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The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB News-wire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Dan Witt](#).

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### NEXT ISSUE

April 10, 2013

## Holy Week is Upon Us

As we near the end of the Lenten season, we embark on the journey of our Lord as he walked through death into eternal life. The sacrifice Jesus made for us is the ultimate sign of God's infinite and unconditional love for us. How fortunate are we to have such a shining example which we remember every year at this time!

This week as we walk through the Stations of the Cross we remember Jesus's sacrifice. We also pause and reflect on our own lives and how we all have our crosses to bear. But just like with Jesus's suffering, our suffering too will end, and we live in hope of our own glorious resurrection.

We wish you and your families a very blessed Easter season, as on Sunday we proclaim: "He has truly risen! Alleluia!"

— Editor

## Administrative

### SERVICE TO/FROM ST. BENEDICT CATHOLIC SECONDARY SCHOOL GR. 10 LITERACY TEST - THURSDAY, APRIL

**11, 2013**

**Morning Service to the school**

All school specials operate in the morning at the regularly scheduled times.

**Midday Shuttles from Hespeler to School**

ST. BENEDICTS SHUTTLE Bell Time 12:10pm

11:15am Depart Hespeler Terminal (71 Melran bay). Proceed EXPRESS to school.

11:45am Depart Hespeler Terminal (71 Melran bay). Proceed EXPRESS to school.

## **Afternoon Service from the school**

All school specials operate in the afternoon at the regularly scheduled times.

For further information on transit services provided by the Region of Waterloo including school specials refer to our website at [www.grt.ca](http://www.grt.ca)

## **CHAPLAIN'S REPORT**

**BY MR. B. REMPEL**

The weeks leading up to Holy Week have been full as the St Benedict community moves toward Easter.

We offered the sacrament of reconciliation to all students who wished to participate. The parish priests ministering at St Benedict do so with a gracious openness which is a gift to our community.

We celebrated the selection of Pope Francis. Some facts about Francis you may find interesting: Pope Francis is Jorge Mario Bergoglio, Archbishop of Beunos Aries, Argentina. When he was Archbishop, Francis chose not to live in the mansion or use the chauffeured limo at his disposal. Instead, Francis lived in a small apartment in the city, cooked his own meals, and used the city bus to get around. He regularly spent time in the slums of the city where just entering could get you killed. He is famously known for going to a hospice for people with HIV/AIDS and kissing and washing their feet. When Pope Francis met the crowd outside St Peter's for the first time, he asked for their blessing before he blessed them. After the popes interaction with the crowd, the cardinals made their way back on mini buses to their hotel for a final banquet. They were still waiting for the new Popes chauffeured limo when the final mini bus arrived and out stepped the last of the cardinals and the pope. The next morning Pope Francis arrived in a normal car at a local church to venerate Mary. On the way back to the Vatican, the new pope stopped at the Roman hotel where he had been staying. He got his things from his room, paid his bill and thanked each staff member for their kind service over the years.

God, we thank you for Pope Francis. We pray that he would continue to lead the church in humble wisdom. Guide him by your grace so that we might all be agents of truth, goodness and beauty. Amen!

This week we are celebrating Holy Week. Every morning we journey the stations of the cross as we remember Jesus path of suffering and death leading to resurrection.

## **Masthead Design Competition**

**WE ARE WEEKS AWAY FROM THE  
RELEASE OF THE 100TH ISSUE OF THE  
BENN NEWSLETTER**

**CAN YOU DESIGN A NEW  
MASTHEAD?**

*See Mr. Milardovic for criteria if interested. Prizes will be awarded for the top three designs, which will be used in future issues of the BENN.*

## **ZOOM INTO THE WORKPLACE**

**BY MRS. P. KLASSEN**

If you are in grade 12 and planning to graduate in June and look for full time work, consider attending "Zoom Into the Workplace" on May 1. "Zoom Into the Workplace" is a one day

conference which is being held at Conestoga College and is designed to enhance the employability skills of students who are planning to head directly to the workplace after leaving high school. This great opportunity is free of charge and includes lunch, as well as transportation to and from Conestoga College. Interested students should see Mrs. Klassen in guidance for information regarding registration.

## Academics

### ENRICHING THE LIVES OF STUDENTS

BY MRS. D. WITTMANN

#### IDC4UI AUTONOMOUS LEARNER

Whether a student is a high achiever, gifted learner, or creative thinker - this is the course for you!

St. Benedict offers a course for those students who excel in both the Arts and Sciences, and enjoy examining issues from a variety of perspectives.

#### IDC4UI GRADE 12 UNIVERSITY CREDIT (Located under Guidance and Career Education)

As a student entering Grade 11, this is an excellent elective as a precursor to your Grade 12 year. Grade 11 mandates 3 compulsory courses: English, Religion, and Math. You are to select 5 courses in order to complete your timetable, and IDC4U can be one of your second semester courses.

As a student entering Grade 12, this is an excellent course if you have diverse abilities, interests, and learning styles or are investigating Interdisciplinary courses at the university level.

The Interdisciplinary Studies Course is appropriate for students with diverse abilities, interests, and learning styles. In their focus on real-life contexts, interdisciplinary studies courses tend to be highly motivating. They help students develop their knowledge and skills as a result of working on meaningful projects. They also provide opportunities for students to explore issues and problems that interest them from a variety of perspectives.

### UPCOMING ENRICHMENT OPPORTUNITIES FOR STUDENTS

BY MRS. D. TRENTINI

The WCDSB Gifted Department is sponsoring two enrichment excursions this spring. These field trips are open to students working on gifted IEPs, students enrolled in "enriched" or AP courses and academic stream students of high standing.

#### Chicopee's Leadership Program on Tuesday June 4, 2013

Chicopee offers students the opportunity to "explore the skills that good leaders utilize to be successful in the game of life." Students will explore these skills then partake in a set of activities that use these skills in meaningful ways. The day will culminate with a facility wide challenge.

Time: 9:00 – 3:00, cost: \$25, transportation: bus for Cambridge students

#### Canadian Medical Hall of Fame's "Discovery Days" on Tuesday May 27, 2013

For those interested in the exciting field of medicine and health sciences, this day at McMaster University offers students opportunity to "hear an inspiring keynote lecture, take part in interactive workshops and join in an interactive experiment demonstration". Registration is limited to 5 students per school at this popular event so please sign up early! Time: 7:30 – 4:00, cost: none,

This course is offered to students who wish to pursue advanced-level studies and theories in thinking, learning, and leadership. Students should be self-directed, autonomous learners.

transportation: provided by WCDSB

If you are interested in either trip, please see Ms. Trentini by Friday April 12. Registration is on a first-come, first-served basis. More detailed information will be provided for the individual excursions once you are registered.

## Athletics

### JUNIOR BOYS HOCKEY

BY MR. N. O'CONNOR

The Junior Boys hockey team lost their first game to Grand River 9 to 5. The Saints look for their first win today as they host Resurrection at the Ice Park. Puck drop is at 3:15pm.



**Junio Boys Hockey  
Saints 5, Grand River 9**

### SENIOR GIRLS CURLING SEASON ENDS

BY MRS. E. MISSIO



Congratulations to our Senior Girl Curling Team: Sabrina Anderson, Elanna La Chaine, Kirsten Leusink, Veronica Reitmeier and Tess Wittman played some of their strongest games of the season when they represented Bennies at OFSAA last week.

In the round robin, we were first in our pool with 4 wins and 1 loss. In the quarterfinal game, the girls played a great game, but were narrowly defeated by Loretto Abbey from Toronto.

This ends a fantastic season for the team. We played 27 games and our record is 21 wins and 6 losses. Thanks to everybody at Bennies for all of your support this season!!

### WRESTLING STARS

Congratulations to Maddison Braga and Sarah Fournier who have spent two days before March Break representing St. Benedict with pride at the OFSAA wrestling championship in Guelph. It has been quite some time since Benny's has brought home a wrestling medal from OFSAA, but after two days of grueling takedowns and exciting pins, Sarah Fournier battled her way onto the OFSAA podium to take home a bronze medal.

### GIRLS SOFTBALL

The first tryout for girls softball will be Wednesday April 3 at 2:40. Please bring your glove, and clothes for both inside and outside activities. If you are unable to attend please see the coaches, Mr. Jankura or Ms. Smukavich.

### BOYS' GOLF

BY MR. M. AMBEAU

Attention Junior and Senior Boy's interested in trying out for the golf team. There will be an information meeting on Thursday March 28 at the start of lunch in room 111 beside guidance. Please see Mr. Ambeau if you have any questions.

## STAY UP TO DATE WITH DISTRICT 8 SPORTS

*Now receive sports updates in your email or on your mobile device!*

The new [District 8 website](#) now allows you to sign up themselves for nightly e-mail updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by going to <http://district8.ca/admin/emailSignUp.php>.

## Clubs

### SAINTS FOR LIFE HEADING TO OTTAWA

**BY MRS. M. ROCHA**

Once again, the Saints for Life Club is organizing a trip to Ottawa to participate in many exciting pro life activities including the annual March for Life. Last year, St. Benedict students joined another 20,000 people in this peaceful protest march to encourage the Canadian Government to re-open and hopefully change the abortion laws. If you are interested in this 3 day overnight trip, please attend a very important meeting in room 206 during lunch this Wednesday. Please see Mrs. Rocha for more details.

### JUNIOR REACH FOR THE TOP

Junior Reach for the Top team practice is today after school in room 317.

### OUTERS CLUB

An informational meeting for the annual outers club trip to Bruce Peninsula will take place Thursday April 4th at lunch in room 316. If you cannot attend please speak with Ms. Novakovich, Ms. Dutka or Mr. Fratarcangeli.

### ROBOTICS CLUB COMPETITION

**BY MRS. M. BOOTH**

The robotics club sent 2 teams to Roboticon 2013 at U of G on March 16th. Emil and Conor had a great strategy but were unable to turn that into points. Aron and Zach used a simple strategy and placed 6th in the first trial.

Hope to see Robotics Club members competing next March at Roboticon 2014.

### ACTIVITIES AT ST. BENEDICT'S

With the change in our school schedule back to the common lunch, many new opportunities are now available to our students. Here is our current list of activities:

	<b>Before school</b>	<b>At lunch</b>	<b>After school</b>
<b>Monday</b>	Breakfast at Benny's	Homework help (room 123) Art club (room 217) Fitness Center open (weight room)	Camera club (room 216) Cross Country training

		Saturday morning cartoons (Sem 2.1) Intramurals: indoor soccer (gym) Puzzles club (room 214)
		Artistic License (room 303) Homework help (room 123) Fitness Center open (weight room) Saints 4 Life Club (room 321)
		Saturday morning cartoons (Sem 2.1)      Badminton club at 6:00pm Self Defense and Conditioning club (gym) (Gym 1)      (gym) Science Team (room 314) **      Cross Country training Intramurals: floor hockey (gym) Puzzles club (room 214) Glee club (room 103)
		Homework help (room 123) Active & Friends (room 106) DECA Business club (room 216) Fitness Center open (weight room)
		Lost club (room 125)      Anime club (room 210) Saturday morning cartoons (Sem 2.1)      Cross Country training Intramurals: basketball (gym) Puzzles club (room 214) Wednesdays with Marilyn (room 124) Welding club (Annex room A4)
		Homework help (room 123) Making a Difference (MAD) (room 321) Saturday morning cartoons (Sem 2.1) Eco Team (room 314)**      Women in Motion (Weight room) Intramurals: fitness (gym) Puzzles club (room 214) Ultimate Frisbee club (gym) Glee club (room 103)      Yearbook club (room 216) Cross Country training Games club (room 125)
		Homework help (room 123) Fitness Center open (weight room)      Cross Country training Lost club (room 125)      Doctor Who Video club (room 226) Saturday morning cartoons (Sem 2.1) Intramurals: volleyball (gym)

\*\* Meets every second week.

New clubs, teams, and events are being added regularly... listen to the announcements, and check out the Ranger system and our school website.

If you have any ideas for a new club or activity, talk to one of your teachers, or someone on SAC. Make it happen!

## Student Activities

# HEY PARENTS IT'S SAC AGAIN!

BY LISA NGUYEN AND TOTIWE CHILUNDO

We hope everyone had an awesome March break! Just wanted to update everyone on what's going on around the school. On Wednesday March 20th, Bennies had a spirit day where students were allowed to wear a green top with uniform bottoms; the green top still must follow the school's dress code. This is to celebrate St. Patrick's day and promote awareness for Kayla, one of our students, check the be a donor website for more info or Kayla's website <http://www.runalung.ca/>. On April 4th, the schools in the WCDSB will be hosting a Tri-City Hockey game, with the all-star hockey players from each school! The hockey game will be from 6-8pm. Tickets are on sale starting Tuesday March 19 2013 and are \$2. Also, Bennies is honoured to be hosting the Sear's Drama Festival this year district competitions will be held on April 3, 4 and 5 and regional competitions will be held April 15-19! We hope that everyone will be able to attend these events and show some Bennies Support!

## PROM UPDATE

St Benedict will be presenting our prom on May 10 from 7-11 at the museum in downtown Kitchener. The grade 12 students have voted on a James Bond theme for the prom and it promises to be a great evening. Prom will include light refreshment, professional photography, and of course lots of dancing. Tickets will go on sale in the middle of April and will be available first to grade 12 students at Bennies. This is school sponsored event and so is drug and alcohol free according to the school code of conduct. Please note there will be security checks at the door. If you have any questions or concerns please contact the SAC director Sarah Skinn (519-621-4050 x 5149 or email [sarah.skinn@wcdsb.ca](mailto:sarah.skinn@wcdsb.ca)).

## STUDENT TRUSTEE POSITIONS

Applications for student trustee will be available starting next week. In this position students are elected to be a part of our board of trustees and provide a student voice to our school board. Applications will be due April 18. Any students interested in the position or want more information can contact Ms. Sarah Skinn in the SAC office.

## Other News

### Upcoming Events

#### **Wednesday, March 27**

- 2:35pm Anime Club
- 2:40pm Into the Woods band practice
- Spirit Day
- BENN Newsletter release

#### **Thursday, March 28**

- 11:00am Ultimate Club
- 11:00am Glee club
- 11:00am Making A Difference Club
- 11:00am Eco Team
- 11:00am Puzzles club
- 2:35pm Girls' Workout club
- 2:40pm Games club
- 2:40pm Yearbook Club
- 2:40pm Making a Difference Club
- 3:00pm Rock Climbing Club
- HOLY THURSDAY

#### **Friday, March 29**

#### **Friday, April 5**

- 11:00am Lost Club
- 2:40pm Doctor Who Video Club

#### **Monday, April 8**

- 11:00am Art Club
- 2:40pm Camera Club
- 2:40pm Into the Woods band practice
- 7:00pm Musical production (TBA)

#### **Tuesday, April 9**

- 8:20am Hike Ontario - Safe Hiker Certification
- 11:00am Self Defense and Conditioning Club
- 11:00am Glee club
- 11:00am Artistic License
- 11:00am Saints 4 Life
- 11:00am Puzzles club
- 6:00pm Badminton club, 6:00-7:30
- 7:00pm Musical production (TBA)

GOOD FRIDAY

**Saturday, March 30**

HOLY SATURDAY

**Sunday, March 31**

EASTER SUNDAY

**Monday, April 1**

EASTER MONDAY

**Tuesday, April 2**

11:00am Self Defense and Conditioning Club  
11:00am Glee club  
11:00am Science Team  
11:00am Artistic License  
11:00am Saints 4 Life  
11:00am Puzzles club  
6:00pm Badminton club, 6:00-7:30

**Wednesday, April 3**

8:20am First Aid & CPR-C Certification (day 1 of 3)  
8:20am Training in a Technique: Song Writing  
11:00am Lost Club  
11:00am Welding Club  
11:00am ACTIVE and Friends  
11:00am Makeup and costume crew  
11:00am Puzzles club  
2:35pm Anime Club  
2:40pm Into the Woods band practice  
Spirit Day

**Thursday, April 4**

8:20am First Aid & CPR-C Certification (day 2 of 3)  
11:00am Ultimate Club  
11:00am Glee club  
11:00am Making A Difference Club  
11:00am Puzzles club  
2:35pm Girls' Workout club  
2:40pm Games club  
2:40pm Yearbook Club  
2:40pm Making a Difference Club  
3:00pm Rock Climbing Club  
7:00pm Parent Council meeting

**Wednesday, April 10**

8:20am First Aid & CPR-C Certification (day 3 of 3)  
8:20am Mobile Challenge Day  
8:20am ZOOM Challenge day: ICT  
8:20am Hike Ontario - Safe Hiker Certification  
11:00am Lost Club  
11:00am Welding Club  
11:00am ACTIVE and Friends  
11:00am Makeup and costume crew  
11:00am Puzzles club  
2:35pm Anime Club  
2:40pm Into the Woods band practice  
7:00pm Musical production (TBA)  
Spirit Day  
BENN Newsletter release

**Thursday, April 11**

8:20am OSSLT Literacy test, grade 10  
11:00am Ultimate Club  
11:00am Glee club  
11:00am Making A Difference Club  
11:00am Eco Team  
11:00am Puzzles club  
2:35pm Girls' Workout club  
2:40pm Games club  
2:40pm Yearbook Club  
2:40pm Making a Difference Club  
3:00pm Rock Climbing Club  
7:00pm Musical production (TBA)

## DID YOU KNOW?

**There are over 1600 entries on our school calendar on the website!**

***This means plenty of opportunities for your son or daughter to get involved!***

Check the calendar on the school website for more information. New information is always being added, and more detailed information about upcoming events can be found there.

On the front page of our website, the calendar displays what's coming up in the next week. If you would like to see the full calendar, go to **Benny's News ▶ Calendar of Events**.

## Miscellaneous

## HAS YOUR SON OR DAUGHTER LEFT THE ST. BENEDICT COMMUNITY?

If you are no longer associated with St. Benedict's and want to be removed from the BENN mailing list, simply [email us](#) and you will be promptly removed from the mailing list.

## **WE WANT TO KNOW...**

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please [email us](#) with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at <http://stbenedict.wcdsb.ca> for news and information updates.

This newsletter is also available on the school website if you [click here](#).

You may want to send this link to other parents rather than forward your email—doing so may alter the layout and generate the page incorrectly.

