St. Benedict C.S.S., 50 Saginaw Pkwy, Cambridge, ON N1R 5W1

April 10, 2013 · Volume 5, Issue 16

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The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB Newswire service. Any questions or comments pertaining to this publication can be sent to the editor Anton Milardovic or the school's principal Dan Witt.

BENN STAFF

Mr. Anton Milardovic Mrs. Sophia Adach Mrs. Jennifer Jackson Ms. Laura Varriano Lane

NEXT ISSUE

April 24, 2013

Special Bulletin: OSSLT

Waterloo Region, ON - Due to current forecasts of ice pellets and freezing rain beginning tonight and continuing through tomorrow morning the Waterloo Catholic District School Board is announcing the administration of the Ontario Secondary School Literacy Test (OSSLT) will NOT proceed if ANY buses serving WCDSB schools are cancelled.

If NO buses are cancelled the OSSLT will be administered as originally scheduled.

This decision has been made in consultation with the Waterloo Region District School Board in the best interests of our students and staff.

Please monitor local media and the WCDSB website on Thursday morning for information about bus cancellations.

BENNY'S IN THE LOCAL MEDIA

CAMBRIDGE TIMES: Teen hospitalized, waiting for lungs
CAMBRIDGE TIMES: Cambridge girl gets new lung
CAMBRIDGE TIMES: Community behind Kayla
CAMBRIDGE TIMES: Weekend setbacks to be expected...
CAMBRIDGE TIMES: Organ donor registrations up after...
CAMBRIDGE TIEMS: Kayla Baker determined to beat the odds
CKCO TV: Cambridge teen undergoes life-saving lung transplant
CKCO TV: Cambridge goes green for Kayla Baker

Administrative

Upcoming Ontario Secondary School Literacy Test

On Thursday, April 11th, Grade 10 students across the province will write the Ontario Secondary School Literacy Test (OSSLT). It will also be written by students who were previously eligible but have not yet written the test or who were unsuccessful on their first attempt. The OSSLT is administered by the Education Quality and Accountability Office (EQAO), an independent agency of the Government of Ontario, in order to determine whether students have acquired the minimum literacy (reading and writing) skills expected by The Ontario Curriculum across all subjects up to the end of Grade 9.

Please note that this date is the only opportunity for students to write the 2013 OSSLT. Students who are absent will have to wait until the spring of 2014 to write it.

The test consists of two booklets, each containing multiple-choice and open-response questions. The test is given on one day in two 75-minute blocks. All of the questions are based directly on the expectations set out in The Ontario Curriculum, which is what teachers teach in the classroom every day. Students can prepare as they would for any other secondary school test.

As parents, please encourage your son or daughter to get a good night's rest and enjoy a healthy breakfast so that they are well prepared for success on the test.

For more information about EQAO and to view a sample of its assessments, visit www.egao.com.

Good luck to all students writing this year. If you have any questions please see Ms. Craftchick or Mrs. McLaughlin in room 208.

PLEASE NOTE: The cafeteria will be closed all day On Thursday April 11th due to the Literacy test.

SCHEDULE FOR THE OSSLT DAY

Warning Bell: 8:15 a.m. Morning Exercises: 8:20 a.m.

Literacy Test (grade 10 students and Re-

writes): 8:25 - 11:25 a.m. Lunch: 11:25 - 12:05 p.m.

All St. Benedict Students

Period 3: 12:10 - 1:15 p.m. Period 4: 1:20 - 2:25 p.m.

All students who are writing the Literacy Test should confirm where they are writing by checking the room listings posted outside the main office or room 208.

BUS SERVICE TO/FROM ST. BENEDICT C.S.S. THURSDAY, APRIL 11, 2013

Morning Service to the school

All school specials operate in the morning at the regularly scheduled times.

Midday Shuttles from Hespeler to School

ST. BENEDICT'S SHUTTLE Bell Time 12:10pm

- 11:15am Depart Hespeler Terminal (71 Melran bay). Proceed EXPRESS to school.
- 11:45am Depart Hespeler Terminal (71 Melran bay). Proceed EXPRESS to school.

Afternoon Service from the school

All school specials operate in the afternoon at the regularly scheduled times. For further information on transit services provided by the Region of Waterloo including school specials refer to our website at www.grt.ca

Going green for Kayla



FRIDAY, APRIL 5, 2013

Support Kayla's efforts to raise awareness of organ donation

BEADONOR.CA

Pledge to help Kayla in her run on May 11, 2013

RUNALUNG.CA

Article from yesterday's TheRecord.com

'GREAT NEWS' FOR CAMBRIDGE TEEN
RECOVERING FROM LUNG TRANSPLANT

GO KAYLA!

NEWS FROM THE GUIDANCE DEPARTMENT

By Mrs. P. Klassen

ATTENTION GRADE 12 STUDENTS! JUNE GRADUATION IS QUICKLY APPROACHING!

After years of holding the Graduation Ceremony in October, St. Benedict is moving to a June Graduation date this year. The Graduation Ceremony for the class of 2013 will be celebrated on Wednesday, June 26 at Conestoga College in the Recreation Complex. The change of venue was needed to accommodate what we hope to be a higher number of graduate attendees, as well as to provide guests with the comforts of an air conditioned facility.

Guidance counsellors have visited grade 12 period one classrooms to distribute registration forms to all students who will be eligible to graduate in June (dependent upon the successful completion of remaining requirements). All grade 12 students who have not completed their

community service hours are reminded that this is a requirement for graduation and are encouraged to take care of this important detail as soon as possible.

Students are reminded that the registration forms and fees are due to the guidance office by **Friday, May 3**.

Students who did not receive their registration package in class should pick it up in the guidance office as soon as possible.

ARE YOU LOOKING FOR WAYS TO COMPLETE YOUR COMMUNITY SERVICE HOURS?

If the answer to the above question is "yes", consider the following up-coming opportunities:

- 1. Healthy Heart Day is a community event designed to promote awareness of cardiac risk factors and how improving our lifestyle can benefit our heart. This event will be held at St. Benedict on Saturday, April 27 and organizers are in need of volunteers to help with set up the day before, as well as with registration and take down on the day of the event. Volunteers are also welcome to take part in the workshop, as well as to join in the survivor's lap. Interested volunteers should contact Kalena, Alison or Neala at 519-624-3511 after 5 PM. Be prepared to provide your name, phone number and email address.
- 2. The Cambridge Highlands Lions Club is pleased to partner with the Cambridge Forbes Park Music Festival on Saturday, July 6, 2013. They are looking for volunteers to help organize and run children's activities during the day. For further information, please contact cambridgehighlandslions@a15lions.ca
- 3. The City of Cambridge is seeking volunteers to help with a wide variety of special events that are hosted by the city. These events include the Cambridge Arts Festival, Cambridge Riverfest, Cambridge Tour of the Grand, Mayor's Celebration of the Arts, Canada Day Celebrations, Forbes Park Music Festival, Cambridge Highland Games, Mill Race Folk Festival and Rock the Mill. Volunteer jobs include children's activities, site set up and take down, stage hand help, ticket collection, parking and working in the information booth. Contact Wanda Schaefer-Stilling at 519-740-4681, ext. 4603 or email volunteer@cambridge.ca for more information.

Students are encouraged to check the ranger announcements, as well as the bulletin board outside of the guidance office for information and updates regarding volunteer opportunities and job postings.

ZOOM INTO THE WORKPLACE - WEDNESDAY, MAY 1, 2013

Any grade 12 students who are planning to graduate in June and seek full-time employment are encouraged to register to attend this one day conference designed to enhance employability skills. Students will hear short presentations from 3 different youth employment service agencies regarding the services that they offer and how they can be of assistance to them.

Following this, students will attend two interactive workshops of their choice by industry professionals. To wrap up the day, students will hear from an exciting, young motivational speaker, Ryan Porter who has the ability to connect with teens at their level. This event will be held at Conestoga College. Admission is FREE - transportation and lunch will be provided. If your son or daughter is planning to head directly to the workplace following high school graduation, this event is perfect! If they have not already registered to attend, they need to see Mrs. Klassen in the guidance office as soon as possible as space is limited. If you have further questions about the event, please contact Judy Carley, WCDSB at 519-578-3660, ext. 2485 or email judy.carley@wcdsb.ca.

Masthead Design Competition

WE ARE WEEKS AWAY FROM THE RELEASE OF THE 100TH ISSUE OF THE BENN NEWSLETTER

CAN YOU DESIGN A NEW MASTHEAD?

Criteria: Final product needs to be a jpeg, 740 pixels x 90-100 pixels. It needs to include the BENN logo (email Mr. Milardovic for a copy), should include graphics/artwork/pictures that show the spirit of St. Benedict.

Prizes will be awarded for the top three designs, which will be used in future issues of the BENN.

ARTISTS: This would be a great thing to add to your art portfolio and include in your resume... contest ends next week!

Academics

ENRICHING THE LIVES OF STUDENTS

By Mrs. D. WITTMANN

HOW TO MAKE A MIND MAP

The 'Laws of Mind Mapping' were originally devised by Tony Buzan when he codified the use of imagery, colour and association and coined the phrase 'Mind Mapping'.

Make each Mind Map a little more:

- BEAUTIFUL
- ARTISTIC

- COLOURFUL
- IMAGINATIVE
- DIMENSIONAL

Source: http://www.mind-mapping.co.uk/make-mind-map.htm

UNIVERSITY OF WATERLOO ELITE MATH CONTESTS -COMING SOON

By Miss C. Stockie

Grade 12 Math students who are up for the challenge will sharpen their pencils and check the batteries in the calculators on Wednesday, April 17th during periods 1 and 2 in the Skybox (Seminar room 3.0). Please wish them good luck! If they do well, some of these students could earn themselves a chance at winning some particularly lucrative scholarships.

In addition, Grade 9, 10 and 11 students will be taking part in a series of "By Invitation Only" contests, also sponsored by the University of Waterloo, on Thursday, April 18th during periods 1 and 2 in room 307.

We wish all of our Mathletes nothing but the best!

SKILLS CANADA

By Mrs. M. Crowell

The following students were medal winners at the regional Skills Competition:

Restaurant Service: Kennedy Baker - gold, Jessica Houston - silver

TV/Video Production: Julia Wittmann and Tully

McWaters (team of 2) - gold

Culinary Arts: Jordan Tamborine - silver, Eric

Goettling - bronze

Cabinetmaking: Barrett Lawless - silver Job Interview: Dana Milani - bronze

Good luck to the following students, who will be competing at Fanshawe College on April 20 in the Skills Canada qualifying competition to try to advance to the provincial competition at RIM Park in May:

Jordan Tamborine (Culinary Arts), **Julia Wittmann** and **Tully McWatters** (TV Video Production - team of 2).

The following students have already advanced to the provincial finals on May 7:

UPCOMING ENRICHMENT OPPORTUNITIES FOR STUDENTS

By Mrs. D. Trentini

The WCDSB Gifted Department is sponsoring two enrichment excursions this spring. These field trips are open to students working on gifted IEPs, students enrolled in "enriched" or AP courses and academic stream students of high standing.

Chicopee's Leadership Program on Tuesday June 4, 2013

Chicopee offers students the opportunity to "explore the skills that good leaders utilize to be successful in the game of life." Students will explore these skills then partake in a set of activities that use these skills in meaningful ways. The day will culminate with a facility wide challenge.

Time: 9:00 - 3:00, cost: \$25, transportation: bus for Cambridge

students

Canadian Medical Hall of Fame's "Discovery Days" on Tuesday May 27, 2013

For those interested in the exciting field of medicine and health sciences, this day at McMaster University offers students opportunity to "hear an inspiring keynote lecture, take part in interactive workshops and join in an interactive experiment demonstration". Registration is limited to 5 students per school at this popular event so please sign up early! Time: 7:30 - 4:00, cost: none, transportation: provided by WCDSB

If you are interested in either trip, please see Ms. Trentini by Friday April 12.

Kennedy Baker (Restaurant Service), **Corey Zimmer** and **Curtis Collins** (Virtual Robotics - team of 2).

Congratulations on your success thus far, and best of luck to all our students!

Registration is on a first-come, firstserved basis. More detailed information will provided for the individual excursions once you are registered.

BENNY'S PROGRAMMERS NARROWLY MISS ADVANCING

By Mr. A. MILARDOVIC

On Tuesday, March 26, four of our programming students went to St. Mary's High School to participate in the annual programming contest put on by the Educational Computing Organization of Ontario, or ECOO. The first level of competition is at the Board level, so our team was up against teams from the other four high schools in the Board.

What makes this contest challenging is the fact that you get up to four members, you have four programming problems, and three hours to solve them. But there's a catch: you only have *one computer*. Scoring is based on whether or not your program runs, with a bonus based on submission time. The boys had to quickly figure out which problem could be solved fastest (to garner the most time bonus), and then work from there.

... you get up to four members, you have four problems, and three hours to solve them... you only have one computer

The boys were in a close race for the top three spots (top three advance), but in the end fell short by only a few points from advancing to the regional level of competition.

Congratulations on a solid effort to Emil Danila, Conor Dunne, Zach Kasprczyk, and Eddie Qaqish. The boys mental muscle was stretched to the max, and despite not advancing they found the experience worthwhile.

STATIONS OF THE CROSS COME TO LIFE

By Mrs. M. Rocha

On Holy Thursday, March 28th, Mrs. Rocha and her senior drama class organized a performance to present the Stations of the Cross in a way that many students at St. Benedict have not seen them reenacted; through a dramatic performance.

The senior drama class successfully portrayed Jesus' journey during the most eventful period of His life: the death and resurrection. They beautifully told the story many Christians have heard during the Easter season for many centuries. The entrance of Jesus into Jerusalem, the last supper with His disciples, Judas' betrayal of Jesus in the garden of Gethsemane, Pontius Pilate, the mocking and persecution of Jesus by the

TALES FROM TECHNOLOGY

By Mrs. L. O'NEILL

All of the Technology areas have been busy making sure everyone is safe when they are using the equipment. All of the Technology courses require that students work safely and most courses spend the first few weeks going over and discussing safety.

In the Hospitality area, students not only learned about using equipment safely they also learned about handling food safely. The grade 11 classes write the Region of Waterloo's Food Handlers Exam. This is a standardized exam that tests the student's knowledge on safe food handling, food storage and proper temperature control.

With the help of Specialist High School Major we have 15 students that will receive their Food Handling crowds and, finally, the death of Jesus on the cross were all integrated in the performance.

This rendition of the Stations of the Cross, titled Passion Play was a success not only in the eyes of the audience but also in the eyes of the performers. "I really enjoyed the whole experience." Kennedy Thompson, a student and actress in the play, stated. "I feel like we all have our own personal, unique connection to the Passion after having done this performance." The amount of effort and dedication the students portrayed during this piece was phenomenal and never ceased to amaze the audience.



"I really love being a part of productions in which I am able to connect my religion to drama, the thing I love the most." Another student reflected. "I jump at the opportunity to perform in pieces that showcase and present spirituality in a fun and interesting way."

The teachers and staff were very appreciative of the effort the senior drama students put into this production and would not hesitate to come again. As a school community, productions such as this, that evoked strong emotional responses from the audience, are welcomed with open arms.

Certificate. Most restaurant kitchens and food service places (hot deli) require their employees to have this certificate. Our Hospitality students now have a leg up on the competition when applying for a job!

In the Communications Technology area grade 10 students have been busy creating green screen video productions and learning how to use Adobe Photoshop.

Designing and building new tools has been the focus in the Manufacturing Technology area. New hammers and screwdrivers are being built using the lathes and mills. Students are also working on welding projects.

FIRST NATIONS METIS AND INUIT INFORMATION CIRCLE

In 2007 The Ministry of Education in Ontario created The First Nations, Metis and Inuit Education Policy Framework.

Aboriginal Education has been identified by the Ministry of Education as a key priority with a focus on meeting two primary challenges by the year 2016.

STOCK MARKET COMPETITION RESULTS

By Mr. F. WITTMANN

Several business students participated in the Nipissing University Stock Market Competition. The students started with \$100,000 each, and were challenged to create the most profitable stock portfolio using actual

- To improve achievement among First Nations, Metis and Inuit students in Ontario
- To close the gap between Aboriginal and non-Aboriginal students in the areas of literacy and numeracy, retention rates of students in school, graduation rates and advancement to postsecondary studies.

The Ministry of Education is committed to First Nations, Metis and Inuit student success. The Framework Policy is guided by the following four principals:

- 1. Excellence and Accountability
- 2. Equity and Respect for Diversity
- 3. Inclusiveness, Cooperation and Shared Responsibility
- 4. Respect for Constitutional and Treaty Rights

The Waterloo Catholic District School Board has created a Self-Identification policy for students and staff of the WCDSB. A self ID postcard will be sent to all elementary and secondary households within our school board. First Nations, Metis and Inuit families will be asked to simply check off First Nations, Metis or Inuit descent, the school their children are attending, and drop the self-addressed card into the mail. The information will assist us in developing programming, resources and curriculum to support First Nations, Metis and Inuit Education.

If you wish to view the Ministry FNMI framework document go to

www.edu.gov.on.ca/eng/aboriginal/fnmiFramework.pdf

real-time data from the stock markets.

The top students who achieved a positive rate of return were:

Business Leadership Class

- 1. Cole Malatches
- 2. Harold Lam
- 3. Will Simpson
- 4. Alli McKinnon
- 5. Gianmarco Imperioli
- 6. Emily Ward
- 7. Louise Enriquez

Introduction to Business Class

- 1. Will DaSilva
- 2. Madi Kerr
- 3. Jake Farias
- 4. Rosalind Snyder
- 5. Sean McFall
- 6. Yanbo Li
- 7. Adam Lainey

Congratulations to all participants!

CALLING ALL ARTISTS!!

By Mrs. DE FRIAS

Calling all artists. There is a Catholic Education art contest that you can enter. Check out Ranger, posters around school, or talk to Mrs. De Frias for more information.

BENNY'S STUDENT ARTISTS COMPETE IN BRUSH OFF

By Ms. A. WEILER

Congratulations to Emily Darling and Karli Bourque on a fine showing at The Museum's Junior Brush Off. The competition was intense as there were 19 extremely talented competitors from various high schools.

The first round was broken up into two groups. Emily was in group A and Karli went into group B. Students were given paints and canvases and had to complete a work of art in thirty minutes. While music was blaring, guests were circling, watching to see how the artwork unfolds, and cameras flashing everywhere. As each round concludes, guests cast their votes for their favourites. Both girls made the first cut and competed in the semi-finals!

The girls were amazing! This competition is, as you can imagine, really high pressure as everyone can see every brushstroke (or finger or knife mark). Unfortunately, one of the other high schools had quite a few competitors with huge followings, which meant many more guests in their corner to cast more votes. So, the girls were outvoted before reaching the final round.

Congratulations once again, girls, you represented us well!

BADMINTON TEAM ACCOMPLISHMENTS AND ACCOLADES!

By Mrs. S. Adach

An amazing crew of dedicated and talented badminton players have played with grit and heart this season. At the annual Monsignor Doyle invitiational tournament our highest honour went to Harold Lam for winning the Senior Boys Singles competition. Harold won hard fought battles to place first with an undefeated record.

We also had great representation in the quarterfinals. The junior girls teams of Maddy Kerr and Angelyca Bajaro, and Kayla Leusink and Ashleigh Brimo made it to the quarter finals round; as did Senior Girls Doubles team of Amanda Livingstone and Krystal Dias.

Another dynamic duo representing the Junior Mixed Doubles, Nicole Hurley and John Roxas, made it to quarterfinals as well. Our singles Junior Girls division also achieved the quarterfinal round with Kayla Leusink representing the Saints squadron and Rhonda Faith Quiamzon representing the Seniors.

Honourable mentions go out to Spencer Stein for great leadership, Tess Wittmann for flexibility, and all around good sportsmanship was demonstrated proudly by Patrice Oliveira, Sienna Jang Evan Rodenburg, Dom Kubala, Brooke Wanklin, Keith Tanner, Derek Porter and Lucas Wozniak.

Team play continues this week at District 8 competitions. Good luck to the Juniors and Seniors!

VARSITY GIRLS SOCCER

By Mr. J. BAILEY

The Varsity Girls Soccer Team participated in the Celtic Cup last Thursday at St. David's. The girls won an exciting game against Sir John A MacDonald in a shootout and defeated Bluevale in the semi-finals and ended the tournament with a second place finish after a tough loss to WCI in the championship game. Congratulate the girls on their great performance in their first tournament of the season!

GIRLS GOLF

By Mr. D. SEGUIN

Attention female golfers! The time is now to sign up for the girls golf team. Join the best sports team in the school where you can enjoy physical activity mixed with sunshine and beautiful landscapes. We need a min of four girls for the Benny's team. See Mr. Seguin at lunch time and sign up.

STAY UP TO DATE WITH DISTRICT 8 SPORTS

Now receive sports updates in your email or on your mobile device!

The new <u>District 8 website</u> now allows you to sign up themselves for nightly e-mail updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by going to http://district8.ca/admin/emailSignUp.php.

ACTIVITIES AT ST. BENEDICT'S

With the change in our school schedule back to the common lunch, many new opportunities are now available to our students. Here is our current list of activities:

	Before school	At lunch	After school
Monday	Breakfast at Benny's	Homework help (room 123) Art club (room 217) Fitness Center open (weight room) Saturday morning cartoons (Sem 2.1) Intramurals: indoor soccer (gym) Puzzles club (room 214)	Camera club (room 216) Cross Country training
Tuesday	Breakfast at Benny's	Artistic License (room 303) Homework help (room 123) Fitness Center open (weight room) Saints 4 Life Club (room 321) Saturday morning cartoons (Sem 2.1) Self Defense and Conditioning club (Gym 1) Science Team (room 314) ** Intramurals: floor hockey (gym) Puzzles club (room 214) Glee club (room 103)	Badminton club at 6:00pm (gym) Cross Country training
Wednesday	Breakfast at Benny's	Homework help (room 123) Active & Friends (room 106) DECA Business club (room 216) Fitness Center open (weight room) Lost club (room 125) Saturday morning cartoons (Sem 2.1) Intramurals: basketball (gym) Puzzles club (room 214) Wednesdays with Marilyn (room 124) Welding club (Annex room A4)	Anime club (room 210) Cross Country training
Thursday	Breakfast at Benny's	Homework help (room 123) Making a Difference (MAD) (room 321) Saturday morning cartoons (Sem 2.1) Eco Team (room 314)** Intramurals: fitness (gym) Puzzles club (room 214) Ultimate Frisbee club (gym) Glee club (room 103)	Women in Motion (Weight room) Yearbook club (room 216) Cross Country training Games club (room 125)
Friday	Breakfast at Benny's	Homework help (room 123) Fitness Center open (weight room) Lost club (room 125) Saturday morning cartoons (Sem 2.1) Intramurals: volleyball (gym)	Cross Country training Doctor Who Video club (room 226)

^{**} Meets every second week.

New clubs, teams, and events are being added regularly... listen to the announcements, and check out the Ranger system and our school website.

If you have any ideas for a new club or activity, talk to one of your teachers, or someone on SAC. Make it happen!

Student Activities

SAC UPDATE

BY LISA AND TOTIWE

Hey parents, it's student council here hoping you had a great Easter! :) In the past two weeks lots has happened and we are looking forward to having a great ending for the school year.

For the second year in a row Benny's was lucky enough to hold the annual Sears District plays. Multiple local schools (including Bennies) brought their best actors to perform a play in hopes of making to regionals. Unfortunately Bennies did not qualify, but a big congratulations goes to Southwood and Sir. John A. Macdonald for qualifying for regionals. We encourage everyone to come support the other schools next week from Monday to Friday from 7 to 11.

As the end of the school year is vast approaching, we have the grade 12's most anticipated night ... prom! Prom tickets go on sale Wednesday April 10- Monday April 15! Tickets are \$40. However, the first and second day is only open to grade 12's but then the rest of the days are open to anyone attending with a grade 12. We hope to see everyone there.

We are extremely happy that Kayla has received a suitable left lung donor and we hope she has a safe recovery. Please keep her in your prayers.

CO-PRESIDENT APPLICATIONS

Applications for student co-presidents are available now! Student co-presidents are elected by the students of St. Benedict to act as a student voice within the school to effect change and provide extra-curricular events and activities for the good of our students. Any students wanting to become a student council co-president can pick up an application from the SAC office at lunch. For more information please see Ms. Skinn or talk to one of our current co-presidents: Robbie Hiff, Kennedy Thompson or Keith Tanner.

STUDENT TRUSTEE POSITIONS

Applications for student trustee will be available starting next week. In this position students are elected to be a part of our board of trustees and provide a student voice to our school board. These students take on a leadership role within the school and throughout the school board. Applications will be due April 18. Any students interested in the position or want more information can contact Ms. Skinn in the SAC office.

TAKE THE VOW OF SILENCE

By Mrs. S. MacDonald

Vow of Silence is April 18th.

Being silent is harder then you think.

If you are up to the challenge then pick up a pledge form in room 326. Support the Nicaragua Clean water Initiative.

Get involved and help stand up for the people who have no voice.

Other News



'CONNECTIVITY'

Uniting Communities Through the Creative Expression of Visionary Youth

A visual art exhibition throughout the month of May by student artists from St. Benedict Catholic Secondary School and Preston High School.

JOIN US FOR THE LAUNCH PARTY ON WED MAY 1!

www.langs.org





kicking off a week of youth arts happenings across Canada May 1-7

ST. LUKE SCHOOL COUNCIL PRESENTS...

Healthy Child Nutrition & Active Living Night

WEDNESDAY APRIL 24TH

7:00 - 8:30 P.M.

St. Luke School Gym 550 Chesapeake Drive, Waterloo

Focusing on food issues for children from diet to nutrition & myth-busting Food Allergies!

Special Guest Speakers:

Registered Dietitians: Suzanne Dietrich & Cara Kasdorf Kathy Doherty-Masters Healthy, Active Living Consultant

WCDSB

Information on display from Remember Me Inc. & Grandma's Gluten Free Goods

LIBRARY CONNECTIONS



On Friday, April 19, Cambridge Libraries invites you to be inspired at an evening of amazing poetry, presented by the category winners of the annual Poem-A-Day contest. In its 7th year, the Poem-A-Day contest encourages aspiring poets in four categories - children's, youth, adult, and French - to share their love of language with the city.

This year's panel of judges (Becky Alexander, Natalie Hyde, Tanis MacDonald, and Dennis Mercier) have selected 30 winning poems, which are posted on the Cambridge Libraries' website and in each location.

Winning poems are also published in an annual book, and presented live at the Celebration, which begins at 7:00pm at the Cambridge Centre for the Arts, Toyota Room. Enjoy light refreshments, and the added treat of a live musical performance by students of the Nightingale Piano School.

For more information about Poem-A-Day, the Celebration or other Cambridge Libraries and Galleries events, visit www.cambridgelibraries.ca. This event is FREE and all are welcome.

Upcoming Events

Thursday, April 11

- 8:20am OSSLT Literacy test, grade 10
- 2:35pm Girls' Workout club
- 2:40pm Games club
- 2:40pm Yearbook Club
- 2:40pm Making a Difference Club
- 3:00pm Rock Climbing Club
- 7:00pm Musical production (TBA)

Friday, April 12

- 11:00am Lost Club
- 2:40pm Doctor Who Video Club
- 7:00pm Musical production (TBA)

Monday, April 15

- 8:20am Fitness Training
- 8:20am Event Co-ordination & Tourism Training
- 11:00am Art Club

Monday, April 22

- 11:00am Art Club
- 2:40pm Camera Club
- 2:40pm Into the Woods band practice

Tuesday, April 23

- 8:20am Leadership & Personality Development Training
- 8:20am Event Co-ordination & Tourism Training
- 11:00am Self Defense and Conditioning Club
- 11:00am Glee club
- 11:00am Artistic License
- 11:00am Saints 4 Life
- 11:00am Puzzles club
- 6:00pm Badminton club, 6:00-7:30

Wednesday, April 24

- 8:20am Health & Safety and Fall Prevention
- 11:00am Lost Club

- 2:40pm Camera Club
- 2:40pm Into the Woods band practice

Tuesday, April 16

- 11:00am Self Defense and Conditioning Club
- 11:00am Glee club
- 11:00am Science Team
- 11:00am Artistic License
- 11:00am Saints 4 Life
- 11:00am Puzzles club
- 6:00pm Badminton club, 6:00-7:30

Wednesday, April 17

- 8:20am Term 2 Civils/Careers begins
- 8:20am Suicide Prevention Training
- 11:00am Lost Club
- 11:00am Welding Club
- 11:00am ACTIVE and Friends
- 11:00am Makeup and costume crew
- 11:00am Puzzles club
- 2:35pm Anime Club
- 2:40pm Into the Woods band practice
- Spirit Day

Thursday, April 18

- 8:20am Fryer/Galois/Hypatia contests
- 8:20am Animation Training
- 11:00am Ultimate Club
- 11:00am Glee club
- 11:00am Making A Difference Club
- 11:00am Puzzles club
- 2:35pm Girls' Workout club
- 2:40pm Games club
- 2:40pm Yearbook Club
- 2:40pm Making a Difference Club
- 3:00pm Rock Climbing Club

Friday, April 19

Professional activity day

- 11:00am Welding Club
- 11:00am ACTIVE and Friends
- 11:00am Puzzles club
- 2:35pm Anime Club

Spirit Day

BENN Newsletter release

Thursday, April 25

- 11:00am Ultimate Club
- 11:00am Glee club
- 11:00am Making A Difference Club
- 11:00am Eco Team
- 11:00am Puzzles club
- 2:35pm Girls' Workout club
- 2:40pm Games club
- 2:40pm Yearbook Club
- 2:40pm Making a Difference Club
- 3:00pm Rock Climbing Club

Friday, April 26

- 8:20am Environment Zoom Career Day
- 11:00am Lost Club
- 2:40pm Doctor Who Video Club

DID YOU KNOW?

There are over 1600 entries on our school calendar on the website!

This means plenty of opportunities for your son or daughter to get involved!

Check the calendar on the school website for more information. New information is always being added, and more detailed information about upcoming events can be found there.

On the front page of our website, the calendar displays what's coming up in the next week. If you would like to see the full calendar, go to **Benny's**News > Calendar of Events.

Miscellaneous

HAS YOUR SON OR DAUGHTER LEFT THE ST. BENEDICT COMMUNITY?

If you are no longer associated with St. Benedict's and want to be removed from the BENN mailing list, simply <u>email us</u> and you will be promptly removed from the mailing list.

WE WANT TO KNOW...

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please <u>email us</u> with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at http://stbenedict.wcdsb.ca for news and information updates.

This newsletter is also available on the school website if you <u>click here</u>. You may want to send this link to other parents rather than forward your email—doing so may alter the layout and generate the page incorrectly.



