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The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB Newswire service. Any questions or comments pertaining to this publication can be sent to the editor Anton Milardovic or the school's principal Dan Witt.

## BENN Staff

Mr. Anton Milardovic Ms. Maureen Gill Ms. Laura Varriano Lane

Next Issue
November 12, 2014

## Called to help the less fortunate

We are two days away from not just Hallowe'en, but also from our food drive. Staff and students of St. Benedict have always heeded the call to help those less fortunate, whether that be our local community, nationally, or internationally. There is something to be said about all the good deeds that you see coming from this building, and even the students don't hear it from those who benefit from their generosity, we certainly hope they feel it. And it's a feeling of gratituted.

Thank you, Bennie's staff and students, for always answering the call to help those less fortunate. Cambridge would certainly be a different place without you here!

- Editor


## Benny's in the Local Media

THE RECORD: Cambridge twins on track with singular intentions THE RECORD: A sea of runners, an ocean of hopes CAMBRIDGE TIMES: Local high school one step closer to improve.. CKCO TV: Saints topple Phoenix in senior football clash ROGERS 20: Aidan Yearwood of SBCSS [prev. of Wednesday's episode]

## Administrative

## Godspell

By Maddie Frampton

The mumbling of the crowd grew quieter and quieter as the lights began to dim, and the first notes were played. The cafeteria began to transform to match the costumes, setting and energy. The actors began to sing, and I, along with the rest of the audience, was immediately captivated by what was going on in front of me.

In seven weeks, the St. Benedict's staff and students managed to put together a humorous yet tearjerking experience. Taking traditional Bible stories and putting a modern twist on them is no easy task; however, the cast and crew of Godspell did just that while maintaining their professionalism despite the amusing comments from the young children in the audience. This level of professionalism was
consistent through all aspects of the performance. The band was outstanding, the set was creative, the actors were incredible, the talent was superb!

As the show came to a close, I could see that the actors were not just acting anymore. It was the show's last performance and the cast seemed very emotional. These emotions fit well with the closing scene of the play, adding to the intensity of the sorrow the audience felt.

Together, the divine dancing, spectacular singing, amazing acting, marvelous music and the ever present energy created an entertaining, thought provoking experience. The cast's harmony, not only in their singing but also in their connections with one another, gives yet another example of how many opportunities St. Benedict's has for creating a positive, inclusive school community.

## Chaplain's Report

By Mr. B. Rempel

As a St. Benedict school community we continue to celebrate and encourage kindness.
At our opening school masses we celebrated God's love and kindness to us in the Eucharist.
The grade 10 retreats encouraged students to be kind to themselves and others.
"Godspell" reminded us of the love Jesus has for his followers.
We are grateful for each member of our school community and the contributions each makes to make our school a better place for all.

## News from the Guidance Department

By Mr. M. Ambeau

## Grade Nine "Take Our Kids to Work Day"

On Wednesday November 5th, thousands of grade 9 students across Canada will have the opportunity to spend the day at work, job shadowing a parent, relative, friend or a volunteer host. It is our hope that all grade nine St. Benedict students will be able to participate in this worthwhile event which, among other things, allows students to explore career options in a very practical way. All grade 9 students received an information package, as well as a parent consent form in their period one class early last week. In order to participate in this event, students must return their parent permission form to their period one teacher by Friday, October 31 st. Students who do not participate in this event are expected to be in their regular classes on November 5th.


Post-Secondary Timeline

1. College and university visits being held at our school will come to a close during the month of November; however, there is still time for students to take advantage of a presentation. Specific dates and schools are posted on our school calendar.
2. Grade 12 students should continue to do specific institution research at the E-info site (www.electronicinfo.com) for university and www.ontariocolleges.ca for college.
3. On-line application tutorials will also help students gather the information that will be needed for the eventual application process.
4. Now is a great time to arrange for a campus visit or tour at institutions that are of interest. The value of making a personal visit to a school should not be underestimated! Students who have visited campuses are finding this to be very beneficial in their decision making process. Most colleges and universities typically host these events in the fall, as well as in the spring. Specific dates can be found on the web sites of all universities and colleges. Review your semester two timetable to make sure that you have all of the necessary prerequisite courses.
5. Complete your Community Service Hours - AND - remember to hand them in!!
6. Be prepared to wait for confirmation of acceptance from schools. Each institution has its own timeline with regard to admission offers. Try not to let anxiety about acceptance interfere with your progress at school.

## University Information Presentation (UIP) Night Coming Soon!!

On Wednesday October 29th at Cameron Heights (Kitchener) or Thursday October 30th at Glenview Park (Cambridge), all 21 Ontario universities will have representatives at each event which will run from 7:00 to 9:00 PM. UIP

## What is Specialist High Skills Major (SHSM)?



The Specialist High Skills Major (SHSM) is a Ministry approved program that encourages students to focus their education on a specific employment sector.

Components include:

1. A bundle of courses related to a major
2. Co-op experience in an area of interest
3. Industry-recognized certifications related to the employment sector

Students who successfully complete all components of the program earn a Specialist High Skills Major (Red Seal) designation on their Diploma.

Majors offered at St. Benedict's C.S.S. in 2014-15<br>Arts \& Culture • Business<br>Construction • Energy<br>Environment • Health \& Wellness<br>Hospitality \& Tourism<br>Information \& Communications<br>Justice \& Community Safety<br>Manufacturing • Transportation

## Why get involved?

No matter which path you follow after high school, you will have a better idea of your direction and future career choice when graduating with a SHSM Red Seal. You will:

- understand how and why your classes apply to your future career
- obtain training and certifications from experienced industry staff (e.g. First Aid \& CPR)
- learn on-the-job skills during a co-op placement
- gain experience in your field of interest
night is an opportunity for parents to sit in on 3 university presentation and ask questions about the different programs.


## Attention Young Women Interested in Pursuing a Trade

Female students who are considering a career in the trades may be interested in attending a one-day workshop that is being sponsored by the WCDSB and being held at the Home Depot in Kitchener on Thursday, November 6th. Students who attend will rotate through stations that will provide the young women to experience job tasks that are required by plumbers, steamfitters and welders. There will be no cost to those who attend as transportation, as well as lunch, will be provided to those who attend. Please see Mr. Ambeau in the guidance office as soon as possible if you are interested in this opportunity.

## Halloween celebrations Friday

Our traditional Halloween celebration is on Friday. Students will be allowed to wear costumes and civies, with restrictions against masks, weapons, and inappropriate attire. We will be making PA announcements to remind students of the restrictions and the consequences. If a student is dressed inappropriately, teachers have been directed to send them to the main office, where they will be asked to change into civies.

## Didn't like your photos?

LifeTouch will be here at our school on Thursday morning for Photo Retakes. If you are interested in getting your photo taken again or you didn't get a chance at Registration, or you got your braces off since the first day of school, you can pick up a
 form from the main office.
Starting at 8:15am, students will be called in alphabetical order to the Skybox on the 3rd floor across from Room 300. Listen for your chance to get another chance at your yearbook photo.

## How and when to get involved:

Experiences start in Grade 11 or 12. Now is the time to sign up and get involved! Deadline to sign up is October 30. Sign up forms are available in the Guidance Office. More information can be found online at www.highskills.ca.
achievements, and enrichment course information: Enrichment@St.Benedict bloq.
articles, and English links: English@St.Benedict blog.

## Bennie's Grads invite students to JA After school program

By Nate Melo

Junior Achievement is now accepting students for the after school Company Program. The program is aimed at engaging the students in the business world by creating their own company from the ground up, and giving them a real-world experience.

The program takes place at Conestoga College at 7pm every Tuesday until April, and last minute walk ins are warmly welcomed.

St. Benedict's graduates from 2010, Nate Melo and Adrian Goberdhan have been collectively involved with the Company Program for 6 years since graduation as well as attending Conestoga and McMaster (respectively) for business related programs.

To register, or inquire for more information, please contact the program head. Hiba Zamzam at
hzamzam@jawaterlooregion.org.

## Student Vote 2014

By Mr. R. Martinello

Here are the results of the Student Vote held last week at St. Benedict. The winners according to the St. Benedict vote are found in the left hand column while the actual winners are found in the right hand column.

Our students were remarkably accurate except for a few exceptions. The most notable was that our students selected Ken Seiling last of all candidates for Regional Chair. The other big miss was selecting Nicholas Ermeta (a St. Benedict graduate) to come 2 nd in Ward 8 when in fact he won by a comfortable margin.

|  | St. Benedict Vote | Actual Result |
| :--- | :--- | :--- |
| Council Ward 1 | Donna E. Reid | Donna E. Reid |
| Council Ward 2 | Mike Devine | Mike Devine |
| Council Ward 3 | Brian Santos | Mike Mann |
| Council Ward 4- tie | Paul Brown | Jan Liggett |
| Council Ward 7 | Jrank Monteiro | Frank Monteiro |
| Council Ward 8 | Mark Hovey | Nicholas Ermeta |
| Mayor | Doug Craig | Doug Craig |
| Regional Chair | John Johann) Wolf Ken Seiling |  |
| Regional Council | Karl Keifer | Karl Kiefer |
|  | John Florence | Helen Jowett |
| Catholic School Trustee | Bill Conway | Bill Conway |
|  | Manuel Da Silva | Manuel Da Silva |
|  | Wendy Price | Wendy Price |

Approximately 700 students participated in the vote with over 4000 votes cast.

## Grade 11 Computers: What's APP with that?

By Mr. A. Milardovic

The grade 11 computer programming and computer science class is involved in a project to develop educational apps with a grade 6 class from St. Joseph's ES. As the clients, the elementary students-with the guidance of their teacher-identified various curriculum expectations and came up with ideas for educational "games" to help learn or review those concepts. They then provided this information to the grade 11 programmers who will design the app for them.

The students will have four client/developer during the development process, and at each stage the clients will be shown the development process and provide feedback and more input. The project concludes with an "App release day" in January.

The Apps4Learning program is a great way to introduce students in both classes not only to the programming process, but to give them hands-on experience to learn some of their curriculum expectations in a "thinking outside of the box" way. Finished apps will be publically available and work on all platforms.

## Athletics

## Saints' Girls win Overall Girls Title at District 8 Championship

By Mr. F. Wittmann

The Saints' Girls have arrived - winning the Overall Girls Title at this week's District 8 X -Country Championship at Bechtel Park, for the first time since 2001. The Junior Girls led the way with the lowest team score of the day ( 15 points), with runners finishing 1 st , 2 nd , 3 rd , and 9 th. The midget girls were 2 nd , and the senior girls were 4th.

Congratulations to D8 medalists: Sevanne Ghazarian (gold), Emily Soares (silver), Sarah Joseph (bronze), and Kyson Vi who earned a silver in the Junior Boys Race, leading his team to a second place finish.

Other Top 10 performances were turned in by Hope Harnack, Devaughn Channer, Taylor Anderson, Curtis Floras, Cassie Thorne, Greg Danayan, and Terrell Webb.

The entire team placed second to St. Mary's in the Combined Overall results.

## CWOSSA Cross-Country Success

By Mr. F. Wittmann
The junior girls X -Country Team continued their winning ways with a CWOSSA championship win in Guelph last week. Sevanne was 1 st, Emily 7th, and Sarah 13th. These low placements combined with strong performances from Taylor, Makayla, Natalie, Alexandra, and Logan, enabled the girls to have one of the lowest team scores of the day. Joining them at OFSAA will be midget girls Hope Harnack and Madelyn Robbins who placed 10th and 12th respectively. Other notable performances were turned in by Kyson Vi, 23rd in junior


Jr. Girls basketball
Saints 35, Woodland 12
Resurrection 47, Saints 15
St. David 30, Saints 26
St. Mary's 30, Saints 26
Sr. Girls basketball
Saints 43, Woodland 22
Resurrection 48, Saints 45
Saints 37, St. David 33
Saints 32, Resurrection 28
Jr. Boys volleyball
Woodland 3, Saints 1
Saints 3, Resurrection 2
Pere-Rene 3, Saints 1
St. David 3, Saints 0
Sr. Boys volleyball
Woodland 3, Saints 1
Resurrection 3, Saints 2
Pere-Rene 3, Saints 0
St. David 3, Saints 0
St. Mary's 3, Saints 1
Jr. Boys soccer
Resurrection 2, Saints 1
St. Mary's 9, Saints 0
Jr. Boys football
Jacob Hespeler 23, Saints 32
Sr. Boys football
Saints 42, Resurrection 14 boys, and the midget boys team of Connor, Terrell, Alex, Adam, Stephen, and Mike who placed 7th.

The Junior Girls Team win is the 8th CWOSSA XC Title for Bennie's, and the 14 th XC team to qualify to OFSAA since 2000.


## Girls Basketball

## Senior

By Miss A. Whalen

Congratulate the Senior Girls Basketball Team for another win against Woodland with a final score of 43-22.

On the heels of that victory, the grils had another win against St. David's! The girls battled to a 3733 victory.

And for the third time in three games, the girls tasted victory, beating Res in a close game. The final score was 32-28.

## Junior

By Mrs. M. Penaloza

It was another win for our Junior Girls Basketball last week as they defeated Woodland 35-12. Great job girls!

The girls next faced a tough team from St. David's. It was a close game but in the end David's came our on top by only 4 points.

This past Monday the girls had their last league game before the playoffs, where they faced St. Mary's. The girls played a hard game in our home gym. They fought hard straight to the end and showed great perseverance with a final score of 26-30.

The girls next practice Thursday right after school to prepare for the finals. Good luck girls!!

## Football

Junior

By Mr. J. Meyer
After a nail biting start to the Junior Football game the Saints continue their undefeated season winning their game against Jacob Hespeler. Graham Sheppard demonstrated brilliant composure as he continuously ran the ball down field, Nick Lebar applied dominant pressure to Jacob, and Avery O'Hare acquired multiple picks. The final score was 32 to 23 for the Saints.

## Senior Saints Keep Rolling

By Mr. J. Vale
The St. Benedict Senior Football team improved their record to 5-0 with a convincing 42-14 win over the previously unbeaten Resurrection Phoenix. The Saints offence was led by George Monaghan, Devante Hudson and Aidan Yearwood who each found the endzone twice. Quarterback Brayden Hill had
an amazing 2-way game throwing for 4 touchdowns and adding 2 interceptions on defence. The defence was led by Johnny Carroll and Andrew Smith.

The Saints close out their regular season this Wednesday when they host Elmira at 3:30 pm. GO SAINTS GO!

## Girls Golf

By Mr. M. Anderton

Congrats to Ellanna Lachaine-Demarchi who finished 4th at the OFSAA Girls Golf Championships out of over 110 competitors. What an amazing result!

## Girls Hockey meeting

By Mrs. L. O'Neill

Anyone interested in playing with the girls' hockey team, please come to a meeting on Thursday, October 30th at the start of lunch in room 105. If you cannot make the meeting, please see Mrs. O'Neill or Mr. Offak.

## Swim Team meeting... did you miss it?

By Miss S. Skinn

If you have missed the swim team meeting on Tuesday and are still interested in joining the swim team you must see Ms. Skinn as soon as possible.

## Stay up to date with District 8 Sports

Now receive sports updates in your email or on your mobile device!

The new District 8 website now allows you to sign up themselves for nightly email updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by following this link.

## Clubs

## Making A Difference: Halloween style!

By Mrs. M. Rocha

Join the Making A Difference Club on Halloween night as we scare hunger away! Every year, a group of hard working, enthusiastic Bennie's students in costumes collect hundreds of pounds of food in the Bennies community for the Cambridge food bank. Sign up with your friends today so you don't miss out on this great way to receive community service hours! Forms are available on the Making A Difference Club bulletin board in the history hallway and on the door of room 326. For more info pleas see Mrs. MacDonald or Rocha.

Members please note: The Making A Difference Club will begin to meet EVERY Thursday at lunch in room 326. Please note that this Thursday's meeting is mandatory for anyone participating in We Scare Hunger on Halloween Night.

## United Cultures Club

By Ms. M. Redfearn

The United Cultures Club will be meeting this Friday at lunch in room 322. Come prepared for some Halloween fun! Everyone is welcome.

## Because I Am Girl

By Mrs. C. Кот

All students of every grade are welcome to join the new club: "Because I am Girl". We meet on Mondays at lunch in room 123 with Mrs. Kot. We will be discussing issues of gender equality and what it means to live as a girl in various nations around the world.

If you are a girl and able to go to school, eat well, pursue a dream, you are luckier than many other girls in the world. Males and females need to be part of the solution to creating a more equal world for all of us to live in, so both boys and girls are welcome to join. Think of your mothers, sisters, aunts, etc. and come out to our club to become more aware of this issue and to work towards becoming part of the solution! All are welcome, bring your lunch, and see you there!

## Doctor Who Club getting into the spirit of Halloween

By Mr. D. Kukwa

Doctor Who Club celebrates Halloween this Friday with the 2-Dimensional creepiness of the episode "Flatline", as well as a special Halloween prize raffle. It all begins after school on Friday, in 226.

## Student Activities

## St. Benedict's First Ever Homecoming Week was Triumphant!

By Nyawuor Malek

This year St. Benedict's had its very first Homecoming Week! SAC organized this phenomenal week taken place on Tuesday October 14th to Friday October 17th which was full of events that raised school spirit!

The idea originated from one of our CoPresidents, Emma Fritz, who promised a Homecoming Week in her campaign speech.

The week started off with A Night Out to the Movie theme. This allowed students to wear their most comfy clothes to school. Sweaters, sweatpants, and t-shirts, Saints came out for comfort! Later that evening, Saints came in to the cafeteria to watch a


SAC members at the Homecoming Dance. modern classic, Mean Girls. This was voted upon by students with the Talking Locker. A locker which is in place for questions and suggestions anything St. Benedict related.

On Wednesday, Saints were allowed to wear a blue/yellow shirt or a spirit wear shirt to show school spirit! During lunch there was a Clubs Fair, clubs were set up with information tables around the atrium. Students were invited to come to the atrium to see what types of clubs St. Benedict has to offer.

Thursday consisted of a fun filled Teachers Vs Students Dodgeball game. The game was held after school in the gym, and the competition was fierce. After multiple rounds, students reign the supreme competitors by winning against the teachers!

Homecoming Week came to a close with an epic Homecoming Dance! The entrance was complete with streamers, balloons, and a red carpet. There was a section of the gym with a lighted archway and 2014 balloons to act as a background for students to take pictures with. With an amazing DJ, decorations, and atmosphere, the dance was spectacular!

Co-prez Emma Fritz has a few words to debrief on the success of Homecoming week, "It is amazing to see an idea, especially your own, unfold into a successful event. You plan and you plan and you put in so much passion and hard work into events for the students. To see the positive reaction towards the week and the success around it makes me more than happy."

## Looking for stars for video

By Mrs. J. Johnstone
Are you awesome? Do you want to be a St. Benedict star and share your awesomeness? Do you think our school should be a safe place where everyone feels welcome and comfortable? If so, come out for an information session, Thursday October 30 at the beginning of lunch, to be involved in a music video promoting positive school culture here at St. Benedict. See Mrs. Johnstone in Room 322 for more details!

## The Arts

## Other News

## Thirty days of THINK

The Waterloo Region Crime Prevention Council is holding a 30 Days of THINK contest with some really great prizes for students-visit the site and register to win today!


## RESPECT YOURSELF. RESPECT OTHERS.

THINK \#THINK www.preventingcrime.ca/THINK

Waterloo Reglon
Crime Prevention Coundl
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## Upcoming Events

Wednesday, October 29 BENN Newsletter release

Thursday, October 30
8:00am Principles of Healthy Child Development
10:45am Lost Club
10:45am Millionaires club
10:45am Girls Hockey information meeting
10:45am Making a Difference Club
2:10pm Games Club
2:15pm Seams Sew Easy
2:15pm Girls Workout Club
2:15pm Math Club
2:30pm Rock Climbing
7:00pm School Council meeting
Photo Retake Day
Friday, October 31
10:45am Star Trek Club
10:45am Programmers club
10:45am United Cultures
10:45am Fresh Club
1:00pm Jr. Boys football @ Glenview Park SS
2:15pm Doctor Who Video Club
Hallowe'en
Saturday, November 1
All Saints' Day
Cross Country: OFSAA
Sunday, November 2
All Souls' Day
Daylight Savings Time ends
Monday, November 3
8:00am Grade 9 Take Our Kids to Work Day forms due!
9:30am Univ. visit: Wilfrid Laurier University

Tuesday, November 11
8:00am Environmental Spills \& Lift Truck Safety
10:45am Arts Council meeting
10:45am Seams Sew Easy
10:45am DECA Business Club
2:15pm Fitness Club
Remembrance Day
Wednesday, November 12
8:00am Training in an Art Form: Groove Dance
9:30am Univ. visit: Queen's University
9:30am Univ. visit: Dalhousie
10:45am Lost Club
10:45am Puzzles club
10:45am MC Crew
2:15pm Fitness Club
2:15pm Camera club
2:25pm Yearbook Club
BENN Newsletter release
Thursday, November 13
10:45am Lost Club
10:45am Millionaires club
10:45am Making a Difference Club
2:10pm Games Club
2:15pm Seams Sew Easy
2:15pm Girls Workout Club
2:15pm Math Club
2:20pm Jazz Band
2:30pm Rock Climbing
Friday, November 14
10:45am Star Trek Club
10:45am Programmers club
10:45am United Cultures
10:45am Fresh Club
11:30am College visit: St. Clair College
2:15pm Doctor Who Video Club

10:45am Benny's Press Team meeting
10:45am Because I Am Girl
2:15pm Fitness Club
2:20pm Concert Band
Tuesday, November 4
8:00am GPS, Mapping \& Compass use
8:15am College visit: Lambton College
10:45am Arts Council meeting
10:45am Seams Sew Easy
10:45am DECA Business Club
1:15pm Univ. visit: Guelph Humber
2:15pm Fitness Club
Wednesday, November 5
8:00am GPS, Mapping \& Compass use
10:45am Lost Club
10:45am Puzzles club
10:45am MC Crew
2:15pm Fitness Club
2:15pm Camera club
2:25pm Yearbook Club
Take a Student to Work Day, grade 9
Gr. 7 Science Olympics
Gr. 8 Arts and Tech Day
Thursday, November 6
9:30am College visit: Fanshawe
10:45am Lost Club
10:45am Millionaires club
10:45am Making a Difference Club
1:00pm Univ. visit: University of Toronto (All
campuses)
2:10pm Games Club
2:15pm Seams Sew Easy
2:15pm Girls Workout Club
2:15pm Math Club
2:20pm Jazz Band
2:30pm Rock Climbing
Civics/Careers turnaround day
Friday, November 7
Professional Activity Day
Monday, November 10
10:45am Benny's Press Team meeting
10:45am Because I Am Girl
2:15pm Fitness Club
2:20pm Concert Band

## Did you know?

## There are over 1,100 entries on our school calendar on the website!

This means plenty of opportunities for your son or daughter to get involved!
Check the calendar on our website for more information. New information is always being added, and more detailed information about upcoming events can be found there. To see the full calendar, go to Benny's News - Calendar of Events.

# Keep up with what's happening at St. Benedict's using your cell phone <br>  

Visit stbenedict.wcdsb.ca/calendar.php
from your cell phone.
(Be sure to bookmark it!)

## Miscellaneous

## We want to know...

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please email us with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at http://stbenedict.wcdsb.ca for news and information updates.


