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The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB Newswire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Dan Witt](#).

BENN Staff

[Mr. Anton Milardovic](#)

Next Issue

November 23, 2016

Readying reports

The day before our next *BENN*—Tuesday, November 22—mid-term report cards will be distributed to the students. Make sure you ask your son or daughter to see it, and involve them in the discussion of what their strengths, weaknesses and next steps are.

If need be, do not hesitate to contact teachers to help your son or daughter succeed.

– Editor

Bennie's in the Media

THE RECORD: [Ghazarian wins fourth D-8 title](#)

THE RECORD: [Saints earn spot in District 8 football final](#)

THE RECORD: [It's a Ghazarian sweep at CWOSSA](#)

THE RECORD: [Cambridge twins run neck and neck in cross co...](#)

THE RECORD: [Celtics to face Saints in District 8 football final](#)

THE RECORD: [Celtics win District 8 football title](#)

THE RECORD: [Cadets inspired by Defence Minister Sajjan](#)

CAMBRIDGE TIMES: [Cambridge's Shae Dupuy shows how 'Bra...](#)

CKCO TV: [St. David wins District 8 football title](#)

Administrative

Movember is happening at Bennie's

By MR. R. MARTINELLO

November is men's health month. A number of teachers are growing the "mo" to increase awareness about about issues like prostate cancer and mental health. To celebrate the month we are running a Mr. and Ms. Movember contest. Go onto the St. Benedict site and vote for your favourite Mr and Ms Movember. Voting will continue until the end of the month. Spread the

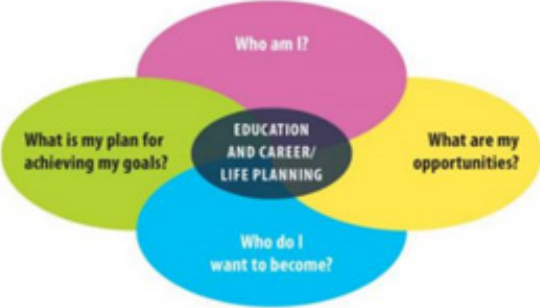
awareness and grow the mo.

Preparing Kids for the Future

Workshop Series

INDIVIDUAL PATHWAYS PLAN (IPP)

This interactive workshop will introduce parents to Career Cruising; a self-exploration and planning program students utilize to develop their high school course plan, and to explore possible career paths for the future. In this workshop, parents will be provided the opportunity for a hands-on learning experience as we guide you through career cruising and your child's individual pathways plan.



IMPORTANT: Prior to attending, please have your child log into their account and share the "My IPP", allowing you access to their account.

November 24, 2016 7:00 p.m. St. Benedict C.S.S.

News from the Guidance Department

By MRS. L. O'NEILL

University Information Presentation Night coming to St. Benedict

St. Benedict is pleased to be the host site for the Cambridge Area, UIP Night. What is UIP night and why might you be interested? All 21 Ontario Universities and their affiliates will have representation at UIP night on Thursday, November 10 from 7:00 – 9:00 PM. Students and parents who attend will have the opportunity to attend presentations that are delivered by representatives from each institution. This event provides an amazing opportunity to check out schools that may be on your list of consideration for next year. The event is presentation style, meaning that attendees will be able to attend 3, 30 minutes presentations. The evening will conclude with a 20 minute open house which will allow people to pick up information and/or ask specific questions of institutions whose presentation they did not attend.

Post-Secondary Timeline

1. College and University visits that have been held at our school this fall will be coming to a close in November; however, there are still a few opportunities for students to attend a presentation. See the guidance office for more information on how to sign up for, and attend one of these presentations.
2. Grade 12 students should continue to do specific institution research at the E-info site (www.electronicinfo.com) for university and www.ontariocolleges.ca site.
3. PIN numbers for student applying to university will arrive in the guidance office shortly. Students planning to apply to university must use this personal PIN number to set up their account. Students planning to apply to college do not need a PIN number in order to set up their application account.
4. Now is a great time to arrange for a campus visit or tour at institutions that are of interest. The value of making a personal visit to a school should not be underestimated. Students who have visited campuses are finding this to be very beneficial in their decision making process. Most colleges and universities typically host these events in the fall, as well as in the spring. Specific dates can be found on the web sites of all university and colleges.
5. Review your semester two timetable to make sure that you have all of the necessary pre-requisite courses for the programs that you are interested in applying for.
6. Complete your Community Service Hours – AND – remember to hand them in!!
7. Be prepared to wait for confirmation of acceptance from schools. Each institution has its own timeline with regard to admission offers. Try not to let anxiety about acceptance interfere with your progress at school.

CONESTOGA COLLEGE - Parent Night

Doon (Kitchener) campus Thursday, November 17, 2016 6:00 p.m. – 7:30 p.m.

Specifically designed for parents of high school students, this information session provides tools to help prepare parents for what to expect as their student transitions to post-secondary education.

To register for this event: <https://connectwithconestoga.ca/events/index.do>

McGill University will be hosting information sessions for prospective undergrads at the Queen Elizabeth Park Community and Cultural Centre in Oakville on Saturday November 12, 2016 at 1pm. Space is limited, registration is required: mcgillinmin.mcgill.ca, click on events, choose a session, click register me.

Community Service Hours

It is a requirement of graduation that each student complete 40 hours of community service. There are many opportunities to fulfill this requirement. If you have already registered for Hour Republic check out the guidelines on the website www.hourrepublic.com. This website can also be used to track your hours and see volunteer opportunities.

VOLUNTEER SPOTLIGHT

Salvation Army ~ Christmas Kettle Campaign

This Christmas please give the Gift of Time . . . Give Hope

Please consider volunteering to this year's campaign . . . funds raised will provide Christmas grocery gift cards for those who qualify, toys and year round assistance and support for children and families in need. Volunteers are needed weekends in November starting November 17th. Monday to Saturday each week in December. There are 3 shift 10am – 2pm/ 2pm – 5pm and 5pm – 8pm throughout Cambridge.

For additional information please call Major Harvey Canning 226-789-1193

Volunteer Fair ~ Nov. 17th

Please join the Volunteer Centre of the United Way Cambridge and North Dumfries in the atrium during lunch on November 17th to access volunteer opportunities.

There will be 7 different associations coming in to the school to offer volunteer opportunities.

St. John Ambulance Christmas Gift Wrapping

St John Ambulance Cambridge is offering this Gift Wrap opportunity for students to gain volunteer hours and to do a great service for our community.

Help wrap gifts from December 4th – 24th

Sign up in Guidance with Mrs. O'Connor

If you have any questions please contact the coordinator by email at nadira.mack@gmail.com

Access student attendance information in real time

By MR. A. MILARDOVIC

Class attendance is a key component to a student's success in their classes. Timely communication of attendance information between home and school is critical for accurate attendance records.

If a student is away from school a parent must call the attendance line at the school at 519-621-4001. The call can be placed any time, 24 hours a day. It is strongly recommended that you make this call as soon as the absence is known, or at the latest before the student returns to school.

If your son or daughter is going to be away for a trip or extended period of time for a medical reason an *Intent to be Absent* form should be completed in advance by a parent. These are available in the Guidance department.

A student, parent or guardian can access their student's attendance in real time through the Secondary Student Information System (SIS) Website. Information available to view includes student mark history, current timetable, attendance for each course on the current timetable and your contact information. The website link is <https://sis.wcdsb.ca>.

To access the student specific information, you must have the student number (which can be found on a student's timetable) and birth date. If you cannot locate the student number please call the guidance or attendance office for assistance.



Cash Online

You are now able to pay various fees for your child, such as Student Activity Fee, online using School Cash Online.

For safety and efficiency reasons, we want to reduce the amount of cash coming into our school. We are asking parents to please take 5 minutes to register. Once you are registered online, you will begin receiving emails about upcoming events.

Follow the steps below to register with School Cash Online:

Step 1: Go to the [School Cash Online website](#) or visit our school website and click on the School Cash Online link under the ★.

Step 2: Register by selecting the “Get Started Today” and follow the steps. You will need use the student’s LEGAL NAME and their STUDENT NUMBER.

Step 3: You will receive a confirmation email. Open it up and click on the link that allows you to login and add each of your children to your household account.

If you have any questions, please select the “SUPPORT” option in the top right hand area of the screen.

Student Information System

Secondary Student Information System

When you access your information on this system, please check to see that all the personal information on the screen is accurate. If there are inaccuracies, please inform your Guidance Counsellor. Information on this system includes a mark history, current timetable and attendance for each course on your current timetable along with some personal information.

Should you not wish to have this service available to you, please contact your school. Once a student/parent has opted out of this service, the student may be re-instated only by making a request in writing to the school.

All login attempts to this system are recorded for security purposes.

This system will only provide information for SECONDARY STUDENTS.

Student Number: (Secondary Students Only)

Date of Birth: Day: 1 Month: January Year: 1995

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By entering information about your son or daughter you can get up-to-the-minute information about their attendance.

VOLUNTEER
all that's missing is U!

Volunteer at St. Benedict!

Looking into a career in education?

Have some spare time?

Or know someone who does?

Consider volunteering your time at St.

Benedict!

Please contact Mrs. Nada Offak to get started.

Nada.Offak@wcdsb.ca

519-621-4050 ext. 3089

A Friendly Reminder...

All visitors are reminded to please sign in at the main office upon arrival at the school, our office staff will be happy to direct you to the appropriate office and/or inform your on-site contact of your arrival. We thank you for your continued cooperation and support in keeping our community safe.

Uniform reminders

Keeping your mornings simple and stress-free isn't the only benefit of uniforms, we as a school community value the safety benefit of making our community members and visitors easily recognizable. In addition, school uniforms mean that the pressure to have a wide range of new and expensive school clothes throughout the year isn't an ongoing struggle for parents and being judged by their clothes isn't a pressure for students.

All students and parents received the uniform policy for the year in the registration package and all students participated in a grade level meetings with administration to review this policy and other reminders. The policy is also contained in the student handbook which is located on our school website.

The key reminders are:

- All non-uniform items are to be removed and placed in a student's locker when they arrive to school, this includes all hats, scarves, track pants, jackets, coats etc.
- All items are to be worn as purchased and not altered
- McCarthy's navy blue or khaki pants, capris or shorts with the St. Benedict logo
- McCarthy's white/navy blue short or long sleeve golf shirt with the St. Benedict logo
- McCarthy's navy sweatshirt or navy sweater/cardigan/vest with the St. Benedict logo worn over a uniform shirt or plain white, or dark blue t-shirt.

Please ensure that you are in proper uniform throughout the day so we can get at the great task of learning without the needless interruptions or delays that occur when students need to be asked to follow the policy.

Who is your administrator?



Our 2016-17 Admin Team: Mr. Jaeger, Ms. Riley, Mr. Witt, and Mr. Borba

The administrative contact for your son or daughter is based on your last name:

A to B: [Mr. Witt](#) (principal)

B to G: [Ms. Riley](#)

H to O: [Mr. Jaeger](#)

P to Z: [Mr. Borba](#)

Classrooms are No Phone Zones!



Food Allergy Alert!

We have a number of students and staff in the St. Benedict community with



Classrooms are for learning. The use of cell phones is not permitted in class. Parents, if you need to get in touch with your son or daughter, please call the school office and we will contact your child.

Students, don't let your cell phone become a distraction to your learning. Many teachers are integrating this technology into their classroom activities, but when it is not part of the learning phones should be away.

severe life-threatening food allergies, particularly related to peanuts and nuts (anaphylaxis). This is a medical condition that causes a severe allergic reaction to specific foods and can result in death within minutes. If you child brings their lunch with them to school, please ensure that it is free from peanuts and nut products.

If you have any questions or concerns please contact your child's administrator.

Academics



Enriching the Lives of Students

By Mrs. D. Wittmann

There many opportunities for students to enhance their learning experience: Enrichment courses, LEAP, OYAP, UCEP, Co-op, Home Build, SHSM, and Skills Canada. Visit the Enrichment blog for information on all these opportunities. The Blogroll contains a plethora of learning enhancements. To learn more about what we offer, click the link. Enrichment@St.Benedict.blog.



English Corner

By Mrs. D. Wittmann

To receive an Ontario Secondary School Diploma (OSSD) each student must obtain 4 credits in English (1 credit per grade). Visit the English blog to read the course offerings provided by the Saint Benedict English Department. The Blogroll has great resources for both students and parents. Enjoy! English@St.Benedict.blog.

Athletics

Saints soar at CWOSSA Cross-Country

By Mr. F. Wittmann

Congratulations to the Senior Girls cross-country team who won CWOSSA last week! Nicely done Sevanne Ghazarian (silver medalist), Hope Harnack, Emily Soares, Sarah Joseph, Alexandra Kerry, Leah Ritchie, and all of the senior girls!

This is the 10th CWOSSA title for Bennies since 2001, and the 4th championship in a row for this group.

It was a successful meet for the team, with the Junior Girls finishing 4th, and the Midget Girls and Senior Boys teams finishing 6th.



Members of the Senior Girls Cross-Country Team with their plaque.

BENN BOX SCORES

Jr. Girls basketball

Resurrection 40, Saints 34
Saints 32, St. Mary's 30
Saints 41, Rockway MC 16

Sr. Girls basketball

Resurrection 56, Saints 22
Saints 59, Rockway MC 21
Saints 41, St. Mary's 26

Jr. Boys volleyball

Saints 3, Resurrection 2
Rockway MC 3, Saints 0
St. Mary's 3, Saints 2

Sr. Boys volleyball

Resurrection 3, Saints 0
Rockway MC 3, Saints 0
St. Mary's 4, Saints 1

Jr. Boys football

St. Mary's HS 61, Saints 6

Sr. Boys football

Saints 34, St. Mary's HS 8
D8 FINALS
Resurrection 31, Saints 28

Nikki Soares and Greg Danayan ran especially well at CWOSSA finishing 9th and 11th respectively. They had personal best times in a challenging field, and narrowly missed qualifying for OFSAA.

Saints X-Country girls are top 10

By MR. F. WITTMANN

Congratulations to the Senior Girls Cross-Country team who had a Top 10 Ontario performance in Port Hope on Saturday. The team placed 9th, led by Sevanne Gahzarian's 7th place finish. This caps off a successful 4 years for this team – Bennie's best ever. Well done Sevanne, Hope Harnack, Emily Soares, Sarah Joseph, Alexandra Kerry, and Leah Ritchie. We had a large cheering crowd on hand including Senior Girls' team member Makayla Pearl, Junior Girls' team member Nikki Soares and many parents and friends. Thanks for your continued support.



Members of the St. Benedict 2016 Senior Girls Cross-Country Team.

Midget Boys basketball

MRS. L. EDWARDS

Attention all Grade 9 boys who are interested in playing Midget Basketball: there will be a brief meeting this Thursday during lunch. Please listen to announcement Thursday morning for the location.

Intramural

Hockey

By MR. E. OFFAK

Intramural Hockey is back at St Benedict's! This is a great opportunity for those students who play Select or below to come out and lace up the skates at the Sports Park. Please come for an important information meeting on Tuesday, November 15 at the start of lunch in room 125. Do not wait as spots are limited. For more info please see Mr. Jankura in phys-ed or Mr. Offak in room 125.

Stay up to date with District 8 Sports

Now receive sports updates in your email or on your mobile device!

The new [District 8 website](#) now allows you to sign up for nightly e-mail updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by [following this link](#).

Clubs

Student Activities

The Arts

Other News

Volunteer Roadshow

Thursday, November 17th

10:35 am - 11:30 am

Find us in the Atrium



Brought to you by:

Volunteer Centre
Connecting volunteers to what matters.



United Way
Cambridge and
North Dumfries

Upcoming Events

Wednesday, November 9

2:15pm Concert Band
2:15pm Games Club
2:15pm Movie Club
4:30pm Jr. Girls Basketball SEMI-FINALS @
Resurrection
BENN Newsletter release

Thursday, November 10

10:40am DECA Business Club
10:40am Lacrosse Club
10:40am Accepting Differences Club
2:15pm Math Club
2:15pm Seams Sew Easy
2:30pm Sr. Girls volleyball tryouts
6:00pm Badminton Club

Tuesday, November 22

9:30am College visit: Centennial College
10:40am Games Club
10:40am Arts Council
10:40am DECA Business Club
10:40am Movie Club
10:40am Accepting Differences Club
Mid Term Report Cards Distributed

Wednesday, November 23

10:40am Cosmo Club
10:40am Reach for the Top
10:40am Seams Sew Easy
10:40am HOSA Club
10:40am Robotics Club
10:40am Model UN Club
10:40am Movie Club

7:00pm University Information Program Night
Civics/Careers turnaround day

Friday, November 11

10:40am Star Trek Club
10:40am Finance Club
10:40am Programmers' Club
2:15pm Doctor Who Club
Remembrance Day

Saturday, November 12

9:00am DECA Regionals

Monday, November 14

10:40am Reach for the Top
10:40am Finance Club
10:40am HOSA Club
10:40am Robotics Club
10:40am Spirit Council
2:15pm Pit Band

Tuesday, November 15

9:30am College visit: Sheridan College
10:40am Games Club
10:40am Arts Council
10:40am DECA Business Club
10:40am Movie Club
10:40am Accepting Differences Club
10:40am Intramural Hockey info meeting
1:00pm College visit: Georgian College

Wednesday, November 16

10:40am Cosmo Club
10:40am Reach for the Top
10:40am Seams Sew Easy
10:40am HOSA Club
10:40am Robotics Club
10:40am Model UN Club
10:40am Movie Club
2:15pm Concert Band
2:15pm Games Club
2:15pm Movie Club

Thursday, November 17

10:40am DECA Business Club
10:40am Star Trek Club
10:40am Lacrosse Club
10:40am Accepting Differences Club
10:40am Volunteer Roadshow
2:15pm Math Club
2:15pm Doctor Who Club
2:15pm Seams Sew Easy
6:00pm Badminton Club

Friday, November 18

Professional Activity Day

Monday, November 21

10:40am Reach for the Top
10:40am Finance Club
10:40am HOSA Club

2:15pm Concert Band
2:15pm Games Club
2:15pm Movie Club
BENN Newsletter release
Math Contests

Thursday, November 24

10:40am DECA Business Club
10:40am Lacrosse Club
10:40am Accepting Differences Club
2:15pm Math Club
2:15pm Seams Sew Easy
6:00pm Badminton Club
7:00pm School Council meeting

Friday, November 25

10:40am Star Trek Club
10:40am Finance Club
10:40am Programmers' Club
2:15pm Doctor Who Club
Kindness Matters Mass

Did you know?

There are over 1,300 entries on our school calendar on the website!

This means plenty of opportunities for your son or daughter to get involved!

Check the calendar on our website for more information. New information is always being added, and more detailed information about upcoming events can be found there. To see the full calendar, go to Benny's News ►
Calendar of Events.

Keep up with what's happening at St. Benedict's using your cell phone



10:40am Robotics Club
10:40am Spirit Council
2:15pm Pit Band

Visit
stbenedict.wcdsb.ca/calendar.php
from your cell phone.
(Be sure to bookmark it!)

Miscellaneous

We want to know...

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please [email us](#) with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at <http://stbenedict.wcdsb.ca> for news and information updates.

