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The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB Newswire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Dan Witt](#).

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Next Issue

April 29, 2015

Enjoy the sunshine!



- Editor

Administrative

Student Survey

By SBCSS ADMINISTRATION

During the days from April 20th through to May 1st your child may be partaking in a Resiliency Survey. A letter for those students involved in the survey will be sent home. The purpose of the survey will help to inform our school as to how to better serve our students Developmental Strengths.





Mental Health Awareness Week T-Shirt Pre-Sales

BY NYAWUOR MALEK

Mental Health Awareness Week will be occurring at St. Benedict's from May 4 to May 8. This week will be full of events and activities that will enrich our community in awareness about Mental Health. The Mental Health Awareness Week Committee have made T-shirts which can be pre-ordered and worn on Wednesdays as spirit wear. The shirts are being sold for \$10 for two weeks, from April 13 to April 24 at lunch in the atrium. The shirts will be distributed out to students and staff on May 5, during the Mental Health Awareness Week. Partake in an educational and uplifting week, by purchasing a Mental Health Awareness Week T-shirt.

News from the Guidance Department

BY MR. M. AMBEAU

ZOOM Into the Workplace Conference

April 29, 2015

If you are a grade 12 student planning to graduate in June and enter the workplace directly upon leaving high school, consider taking advantage of this conference. ZOOM is a one day conference that provides Grade 12 students with the opportunity to engage and network with employers and industry professionals from a variety of sectors. Students will participate in hands-on, interactive and engaging workshops and will also hear from Ryan Porter, an exciting and young motivational speaker who has the ability to connect with teens on their level. Admission is FREE and transportation and lunch will be provided. Students interested in attending need to pre-register before April 17 – see Mr. Betik in guidance to sign up and complete your paperwork in order to attend.

Community Service Opportunities

DATE: Fri April 17th & Sat April 18th 2015

LOCATION: St. Benedict CSS

EVENT: Annual Healthy Heart Day – Diabetes – Take it to Heart!

VOLUNTEER HOURS : Friday April 17th 1.5–2 hours setup & Saturday April 18th 8am– 2pm;

Volunteers on site by 6:45am. (Lunch Provided)

We will assign you a list, and an adult who will help guide you.

Dress code: Red, White, Black .

CONTACT INFO: michellepandey@rogers.com; cell # is 519-497-6128

Summer School

****NEW****

St. Louis Adult education is now offering new credit classes for grade 11 and 12 students. Classes will be offered at the main campus in Kitchener (80 Young street) and run from July 2 to 24 8:30 to 3. For more information check out the St. Louis link on our board web page (www.wcdsb.ca) Registration is now open.

Summer school information for the public board is now available in guidance, all summer school programs are run by the Waterloo Region District School Board, but are available for our students to attend as well. Summer School traditionally offers two types of courses – make up courses for students who were unsuccessful in their first attempt of the course, as well as new credit courses. Both types of courses run for approximately 4 weeks (July 2 to 24, with make up courses being taught in either the morning or the afternoon (8:30 to 11:30 or 12 pm to 3:00) and new credit courses being taught over the entire school day. Information regarding summer school will be shared via the BENN, announcements and twitter as soon as it becomes available.

Reminders for Grade 12 Graduating Students!

1. The Graduation ceremony is scheduled for Wednesday, June 24 at Kinsmen Arena located beside the Kitchener Aud. Registration information regarding the celebration of this milestone will be given to the students this week. Forms and money are due by Monday May 4th, 2015. CASH ONLY
2. Completion of your Community Service Hours (minimum of 40) is required if you are planning to attend the Graduation ceremony in June. All Grade 12 students who have not yet completed and handed in their hours are reminded to do so as soon as possible. This task needs to be completed by Friday, May 29.
3. Although many students who have applied to either college or university have started to receive admission offers, students need to be aware that many colleges and universities do not send out offers of admission until second semester mid-term marks have been processed. While it would be easier and far less stressful if all post-secondary institutions followed the same timelines with regard to admission offers, this is not the case. Students also need to be reminded that all offers of admission are conditional – meaning that the offer can be removed if graduation requirements are not completed by June. Pay close attention to all of the details contained in emails and correspondence from the various universities and colleges so that deadlines do not get missed.

Attention all Grade 12 Students!

If you are planning to attend the graduation ceremony on Wednesday, June 24, you must complete the registration package by Monday, May 4. If you did not receive a package from your period one teacher, or you have a period one spare, please pick up the package in the guidance office ASAP.

What is Specialist High Skills Major (SHSM)?

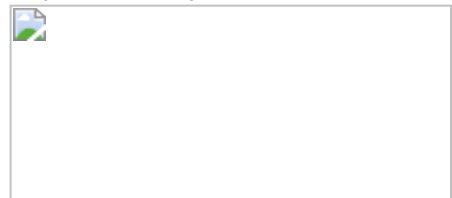
The Specialist High Skills Major (SHSM) is a Ministry approved program that encourages students to focus their education on a specific employment sector.

Components include:

1. A bundle of courses related to a major
2. Co-op experience in an area of interest
3. Industry-recognized certifications related to the employment sector

Students who successfully complete all components of the program earn a Specialist High Skills Major (Red Seal) designation on their Diploma.

Why get involved?



No matter which path you follow after high school, you will have a better idea of your direction and future career choice when graduating with a SHSM Red Seal. You will:

- understand how and why your classes apply to your future career
- obtain training and certifications from experienced industry staff (e.g. First Aid & CPR)
- learn on-the-job skills during a co-op placement
- gain experience in your field of interest

How and when to get involved:

Experiences start in Grade 11 or 12. Now is the time to sign up and get involved! Deadline to sign up is October 30. Sign up forms are available in the Guidance Office. More information can be found online at www.highskills.ca.

Majors offered at St. Benedict's C.S.S. in 2014-15

Arts & Culture • Business
Construction • Energy
Environment • Health & Wellness
Hospitality & Tourism
Information & Communications
Justice & Community Safety
Manufacturing • Transportation

Saints are super at Skills

BY MRS. L. O'NEILL

Congratulations to all of the students that participated in the Waterloo Regional Skills Competition. We had 13 students competing in 9 different competitions. St. Benedict students were awarded 3 Gold medals, 2 silver and 1 bronze.

Please congratulate the following students for not only winning awards, but for stepping up and competing in the competitions.

- Stephen Budgell – Culinary Arts – Gold Medal. Stephen advances to the qualifying competition on April 18th
- Barrett Lawless – Cabinetmaking – Gold Medal. Barrett will be competing at the Provincial competition May 5 at RIM Park.
- Jesse Ventura – Job Interview – Gold Medal. Jesse advances to the Provincial competition May 5 at RIM Park.
- Patrick Clark – Precision Machining – Gold Medal. Patrick advances to the Provincial competition May 5 at RIM Park.
- Mary Marshall – Auto Mechanics – Silver Medal.
- Rye Pescod – Carpentry Individual – Bronze Medal. Rye advance to the qualifying competition on April 18th.

Do you Need Volunteer Hours? Want to Make a Difference in Our Community? Take Part in *ChangeTheWorld!*

BY KIERRA YOUNG, YOUTH ENGAGEMENT COORDINATOR,
CAMBRIDGE & NORTH DUMFRIES UNITED WAY

From April 12th to May 24th, volunteer centres across the province will be participating in the eighth annual ChangeTheWorld–Ontario Youth Volunteer Challenge. ChangeTheWorld is delivered in partnership with the Ministry of Citizenship and Immigration and the Ontario Volunteer Centre Network (OVCN).

ChangeTheWorld is a call to action for youth aged 14 to 18 to volunteer and have a meaningful impact on their community and worldwide if they aren't already, and to tell the story of youth who are already volunteering superheroes. Youth will be inspired to develop new skills and broaden their awareness of community organizations through their involvement in various volunteer initiatives. To date, 140,232 youth have participated in ChangeTheWorld contributing to an astounding 643,000 volunteer hours across Ontario!

This year the Ontario-wide goal is to surpass 37,000 youth volunteers for a minimum of three hours per volunteer. Our local goal is to engage 400 Cambridge and North Dumfries youth to contribute 2,500 hours to our community during the six-week challenge. Youth can collect volunteer hours by doing the following:

- Taking part in events being held by local community groups which can be found listed on

- Zachary Amaral and Andy Rocha– TV Video Production Team of 2.
- Trevor O'Hagan – Prepared Speech.
- Barry Rastrullo – Photography.
- Tanya Thomas – Photography
- Nadya Closa – Photography
- Kendra Cassidy – Photography

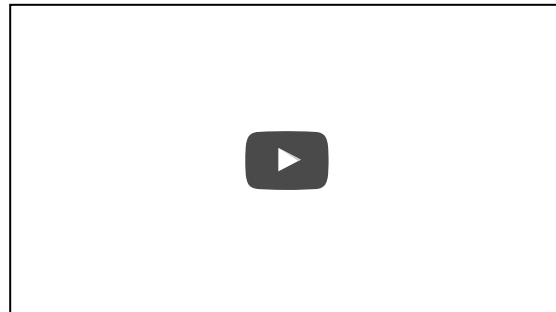
Thank you to Neil Calhoun for being the school Skills Coordinator. Thank you as well to all of the teacher mentors: Mr. Adamo, Mr. Berger, Mr. Calhoun, Mr. Castela, Mrs. Crowell, Mr. Curtis, Mr. Granger, Ms. McKellar and Mr. Wittman. A big thank you also goes to teachers that chaired competitions (Mr. Berger, Mr. Castela, Mr. Granger and Mrs. O'Neill).

Skills Ontario is a not-for-profit organization dedicated to promoting the skilled trades and technologies. Since 1989, we've accomplished this through a number of initiatives, including our Young Women's Initiatives, our Aboriginal Initiatives, our In-School Presentations, our Skills Work! Summer Camp Programs, our Cardboard Boat Races and Video Challenges and our Ontario Technological Skills Competition: Canada's largest skilled-trades and technology competition. We also offer a number of resources for Ontario's youth to find and develop their passion for the skilled-trades and technologies.

- www.uwcambridge.on.ca/youth-events.php
- Being a Youth Ambassador and organizing their own event or initiative with a group of friends or classmates, such as a Fill-a-Shoobox campaign where youth can collect items for people in need and donate them to groups such as Monica Place and the Food Bank.
- Register for a free youth Empowerment Workshop being held May 9th in Cambridge and May 23rd in Kitchener by going to <http://epycinitiatives.com/>
- Volunteering independently in the community and logging their community involvement hours by the end of the Challenge. Click the following link for more information: <http://www.uwcambridge.on.ca/track-volunteer-hours.php>

Volunteering is a fantastic way to not only give back to your own community and earn volunteer hours, but also discover what you're passionate about. Looking to volunteer beyond ChangeTheWorld? Check out our local Volunteer Opportunities Database to see all listings for Cambridge!

<http://www.uwcambridge.on.ca/volunteer-centre.php>.



Academics

Enriching the Lives of Students

By MRS. D. WITTMANN

Visit the Enrichment blog for interesting articles, enrichment Links, school achievements, and enrichment course information: Enrichment@St.Benedict.blog.



COMM Corner

By MRS. D. WITTMANN

Visit the English blog for information regarding our English programs, Literacy, interesting articles, and English links: English@St.Benedict.blog.

Help Your Kid Get a Good Night's Sleep

By ERIN WILKEY OH, COMMON SENSE MEDIA EDITOR

Parents know firsthand the impact a poor night's sleep has on kids. Lack of sleep can contribute to crankiness, problems with attention and learning, behavioral issues and even health problems such as obesity. Though the reasons for poor sleep vary, many parents worry that media and technology interfere with bedtime routines and sleep.

We've put together a list of tips for ways your family might manage tech use to help your kids (and you!) sleep better:

1. Encourage physical activity instead of screen time after school. After a long day at school, many kids just want to plop down in front of a computer or TV and veg out. Although kids definitely deserve a break, studies show that increasing physical activity during the day can lead to better sleep.
2. Keep devices off the bed. It's possible that the blue light emitted from laptops, tablets and smartphones interrupts sleep patterns. Set up other comfy spots in the living room or on the bedroom floor for tweens and teens to do computer work or just enjoy their screen time.
3. Keep TVs out of the bedroom. The connection between bedroom TV and poor sleep is well-established. Kids don't sleep as well or as long with a TV present.
4. Make the bedroom a "no connection" zone. The growing trend of sleep-texting is a disturbing enough reason to play it safe. Confine online activity to common areas such as the dining room or living room and have kids charge their phones in another room at night. Buy an alarm clock as a substitute for the cell phone alarm.
5. Minimize screen time right before bed. Getting teens to "unplug" before bed will help them disconnect from the excitement and drama happening online.
6. Introduce your kids to meditation or calming apps. Meditation apps can be a quieting addition to kids' bedtime routines. Stop, Breathe & Think (iOS, free) offers 15 guided meditations that encourage kids to take stock of their mental and emotional states.
7. Set up a phone/iPod charging station in the family room or kitchen. Some studies suggest that simply sleeping near small devices such as phones is associated with poorer sleep. With notifications and texts coming in at all hours, tweens' and teens' sleep will get fewer interruptions if they leave their phones in the living room or kitchen for the night.

http://www.huffingtonpost.com/common-sense-media/10-ways-to-help-your-kid-get-a-good-nights-sleep_b_6972196.html

DECA Saints Florida-bound

By MRS. C. RATZ

St. Benedict and the DECA team congratulate Tyler DeSousa, Adam Lainey, and Trevor O'Hagan who will be attending the International DECA competition next week. Tyler, Adam, and Trevor finished second in Toronto at the Ontario Provincials in February to qualify for Internationals. The team of three will be in Orlando, Florida from April 23 to April 30 representing St. Benedict and Ontario at the final level of competition with their Hamilton Bulldog marketing plan.

Good luck boys! We know you will be great ambassadors for our school and province.

Athletics

Varsity Girls start season with success

By MR. J. BAILEY



Congratulations to the Varsity Girls Soccer Team, who played their way to a 4 – 0 victory over the Woodland Cavaliers on Tuesday afternoon. Leading the way offensively for the Saints were Lauren Robbins with 2 goals with Jordan Galway and Viktoria Quilty each adding a goal. The girls played a good game, controlling much of the possession and showing a solid defence, with Eden Boyce recording the shutout.

Varsity Girls soccer
Saints 4, Woodland 0

Senior Boys soccer
Saints 4, Woodland 0

The girls' next game is next Friday at Woodside park against Resurrection, good luck ladies!

Senior boys win season opener

By MR. E. OFFAK

Our senior boys soccer season got off to a good start with a win in our first game yesterday against Woodland 4–0 at RIM. The game was 0–0 at the half. We slowly pulled away in the 2nd half. Goals from Artur Brasil (x2), Johnny Cabral and Lucas Santos. Andrew Agger got the shut-out.

Bennie's badminton players raise a racquet

By MRS. S. REIS

Thursday April 9th the power house Monsignor Doyle hosted the District 8 badminton tournament and what a show it was!!! With three competitive teams in three different draws, Bennie's demonstrated that the Saints are a force to be reckoned with.

Thank you to the entire teams efforts all season—you are truly a wonderful group to be around, with your humor, maturity and appreciation, the season has been very rewarding—thank you. I shout out goes to our grade 12 students for finishing their high school career as BADminton players and AJ Barjaro for her 3rd place finish.

On the junior side, Rebecca Quigley had a 2nd place D8 finish in women's singles, and Michelle Nugyen & Emily Soares took 1st place in the women's doubles. They advanced to the CWOSSA tournament at RIM Park.

Several of our senior players are also had great D8 results: Spencer Stein and John Roxas – 2nd place men's doubles; Kayla Leusink and Ashleigh Brimo – 2nd place women's doubles; and AJ Bajaro – 3rd place women's singles.

Good luck to John Roxas, Spencer Stein, Kayla Leusink and Ashleigh Brimo who will be representing SBCSS at CWOSSA at RIM park tomorrow.



Sr. Badminton players who placed top three at D8: John Roxas, Ashleigh Brimo, Kayla Leusink, AJ Bajaro and Spencer Stein.

Junior Boys rugby off to a solid start

The junior boys rugby team competed in the University of Waterloo tournament last Thursday and finished with a 1–1–1 record. The boys played exceptional team defence including multiple goal line stands and limited the opposition to only three tries all tournament.

Try scorers for the Saints were Graham Sheppard with two and Nick Stainsby with one.

The Saints' season opener is this Thursday at Jacob Hespeler as they go to battle against the Waterloo Oxford Crusaders.

Boys Softball

The Boys softball team will have it's first tryout today after school in the gym.

Attention all Ath-Leaps...

Any student who took LEAP last semester is asked to come pick up a permission form for this years excursion to Blue Mountain. See Mrs. Reis or Mr. Dufresne for a form. There are limited spots on the trip so get your forms today.

Stay up to date with District 8 Sports

Now receive sports updates in your email or on your mobile device!

The new [District 8 website](#) now allows you to sign up themselves for nightly e-mail updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by [following this link](#).

Clubs

MAD'S OVERNIGHT FAST WAS AMAZING!

BY MRS. M. ROCHA

One hundred and twenty students joined together to fast, play, learn, laugh, sleep in the gym and MAKE A DIFFERENCE! Many thanks to all of the participants and volunteers who gave of their time, energy and money to raise money to build homes in Haiti. We raised \$6600!!! An overnight fast record! Way to go BENNIES!





International Student Tutor Program

By Ms. M. REDFEARN

Hey volunteers for the international student tutor program! Please come to a quick mandatory information meeting this Thursday April 16th at the beginning of lunch in the Skybox! Please let Rebecca Sibley or Ms. Redfearn know if you cannot attend since we will be discussing the times and the dates for training. Thank you!

Students: Are you walking?

By Mrs. C. Kot

Any student who is planning on attending the "Walkathon to End Violence Against Women and Children" next Thursday but who has NOT handed in their permission form and pledges, please make sure to see Mrs. Kot in room 123 at lunch by Tuesday, or you may not get a seat on the bus! Thanks!

Because I am a girl and He for she

By Mrs. C. Kot

Please join us every Monday at lunch in room 123 with Mrs. Kot. To discuss issues such as gender equality, raising awareness of the plight of girls and boys around the world who suffer as child labourers, and the lack of access to education and food for girls in many cultures. All are welcome!

Celebration of People

By NYAWUOR MALEK, SAC

On April 10th SAC organized a special event called the Celebration of People. This was a celebratory day dedicated to rejoicing all aspects of the St. Benedict's community.

The day started out with a trivia contest over the P.A system. Mr. Curtis organized the amusing questions, while Andrew Nguyen and Hailey Wright of the Arts Sector read out the instructions. To make the contest complete, Mr. Butler read out the trivia questions in his exuberant style.

Classes were asked fun-filled trivia questions about Bennies past and present. The questions ranged from what the original address of St. Benedict was to how many married couples there are at St. Benedict's. The winners of the contest would win prime seating to the assembly later in the day. After counting the results, Mr. Renner's class reigned supreme by having the most answers correct.

The next aspect of the eventful day included lots of colour. The Special Events Sector made a vibrant banner that spelt out the word 'Celebrate'. This banner was put out during lunch for all to write their names in. This banner invited students to embrace the celebration of people fully and feel welcomed.

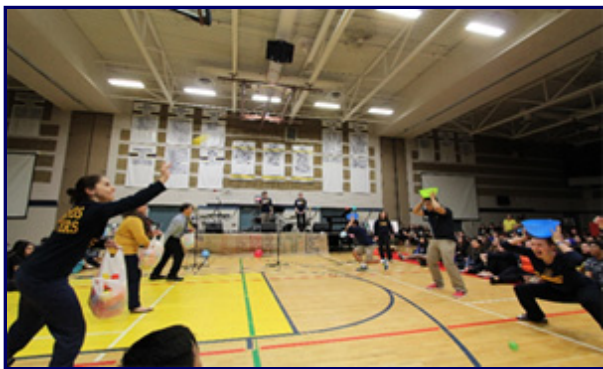
The day ended on a high note with a Celebration of People assembly. This celebration truly encompassed the different and unique aspects that make up our community.

The gym was beautifully transformed into a vivacious scene. Magnificent art pieces from the visual art classes were on display all throughout the gym. Streamers and balloons also decorated the space. To add to the festive feeling, the 'Celebrate' banner was tied onto the stage. The Jazz band complimented the decoration by playing lovely songs to warmly welcome students and staff as they walked in. Community members also donated money upon walking in for the relief fund in Haiti.

Along with the Jazz Band, there was a multitude of performances, and videos that made the Celebration of people undeniably memorable. Despite being together for only a few weeks, Show Choir was able to pull off a spectacular performance of 'Seasons of Love'. The dynamic duo of Sydney Budget and Emra Patterson, also did an amazing job when they sang a beautiful melody of 'Riptide' by Vance Joy.



Students writing their name on the 'Celebrate' banner.



The Minute to Win it Challenge, played by staff and students.

As well as singing, Saints were able to express themselves in other exceptional ways. Emma Fritz and Mackenzie Kuehl performed a truly empowering spoken word about positive body image. Grant Brook also took the stage, but rather the crowd, with his impressive glow poi routine.

Videos were also incorporated to bring together the Bennies community. A 'Hidden Talents' video was played, where saints were able to unveil their secret abilities. Saints also took part in an 'I love Bennies' video, where Bennies staff and students were able to say what they thought made our community special.

Athletics at St. Benedict's was also merged into this celebration. There was a sports video that recapped the energetic seasons of play that our athletic student's participated in. A minute to win it challenge was played by some of our fine athletic contenders. This game had one partner throw as many balls as possible into their partner's bowl (which was on top of their head). The game was proved challenging and funny, to say the least. The team of Mme. Rubletz and Aiden Yearwood won the new Bennies athletic spirit wear!

The last act of the day was an all-time favourite, Teacher Band. The five men band of Mr. Renner, Mr. Milardovic, Mr. Briere, Mr. Wittmann, and Mr. Adamo rocked out to 'Johnny be Good'. Mr. Witt closed the assembly with some encouraging words about the evident kindness our community shows not only to its members but also to others that come to visit.

In all, the Celebration of People provided the Bennies community with a day to celebrate the different abilities and quirks that Bennies members have to offer.



Teachers rocking the house with Bennie the St. Bernard watching on.

St. Benedict trivia quiz

As mentioned in the article above, part of the Celebration of People festivities from last Friday involved a trivia contest. How well do you know St. Benedict's history? Here are some of the questions from the contest. Thank you to Mr. Curtis and his crew for putting together the questions!!

1. Who was the first principal of St. Benedict Junior High School?
 - a. Sister Georgine
 - b. Sister Joannette
 - c. Sister Mary Frances
 - d. Sister Alberta
2. What were the original school colours?
 - a. Blue and gold
 - b. Green and gold
 - c. Red and white
 - d. Brown and gold
3. What was the name of the school's first yearbook?
 - a. Benedictus
 - b. The Tale of 3 Cities
 - c. Shalom
 - d. Halo
4. What was the original address of the school?
 - a. 50 Saginaw Parkway
 - b. 825 Lower Hespeler Rd.
 - c. 175 Northview Heights
 - d. 314 Elgin Street

The answers to these questions (and four new ones) will appear in the next issue of the BENN newsletter.

Link Crew

BY MRS. K. ARKELL

Link Crew is looking for enthusiastic grade 10 and 11 students to join our team for the 2015–2016 school year! If you would like to make a positive impact on a grade 9's transition to St. Benedict's in the fall, please pick up an application in Guidance. Completed forms are due back next Friday, April 24th by 2:30. Late forms will not be accepted. We are looking forward to another fantastic year with our crew! If you have any questions, please see Mrs. Arkell, Mr. Borba, Mr. Curtis, Mrs. Healy, Ms. Reis, Mr. Riso or Mrs. Temple.

The Arts

Other News

Upcoming Events

Thursday, April 16

8:00am Infection Control Training
10:45am Lost Club
10:45am Puzzles club
10:45am Making a Difference Club
12:00pm Jr Boys Rugby vs WODSS
2:10pm Games Club
2:15pm Girls Workout Club
2:15pm Math Club
2:20pm Jazz Band

Friday, April 17

Professional Activity Day

Monday, April 20

8:00am ABA Hair Show
10:45am Benny's Press Team meeting
10:45am Because I Am Girl
2:15pm Fitness Club
2:20pm Concert Band

Tuesday, April 21

8:00am Conflict Resolution & Lifting Techniques Training
10:45am Arts Council meeting
10:45am Robotics Team
12:00pm Jr Boys Rugby vs PHS
2:15pm Fitness Club

Wednesday, April 22

8:00am Event Co-ordination Training
8:00am Legal Terminology Training
8:00am Fall Protection & Filling Propane Training
10:45am Lost Club
10:45am Financial Club
10:45am Camera club
2:15pm Fitness Club
2:25pm Yearbook Club

Thursday, April 23

10:45am Lost Club
10:45am Puzzles club
10:45am Making a Difference Club
1:15pm Jr Boys Rugby @ CHCI
2:00pm Track and Field: Maxi meet #1
2:10pm Games Club
2:15pm Girls Workout Club
2:15pm Math Club
2:20pm Jazz Band

Friday, April 24

10:45am Star Trek Club
10:45am Programmers club
10:45am United Cultures
10:45am Fresh Club
2:15pm Doctor Who Video Club

Wednesday, April 29

10:45am Lost Club
10:45am Financial Club
10:45am Camera club
12:30pm Sr Boys soccer vs Pere Rene de Galinee
12:30pm Varsity Girls soccer vs Pere Rene de Galinee
2:15pm Fitness Club
2:25pm Yearbook Club
BENN Newsletter release

Thursday, April 30

8:00am Progress Report Cards Distributed
10:45am Lost Club
10:45am Puzzles club
10:45am Making a Difference Club
2:10pm Games Club
2:15pm Girls Workout Club
2:15pm Math Club
2:20pm Jazz Band
3:45pm Jr Boys Rugby @ GRCl

Did you know?

There are over 1,300 entries on our school calendar on the website!

This means plenty of opportunities for your son or daughter to get involved!

Check the calendar on our website for more information. New information is always being added, and more detailed information about upcoming events can be found there. To see the full calendar, go to Benny's News ► Calendar of Events.

Keep up with what's happening at St. Benedict's using your cell phone

3:00pm Sr Boys soccer vs Resurrection
3:00pm Varsity Girls soccer vs Resurrection

Monday, April 27

10:45am Benny's Press Team meeting
10:45am Because I Am Girl
2:15pm Fitness Club
2:20pm Concert Band
7:00pm Spring Concert

Tuesday, April 28

8:00am Boating License Training
10:45am Arts Council meeting
10:45am Robotics Team
2:15pm Fitness Club



Visit stbenedict.wcdsb.ca/calendar.php
from your cell phone.
(Be sure to bookmark it!)

Miscellaneous

We want to know...

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please [email us](#) with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at <http://stbenedict.wcdsb.ca> for news and information updates.

