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The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB Newswire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Dan Witt](#).

BENN Staff

[Mr. Anton Milardovic](#)
[Ms. Laura Varriano Lane](#)

Next Issue

September 17, 2014

Meet your Admin team!



Mr. Dan Witt – Principal

Mrs. Luci Santamaria – Vice-Principal, Don Bosco

Mrs. Lorrie Temple – Vice-Principal, alpha Le-Z

Mr. Mark Sauve – Vice-Principal, alpha A-La

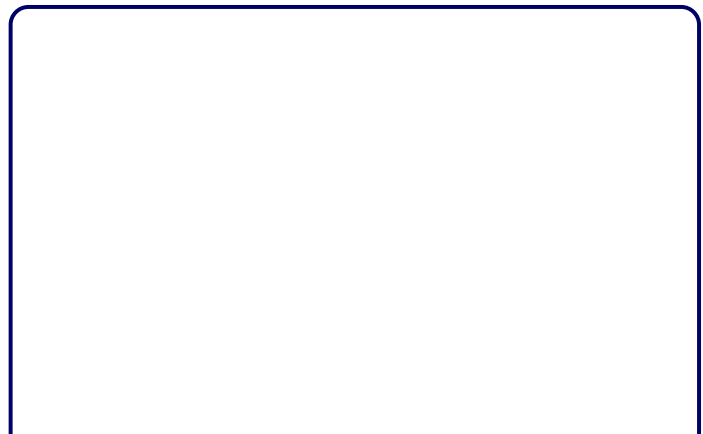
Administrative

St. Benedict Aviva Community Fund Project

Your St. Benedict's Aviva Team is putting the finishing touches on the proposal for our entry into the Aviva Community Challenge. We want your input on what our project title will be!

Please select from one of the choices on the right.

While voting for the challenge is not open yet, we strongly encourage you to get onto the Aviva Community Fund website and



register your email address. Once balloting is about to begin, you will get an email to inform you to complete the registration for voting purposes.

For more information, be sure to check our page at <http://stbenedict.wcdsb.ca/aviva>.

Soon we will also be launching a Twitter feed, as well as a Facebook page... stay tuned!!



This poll is closed.

Aviva Community Challenge

Please select your favourite slogan for our Aviva Community Challenge proposal!

A Place To Belong 49

A PLAY-ce To B-elong 15

The Heart of the Community 120

Help Us Build a Better Place To Play 13

Chaplain's Report

BY MR. B. REMPEL

School has begun! I am excited by the great people who are students in our school. I look forward to a lot of meaningful contact with students in the coming days and months. We will do many great things together!

News from the Guidance Department

During the first two weeks of classes, the guidance department will be busy completing student course changes. Priority will be given to students who need to change courses in order to satisfy the requirements of programs they are in.

If your son or daughter is looking to make a course change, they must *continue to attend the classes they have been assigned to until their guidance counsellor calls them in*. The Guidance department will call into one of your son's or daughter's classes when they are ready to see them to address their course change requirements. If they are not in class, it is difficult to find them.

You: What did you learn in school today?

Your son/daughter: Nothing

What they actually learned: Lots! Here's how you can find out

Taken from the website [Simple Simon and Company](http://www.simple.com). Reprinted without permission.

1. Where in the school do you hang out the most? (Like a particular hall, classroom, parking lot, etc.)
Where in the school do you never hang out?
2. What would your school be better with? What would your school be better without?
3. If you were a teacher what class would you teach? What class would be the worst to teach? Why?
4. What was the coolest (saddest, funniest, scariest) thing that you saw today?
5. Tell me one thing that you learned today.
6. If your day at school today was a movie, what movie would it be?
7. Besides walking to their next classes, what else do people do in the halls in between classes?
8. Who do you think you could be nicer to?
9. What is your easiest class? What is your hardest class? OR What class are you learning the most in? What class are you learning the least in?
10. If they played music in the halls at school what would everyone want them to play over the loudspeaker?
11. If you could read minds what teacher's mind would you read? What classmate's mind would you read? Whose mind would you NOT want to read?
12. If today had a theme song what would it be?
13. Which class has your favourite group of students in it? Which class has the worst group of students?

14. What do you think you should do more of at school? What do you think you should do less of?
15. What are the top 3 (or 5) things that you hear people say in the halls?
16. What do you think the most important part of school is?
17. Tell me one question that you had today, even if it wasn't answered... actually, especially if it wasn't answered...
18. What class has the most cute boys/girls in it?
19. If an alien space ship landed at your school who would you like them to beam aboard and take back to their home planet?
20. Who did you help today? Who helped you today?
21. If you could be invisible for the day at school what would you do?
22. What part of the day do you look forward to? What part of the day do you dread?
23. What would you change about school lunch?
24. What classmate is most likely to be arrested, made president, become a millionaire, be in movies, let loose a flock of wild chickens in the library, etc.
25. If you had to go to only one class every day which class would it be?
26. Tell me one thing you read at school today.
27. If your day at school was an emoticon which one would it be?
28. What do you think your teachers talked about in the staff room today after school?

Academics

Enriching the Lives of Students

BY MRS. D. WITTMANN

Visit the Enrichment blog for interesting articles, enrichment Links, school achievements, and enrichment course information: [Enrichment@St.Benedict blog](mailto:Enrichment@St.Benedict).



COMM Corner

BY MRS. D. WITTMANN

Visit the English blog for information regarding our English programs, Literacy, interesting articles, and English links: [English@St.Benedict blog](mailto:English@St.Benedict).

ACTIVE and Community Living

BY MR. B. BRIERE

Thank You

A gracious thank you to all the parents and students who came in last week for the used uniform sale. It was a huge success! The ACTIVE and Community Living students will continue to sell used uniforms throughout the year for \$10.00 per item. Your support contributes to experiential learning opportunities for the students which includes sorting, washing, drying, folding the laundry, and money management. Proceeds from the sales support the student crisis fund.

Items Wanted

The COOP CORNER

BY MRS. M. CROWELL

During the summer, nineteen St. Benedict students completed the St. Louis summer coop program, along with students from all four other high schools in our board.

Students got ready on Saturdays in May and June and worked full time for five weeks to earn two credits. Most of our students worked to meet their SHSM requirements.

Summer coop is open to students who are sixteen by July 1. Students can apply for it during course selections in February. It is a good option for students who cannot fit a two credit

- 8 1/2 x 11 paper, good one side (for making note pads)
- Services Provided
- folding flyers
- stuffing envelopes
- sorting
- labeling
- packaging
- used uniform sales

Please feel free to contact [Mr. Briere](#) for more information.

cooperative education placement into their regular school timetables.

Our students were successful in a great variety of placements like our hospitals, auto shops, restaurants, children's camps, radio stations, Rogers, and veterinary and dental offices just to name a few.

We welcome coop questions; feel free to [email Mrs. Crowell](#).

Athletics

Boys Volleyball tryouts

BY MR. N. O'CONNOR

The Senior Boys Volleyball tryouts are Wednesday, September 3rd, Thursday, September 4th and Friday September 5th at 2:15pm in Gym 1.

The Junior Boys Volleyball tryouts are Wednesday, September 3rd, Thursday, September 4th and Friday September 5th at 3:45pm in Gym 1.

Girls Basketball tryouts

BY MISS A. WHALEN

Girls! Are you interested in trying for the girls basketball teams?

Wednesday, September 3

2:15 Senior tryout

Thursday, September 4

2:15 Junior tryout, senior tryout

Friday, September 5

2:15: Junior tryout; senior tryout

Monday, September 8

2:15: Senior practice

3:45: Junior tryout

For more information, please contact [Miss Whalen](#).

Saints Football gears up for another season

BY MR. J. VALE

September marks the beginning of many things....including football season! The Benny's community is pumped for another exciting year of Saints Football. Both the Junior and Senior squads are poised to field very competitive teams in a tough WCSSAA league.

Tryouts for both teams begin on Wednesday, September 3rd immediately after school. Athletes are asked to dress in athletic wear (i.e. cleats) and be ready to work hard! Any questions can be directed to Coaches [Vale](#), [Lowe](#) or [Reitzel](#) in the Phys.Ed. department.

Junior boys soccer tryouts

BY MR. N. DUFRESNE

Tryouts for the junior boys soccer team will be held on the back field this Thursday and Friday at 2:15. Come prepared to sweat. If you have any questions or concerns please contact Mr. Dufresne in the PHE office.

Join Cross-Country Running

BY MR. F. WITTMANN

Fun, Fitness, and Friendship.

Practices start Wednesday, September 3, 2:25 – 3:30.

Meet in the phys ed hallway dressed to run.

All are welcome!

Girls golf meeting

BY MR. M. ANDERTON

There will be a brief but important meeting for girls who are interested in joining the girls golf team this year on Friday at the beginning of lunch in room 307.

Tennis Tryouts

BY MRS. M. CROWELL

All students interested in playing tennis are asked to attend an information meeting Friday at lunch in the lecture hall.

Tennis tryouts are open to students in all grades and will happen on Mondays and Wednesdays beginning September 8. They will run from 2:30–3:30 at the Hespeler Tennis Club. Students are responsible for their own transportation.

See [Mr. Jankura](#) or [Mrs. Crowell](#) if you have questions. Information meeting date to follow... stay tuned!

Are you a new student to St. Benedict in grade 10-12?

BY MR. T. JANKURA

Any student new to St. Benedict's in grades 10–12 who is interested in participating in athletics must see [Mr. Jankura](#) in the Phys.Ed. office for a transfer form. This form must be completed and processed before you are able to participate in athletics at St Benedict's.

Stay up to date with District 8 Sports

Now receive sports updates in your email or on your mobile device!

The new [District 8 website](#) now allows you to sign up themselves for nightly e-mail updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by going to <http://district8.ca/admin/emailSignUp.php>.

More sports information will be listed in next week's BENN Newsletter... watch the ranger system and listen to the morning announcements for more!

Clubs

DECA is getting back to Business

BY MRS. C. RATZ

The DECA club will be holding an information meeting on Wednesday, September 10 after school in the lecture hall. We are looking forward to returning members and warmly welcome any students who may be interested in learning more. DECA is a business club that provides students with the opportunity to learn about finance, marketing, hospitality, sports management and administration through a series of competitions locally, provincially and internationally.

Our DECA student executives this year are: Tyler DeSousa, Adam Lainey, Trevor O'Hagan and Veronica Reitmeier. They have been preparing for the year already and have a lot of good ideas to make this the best DECA year yet!

See you Wednesday in the Lecture Hall for more information!



E-Car Club

BY MR. S. GRANGER

Hey Saints,

It's a new year to look forward to with great anticipation and excitement.

Have you ever thought about car racing? The electric car club is looking for new faces to carry on the racing Saints pride in the upcoming season. All are welcome! We will be meeting at lunch on Thursday in room 110(the auto shop) for a brief but important meeting.

See you there!

Have fun while making a difference!

BY MRS. M. ROCHA

Join the Making a Difference club and be part of a group that participates in activities that bring positive change to our local and global community. Become aware and spread awareness about issues that are important to you! Join us for WE Day, Halloween for Hunger, the Overnight Fast, Vow of Silence, retreats, and also meet inspiring speakers.

If you are interested in joining the club or finding out more info, join us for our first meeting on Thursday, September 11 at lunch in room 326 or see Mrs. Rocha or Mrs. MacDonald.

Crossfit Club

BY MME. D. HODGSON

Do you want to test your fitness, get healthier? Do you have a competitive spirit or just want to see how strong and fast you can get? Well then CROSSFIT is the club for you.

There will be a meeting for all students interested in joining the Crossfit club on September 18 at lunch in room 202.

Crossfit is open to anyone!!! You do not have to be athletic, you compete only with yourself and every workout can be scaled to meet everyone at their fitness level. Crossfit not only promotes health and fitness, it is a community who supports each other through each workout.

Please see Mme Hodgson in room 202 for more information.

Lost Club

BY MR. P. RISO

Come watch episodes of Lost, "one of the most talked about and critically acclaimed shows", in room 227 during lunch Wednesdays and Thursdays. Bring your lunch and some friends and watch the story unfold with season one episode one starting next Thursday. Everyone is welcome. See Mr. Riso for details.

Games Club

BY MR. P. RISO

Games club will be running every Thursday in room 227 after school. Students will learn how to play various strategy board games such as Risk, Magic the Gathering and more. All are welcome so come and join the fun! See Mr. Riso for details.

Outers Club

BY MISS M. NOVAKOVICH

Do you like adventure, canoeing, hiking and camping under the stars? If so, you are more than welcome to come to check out the outers club! Our first meeting will be on Thursday, September 4 at the beginning of lunch in room 319. All individuals interested in going on the outers' trip to the Algonquin Provincial Park on September 25 - 28 should attend this information session. Please see Ms. Novakovich or Mr. Fratarcangeli if you have any questions or concerns. All students are welcome. Hope to see you there!!!



Yearbook Team

BY MRS. R. CURRIE

If you have an interest in graphic design, photography, business, writing, communications, or management, then think about applying to be part of this year's yearbook team!

As a member of the executive council or as a photographer or designer, you can help build this year's book that will literally be picked up and admired by people for decades! Leave your mark, and join the yearbook team.

An information meeting will take place this coming Tuesday, September 9 at lunch in room 216, where application packages and information on available roles will be provided. If you can't make it to the meeting, please see Ms. Currie or Mrs. Adach for more information.

Girls' Workout Club

BY MRS. L. O'NEILL

Ladies are you looking to get your sweat on? Want to check out the latest workout videos? Pump some iron? The Girls only workout club is back!

We will be starting on Thursday September 18th from 2:20–3:20. If you need more information please ask [Mrs. O'Neill](#) or [Mr. Ambeau](#).

Doctor Who returns!

BY MR. D. KUKWA

Join us after school every Friday, in room 226, for continuing adventures with the 2000 year old Time Lord, and his human companion, traveling through time and space in a battered blue police box. Who Club starts up again on Friday, September 5th. We will open with an unbroken, 12 week run of episodes featuring the brand new Doctor, played by Peter Capaldi.

Doctor Who is the world's longest running sci-fi & fantasy television series, having just celebrated its 50th anniversary. All fans are welcome to get together every week for episodes, prize raffles, pizza, and the company of your fellow Whovians. We look forward to welcoming newcomers, especially any new potential grade nine members. Join us for another year of adventures in time & space.



Are you a Star Trek Fan?

BY MRS. C. KOT

Are you not sure, but you enjoy watching Sci-Fi shows and movies? Then come on out to our first Star Trek Club Meeting at lunch in room 123 on Friday, September 5th. Bring your lunch and be there for the start of the lunch period. All students welcome!

"Live Long and Prosper!"

Programmers' Club

BY MR. A. MILARDOVIC

Are you a coder? Do you want to become a coder? Do you know a coder?

The programmers' club will give you an opportunity to show off your skills, or if you have never programmed, this will be a chance for you to learn some of the tricks of the trade! Among other things, the programmers' club will participate in Project Euler, and several programming contests including preparation for the UW Computer Contest and the ECOO programming contest.

No programming knowledge necessary, but a desire to learn is essential.

If you like problem-solving and want to be challenged at a higher level, this club is for YOU! Male and female students are welcome to join us... programming isn't just *a guy thing!*

The programmers' club will have its first meeting in room 216 on Thursday, September 4 at the beginning of lunch to determine the best time to meet for the rest of the year.

If you are interested, please see [Mr. Milardovic](#) for more details.

Millionaires' Club

BY MR. A. MILARDOVIC

If I had a million dollars.... how often have you thought about it? Is it possible to ever have a million dollars (other than by winning a lottery or robbing a bank, neither of which we recommend)?

The millionaires' club is a chance for students who are interested in the world of investing and financial instruments to get together to share their passions, and look at what it takes to have a seven-digit figure in the bank. We will look at stocks, investing, and run a bit of a contest to see who can build a money making portfolio.

While we cannot guarantee that you will leave the club at the end of the year with a million dollars in your pocket, we do guarantee that you will have fun talking with other students about your financial passions, share some hints and tips, and gain some insight into the world of investing.

The millionaires' club will have its first meeting in room 216 on Thursday, September 4 at 11:00 (second half of lunch) to determine the best time to meet for the rest of the year.

If you are interested, please see [Mr. Milardovic](#) for more details.



Puzzles Club

By MR. A. MILARDOVIC

Do you love sudoku? Word finds? Crossword puzzles? Or any other type of puzzles that make you flex your mental muscle? If so, then the Puzzles Club is for you!

The puzzles club will have its first meeting in room 216 on Friday, September 5 at the beginning of lunch to determine the best time to meet for the rest of the year.

If you are interested, please see [Mr. Milardovic](#) for more details.

The Benny's Press Team

By MR. A. MILARDOVIC

Are you interested in reporting the news? Do you like taking pictures? There may be a place in the Benny's Press Team for you!

We would like to open up the BENN newsletter to greater student input; if you want to be at the helm, then we invite you to our first meeting.

The Benny's Press Team will have its first meeting in room 216 on Monday, September 8 at the beginning of lunch to determine the best time to meet for the rest of the year.

If you are interested, please see [Mr. Milardovic](#) for more details.

More clubs will be listed in next week's BENN Newsletter... watch the ranger system and listen to the morning announcements for more!

Student Activities



AUDITIONS

Chorus auditions for any students who didn't have an opportunity to audition in June will be held

after school

in room 104

Wednesday, September 3rd

TO PREPARE: Go on Youtube and learn the song "Day by Day."

Coffee House

BY MR. A. RENNER

A long-standing Benny's tradition, Coffee House is an open-mic evening performance featuring singers, instrumentalists, spoken word artists, and any other cool talents.

This year's first Coffee House is THURSDAY, SEPTEMBER 25TH.

Auditions will be held during lunch, Wednesday, September 17 and Thursday, September 18 in room 103. Come share your talent, and come out to cheer for your fellow Saints!

Arts Council

BY MR. A. RENNER

We need volunteers to help organize and run arts events in the school: art battles, coffee houses, Wintersong, COPA, haunted house, dance showcase, school musical, school play, etc.

If you are interested in getting involved, we will meet every Tuesday at lunch in room 112. See [Ms. Fernandes](#) or [Mr. Renner](#) for more info!

Other News

Cambridge International Festival

Celebrate Culture Days and the diversity of Cambridge with dance, music and stories of new Canadians at the live Performance Stage. Visit the family friendly Kid Zone and play together at the interactive display tents. Browse the festival vendor village for unique items and experience a variety of global foods from hot grilled favorites to snacks for purchase.

Saturday, September 27, 11:00am – 7:00pm

Riverside Park, Cambridge, ON

www.cambridgeinternationalfestival.ca

Upcoming Events

Thursday, September 4

10:45am Outers Club meeting
10:45am Programmers Club
10:45am E-Car Club
11:00am Millionaires Club
2:10pm Games Club
2:15pm Jr. Girls basketball tryout
2:15pm Sr. Girls basketball tryout
2:15pm Jr. Boys soccer tryouts
2:15pm Sr. Boys volleyball tryouts
3:45pm Jr. Boys volleyball tryouts

Friday, September 5

10:45am Star Trek Club
10:45am Puzzles Club
10:45am Girls golf meeting
10:45am Tennis meeting
2:15pm Jr. Girls basketball tryout
2:15pm Sr. Girls basketball tryout
2:15pm Doctor Who Video Club
2:15pm Jr. Boys soccer tryouts
2:15pm Sr. Boys volleyball tryouts
3:45pm Jr. Boys volleyball tryouts

Monday, September 8

10:45am Benny's Press Team
2:15pm Sr. Girls basketball practice
2:30pm Tennis tryouts begin
3:30pm Jr. Girls basketball tryout

Tuesday, September 9

10:45am Arts Council meeting
10:45am Yearbook team meeting

Wednesday, September 10

2:15pm DECA Business Club
First Spirit Wednesday

Thursday, September 11

10:45am Lost Club
10:45am Making a Difference Club meeting
2:10pm Games Club
Link Mass

Friday, September 12

10:45am Star Trek Club
2:15pm Doctor Who Video Club
Course Change Deadline

Tuesday, September 16

10:45am Arts Council meeting

Wednesday, September 17

10:45am Coffee House auditions
10:45am Lost Club
BENN Newsletter release

Thursday, September 18

10:45am Coffee House auditions
10:45am Lost Club
10:45am Crossfit Club meeting
2:10pm Games Club
2:20pm Girls' Workout Club
7:00pm Gr. 9 Meet the Teacher Night
7:00pm Grade 9 Dance

Friday, September 19

Professional Activity Day

See the calendar on the school website for more information. New information is always being added, and more details about upcoming events can be found there. Go to Benny's News ► [Calendar of Events](#).

**Keep up with what's happening
at St. Benedict's using your cell
phone**



Visit stbenedict.wcdsb.ca/calendar.php
from your cell phone.
(Be sure to bookmark it!)

Miscellaneous

We want to know...

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please [email us](#) with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at <http://stbenedict.wcdsb.ca> for news and information updates.

