.1) Self Defense and Conditioning club (Gym 1) Science Team (room 314) ** Intramurals: floor hockey (gym) Puzzles club (room 214) Glee club (room 103)	Badminton club at 6:00pm (gym) Cross Country training
<b>Wednesday</b>	Breakfast at Benny's	Homework help (room 123) DECA Business club (room 216) Fitness Center open (weight room) Lost club (room 125) Saturday morning cartoons (Sem 2.1) Intramurals: basketball (gym) Puzzles club (room 214) Wednesdays with Marilyn (room 124) Welding club (Annex room A4)	Anime club (room 210) Cross Country training

<b>Thursday</b>	Breakfast at Benny's	Homework help (room 123)	
		Making a Difference (MAD) (room 321)	
		Saturday morning cartoons (Sem 2.1)	Yearbook club (room 216)
		Eco Team (room 314)**	Cross Country training
		Intramurals: fitness (gym)	Games club (room 125)
		Puzzles club (room 214)	
		Ultimate Frisbee club (gym)	
<b>Friday</b>	Breakfast at Benny's	Glee club (room 103)	
		Homework help (room 123)	
		Fitness Center open (weight room)	Cross Country training
		Lost club (room 125)	Doctor Who Video club (room 226)
		Saturday morning cartoons (Sem 2.1)	
Intramurals: volleyball (gym)			

\*\* Meets every second week.

New clubs, teams, and events are being added regularly... listen to the announcements, and check out the Ranger system and our school website.

If you have any ideas for a new club or activity, talk to one of your teachers, or someone on SAC. Make it happen!

## Student Activities

## Other News

## Upcoming Events

### Wednesday, November 14

- 2:35pm Anime Club
- 2:35pm Reach for the Top
- 2:45pm Homework Club

### Thursday, November 15

- 8:20am Standard First Aid & CPR-C training
- 10:55am Homework help
- 11:00am Ultimate Club
- 11:00am Glee club
- 11:00am Making A Difference Club
- 11:00am Saturday morning cartoons
- 11:00am Intramurals: fitness
- 11:00am Puzzles Club
- 2:40pm Games club
- 2:40pm Yearbook Club

### Friday, November 16

- 10:55am Homework help
- 11:00am Lost Club
- 11:00am Fitness Centre open
- 11:00am Saturday morning cartoons
- 11:00am Intramurals: volleyball
- 11:00am Accepting Differences Club

### Thursday, November 22

- 8:20am Spills, Filling Propane and Health & Safety Training
- 8:20am One of a Kind Show
- 10:55am Homework help
- 11:00am Ultimate Club
- 11:00am Glee club
- 11:00am Making A Difference Club
- 11:00am Eco Team
- 11:00am Saturday morning cartoons
- 11:00am Intramurals: fitness
- 11:00am Puzzles Club
- 2:40pm Games club
- 2:40pm Yearbook Club
- 6:30pm Fall Dance
- 7:00pm Parent Council meeting

### Friday, November 23

- Professional activity day

### Sunday, November 25

- Cross Country

### Monday, November 26

2:40pm Doctor Who Video Club  
2:40pm Robotics Club

### **Saturday, November 17**

12:00pm Sr Boys Football FINAL vs Huron Heights  
@ Jacob Hespeler

### **Monday, November 19**

8:20am Report card distribution  
8:20am Girls Hockey: @ Tournament  
10:55am Homework help  
11:00am Art Club  
11:00am Fitness Centre open  
11:00am Saturday morning cartoons  
11:00am Intramurals: indoor soccer  
11:00am Puzzles Club  
11:00am Accepting Differences Club  
2:40pm Camera Club  
2:45pm Homework Club

### **Tuesday, November 20**

8:20am Standard First Aid & CPR-C training  
8:20am Math Contests  
10:55am Homework help  
11:00am Self Defense and Conditioning Club  
11:00am Glee club  
11:00am Fitness Centre open  
11:00am Saturday morning cartoons  
11:00am Intramurals: floor hockey  
11:00am Puzzles Club  
11:00am Artistic License  
11:00am Saints 4 Life  
6:00pm Badminton club, 6:00-7:30

### **Wednesday, November 21**

8:20am Standard First Aid & CPR-C training  
8:30am Univ. visit: Guelph Humber  
10:55am Homework help  
11:00am Lost Club  
11:00am DECA Business Club  
11:00am Fitness Centre open  
11:00am Saturday morning cartoons  
11:00am Intramurals: basketball  
11:00am Puzzles Club  
11:00am Welding Club  
11:00am Wednesdays with Marilyn  
2:35pm Anime Club  
2:35pm Reach for the Top  
2:45pm Homework Club  
Spirit Day

8:20am Mobilize Symposium with Desire2Learn  
10:55am Homework help  
11:00am Art Club  
11:00am Fitness Centre open  
11:00am Saturday morning cartoons  
11:00am Intramurals: indoor soccer  
11:00am Puzzles Club  
11:00am Accepting Differences Club  
2:40pm Camera Club  
2:45pm Homework Club  
2:45pm After-school Intramural Hockey

### **Tuesday, November 27**

8:20am Jewelry Design Techniques training  
8:30am Univ. visit: Redeemer University  
10:55am Homework help  
11:00am Self Defense and Conditioning Club  
11:00am Glee club  
11:00am Science Team  
11:00am Fitness Centre open  
11:00am Saturday morning cartoons  
11:00am Intramurals: floor hockey  
11:00am Puzzles Club  
11:00am Artistic License  
11:00am Saints 4 Life  
6:00pm Badminton club, 6:00-7:30

### **Wednesday, November 28**

8:20am Culinary Techniques  
8:20am Business Zoom Career Day  
10:55am Homework help  
11:00am Lost Club  
11:00am DECA Business Club  
11:00am Fitness Centre open  
11:00am Saturday morning cartoons  
11:00am Intramurals: basketball  
11:00am Puzzles Club  
11:00am Welding Club  
11:00am Wednesdays with Marilyn  
2:35pm Anime Club  
2:35pm Reach for the Top  
2:45pm Homework Club  
2:45pm After-school Intramural Hockey  
Fall Fair  
Spirit Day  
BENN Newsletter release

## **DID YOU KNOW?**

**There are over 1400 entries on our school calendar on the website!**

***This means plenty of opportunities for your son or daughter to get involved!***

Check the calendar on the school website for more information. New information is always being added, and more detailed information about upcoming events can be found there.

On the front page of our website, the calendar displays what's coming up in the next week. If you would like to see the full calendar, go to **Benny's News ► Calendar of Events**.

## Miscellaneous

### **HAS YOUR SON OR DAUGHTER LEFT THE ST. BENEDICT COMMUNITY?**

If you are no longer associated with St. Benedict's and want to be removed from the BENN mailing list, simply [email us](#) and you will be promptly removed from the mailing list.

### **WE WANT TO KNOW...**

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please [email us](#) with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at <http://stbenedict.wcdsb.ca> for news and information updates.

This newsletter is also available on the school website if you [click here](#). You may want to send this link to other parents rather than forward your email—doing so may alter the layout and generate the page incorrectly.

