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The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB News-wire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Dan Witt](#).

BENN STAFF

[Mr. Anton Milardovic](#)
[Mrs. Sophia Adach](#)
[Mrs. Jennifer Jackson](#)
[Ms. Laura Varriano Lane](#)

NEXT ISSUE

December 12, 2012

It's the most busiest time of the year...

Realistically, we could sing that tune at any time. But November was a busy one! Male teachers can use the "busyness" to justify not having time to shave, while others are *growing their mos* in support of Movember. Pictures to follow.

Fall sports have wound down, winter sports have ramped up, report cards went home, we're into the second half of the semester, grade 12s are starting to put in university applications, everyone is getting ready for Christmas, classes are collecting money to buy Christmas baskets, Advent prayer begins next week (training ended today), Wintersong is coming up soon, as are the advent assembly and the Christmas assembly, clubs are in full swing... and today's BENN newsletter is a day late.

It's always a busy time. And that's a good thing. We are here to provide your sons and daughters not just in-class learning, but also *life experiences* which are more than just curriculum delivery, outside of those 75 minute blocks, and outside of the four walls of the classroom. It's great to be busy, and it's great that we get to share it with you and your teenagers.

– Editor

Administrative

ST. BENEDICT STUDENT WINS VIP AWARD FROM SCHOOL BOARD

BY MR. J. CURTIS

Laura Viscardi, a Grade 12 student, was recently presented with a V.I.P. Award by the Waterloo Catholic District School Board in recognition of her involvement in all areas of school life and the local community.

The board recognized her enthusiasm and willingness to give everything in whatever she attempts in school.

In Grade 9, Laura has an acting role in the school's play "Where The Wild Things Are" while maintaining honour roll status.

In Grade 10, once again she not only participated as an actor in the school's Sears Drama Festival entry and stayed on honour roll, she broadened her interests to include sports and clubs. As a member of the curling club and girls' rugby team, she was also able to find time to make contributions to the *Me to We* and *Making A Difference* social justice clubs.

In Grade 11, Laura diversified her contributions to include playing on the school's rugby and swimming teams, as well as facilitating the transition of Grade 9s to high school as a member of our Link Crew. Academically, she has enjoyed continued success on the honour roll and was one of the two top marks in her physical education, mathematics, and hospitality courses.

Finally, but not least, there are Laura's contributions to the community. She has been a teacher's assistant for Grades One and Two at St. Margaret, one of our feeder schools.

Her community service work also includes her role as a volunteer group leader at SunBlast Summer Camp in Cambridge. Laura worked with kids, some of which may have developmental and physical disabilities, between the ages of 5 to 13. Besides ensuring an enjoyable experience for the children doing crafts, activities and games, she provided a safe environment too.

Laura's demonstration of perseverance and selflessness are admirable qualities that will serve her well as she pursues her dreams in health care as a registered nurse.



Laura Viscardi receiving her award with school principal Dan Witt and Peter Reitmeier, Trustee

ROUNDABOUTS

Join in the conversation

Follow our [facebook](#) page.

Roundabout Opinion - Franklin - Saginaw - Elgin

Image: Image Date: April 2009

SCHOOL COUNCIL SETS UP FACEBOOK PAGE FOR FRANKLIN-SAGINAW ROUNDABOUT SHARE YOUR CONCERNS WITH REGIONAL COUNCILLORS.

Members of the St. Benedict school council encourage you to visit their Facebook page to learn more about the proposed roundabout in front of the school, and roundabouts in general. The page

is meant to be non-partisan, and those in favour or against are encouraged to participate in the discussion. The page is at <https://www.facebook.com/FranklinSaginawElginRoundabout>.

The Franklin Saginaw intersection is used heavily by pedestrians of all ages accessing businesses on four corners of the intersection as well as community resources such as the Clemens Mill Library and recreational programs at our parks.

You are encouraged to also voice concerns that you may have to members of Regional Council. To email the Regional Councillors please reference the list below:

Head of Regional Council

Ken Seiling, Regional Chair, kseiling@regionofwaterloo.ca

City of Cambridge

Doug Craig (Mayor), dcraig@regionofwaterloo.ca

Jane Brewer, jbrewer@regionofwaterloo.ca

Claudette Millar, cmillar@regionofwaterloo.ca

City of Kitchener

Carl Zehr (Mayor), czehr@regionofwaterloo.ca

Tom Galloway, tgalloway@regionofwaterloo.ca

Jean Haalboom, jhaalboom@regionofwaterloo.ca

Geoff Lorentz, glorentz@regionofwaterloo.ca

Jim Wideman, jwideman@regionofwaterloo.ca

City of Waterloo

Brenda Halloran (Mayor), bhalloran@regionofwaterloo.ca

Jane Mitchell, jmitchell@regionofwaterloo.ca

Sean Strickland, strickland@regionofwaterloo.ca

Township of North Dumfries

Rob Deutschmann (Mayor), rdeutschmann@regionofwaterloo.ca

Township of Wellesley

Ross Kelterborn (Mayor), rkelterborn@regionofwaterloo.ca

Township of Wilmot

Les Armstrong (Mayor), larmstrong@regionofwaterloo.ca

Township of Woolwich

Todd Cowan (Mayor), tcowan@regionofwaterloo.ca

For a link to email ALL councillors at once go to:

<http://www.regionofwaterloo.ca/en/regionalgovernment/regionalcouncil.asp> - at this link you can choose to email councillors individually or use the general link to email All Members of Council.

NEWS FROM THE GUIDANCE OFFICE

BY MRS. P. KLASSEN

POST-SECONDARY INFORMATION UPDATE

Although school visits from college and universities have concluded, grade 12 students should still continue to do specific institution research at the E-info site (www.electronicinfo.com) for university and www.ontariocolleges.ca site for college information. The PIN numbers that are required for university application have arrived and are available for pick-up in the guidance office. Students who are planning to apply for college do not need a PIN number to apply, but they do require their OEN number which can be found on the student report card. On-line application tutorials will also help students gather the information that will be needed for the eventual application process. Now is also a great time to arrange for a campus visit or tour at institutions that are of interest. Most colleges and universities typically host these events in the fall, as well as in the spring and will advertise these events on their web sites. Students can also check the email distribution list for updates and information about specific school open house

Attention Grade 12 Students who are planning to apply to university. The personal PIN numbers that are needed for application have arrived

dates. If you are in grade 12 and do not know what the email distribution list is, sign up today by going to the SBCSS web site.

and are available for pick-up in the guidance office.

COMMUNITY SERVICE HOURS

In addition to fulfilling a requirement that is necessary for high school graduation, volunteering is an excellent way to develop skills and abilities, as well as a chance to give back to the community. The up-coming Christmas Season provides unique opportunities for students to complete some of the hours that are needed to fulfill this diploma requirement. Volunteer opportunities for students are updated and posted regularly on both the Ranger system and the Guidance bulletin board. Why wait until your grade 12 year to find out how fun and fulfilling volunteering can be! Current opportunities include the following:

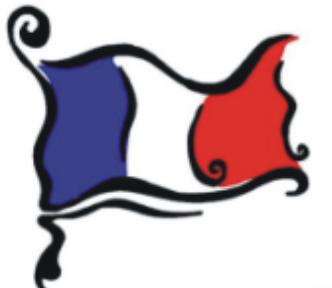
1. Volunteers are needed at the SVDP (St. Vincent de Paul) store at 75 Dundas Street, Cambridge. This is a great opportunity for students who are looking for experience in retail. Please contact Margie at 519-629-0103 for more details
2. Consider volunteering this Christmas season with The Christmas Kettle Campaign that is run through The Salvation Army. Each year thousands of families all across Canada were helped because of this fund raising effort. For contact information, please see Mrs. Klassen in the guidance office.
3. Volunteers are needed for both the Reading Buddies and Writing Buddies program. Consider partnering with a child and share your love of reading or writing with them. Contact the Ideas Unlimited Volunteer Coordinator at 519-621-0460 (ext.127) for more information.
4. Community Living, Cambridge is currently recruiting volunteers for their winter recreation programs which run from January to March. Please note that these opportunities require commitment for the entire program and may also require a police check. See Mrs. Klassen in guidance for more information.
5. Community Living Cambridge has other opportunities that require a six-month minimum commitment and are an ideal opportunity for students who are considering a career in community/social service work. See Mrs. Klassen in guidance for more information.
6. Heritage Meadows is seeking volunteers to assist with various activities and programs that occur during the evenings and on weekends. Volunteers need to be reliable and committed to their volunteer shifts. Contact Maggie, the activity coordinator at 519-620-9999.

REGISTRATION AND TRANSITION INFORMATION FOR IN-COMING GRADE 8'S

Early in 2013, St. Benedict will formally begin the transition process for in-coming grade 8 students. Each of our feeder schools will take part in a half day visit to our school following the Christmas Break and our Grade 8 Parent Night will take place on Thursday, January 17, 2013. Please pass this information on to any neighbours who may be considering St. Benedict for the 2013 2014 school year. All students and parents, from all school systems are welcome to attend this event which will highlight all that our great school has to offer.

UNIVERSITY OF WATERLOO GRADE 10 FAMILY NIGHT

If you are in grade 10 and thinking about possibly attending university after high school, consider attending Grade 10 Family Night which is being hosted by the University of Waterloo on Wednesday, January 16, 2013 from 6:30 "C 8:30 PM. Topics covered will include studying what you love, applying to university and financing your education. You will also hear tips from current Waterloo students. Parents and students are welcome to attend. Register to attend at findoutmore.uwaterloo.ca/parents



Nous sommes l'un des cinq meilleures classes de français en Ontario!

(We are one of the five best French classes in Ontario!)

**Watch our
video
submission
on**
YouTube



ST. BENEDICT PLACES IN ONTARIO'S TOP FIVE FRENCH CLASSES

BY VICTORIA JACKSON

Congratulations to Mlle. Charron's grade 12 French Class. All of their hard work and enthusiasm paid off as it was recently announced that they have placed in the top five in the University of Ottawa's *La meilleure classe de français en Ontario* video contest.

The contest asked students to create a two minute video showing how they are Ontario's top French class. Their video needed to incorporate the elements of bilingualism, leadership and community service, as well as have a strong theme.

The students had the idea that the theme of the video would be that French is everywhere. During the month of October students of Mlle. Charron's class constructed their video featuring an original musical composition orchestrated by Julia Wittmann with lyrics contributed by the students in the class. The approach to the video was detailed and created by the students, but was filmed and refined with the help of Tully McWaters.

All of the students can agree that the video was enjoyable to create, and they are all proud of their accomplishments. Not only has the video garnered the attention of St. Benedict's staff and students, but as of November 14th the video has received over 1,600 views on YouTube. In the two weeks since, it has seen another 1000 visits (thanks Mr. Milardovic for the plug on the website!)!

As a result of being a finalist in the University of Ottawa's video contest, the students have been invited to Ottawa for a gala on December 7 where the winning class will be announced. Also they have been individually awarded a \$1000 scholarship if they choose to pursue studies at the University of Ottawa. If they are selected the top French class in Ontario, that amount goes up to \$2000.

The class is proud of the result of their efforts and they hope this video showcases the great French program at St. Benedict Catholic Secondary School. [Click here to watch the video](#), or follow the link off the front page of the school website.

[The students] have been individually awarded a \$1000 scholarship if they choose to pursue studies at the University of Ottawa

ENRICHING THE LIVES OF STUDENTS

BY MRS. D. WITTMANN



Shad Valley's mission is to provide a transformational experience that unleashes the entrepreneurial and innovative potential of exceptional youth.

Shad Valley is designed for senior high school students currently completing Grade 10, 11 or 12 (Quebec secondaire IV, V or CEGEP I, or the international equivalent). The selection process is competitive. A typical Shad applicant has these qualities:

- high academic achievement
- exceptional drive, initiative, creativity, and an entrepreneurial mind
- excellence and leadership in diverse pursuits, including athletics, the arts and work
- strong volunteer impact and outstanding interpersonal skills

All students are welcome to apply, and there is no limit to the number of students admitted to the program from any school, school board, or region. The selection process is competitive.

HOW TO APPLY

[http://www.shad.ca/shad/myweb.php?
hls=10002](http://www.shad.ca/shad/myweb.php?hls=10002)

Shad Valley's application due date of December 5 is fast approaching and we would appreciate a quick reminder to your students to submit their application online.

A couple of important points:

- It costs nothing to apply.
- Do not be deterred by the cost of the program. We have a substantial bursary fund. Last year over 300 of the 539 total participants received financial support and, in some cases, full costs were covered.

All qualified students deserve an opportunity to benefit from the Shad Valley experience, regardless of their financial situation. Shad Valley works to make participation possible for candidates that are

UPCOMING ENRICHMENT OPPORTUNITIES FOR STUDENTS

BY MRS. D. TRENTINI

Canadian National Math League Contest

The Math League, University of Windsor
Annual contest with questions ranging from straightforward to challenging Upcoming contest dates: Dec. 11, Jan. 8, Feb. 12, Mar. 12s ranging from straightforward to challenging. For more information, please visit: themathleague.com

Dorothy Shoemaker Literary Awards

Kitchener Public Library
Entry is FREE with \$2400 in prize money available to be won in two categories: poetry and prose. The contest is open to individuals in two age divisions: Youth (17 and under) & Adult (18 and older) Submissions due: Nov. 30, 2012 Awards presentation: March 2013 For more information, please visit: www.kpl.org/programs/contests_ex...

Young Writers Poetry Contest

Poetry Institute of Canada
Poetry contest: Children ages 7-12; Youth ages 13-17 & Short story contest: ages 7-18 Submission deadlines: November 30, 2012 for poetry & March 2013 for short stories. For more information, please visit: youngwritersofcanada.ca

Poetry & Essay Writing Contest

Creative Communication
Fall, spring and summer contests for poetry and essays in grade divisions: K-3, 4-6, 7-9, 10-12 Submission deadlines: Poetry: Dec. 6, 2012, April 11 & Aug. 15, 2013 & Essays: Feb. 19 & July 16, 2013 For more information, please visit: poeticpower.com/poeticpower.com/Contest.html

Mathieu DaCosta Challenge

Department of Canadian Heritage
For ages 9-18 annual writing and artwork contest. Theme: how people from different ethno-cultural backgrounds make a difference to Canada. French language submissions accepted. Submission deadline December

accepted into the program and demonstrate the need for financial assistance.

ANNUAL Co-Op CAREER FAIR

Tuesday, December 4
Atrium @ lunch

Coop students are busy preparing to showcase their fabulous work placements!

Come browse and chat with coop students during lunch. Prizes awarded for participation for staff and students alike.

Don't miss a great chance to get information about COOP, OYAP and SHSM.

2012, winners announced January 2013. For more information, please visit: www.cic.gc.ca/english/multicultur...

SHAD Valley

Not for profit educational organization
Shad Valley is a 4-week enrichment summer enrichment camp for students in grades 10-12. The program focuses on the sciences, technology and entrepreneurship. Students spend a month living in residence at a host university. Applications deadline: Early December 2012 (Program runs: July-August 2013) For more information, please visit: shad.ca

Engineering Science Quest

University of Waterloo
Students in grade 9 and above can apply for activity and/or program leader positions at this popular science camp. Junior leaders earn community service hours. Resumes due: December 2012 and January 2013. For more information, please visit: esq.uwaterloo.ca

STUDENTS ATTEND “WE DAY”

BY DEANNA LAPARAN



acts like Shawn Desman and These Kids Wear Crowns were also there to perform and shed light on impending social issues.

Before arriving at the venue, M.A.D. Club leaders Mrs. MacDonald and Mrs. Rocha taught students the lively "WE Day Dance" and shared fond memories of past social justice trips. Though it was known that fun times were to be had, students never anticipated the impact of how one event could render such change in perspective.

As a newcomer to the M.A.D. Club, I was unfamiliar with the ways in which I could be of service to those around me. My only experience with social justice came from reading case studies in religion class and watching documentaries about Free the Children. For me, making a difference was something that only happened on television—or rather, it was something that only the

Many social activists want to cross off WE Day from their bucket list, and on November 14, 2012, many St. Benedict students were able to do just that. Members of the M.A.D. Club (Making a Difference) and other enthusiasts travelled to Kitchener Memorial Auditorium where 6,000 other teenage-activists waited for the show. Those attending had the delightful pleasure of witnessing Craig and Marc Kielberger, Spencer West, Molly Burke, Martin Sheen, and other inspirational humanitarians discuss social change. Musical

... everyone can make a difference ... Do not wait until tomorrow because the world needs you to make a difference TODAY.

wealthy could achieve. I went to WE Day under the same impression, thinking that I would only gain a conscious mind and maybe a lighter spirit. However, I walked away with something far more valuable than that; I walked away with a sincere and unpretentious love for others.

So yes, I know that life is hectic but there is more to life than just paying the bills, and having access to the latest technology. We cannot forget about love or charity and how these things can reach many people if we just allow them to. WE Day taught me that everyone can make a difference. You do not have to be rich, famous, old or young. Do not wait until tomorrow because the world needs you to make a difference TODAY.

VISIT TO 'ONE OF A KIND CRAFT SHOW'

BY MRS. S. ADACH

A few lucky SHSM students and staff from St. Benedict's got to accompany students from the other WCDSB high schools in a great day in Toronto's premier craft show and sale. Arts and Culture SHSM students got to see, first hand, the amazing creating and entrepreneurship of local and national artisans in a wonderful venue at the



Toronto Convention Centre. A huge variety of products were on display to smell, touch and even taste! Artisans were on hand to talk about their products and we even got a jump on a few Christmas gifts! A big thanks to the SHSM people who organized and provided this very worthwhile visit.

ACTIVE CORNER CHRISTMAS SALE

BY MR. B. BRIERE

Students in the Personal Life Skills period 4 class are now taking orders for their Christmas Sale. Students of the program benefit by developing skills necessary to for employment, managing a budget, teamwork and personal work habits. Parents, students, school staff are all welcome to place orders. Email [Mr. Briere](#) or [Mrs. Derschner](#).

Place your orders by December 7, 2012! (Items may not be exactly as shown)



Wooden Reindeer (approx. 30 cm tall) \$20.00



Tree Ornament (personalized letter on block, approx 8 cm) \$3.00

Santa Sleigh with Candy/wrapped \$4.00 each

Athletics

JUNIOR GIRLS VOLLEYBALL

The Junior Girls Volleyball team started the season with a nail-biting 27-25 set win over Pere Rene and continued the tough fight over three more games, eventually losing the match 1-3 (17-25, 20-25, and 15-25). The girls played solid back-and-forth volleyball with determination to stay in the games and never giving up. Highlights from the first match of the season included

BENN
OX SCORES

Junior Girls Volleyball

Pere Rene 3, **Saints 1**
St. David 3, **Saints 0**

tricky short serves from Patrice Oliveira that produced, at one point, four aces in a row, outstanding digs and saves by Afifa Salad and overall court leadership from Madi Kerr.

In our home opener, the girls faced a tough, hard-hitting St. David's team that took the match in three straight sets (25-15, 25-14, and 25-8). Despite the tough loss, the girls showed gritty determination to make some great plays and stay focussed during long rallies. Madi Kerr led the team with a total of 8 aces, while Victoria Enright, Patrice Oliveira and Abby Van Groningen provided solid support in the back row and Brooke Dempsey provided wicked kills to round out the offense.

Senior Girls Volleyball

Pere Rene 2, **Saints 3**
St. David 3, **Saints 1**

Junior Boys Basketball

St. David 50, **Saints 42**

Senior Boys Basketball

Saints 46, St. David 35

Varsity Boys Hockey

Huron Hts 6, **Saints 3**

WRESTLING

The wrestling season starts and after our very first tournament at Monsignor Doyle, the team walked away with a total of 3 medals. Please congratulate Harvir Lall for placing second overall in the tournament bringing home a shiny silver medal for Benny's. Other medalists were Sarah Fournier with Gold, and a bronze medal went to Chelsi Rodrigues in her first wrestling tournament ever.

A special congrats to all wrestlers who show consistent dedication to morning practice every day and who wrestle their hearts out to represent Benny's with pride. Wish us luck at our tournament Friday at Jacob Hespeler.

VARSITY BOYS HOCKEY TEAM

The Varsity Boys Hockey team lost their first game of the season by a score or 6 to 3 to Huron Heights.

Nick Wittal scored twice and Nick Walton scored once for the Saints. The Saints play today at 2:00pm at Hespeler arena vs. WCI.

VARSITY GIRLS HOCKEY CLUB

By Ms. A. Hanley

The girls varsity hockey team recently participated in their first tournament of the year. The girls came together well as a team with Emily DeSousa's two sniper shot goals leading us to the consolation. The girls battled hard but were unable to overcome a talented Southwood team. Good Luck to the girls as they travel to Kitchener in December!

SENIOR BOYS FOOTBALL

The senior boys football team were successful in defeating Forest Heights S.S. on Monday, November 12. The team was led by Robin Petrie with three touchdowns and a great play by Dequan French-Gray and Drew Walden resulting in a victory with a final score of 26-6.

Thanks to a true team effort, the boys advanced to the "B" championship on Saturday, November 17th.

JUNIOR BOYS FOOTBALL

The Junior Saints Football team were less successful than our senior counterparts, losing a hard fought game to Jacob Hespeler S.S. The team dressed 22 players for the game and all 22 members played with more heart than a team of 45!

Congratulations to all members of the team for an excellent season and for being great representative of St. Benedict's!

BENNY'S GIRLS NAMED TO ALL-STAR TEAMS

Two of our senior girls were named to the District 8 all-star teams. Hilary Ferguson (centre) was named a first team all-star and teammate Meaghan McFall (forward) was honoured on the second team.

On the junior side, both Afifa Salad (guard) and Kayla Leusink (post) were named to the first team.

In Girls Field Hockey, Amanda Livingston was also named to the all-star team.

Congratulations to the girls on being recognized for their superb skills!

SENIOR BOYS BASKETBALL

The senior boys basketball team kicked off their District 8 season with a 46-35 victory over St. David's last night. Despite being the smaller team, the guys were able to use their speed and quick feet to their advantage. Leading scorer was Brendan Flanigan with 15 points. Our next home game is this Friday in an exhibition match-up against the crosstown Preston Panthers. Tip-off is at 5pm, hope to see you out there.

JUNIOR BOYS BASKETBALL

The Junior Boys Basketball Team competed in the Turkey Extravaganza basketball tournament in Syracuse, New York over the weekend and faced some tough competition. They were in a pool of top all-star, AAU teams from Toronto which contained many potential Division 1 players. In their first game they were defeated by the Elite Advanced Basketball Academy by 3 points and then faced USA nationally ranked Team Toronto and lost 59 to 20. Next up was Triple Balance which the boys lost to 59 to 28 and then battled the Advantage Titans to a 48 to 29 loss.

The boys started the regular season with an intense season opener against St David's last night and came up short in the fourth quarter losing 50 to 42. Top point getters for the Saints were Zubair Seyed with 15 and Jamal Hajo with 7 points. The Jr Saints are in action at home this Friday at 3:30 against Preston. We hope to see you there.

CROSS COUNTRY: JINGLE BELL RUN

BY MR. F. WITTMANN

There were many medals won by Benny's runners at this year's Jingle Bell Run - a fundraiser for the Y.

2.5k results:

Julia Wittmann - first female

Alyssa Mason - 2nd female 13-15 years

Emma Wildfong - 3rd female 13-15 years

5k Results:

Marcus Noble - Wins the race in 17:00!!

Abby Ferguson - 1st female under 15 years

Devaughn Channer - 2nd male under 15 years

Colton Dorion - 2nd male 16-19 years

Ms. Stang - 2nd female masters

Perrin Leadbeater and family - 1st team

Benny's 5K team (Mr. Martinello, Ms Stang, Sam Martinello, Abby Ferguson, Aaron Silver, Adrian Alvarado, Mr. Wittmann) - 3rd team



INTRAMURAL HOCKEY

Intramural Hockey began on Monday, November 26. Any

**STAY UP TO DATE WITH
DISTRICT 8 SPORTS**

student interested in participating please pick up and drop off your form with Mr. Jankura in the phys ed office or Mr. Offak in the annex.

Now receive sports updates in your email or on your mobile device!

The new [District 8 website](#) now allows you to sign up themselves for nightly e-mail updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by going to <http://district8.ca/admin/emailSignUp.php>.

Clubs

WOMEN IN MOTION CLUB

BY MRS. G. LEUSINK

Calling All Ladies! There is a new girls' only workout club on Thursdays after school in the weight room. All women are welcome. Please see Mrs. Leusink for more information.

ACTIVITIES AT ST. BENEDICT'S

With the change in our school schedule back to the common lunch, many new opportunities are now available to our students. Here is our current list of activities:

	Before school	At lunch	After school
Monday	Breakfast at Benny's	Homework help (room 123) Art club (room 217) Fitness Center open (weight room) Saturday morning cartoons (Sem 2.1) Intramurals: indoor soccer (gym) Puzzles club (room 214)	Camera club (room 216) Cross Country training
Tuesday	Breakfast at Benny's	Artistic License (room 303) Homework help (room 123) Fitness Center open (weight room) Saints 4 Life Club (room 321) Saturday morning cartoons (Sem 2.1) Self Defense and Conditioning club (Gym 1) Science Team (room 314) ** Intramurals: floor hockey (gym) Puzzles club (room 214) Glee club (room 103)	Badminton club at 6:00pm (gym) Cross Country training
Wednesday	Breakfast at Benny's	Homework help (room 123) DECA Business club (room 216) Fitness Center open (weight room) Lost club (room 125) Saturday morning cartoons (Sem 2.1) Intramurals: basketball (gym) Puzzles club (room 214) Wednesdays with Marilyn (room 124) Welding club (Annex room A4)	Anime club (room 210) Cross Country training
Thursday	Breakfast at Benny's	Homework help (room 123) Making a Difference (MAD) (room 321) Saturday morning cartoons (Sem 2.1)	Women in Motion (Weight room) Yearbook club (room 216)

	Eco Team (room 314)** Intramurals: fitness (gym) Puzzles club (room 214) Ultimate Frisbee club (gym) Glee club (room 103)	Cross Country training Games club (room 125)
Friday	Breakfast at Benny's	Homework help (room 123) Fitness Center open (weight room) Lost club (room 125) Saturday morning cartoons (Sem 2.1) Intramurals: volleyball (gym)
		Cross Country training Doctor Who Video club (room 226)

** Meets every second week.

New clubs, teams, and events are being added regularly... listen to the announcements, and check out the Ranger system and our school website.

If you have any ideas for a new club or activity, talk to one of your teachers, or someone on SAC. Make it happen!

Student Activities

HEY PARENTS!

It's Student Council again! The past two weeks have been packed full with activities after activities!!

The main focus of the week was Anti-Bullying. This year the leadership class took over this monstrous event and conquered every obstacle there was! Each day of the week the leadership class picked a theme to showcase to the school.

On Monday the theme was bystanding. Students, Hannah and Danielle, showcased an example of this by putting on a fake fight in the atrium during lunch, revealing the bystander effect. Afterwards, Mrs. Weiler and Mrs. Reis Power presented a speech to the student body about the power and effect of bystanding.

On Tuesday, the theme was "you are not alone." Benny's was fortunate enough to be graced with the presence of X Factor USA Jillian Jensen, with the help of student, Mikael Melo. A presentation was held for the grades nines and tens in the cafeteria. Afterwards Jillian was nice enough to hold a meet and greet for approximately 200 students. The one last message she left for Benny's was "I wish I had people like you when I was in high school."

On Wednesday, the theme was lesbian, gay, bisexual, transsexual, (LGBT). Everyone was allowed to wear purple to support this cause. At the end of the day a video was presented to illustrate the theme of LGBT.

Then Thursday came rolling around with a theme of self-confidence. The leadership class all wore shirts with the statement of "Crack-a-smile" and walked throughout the school handing out



compliments to students. This was done with the hope of encouraging people to use their verbal skills for the positive instead of the negative to make others people better about themselves.

Unfortunately, the week came to an end on Friday. There was no theme for this day because it was a time to reflect on the amazing week we had.

The St. Benedict community would like to thank the leadership class for their hard work and they left us with this message: "Never be bullied into silence, never allow yourself to be made a victim, accept no one's definition of your life, but define yourself."—Harvey S. Firestone

Last week Benny's held its first dance of the year! Tons of students came out and danced the magical night away with the theme of "Dancing with the Stars."

This coming week Benny's is holding its annual Fall Fair which will be full of carnival games, raffles and food! Also, the Making a Difference Club is helping Free the Children by selling Rafiki Chains in the atrium for \$10, all proceeds are going to Free the Children.

As you can see Benny's has a lot going on so stay tuned for next week! Signing off SAC!

Other News

ST. BENEDICT STUDENT SHINES IN HAIRSPRAY

BY MR. A. MILARDOVIC

What do Kitchener Waterloo Musical Productions' *Hairspray* and St. Benedict C.S.S. have in common? Both have been witness to the drama talents of Sam Soga. Sam, a grade 12 student here at St. Benedict got the opportunity to perform in *Hairspray* this past fall at the Centre in the Square.

From the [article in Entertainment section](#) of The Record on Wednesday, November 14:

Hairspray is a busy production, with lots going on all the time and there are more than a few stars in the cast. One particular standout is Samuel Soga as Seaweed J. Stubbs, the son of Motormouth Maybelle, owner of a record store where the black kids groove to Motown music.

This is Soga's first performance with the musical productions and at 18, the native of Ghana, West Africa, dances and sings with more heart than a lot of professionals. And he's good too, with liquid dance moves that set the audience screeching with delight.

Soga, who lives in Cambridge, is the type of performer who takes over the stage with his big personality and even bigger ability, though it must have been nerve-racking, given this is his first performance on a major stage. If he had stage jitters, it didn't show.

Congratulations, Sam, on a job well done!

Upcoming Events

Thursday, November 29

- 2:35pm Girls' Workout club
- 2:40pm Games club
- 2:40pm Yearbook Club

Friday, November 30

- 10:55am Homework help
- 11:00am Lost Club
- 11:00am Fitness Centre open
- 11:00am Saturday morning cartoons

Friday, December 7

- 10:55am Homework help
- 11:00am Lost Club
- 11:00am Fitness Centre open
- 11:00am Saturday morning cartoons
- 11:00am Intramurals: volleyball
- 11:00am Accepting Differences Club
- 2:40pm Doctor Who Video Club

Sunday, December 9

11:00am Intramurals: volleyball
11:00am Accepting Differences Club
2:40pm Doctor Who Video Club

Sunday, December 2

First Sunday of Advent

Monday, December 3

10:55am Homework help
11:00am Art Club
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: indoor soccer
11:00am Puzzles Club
11:00am Accepting Differences Club
2:40pm Camera Club
2:45pm Homework Club
2:45pm After-school Intramural Hockey
3:30pm Jr. Boys Basketball @ Resurrection
3:30pm Jr. Girls Volleyball vs Resurrection
3:30pm Sr. Girls Volleyball vs Resurrection
5:00pm Sr. Boys Basketball @ Resurrection

Tuesday, December 4

8:20am Conflict Resolution & Lifting Techniques
10:55am Homework help
11:00am Self Defense and Conditioning Club
11:00am Glee club
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: floor hockey
11:00am Puzzles Club
11:00am Artistic License
11:00am Saints 4 Life
3:15pm Sr. Girls Curling vs Cameron Hts
6:00pm Badminton club, 6:00-7:30

Wednesday, December 5

8:20am Healthy Child Development
8:20am Internet Security Training
10:55am Homework help
11:00am Lost Club
11:00am DECA Business Club
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: basketball
11:00am Puzzles Club
11:00am Welding Club
11:00am Wednesdays with Marilyn
2:35pm Anime Club
2:35pm Reach for the Top
2:45pm Homework Club
2:45pm After-school Intramural Hockey
3:30pm Jr. Boys Basketball vs Rockway
4:00pm Jr. Girls Volleyball @ Rockway
4:00pm Sr. Girls Volleyball @ Rockway
5:00pm Sr. Boys Basketball vs Rockway
Spirit Day

Second Sunday of Advent

Monday, December 10

10:55am Homework help
11:00am Art Club
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: indoor soccer
11:00am Puzzles Club
11:00am Accepting Differences Club
2:40pm Camera Club
2:45pm Homework Club
2:45pm After-school Intramural Hockey
3:30pm Jr. Boys Basketball @ Woodland
3:30pm Jr. Girls Volleyball vs Woodland
3:30pm Sr. Girls Volleyball vs Woodland
5:00pm Sr. Boys Basketball @ Woodland

Tuesday, December 11

9:00am Reconciliation, 9:00-11:00
10:55am Homework help
11:00am Self Defense and Conditioning Club
11:00am Glee club
11:00am Science Team
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: floor hockey
11:00am Puzzles Club
11:00am Artistic License
11:00am Saints 4 Life
2:30pm U. of Windsor math contest
3:15pm Sr. Girls Curling vs Southwood
6:00pm Badminton club, 6:00-7:30

Wednesday, December 12

8:20am Confined Space
8:20am Acting: Training in an Art Form
10:55am Homework help
11:00am Lost Club
11:00am DECA Business Club
11:00am Fitness Centre open
11:00am Saturday morning cartoons
11:00am Intramurals: basketball
11:00am Puzzles Club
11:00am Welding Club
11:00am Wednesdays with Marilyn
2:35pm Anime Club
2:35pm Reach for the Top
2:45pm Homework Club
2:45pm After-school Intramural Hockey
3:30pm Jr. Boys Basketball vs St. Mary's
3:30pm Jr. Girls Volleyball @ St. Mary's
3:30pm Sr. Girls Volleyball @ St. Mary's
5:00pm Sr. Boys Basketball vs St. Mary's
Spirit Day
BENN Newsletter release

Thursday, December 6

8:20am Emergency Response & Incident Management training
10:55am Homework help
11:00am Ultimate Club
11:00am Glee club
11:00am Making A Difference Club
11:00am Eco Team
11:00am Saturday morning cartoons
11:00am Intramurals: fitness
11:00am Puzzles Club
2:35pm Girls' Workout club
2:40pm Games club
2:40pm Yearbook Club

DID YOU KNOW?

There are over 1500 entries on our school calendar on the website!

This means plenty of opportunities for your son or daughter to get involved!

Check the calendar on the school website for more information. New information is always being added, and more detailed information about upcoming events can be found there.

On the front page of our website, the calendar displays what's coming up in the next week. If you would like to see the full calendar, go to **Benny's News ► Calendar of Events**.

Miscellaneous

HAS YOUR SON OR DAUGHTER LEFT THE ST. BENEDICT COMMUNITY?

If you are no longer associated with St. Benedict's and want to be removed from the BENN mailing list, simply [email us](#) and you will be promptly removed from the mailing list.

WE WANT TO KNOW...

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please [email us](#) with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at <http://stbenedict.wcdsb.ca> for news and information updates.

This newsletter is also available on the school website if you [click here](#). You may want to send this link to other parents rather than forward your email—doing so may alter the layout and generate the page incorrectly.

