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The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB Newswire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Dan Witt](#).

BENN Staff

[Mr. Anton Milardovic](#)
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Next Issue

May 7, 2014

Giving credit... and thanks!

Teachers do a lot of great things at St. Benedict's. From teaching, to coaching teams and running clubs—take a look at what we offer on the school website, you know what I mean.

A team like that needs great leadership. Our administrators are top-notch. Our EAs provide extra help to students in need, and our custodial staff keep the building in tip-top shape.

There is one group of people that does a lot of the work in the background to make sure things run smoothly here at Benny's. They help occasional teachers who come in to cover our classes. They help students find teachers. They help teachers find students. They answer the phones, and make sure that parents who come in are dealt with in a professional manner. They're the ones we call when the copiers go down, the printers go down, the announcement system goes down... and they take care of it. It's like having mom here.

I want to recognize this wonderful group of ladies, our secretaries and clerical staff. Today is Administrative Professionals' Day, and I would like to acknowledge them for helping us do what we do. They are an essential component of our school community, and for them I am always thankful. Hope you had a great day ladies!

– Editor

Benny's in the Local Media

CAMBRIDGE TIMES: [Flag flies high for Kayla Baker at St. Bened...](#)

Administrative

News from the Guidance Department

BY MRS. P. KLASSEN

Attention Grade 12 Students Planning to Attend Graduation in June!!

All grade 12 students who are planning to attend the Graduation Ceremony this June are reminded that graduation registration forms and fees are due to the guidance office by Friday,

May 2 The registration forms were given to students in their period one class on April 11. Any student who does not have a period one class, should pick up the registration package in the guidance office. The Graduation Ceremony for the class of 2014 will be celebrated on Wednesday, June 26 at Conestoga College in the Recreation Complex. Grade 12 students who have not completed their community service hours are reminded that this is a requirement for graduation and are encouraged to take care of this important detail as soon as possible. Grade 12 students are expected to submit their Community Service Hours completion form to the main office by Friday, May 30.

OSAP (Ontario Student Assistance Program) Presentation

A staff person from the Financial Aid Office at Conestoga College will be visiting our school on Friday, May 2 to present information to grade 12 students regarding the process for applying to OSAP. Although the presenter is from Conestoga College, the information will be relevant for any Grade 12 student who is pursuing post-secondary education at either college or university. The presentation will be held in Room 111 during period two. Details regarding sign up will follow on the announcements at school.

Jill of All Trades – A Day for Women

Conestoga College will be hosting an event on Wednesday, June 4, 2014 for female students who would like to learn more about potential careers for women in the skilled trades. The event will include an array of workshops led by female mentors. Additional highlights include information booths, tours of the Conestoga College facilities, guest speakers and a keynote address by Danielle Bryk, star of HGTV's, The Bryk House. This amazing event is FREE of CHARGE and includes lunch as well as transportation to and from Conestoga College. Please see your guidance counsellor if you are interested in attending.

2014 Catalyst Conference

The University of Waterloo Catalyst Conference is open to female students in grade 11 who might be interested in pursuing engineering at the post-secondary level. It includes a series of hands-on workshops exploring several types of engineering, a design competition, as well as the opportunity to engage with current female students in a small group. For more information, visit Catalyst@uwaterloo.ca

The WCDSB has also partnered with the University of Waterloo to provide a camp for E3 (Engaging in Entrepreneurship and Engineering) for girls entering grade 11 or 12. The camp will be held at the University of Waterloo from August 18th – 22nd. Registration for this camp is open and girls can register at:

LINK CREW

Do you want to be a part of a team that makes a difference every day at St. Benedict? It's as Easy as 1-2-3!

STEP #1: Obtain an application form from the Guidance Office-while they last!!

STEP #2: Hand in your completed application to Guidance by 2:45pm on Wednesday, April 30. *No exceptions.*

STEP #3: SIGN-UP for an interview time

<https://uwaterloo.ca/catalyst/engagin-entrepreneurship-engineering>

in Guidance. The Sign-up sheet is right next to the drop off box!

Summer School

Summer school will be available this summer for St. Benedict students through the Waterloo Region District School Board, our coterminous board. Make-up credit courses will be offered at Jacob Hespeler Secondary School in Cambridge and Cameron Heights Secondary School in Kitchener. A selected number of new credit courses will be offered at Jacob Hespeler Secondary School in Cambridge, Sir John A. Macdonald Secondary School in Waterloo and Bluevale Collegiate in Waterloo. Classes will begin on Wednesday, July 2 and will run until Friday, July 25. Make-up courses are 3 hours in length, either morning or afternoon, while new credit courses are 6 hours in length, not including a 30 minute nutrition break. Students can register for a maximum of 2 make up credits or one new credit course. There will also be a limited number of on-line blended courses offered at all locations this summer as well. More information regarding summer school course offerings and registration is available in the guidance office. Please note that students interested in taking a new credit course in summer school must register by June 12. Students planning to take a make-up course have until June 25 to register. See guidance for more information.

Are you looking for ways to complete your Community Service Hours?

If the answer to the above question is “yes,” consider the following up-coming opportunities:

1. The charity founded and created by Kayla Baker, RunaLung, will be hosting its second annual fundraising event on May 31, 2014. Anyone interested in volunteering for the event should sign the list in the guidance office. Anyone interested in participating is encouraged to register by visiting www.runalung.ca
2. Consider volunteering at St. Luke’s Place, a seniors residence located at 1624 Franklin Blvd. This would be a fantastic opportunity for anyone who is considering a career in nursing or another form of care giving. Interested volunteers should email: recreationmanager@saintlukesplace.ca or call 519-658-5183, ext. 244.
3. The Canadian Ultimate Frisbee Championship is being held in Waterloo in August, 2014. The organizing committee is looking for volunteers to help in a variety of capacities before, during and after the event. If you are interested in being involved, please sign up using the following website: <http://wp.canadianultimate.com/cuc2014/cuc-2014/volunteer/>
4. The 10th Annual Healthy Heart Day, April 26 will be held at St. Benedict Catholic Secondary School. The organizers of this event are seeking volunteers to help with set up the day prior to the event, as well as with many tasks during the day of the event. Consider earning community service hours, while at the same time learning more about Heart Disease, Diabetes and Obesity. Please contact healthyheartday@rogers.com or 519-624-3511 to find out how you can help.
5. Great Big Theatre Company (GBTC) is seeking volunteers to work with its Summer Day Camp program. Each week of volunteer work with this program can earn up to 50

volunteer hours. Responsibilities could include planning plays, songs, games and outdoor activities, as well as supervising campers during all aspects of the day. Various dates and locations are available and training sessions will also be held for volunteers at the end of June. Check out their web site at www.gbtc.com or call 1-866-864-4282 and speak to Charles or Lily Small.

6. The Rotary Club of Cambridge Sunrise, in conjunction with the Rotary Club of Cambridge North is organizing the first Rotary Ribfest to be held in Cambridge this summer. They will be seeking 400 volunteers to help make this event a success. Ribfest will be held from August 8 - 10 at Riverside Park in Cambridge. Register Online! For more information on any of the many exciting volunteer opportunities available, please email us at volunteer@cambridgeribfest.com



Transportation Changes for September 2014

Please be advised that effective September 2014, most students that have previously been issued GRT passes will now be assigned to a yellow school bus.

School buses pick up students at communal bus stop locations in residential environments and generally run within a 5 minute window of the scheduled times provided.

Please visit www.stswr.ca to access your individual transportation details including route number, stop locations and times. The details for pick-up and drop-off locations and schedules will be available on or around August 22, 2014 from our transportation website.

To access this information after August 22nd please follow the steps below:

1. Go to www.stswr.ca
2. Go to Student Login (scroll to the bottom of the website)
3. Enter student's Ontario Education Number (this can be found on report card)
4. Enter student's birth date (dd/mm/yyyy)
5. Enter student's street number (house number only)
6. Select student's school

Walk Against Male Violence

Attention all students who signed up for the Walk Against Male Violence, your forms and money are due to Mrs. Rocha this Thursday at lunch in room 326.

Did you know...?

The BENN e-Newsletter is sent out to over 1100 subscribers. If you were to print out this year's 20 issues you would've printed 121 pages (double-sided, of course). Multiply that by our subscriber base, and the BENN has saved over 133,000 sheets of paper—that's over 266 reams, or nearly 27 boxes, of paper.

Enriching the Lives of Students

By Mrs. D. Wittmann

Knowledge Integration

The Centre for Knowledge Integration (University of Waterloo) is home to two unique programs: the Bachelor of Knowledge Integration degree program for undergraduate students; and Waterloo Unlimited, a one-of-a-kind high school enrichment program.

We are committed to providing education and enrichment opportunities that transcend traditional disciplines and prepare our students to adapt to and engage with our complex world.

KI design tool:

- Start solo
- Defer judgment
- Stay focused
- Post notes and sketches
- One idea at a time
- Build on the ideas of others
- Encourage wild ideas
- The more ideas, the better



Source: <http://uwaterloo.ca/knowledge-integration/>

UofT Biology Competition Tomorrow

By Mr. J. Bailey

This is just a reminder to students who signed up to write the University Of Toronto Biology Competition that your time is almost here! The contest takes place this Thursday. Please drop by to see Mr. Bailey if you haven't

E] This poll is closed.

O **A Canadian sweep!**

U] On the heels of their sweep over the Tampa Bay Lightning, how far do you think the Canadiens will go?

En They will be eliminated in round 3

En²

Wh They will lose in the semifinals 3
They will lose in the finals 3

ent They're taking the Stanley Cup! 3

& E

Entrepreneurs is a week-long camp for high school students entering grades 11-12 who are interested in learning the basics of entrepreneurship. Whether you think of yourself as an ideas-person, business-savvy, developer, or designer; this camp is for you!

What to expect?

This will be an action-packed week of business model creation, designing, prototyping, and market validation. The week will culminate with a celebration of the ideas developed at the Communitech Hub. If you want to put yourself in the shoes of an entrepreneur, apply now for a life-changing experience!

Who is this for?

The E3 camp is only open to students entering grade 11 or 12 (currently in grade 10 or 11) and selection is application-based. For its inaugural week, the program will be restricted to female students.

Male students or those entering other grades are invited to sign-up for a notification when the program is expanded.

Details

Dates: August 18-22, 2014 Please note that this program is not an overnight program.

Time: 9am to 4pm each day (drop-off is 8-9am and pick-up is 4-5pm)

before the competition; you will find him in either room 314 during lunch, or in the Science Office, to get your information as soon as possible.

Guatemala Trip

By Ms. C. SMUKAVICH

Are you back at Benny's next year in grade 11 or 12? Are you interested in learning more about a service learning opportunity? The Waterloo Catholic School Board has been invited to select one student from St. Benedict's to participate in the *Go Guatemala* program developed and run by faculty at St. Jerome's University.

Go Guatemala is a service learning trip that is rooted in volunteering and learning primarily at an Orphanage. St. Jerome's University developed Go Guatemala to assist in educating students as global citizens. Through pre-departure sessions and an international travel experience, participants will reinforce foundations of responsible citizenship.

The selected student would be travelling to parts of Guatemala for 11 days with a group of St. Jerome's staff and first year students to:

- Learn about and understand the causes of injustice, inequality, and suffering around the world
- Investigate the effects of globalization on the world's oppressed peoples
- Become part of a community of friendship, support, education and action

For more information, please email or speak to Ms. Smukavich, or come to the information session run by the coordinator from St. Jerome's on Thursday April 24, 2014 at the beginning of lunch in the seminar room near the guidance office. Information regarding applications, cost and travel itinerary will be given.

Location: University of Waterloo (with some off-site trips)

Cost: \$100 (bursaries are available for those in financial need)

Application

Space in the E3 camp is limited to 25 spots. An application is required. The application form includes some additional questions for us to get to know you better and ensure that the camp group is comprised of diverse individuals.

Applications will be evaluated on a rolling basis starting May 1st, 2014. Early applications are strongly encouraged, as we expect this program to fill quickly.

To register, go to:

<https://uwaterloo.ca/catalyst/engaging-entrepreneurship-engineering>.

If you have questions about this program, please see Ms. Trentini in the Student Success Centre (Room 208).

Enrichment opportunity for students interested in a career in medicine /health sciences

Discovery Day in Health Sciences

Hosted by Hamilton Health Sciences Corporation in partnership with McMaster University and St. Joseph's Healthcare Hamilton

Date: May 28, 2014

City: Hamilton ON

Location: McMaster University

Students will have an opportunity to explore careers in medicine and the other health sciences. Participants will hear an inspiring keynote lecture, take part in interactive workshops and join in an interactive lab experiment demonstration.

For more details, check out: The Medical Hall of Fame website & type Discovery Days in the search bar. To register for this event,

go to: <http://cdnmedhall.org/registration-form> or see Ms. Trentini in room 208.



COMM Corner

By Mrs. D. WITTMANN

Students are assessed in the following four Categories of Knowledge and Skills: Knowledge and Understanding, Thinking and Inquiry, Communication, and Application. Category Three: COMMUNICATION—the conveying of meaning through various forms—will be the focus of this new column, COMM.Corner.

The Criteria for Communication assessment is as follows:

- Expression and organization of ideas (e.g., clear expression, logical organization) in oral, graphic, and written forms, including media forms
- Communication for different audiences and purposes (e.g., use of appropriate style, voice, point of view) in oral, graphic, and written forms, including media forms
- Use of conventions (e.g., grammar, spelling, punctuation, usage), vocabulary, and terminology of the discipline in oral, graphic, and written forms, including media forms

For details concerning “Reading and Writing for Success”, visit the English blog: englishatstbenedict.wordpress.com.

Athletics

Badminton Results

By Ms. S. REIS

St. Benedict's Senior badminton team represented our school two weeks ago at Conestoga College during the District 8 Badminton Tournament. Congratulations to Zoe Zhou, who earned a first place finish in the senior woman's singles draw. Ashleigh Brimo and Kayla Leusink who placed 4th in the Women's doubles competition and Karmen Yuan who placed 4th in the women's single's draw.

Last week, AJ Bajaro and Zoe Zhou represented our school during the 2014 CWOSSA badminton tournament—also held at Conestoga College—both within the women's singles draw for both Jr. and Sr. divisions. The day was filled with strong competition, exhilaration and personal accomplishments. Congratulations goes to AJ for placing in the top 15 position in Central Western Ontario and Zoe, who will be representing our school at OFSSA in Markham, as she earned a second place finish at CWOSSA.

Thank you to the entire team for your commitment and for your personal motivation in achieving excellence. It was a very rewarding, memorable and enjoyable season... thank you!

Track and Field Update

By Mr. F. WITTMANN

Track and Field is off to a prolific start with almost 100 athletes interested in training for events in sprinting, running, throwing, and jumping. Best wishes to the athletes as they embark on a series of weekly meets leading to District 8, CWOSSA, West OFSSA, and OFSAA.

Stay up to date with District 8 Sports

Now receive sports updates in your email or on your mobile device!

The new [District 8 website](#) now allows you to sign up themselves for nightly e-mail updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by going to <http://district8.ca/admin/emailSignUp.php>.

Clubs

Badminton Club Restarts

BY MRS. M. REDFEARN

The badminton club will be re-opening on Thursday nights from 6–8 pm. That's two hours of fun every Thursday! This is a great opportunity to continue playing badminton after the team has wrapped up the season. The success of this club depends on the attendance we get tonight, so please come out and break a sweat!

Student Activities

Student council co-pres nominations open

Any Grade 10 or grade 11 student who is interested in running for Co-President for the 2014–2015 school year is encouraged to pick up a nomination package from the SAC Office before or after school. The completed package is due to Mr. Curtis by Friday, May 2nd at 2:30pm.

Live from ~~New York~~ Cambridge it's....

Bennies Night Live!

Do want to laugh until your sides hurt? Do you like to watch those hilarious sketches on Saturday Night Live? Then you can't miss the funniest show our school has ever seen! Come out to Bennies Night Live on Wednesday at 6:30 for a night of never ending laughter and fun!

Other News

Spread the Faith Retreat for Young Women ages 15-23

May 16 - May 19, 2014.

Blessed Sacrament Parish, Kitchener, ON.

An exciting chance for young women to learn how to defend the Catholic Faith! The weekend will feature guest speakers, Q& A, Holy Mass, Adoration of the Blessed Sacrament, Music, fun outings and more! If you desire to learn the Faith and also learn how to share that Faith with others, this is the retreat for you! Meet other like-minded young women from all over Ontario and grow in your faith. 40 spaces available. Register at solisisters.ca. We are filling up quickly! Cost: \$100.

Upcoming Events

Thursday, April 24

8:20am Conflict Resolution & Lifting Techniques Training
11:00am Fresh Club
11:00am YouTube Film Crew Club
2:30pm Seams Sew Easy Club
2:30pm Girls' Workout Club
3:00pm Girls Soccer @ St. David CSS
4:30pm Sr. Boys Soccer @ St. David CSS
6:00pm Badminton Club

Friday, April 25

2:30pm Doctor Who Video Club

Monday, April 28

11:00am Guitar Club
12:00pm Girls Soccer vs Resurrection CSS at RIM Park
12:00pm Sr. Boys Soccer vs Resurrection CSS at RIM Park
2:30pm Camera Club
2:30pm Electric Car Club

Wednesday, April 30

8:20am Report Cards Distributed
8:20am ZOOM Into the Workplace Conference
11:00am Art Club
11:00am Glee
11:00am Ultimate Club
11:20am Eco Squad
2:30pm Anime Club
2:30pm Reach For the Top
2:30pm Electric Car Club
3:30pm Girls Slo Pitch vs Eastwood CI at Can-Amera 2
Spirit Day

Thursday, May 1

Wednesday, May 7

11:00am Art Club
11:00am Glee
11:00am Ultimate Club
11:20am Eco Squad
2:30pm Anime Club
2:30pm Reach For the Top
2:30pm Electric Car Club
3:30pm Girls Soccer @ Resurrection CSS
3:30pm Sr. Boys Soccer vs Monsignor Doyle CSS
3:30pm Girls Slo Pitch @ St. Mary's HS at Hallman 1
Spirit Day
Catholic Education Week
Eastertide Mass
BENN Newsletter release

Thursday, May 8

8:20am Gel Nails Training
11:00am Fresh Club
11:00am YouTube Film Crew Club
2:30pm Seams Sew Easy Club
2:30pm Girls' Workout Club
3:00pm Boys Slo Pitch vs Sir John A at Can-Amera 2
3:30pm Girls Slo Pitch @ St. David CSS at RIM 1
6:00pm Badminton Club
7:00pm School Council Mass and Meeting
Catholic Education Week

Friday, May 9

2:30pm Doctor Who Video Club
3:30pm Sr. Boys Soccer @ ES Pere-Rene-de-Galinee
6:00pm Prom
Catholic Education Week

11:00am Fresh Club
11:00am YouTube Film Crew Club
2:30pm Seams Sew Easy Club
2:30pm Girls' Workout Club
3:00pm Boys Slo Pitch @ Monsignor Doyle CSS at
Can-Amara 2
6:00pm Badminton Club

Friday, May 2

2:30pm Doctor Who Video Club
Outers Club camping trip

Saturday, May 3

Outers Club camping trip

Sunday, May 4

Outers Club camping trip

Monday, May 5

8:20am Wilderness First Aid
8:20am Ontario Technological Skills Competition
11:00am Guitar Club
2:30pm Camera Club
2:30pm Electric Car Club
3:30pm Girls Soccer vs St. Mary's HS
3:30pm Girls Slo Pitch vs Sir John A. at Can-Amara
1
Catholic Education Week

Tuesday, May 6

8:20am Wilderness First Aid
8:20am Gel Nails Training
8:20am Ontario Technological Skills Competition
3:00pm Boys Slo Pitch @ Forest Heights CI at
Fischer Park
Catholic Education Week

Be sure to check the calendar on the school website. New information is always being added, and more detailed information about upcoming events can be found there. To see the full calendar, go to Benny's News ► [Calendar of Events](#).

Keep up with what's happening at St. Benedict's using your cell phone



Visit
stbenedict.wcdsb.ca/calendar.php
from your cell phone.
(Be sure to bookmark it!)

Miscellaneous

We want to know...

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please [email us](#) with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at <http://stbenedict.wcdsb.ca> for news and information updates.

