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The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB Newswire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Dan Witt](#).

BENN Staff

[Mr. Anton Milardovic](#)
[Mrs. Jennifer Jackson](#)
[Ms. Laura Varriano Lane](#)

Next Issue

January 22, 2014

When a Saint becomes an angel...

I'm going to let you in on a little secret. I don't do well with young people dying. Doesn't matter the circumstances. It's difficult when it's someone so young, someone with as much *joie de vivre* as Kayla, despite the obstacles in her life. Her time on Earth has been too short. She is now an angel who soars with the eagles, and takes breaths deeper than any she has had since her baby years. And we take comfort knowing that.

The staff and students have dealt with student death way too often (I'm thinking at least eight times since I've been here). Fortunately, our support systems and love and compassion for all is what makes us a celebration of people.

The *Benny's in the Local Media* box below could have been a page long with everything that has been written and reported in the media about Kayla since her passing; I don't think she would've wanted that. And thus, we post only two, and respectfully and reverently reflect on Kayla's time with us, and what she has been able to accomplish in her short life. Rest in peace, our precious angel Saint!

— Editor

Benny's in the Local Media

CKCO TV: [Classmates pay tribute to Kayla Baker](#)
THE RECORD: [Community mourns loss of Kayla Baker](#)

Administrative

Let's Keep Kayla Baker's Dream Alive!!

BY MRS. I. KLOIBER

Sadly, on January 1, 2014 the St. Benedict community lost one of its Saints. Kayla Baker had spent the last nine months in hospital where she received her lung transplant.

After a two year wait, she received her gift from her hero on April 3, 2013. During

The media began to follow her story as she journeyed through the wait for her hero and afterwards as well. Her dream was becoming more and more real as the City of Cambridge took her special project on by going green on April 5th, 2013. The sign-

this long wait she educated herself with everything that was associated with organ transplants. She researched the internet, and asked many questions from all those she met and soon began to realize that more had to be done in regards to educating people about organ donation. She wanted people to know the importance of becoming an organ donor, of becoming someone's hero.

Kayla met Carol Dubeau, a double lung transplant recipient herself and a representative of Trillium Gift of Life Network. This encounter opened doors for Kayla and gave her another venue for her to be able to spread her message to even more people of the importance of registering in becoming an organ donor.

However, Kayla was never satisfied she needed to do more, so she founded "RunaLung". Her hope in creating this fundraiser was to bring more public awareness to organ donation and also to raise money for Toronto Sick Kids. She spent many hours at Sick Kids doing rehab. On one occasion at Sick Kids she had met Gord Martineau, a news reporter, who was working on a different story at the hospital. Kayla, in her bubbly and determined way, took up a challenge from one of the nurses and went up to him and told him she had a story for him. The connection made, Kayla's story got onto the news and was heard in thousands of households.

ups for becoming an organ donor in Ontario were climbing daily.

Kayla's dream is to have everyone become an organ donor. Just recently the reports in the media showed that organ donor registrations declined from an average of 70 sign-ups before Christmas to 50 over the holidays, and then increased to 131 the day after Kayla passed away. Let's keep her dream alive, register today and tell others to register so that they too may become someone's hero. Be like the pebble as it hits the water and let the ripples of water grow... Become part of her RunaLung event this May 31st, 2014 and raise awareness and money for Toronto Sick Kids ICU. Let her be the face for Organ Donation as Terry Fox is the face for Cancer awareness.

Sign up for organ donation at beadonor.ca. Sign up for the second annual RunaLung on Saturday, May 31 at runalung.ca.



Tips for Helping Youth

Cope with Grief

By Ms. S. AYERST, SCHOOL SOCIAL WORKER

Kayla Baker was a remarkable young woman. Her journey was one that affected her whole community and one many people felt a part of, no matter how well they knew her personally.

Loss and grief affects everyone differently. There is no right or wrong way to react to a loss. Grief reactions among youth are influenced by their developmental level, personality, mental health, family, cultural influences and previous exposure to crisis, death and loss.

Some general trends exist that can help adults understand typical reactions of bereaved youth. Sadness confusion and anxiety are among the most common grief responses and are likely to occur

for individuals of all ages. There is no right or wrong way to grieve. Youth may also experience:

- A sense of disbelief or shock
- Anger
- Guilt
- Mood swings
- Fear about losing others close to them
- Headaches, stomach aches
- A hard time sleeping, eating or concentrating
- Thoughts, memories or sadness about loved ones they have lost previously

It is important to take the time to talk openly to your son or daughter about how they are coping, giving them the opportunity to have their feelings heard. Help them to maintain normal routines like eating and sleeping properly. Sometimes we may not know what to say or how to provide comfort; however, sharing your own feelings can help role model healthy ways of coping and validate their experiences.

At times grief can unexpectedly hit us really hard. Extra support may be needed if you notice your son or daughter experiences any of the following:

- Appetite change and weight loss
- Always tired but can't sleep or is sleeping too much
- Withdrawing and isolating from others
- Abusing drugs or alcohol
- Overwhelming feelings of guilt, helplessness, hostility and hopelessness
- Having thoughts about suicide or their own death

If you are concerned about how your child is coping please feel free to contact the Guidance office at St Benedict's.

Community Counselling is available at the following:

Front Door

1145 Langs Drive, Cambridge (519) 749-8740

Walk-in Counselling Thursday's 10am - 4:30pm

Family Counselling Centre of Cambridge and North Dumfries

18 Walnut St., Cambridge (519) 621-5090

Walk-in Counselling Thursday's 1 - 7:30 pm

**It's the
BIGGEST ONE EVER**



Friday, January 10 to Saturday, January 11

32 senior teams • 16 junior teams

Six venues across Cambridge

Follow the tournament online at

<http://stbenedict.wcdsb.ca/basketball/>

Attention Grads!!

This year, Grad Photos will take place from January 7th through January 17th. Grade 12 students interested in getting their grad photos need to book an appointment on-line at

www.lifetouch.ca/wwgrads

Complete details and order forms are available at the Main Office.

News from the Guidance Department

BY MRS. P. KLASSEN

The Application Deadline for University and College is approaching quickly!

Grade 12 students who are planning to apply to either college or university for the 2014–15 academic year are reminded that the application deadline is quickly approaching. Please note the following:

- University applications are due January 15, 2014. If students have not picked up the PIN number that is needed for this application, they are available in the guidance office.
- College applications are due February 1, 2014. PIN numbers are not required for college application – students create their own account when they apply.
- Apply early and avoid the stress of last minute on–line delays. Both the OUAC and OCAS sites become overloaded the closer it gets to the deadline date.
- Complete your Community Service Hours as soon as possible!
- Review your semester two timetable if you think that you need to make any changes.
- Information regarding university programs can be found at www.electronicinfo.com and at www.ontario.colleges.ca for college programs

Grade 8 Parent Evening

Our Grade 8 Parent Night will be held on Thursday, January 16, 2014 from 6:30 to 8:30 pm. The evening will begin with an information session in the gymnasium followed by an open house. Designated areas of the school will be open for viewing, and subject specific teachers will be available with information about all of our programs. Please pass this message along to any neighbours in the community that have a student who is scheduled to begin high school in September 2014. All Grade 8 students, regardless of where they are currently attending school are welcome to join us that evening. In addition to this evening, Grade 8 students from all of our Catholic feeder schools will be visiting us early in January. If you have a younger son or daughter in Grade 8, be sure to ask them about this visit.

Community Service Opportunities

1. "A Balanced Approach" is a centre that provides services for children with autism. They have recently opened a site at 630 Duke in Cambridge and are seeking volunteers for a variety of tasks to assist their staff. Groups for 2014 do not officially start until January 18, but they are interested in starting to meet potential volunteers now. If you are interested in volunteering with some incredible children, contact crystal.abraham@abawaterloo.com or by phoning 519–342–4666. Groups meet every Tuesday from 4:30–6:00, every Wednesday from 4:30–6:00 and Saturday mornings from 9:00–1:00.

**Looking for
community service
hours?**

**If you are responsible
and reliable, see Ms.
Varriano Lane about an
opportunity to
volunteer at St.
Margaret's!**

2. Enjoy working with children? Like spending your day outdoors? Want to gain valuable work experience while completing your 40 hours of community service? Considering applying to work with rare to assist in leading interpretive hikes, crafts and other activities. rare is seeking volunteers for their March Break and Summer Programs. They are looking for responsible students who are enthusiastic to lead and are interested in nature. Volunteers should be able to commit to at least one week of camp with a typical day lasting from 9:00 AM – 4:00 PM. Contact Louise at 519-650-9336, ext. 124 or visit www.raresites.org for more information.
3. The Faculty of Education at Wilfrid Laurier University is seeking volunteers for their LEAP (Laurier Enriched Academic Program) Sensational Saturday morning enrichment camps. These camps, which run from 9 AM – 12 Noon from January 25 – March 1, 2014 are geared to gifted and highly able campers in grades 1 – 9. LEAP camps are designed and led by certified teachers, and offer challenging programming in an engaging environment. Volunteers must be 16 years of age or older. This is an ideal volunteer opportunity for anyone who is considering teaching as a future occupation. Application forms and additional information are available at www.wlu.ca/leap.

Course Changes for Second Semester

The month of January is a great time for students who are considering a course change for second semester to see their guidance counsellor to discuss this. All timetable changes must be approved by a parent or guardian. We very much appreciate your support in encouraging your sons and daughters to follow protocol.

Semester 2 Bus Passes

Any student who currently has an active city bus pass and will still qualify for one for semester 2, may go to the Ainslie Street terminal beginning January 20th to get their new pass. Your name must be on the bus pass list in order for you to receive a new bus pass for semester 2. The cost will be \$5.00 for the semester 2 bus pass.



This poll is closed.

Christmas Time!

What are you looking forward to most this Christmas?

sleeping in	4
church services	8
getting together with family	10
the food	2
presents	1

Semester 1 Final Evaluation Schedule

January 2014

**** UPDATED ****

All courses (except those listed below) will have a 75 minute Final Evaluation taking place on January 27, 28, 29, or 30.

Students who meet the following criteria will not be required to attend any Credit Rescue sessions:

- a) have achieved a passing grade;
- b) have submitted all summative activities; and
- c) have completed all components of their final culminating activity

Students who do not meet the above criteria will be required to attend Credit Rescue as outlined by your teacher.

The following courses will have a 2 hour Final Evaluation taking place on January 27, 28, 29, or 30 as per the schedule below:

Business: Analyzing Current Economic Issues CIA4U, Introduction to Financial Accounting BAF3M, Principals of Financial Accounting BAT4M

Communications – English/French: Grade 11 & 12 University English ENG3U, 4U; Grade 11 & 12 College English ENG3C, 4C; Grade 12 University Writer’s Craft EWC4U; Grade 12 University English Literature Studies ETS4U; Grade 11 and 12 University Core French FSF3U & FSF4U

Geography: Physical Geography CGF3M, The Environment & Resource Management CGR4M, Canadian & World Issues CGW4U

History: American History CHA3U, World History CHW3M, Canadian History CHI4U, World History CHY4U & CHY4C, Understanding Canadian Law CLU3M, Cdn and International Law CLN4U

Math: All Grade 10 Academic 2D; All Grade 11 & 12 University 3U, 4U; Grade 11 University/College 3M, Grade 12 College Technology MCT4C

Physical Education: Grade 12 University Exercise Science PSE4U

Religion: Grade 11 University/College World Religions HRT3M; Grade 12 University/College Church & Culture HRE4M

Science: All Grade 9 & 10 Academic 1D, 2D; All Grade 11 & 12 College 3C, 4C; Grade 11 University/College 3M; Grade 11 & 12 University 3U, 4U

Social Sciences: Intro. To Anthropology HSP3M, Ind. & Families in a Diverse Society HHS4M, Challenge & Change in Society HSB4M

January 27

8:30 – 10:30: 75 minute or 2 hour exam for Period 1 class
Bus Pickup 10:45 AM

January 28

8:30 – 10:30: 75 minute or 2 hour exam for Period 2 class
Bus Pickup 10:45 AM

January 29

8:30 – 10:30: 75 minute or 2 hour exam for Period 3 class
Bus Pickup 10:45 AM

January 30

8:30 – 10:30: 75 minute or 2 hour exam for Period 4 class
Bus Pickup 10:45 AM

January 31

8:30 Credit Rescue as arranged by teacher and student

Teachers will offer informal Credit Rescue on a needs basis on any exam days.

Notes:

1. All students are expected to be in full uniform during Final Evaluation and Credit Rescue classes.
2. This schedule could change in the event of a school bus cancellation or school closure.

Enriching the Lives of Students

By Mrs. D. Wittmann

English Writing Contests

OECTA Young Authors Awards

Divisions: Short Story, Poem, Play, Nonfiction (e.g. essay, article, or report)

The purposes of the annual OECTA Young Authors Awards/Prix Jeunes Écrivains are to celebrate the writing talents of students and the teaching talents of their teachers and to showcase the accomplishments of students and teachers.

There are three levels of competition: school, unit and provincial. The first place winners at each level advance to the next. Each level of competition consists of the following divisions and categories. These divisions and categories are the same for both the French and English tracts. Please note that in the past the French tract was further divided into Core, Extended and Immersion sub-categories, but these sub-categories have been merged to create the same number of awards in English and French.

Waterloo County English Awards

Divisions: Poetry / Informal Essay / Short story, Script, Children's Lit – text / illustrations, School newspaper (may be on-line submission), Yearbook, Drama Award, Flash Fiction (new addition), Possibility of a “graphic fiction” addition

The Waterloo County High School English Awards is a competition that has been in existence for thirty-two years, since 1977. The competition involves, on a yearly basis, over sixty students from each public and separate high school in Waterloo Region. These students submit their creative endeavours in the areas of writing, filmmaking, yearbook, children's literature, and student newspaper.

For further information visit the English Office: Workroom 3.1

LEAP: An enrichment course for our athletes

By Mr. N. Dufresne

Do you have an athlete that competes on a rep level sports team or individual sport? Do they want to spend more time training to improve their overall performance? Then you may want to consider choosing LEAP (Leaders and Exceptional Athletes Program) as one of their courses for next year.

LEAP is an enriched physical education course for student-athletes who demonstrate exceptional athletic potential in a given sport. This course is designed to help student athletes improve their overall performance in their sport of choice by developing transferable skills like cardiovascular endurance, speed, agility, coordination, power, strength and flexibility.



Applications are currently being accepted until February 28, 2014. For more detailed information about the program requirements, selection criteria and application process please visit our website at <http://stbenedict.wcdsb.ca/leap> or contact the program coordinator, [Mr. Dufresne](#).

Attention all Grade 9's!!

Are you starting to get stressed about your first set of high school exams?

Do you like cookies and hot chocolate?

Let Link Crew help you out!

Next Thursday, January 16th from 6-8pm is our annual Cookies and Cram event in the Cafeteria!

Link Crew leaders will be available to help YOU review for all subjects! Come prepared to practice some review questions, get any and all of your questions answered, and enjoy some delicious homemade cookies and hot chocolate.

See you there!

Athletics

Swim Team Wins District 8

BY Ms. S. SKINN

Please give huge congratulations to our swim team for winning DISTRICT 8! Way to go TEAM!

Please congratulate the members of the swim team that have qualified for CWOSSA in individual events: Cassidy Driscoll, Sarah Sue-Ping, Noah Thomas, Connor Goliath, Dana Milani, Lance Farrugia, Tim Novak and Derek Porter.

Also a congrats to our relay teams that have qualified for CWOSSA: for the junior girls: Alex Kerry, Cassidy Driscoll, Julia Lowe and Sarah Sue-Ping; for the senior girls: Amy Pinheiro, Meagan Byrne, Mara Dodig, Sarah Pellegrino and Dana Milani; for the senior boys: Callum Bremner, Tim Novak, Derek Porter, and Lance Farrugia.



Jr. Boys Basketball
Saints 58, St. David 44

Sr. Boys Basketball
Saints 73, St. David 55

Jr. Girls Volleyball
St. David 3, Saints 0

Sr. Girls Volleyball
St. David 3, Saints 0

Junior Saints win London Tournament

BY MR. J. MALNERICH



The Junior Saints boys' basketball team participated in the Tony Marcotullio Invitational last week at HB. Beal in London. The field included Upper Canada College, currently ranked 10th on hooptown GTA rankings, and the hosts, HB. Beal currently sitting atop the London rankings respectively.

The Saints opened up the tournament with their matchup against St. Clair (Sarnia) where the Saints used a superb defensive effort to earn the victory with a score of 79-21. Alex Douglas led the way for the Saints with 12 points, with Zubair Seyed and Evan Rodenburg each contributing 8 points each.

The Saints' second game of the tournament came against a strong Medway (London) squad who, despite playing with a short bench, fielded a very strong team. The Saints played a strong first half but were unable to pull away as they headed into the half up 26-20. In the second half, the Saints used ball pressure to force some early turnovers to extend their lead and then, with some hot shooting, were able to pull away with a seemingly lopsided victory, 54-33. Zubair Seyed led the way for the Saints with 18 points, and Justin Malnerich dropped 11 points.

By winning their first two games, the Saints were able to lock-up first place on their side of the bracket, which pit them against the host HB. Beal squad in a tough semi-final matchup. The Saints opened up the game cold from the floor, going just 1/6 from three and missing some key layups, but, to their credit, kept up the pressure on defence which enabled them to go into the half with an 18-12 advantage. After making some tweaks during halftime, the Saints had an explosive 3rd quarter taking the ball to the basket and opening up a 34-18 lead heading into the 4th where they were able to continue their strong play and come away with a 53-28 victory. Alex Douglas led the way with 17 points, with Carter Johnson chipping in 8 points along with a great defensive effort.

With their semi-final win, the Saints then found themselves up against Upper Canada College from Toronto in the championship game. A tough squad with some superb athleticism, the Saints found themselves in unfamiliar territory heading into halftime, trailing 26-16 after UCC shot 6/10 from three in the first half. After their regroup at halftime, the Saints came out hungry in the 3rd quarter, pounding the ball inside, and closing the gap to go into the final frame down only 1, 36-35. In a finish you normally only see in the movies, the Saints found themselves down 41-40 with 9 seconds remaining. Planning to foul immediately, Saints' forward Marcus Penaloza came up with a huge steal off the inbounds before passing off to teammate Zubair Seyed who got fouled and sent to the free throw line with 3 seconds remaining. With the game on the line, Seyed calmly knocked down both free throws, putting the Saints up 42-41 and clinching the championship victory.

The Junior Saints have now been tournament champions three times on the year, and move to a 22 and 2 record. They enter into a crucial second half of the season in D8 play as well as their home tournament Jan 10/11. Keep up the good work, boys!

Senior Saint B-ballers Victorious

BY MR. K. FRATARCANGELI

Please congratulate the senior boys on their dominant 73 - 55 win last night at home against St. Davids. It was a great team effort that was spear headed by 21 points from Jamal Hajo, 18 points from Omar Camanto and a stifling defensive effort by Khiem Tran.

Saints Invitational to be held this weekend

BY MR. J. MALNERICH

This weekend, we will be hosting our 26th Annual Saints' Invitational Boys Basketball Tournament. It will feature 32 Senior Teams and 16 Junior Teams from across Ontario, many of them being the best in their areas. It will be a great weekend of basketball you don't want to miss.

Our Senior Saints play on Friday at 11am and then at 3:30pm or 5pm. Our Juniors will Tip off at 12:30pm and then 6:30pm or 8pm. Get your tournament passes from any Jr or Sr. Boys Basketball Player or at the door. Passes are \$3 for students and \$5 for adults and are good for all games at St. Benedict and other 5 high schools. This includes the Championship finals. That's 80 GAMES FOR \$3! Don't miss the action and get your tickets before they are sold out.

Stay up to date with District 8 Sports

Now receive sports updates in your email or on your mobile device!

The new [District 8 website](#) now allows you to sign up themselves for nightly e-mail updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by going to <http://district8.ca/admin/emailSignUp.php>.

Clubs

Badminton Club cancellations

BY MRS. S. ADACH

Due to other activities in the gym, badminton club has been cancelled this Thursday and next.

DECA Business Competition students prepped

BY MR. F. WITTMANN

Almost 60 students have qualified to compete at the provincial DECA competition in Toronto February 10-12, 2014. DECA stands for Demonstrating Excellence, Celebrating Achievement. It is an academic business competition club that has grown to include over 30 categories, 150 high schools, and 6000 students province-wide. Students write a multiple choice test on specific business knowledge and they participate in a business role-play situation where they offer solutions to a case problem. Good luck Saints!

DOCTOR WHO CLUB

BY MR. D. KUKWA



Doctor Who club closed 2013 with an enthusiastic celebration of Doctor Who's 50th anniversary, complete with a screening of the anniversary episode, "The Day of the Doctor", and a huge prize raffle. Christmas also saw the successful mounting of the annual Doctor Who book giveaway.

The January 10th meeting, which will include a screening of the final Matt Smith episode, "The Time of the Doctor", will also be the last club meeting for semester one, as we take a break for quiet week and exams. Doctor Who club meetings will resume at our usual space/time co-ordinates (Fridays, after school, in room 226) on February 7th.

Student Activities

Rated T for Teen

Do you like to laugh? Want to watch a funny show about teen issues? Then come on down to Rated T for Teen on Wednesday January 15 at 6:30 in our caf. Tickets are \$2 and all profits are donated to Free the Children to build a school.

Other News



Celebrate

PROUD SPONSOR



CATHOLIC EDUCATION IN CAMBRIDGE

SATURDAY,
FEBRUARY 15 • 2014

PORTUGUESE ORIENTAL CLUB
1054 Shellard Road, Cambridge

Dinner 6:30pm • Dance & Silent Auction 8:00pm

Music By PB & Jam

Featuring Paul LaCalamita, Andy MacPherson
& Sean O'Brien

Dinner & Dance \$100 Couple • \$60 Single

For Tickets & Info Contact:

- Doug Leusink 519.241.6165
- David White 519.716.8929
- Wendy Price 519.623.0052
- Manuel Martins 519.575.7542
- Tom McArthur 519.621.357
- Waterloo Region Catholic Schools Foundation
519.578.3660 ext 2373

ALL PROCEEDS TO SUPPORT PROGRAMS
WITHIN THE
WATERLOO REGION CATHOLIC SCHOOLS

A charitable receipt will be issued for a portion of the ticket price
& any additional donations

**Tickets are available in our Main Office—please
call 519-621-4050 to reserve yours today!**

Upcoming Events

Wednesday, January 8

- 2:30pm Reach for the Top
- 2:35pm Anime Club
- 2:45pm Hip Hop Dance Crew
- Spirit Day
- BENN Newsletter release

Thursday, January 9

- 11:00am Lost Club
- 11:00am M.A.D. group meeting
- 11:00am Weight room open
- 2:30pm Girls' Workout Club
- 2:30pm Games Club
- 2:30pm Yearbook club

Friday, January 17

PA Day

Monday, January 20

- 11:00am Accepting Differences Club
- 11:00am Concert Band
- 11:00am Self Def & Conditioning Club
- 11:00am Weight room open
- 11:00am Guitar Club
- 11:00am Eco Team

Tuesday, January 21

- 11:00am Games Club
- 11:00am Programmers' Club

2:30pm Camera Club
2:30pm Seams Sew Easy Club

Friday, January 10

11:00am Accepting Differences Club
11:00am Puzzles Club
11:00am Weight room open
11:00am Star Trek Club
11:00am APP Centre open
11:00am DECA meeting
2:35pm Doctor Who Video Club
Sr. Boys Invitational Basketball Tournament

Saturday, January 11

Sr. Boys Invitational Basketball Tournament

Monday, January 13

11:00am Accepting Differences Club
11:00am Concert Band
11:00am Self Def & Conditioning Club
11:00am Weight room open
11:00am Guitar Club
11:00am Eco Team
Graduation Photos

Tuesday, January 14

8:20am Grade 9 EQAO Math Test
11:00am Games Club
11:00am Programmers' Club
11:00am Self Def & Conditioning Club
11:00am Weight room open
11:00am DECA meeting
Graduation Photos
EQAO Math Gr. 9 Math Assessment

Wednesday, January 15

8:20am Grade 9 EQAO Math Test
11:00am Lost Club
11:00am Puzzles Club
11:00am Weight room open
11:00am Accepting Differences Club
11:00am MC Crew
2:30pm Reach for the Top
2:35pm Anime Club
2:45pm Hip Hop Dance Crew
Spirit Day
Graduation Photos
EQAO Math Gr. 9 Math Assessment

Thursday, January 16

11:00am Lost Club
11:00am M.A.D. group meeting
11:00am Weight room open
2:30pm Girls' Workout Club
2:30pm Games Club
2:30pm Yearbook club
2:30pm Camera Club
2:30pm Seams Sew Easy Club
6:00pm Cookies 'n' Cram
6:30pm Grade 8 Parent Night
Graduation Photos

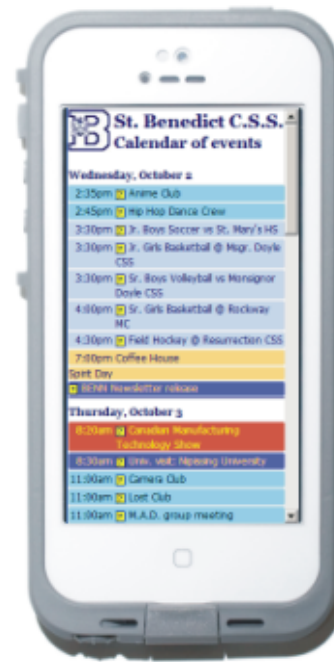
11:00am Self Def & Conditioning Club
11:00am Weight room open
11:00am DECA meeting

Wednesday, January 22

8:20am Quiet Days
11:00am Lost Club
11:00am Puzzles Club
11:00am Weight room open
11:00am Accepting Differences Club
11:00am MC Crew
2:30pm Reach for the Top
2:35pm Anime Club
2:45pm Hip Hop Dance Crew
Spirit Day
BENN Newsletter release

Check the calendar on the school website for more information. New information is always being added, and more detailed information about upcoming events can be found there. To see the full calendar, go to Benny's News ► **Calendar of Events.**

Keep up with what's happening at St. Benedict's using your cell phone



Visit
stbenedict.wcdsb.ca/calendar.php
from your cell phone.
(Be sure to bookmark it!)

Miscellaneous

We want to know...

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please [email us](#) with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at <http://stbenedict.wcdsb.ca> for news and information updates.

