

Table of Contents

- [Administrative](#)
- [Academics](#)
- [Athletics](#)
- [Clubs](#)
- [Student Activities](#)
- [The Arts](#)
- [Other news](#)
- [Upcoming events](#)

The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB Newswire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Dan Witt](#).

BENN Staff

[Mr. Anton Milardovic](#)

Next Issue

December 21, 2016

Saints Serving Others



Dominican Encounter students in the airport awaiting departure. From left to right: Natalie Minnick, Chandler Moreira, Marissa Kroeger, Julia Mascarenhas, Tiana Thomas

Bennie's in the Media

THE RECORD: [St. Benedict first local school to win prestigious Hein...](#)

THE RECORD: [St. Benedict scores historic Heinbuch victory](#)

THE RECORD: [St. Benedict players stay in the moment](#)

CAMBRIDGE TIMES: [Three Saints named senior football all-stars](#)

CAMBRIDGE TIMES: [Cambridge football players join with Team Can...](#)

CKCO TV: [St. Benedict Saints win Heinbuch Classic](#)

Administrative

News from the Guidance Department

Are you considering graduating this year?

A number of grade 12 students who requested a OUAC (Ontario University Application Centre) PIN number have not picked them up in the Guidance office yet. This information is required to apply to university.

If you have not received your OUAC PIN, please come to guidance to pick up your PIN as soon as possible.

We recommend you apply over Christmas break as we do not come back until January 9th and university applications are due by January 11th. They often have technical issues near application the deadline so please do not wait to apply near the deadline or it could compromise your application.

Please speak to your guidance counsellor if you need more information.

Any Grade 12 student who is interested Grad Photos needs to book an appointment on lifetouch.ca/wwgrads. Grad Photos will take place here at the school from Dec. 12th to 23rd in the Skybox. Please wear formal attire and bring your \$40 sitting fee to the appointment. Further details available in the Main Office.

St. Benedict students to *rethink sugary drinks*

By MRS. S. REIS

SBCSS was the recipient of another Youth 4 Action Grant. The topic of focus is "rethink sugary drinks." Receiving this grant gave our school \$300.00 to support an awareness for such a topic. Grade 10 female physical education students will create a display in the atrium for our student body during lunch on Thursday, December 8 to begin the awareness of the effects of choosing a variety of drinks as means of hydration and providing students and staff with alternatives to quenching their thirst.

This healthy schools initiative not only supports student leadership, but it is a wonderful way to educate students and staff of the risks associated with poor nutritional hydrations options while connecting curriculum to community organizations.



Calling all BENNIES Elves.....!!!

*'TIS THE SEASON OF HOPE, YOUR
CHANCE TO PUT A SMILE UPON
SOMEONE'S HEART SO BE THAT
SPECIAL LITTLE ELF*

- **RE-GIFT** a present you have never used
- If you have any business connections, maybe **YOU** can consider asking them to make a donation (gift cards, coupons, product and so on)
- Do you have **EXTRA** ribbon, wrapping paper and cello paper laying around? We would love to take it off your hands!



- All **DONATIONS** are appreciated!!! No donation is too small and we truly appreciate anything you can donate.

Please bring your donations to Room 208.

Academics



Enriching the Lives of Students

By Mrs. D. Wittmann

There many opportunities for students to enhance their learning experience: Enrichment



English Corner

By Mrs. D. Wittmann

To receive an Ontario Secondary School Diploma (OSSD) each student must obtain 4

courses, LEAP, OYAP, UCEP, Co-op, Home Build, SHSM, and Skills Canada. Visit the Enrichment blog for information on all these opportunities. The Blogroll contains a plethora of learning enhancements. To learn more about what we offer, click the link. [Enrichment@St.Benedict blog](mailto:Enrichment@St.Benedict.blog).

credits in English (1 credit per grade). Visit the English blog to read the course offerings provided by the Saint Benedict English Department. The Blogroll has great resources for both students and parents. Enjoy! [English@St.Benedict blog](mailto:English@St.Benedict.blog).

Coop Career Fair

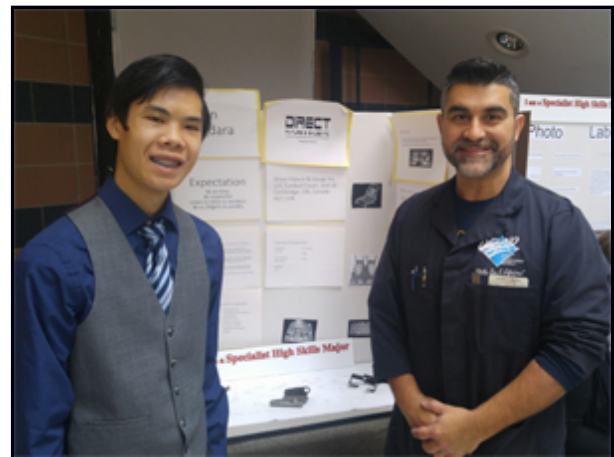
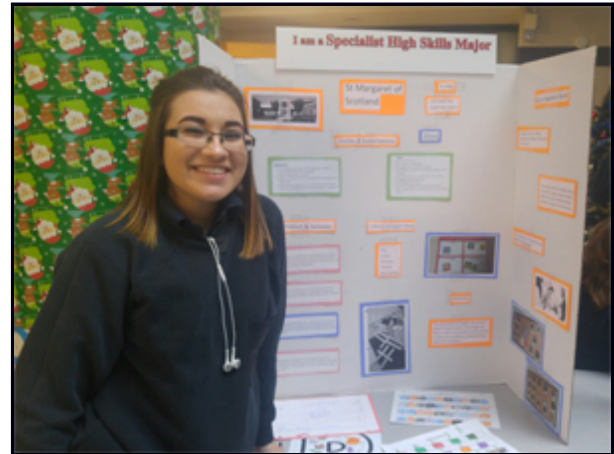
By Mrs. M. Crowell

On Tuesday, December 6, the annual Coop Career Fair took place in the atrium. Students displayed their career fair poster boards and answered questions about their coop placements to date.

Many students and staff members came out to talk with the students who were happy to share what they have learned about exploring possible future careers.

We also appreciated some of our employers who took time out of their busy day to visit.

There will be an information session in February about students interested in coop for next year. Students and parents are also welcome to contact Michelle Crowell or Timothy Jankura if they have question related to coop.



English classes see Romeo and Juliet in Toronto

By Mr. M. Mascarenhas

Mr. Mascarenhas' and Ms. Tapper's Grade 9 and 10 enriched English students recently took a trip to see Romeo and Juliet in Toronto. The students thoroughly enjoyed the performance but were also fascinated by the giant Christmas tree at the Eaton Centre! The students represented our school with class. It was an awesome day.



Students pose at the giant Christmas tree at the Eaton Centre.

你对中国文化有多了解？*

Joey Pan, a student in Mr. Curtis's Leadership class, conducted a survey on how well St. Benedict students understand the culture of Chinese students here at our school. Although most got the answers right, many still had misconceptions about life in China.

26%

correctly guessed that Chinese students are required to take **9 classes** every day in China.



68%

believed that Chinese students are shy in class because they can't speak English. The actual reason is that, in China, students are ridiculed for asking "easy" questions because it makes them look **intellectually inferior**.

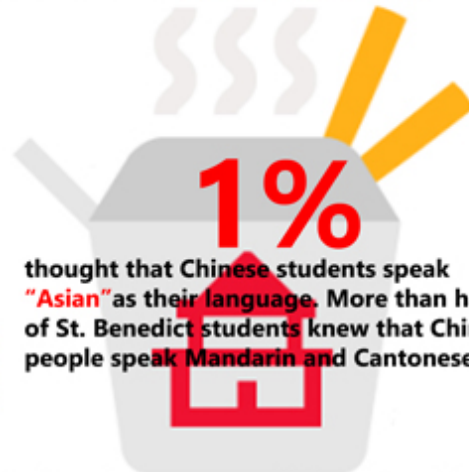
14%

thought that Chinese students needed to pass a dating test before they are allowed to have a girlfriend or boyfriend. Chinese students are actually **forbidden** from having romantic relationships in high school.



1%

thought that Chinese students speak "Asian" as their language. More than half of St. Benedict students knew that Chinese people speak Mandarin and Cantonese.



Joey Pan plans to increase awareness of Chinese culture with a presentation at lunch in the Atrium on Jan. 11th, including a chopsticks demonstration, Chinese food, and a comparison chart showing the differences between Canadian and Chinese culture.

*How well do you know Chinese culture?

LEAP: A Cross-training course for our athletes

By Mr. N. DUFRESNE

Do you have an athlete that competes on a rep level sports team or individual sport? Do they want to spend more time training to improve their overall performance? Then you may want to consider choosing LEAP (Leaders and Exceptional Athletes Program) as one of their courses for next year.

LEAP is specialized physical education course for student-athletes who demonstrate exceptional athletic potential in a given sport. This course is designed to help student athletes



Abby Van Groningen, St. Benedict LEAP graduate and provincial snowboarder.

improve their overall performance in their sport of choice by developing transferable skills like cardiovascular endurance, speed, agility, coordination, power, strength and flexibility.

Applications are currently being accepted until March 3, 2017. For more detailed information about the program, selection criteria and application process please visit [our page on the St. Benedict website](#) or contact the program coordinator, [Mr. Dufresne](#).

Athletics

Saints win prestigious b-ball tournament

By MR. R. MARTINELLO

The St. Benedict Sr. Boys Basketball team made history by becoming the first team from Waterloo Region to win the prestigious Court Heinbuch Invitational Basketball tournament with a 48-34 victory over the highly touted Cardinal Newman Cardinals from Hamilton. Congratulations go out to all the team members who worked hard through the weekend.

Unofficially the team set a record for lowest average points given up on defense through the tournament.

Special congratulations go out to Justin Malnerich who was named a 1st team tournament all-star and Zubair Seyed, who was named tournament MVP.

Thank you to all the fans who came out and cheered the team on loudly and proudly.

Saints Hockey

By MR. N. O'CONNOR

The Varsity Boys Hockey Team defeated Preston 5-1 in preseason play. Ryan Miesner led the charge with 5 points. Kevin

BENN BOX SCORES

Jr. Boys basketball

Saints 80, Rockway MC 21

Saints 69, Our Lady of Mount Carmel 23

Sr. Boys basketball

Saints 78, Rockway MC 15

Saints 77, Our Lady of Mount Carmel 16

Saints 64, ES Pere-Rene-de-Galinee 18

Jr. Girls volleyball

Saints 3, St. Mary's HS 0

Saints 3, ES Pere-Rene-de-Galinee 0

Sr. Girls volleyball

Saints 3, St. Mary's HS 0

Saints 3, ES Pere-Rene-de-Galinee 1

Sr. Boys hockey

Saints 2, Msgr. Doyle 0

St. David CSS 1, Saints 0

Craig and Jacob Lewis also contributed to the win. Dustin Myskiw recorded the win between the pipes for our Saints.

The Saints then opened the season at the Galt Arena against the Monsignor Doyle Mustangs last week, where they won by a score of 2–0. Hunter Price recorded the shutout between the pipes while Ryan Miesener scored both goals for the Saints.

Stay up to date with District 8 Sports

Now receive sports updates in your email or on your mobile device!

The new [District 8 website](#) now allows you to sign up for nightly e-mail updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by [following this link](#).

Clubs

Ultimate Frisbee club

The Ultimate Frisbee Club begin playi today at lunch in the gym. Come out and join this fast-paced and newly popular co-ed sport. Please bring your gym clothes and athletic shoes to participate. No experience is needed. We are particularly interested in grade 9 and 10 female players! Please speak to Mr. Betik, or Mr. Dufresne if you have any questions.

Student Activities

The Arts

Other News

Upcoming Events

Wednesday, December 7
2:15pm Concert Band
2:15pm Games Club
2:15pm Movie Club

Wednesday, December 21
8:00am Wrestling: St. Mary's Tournament
10:40am Cosmo Club
10:40am Reach for the Top

3:00pm Jr. Boys Basketball vs Resurrection CSS
3:30pm Jr. Girls Volleyball @ Rockway MC
3:30pm Sr. Girls Volleyball @ Rockway MC
4:30pm Sr. Boys Basketball vs Resurrection CSS
BENN Newsletter release

Thursday, December 8

10:40am DECA Business Club
10:40am Star Trek Club
10:40am Lacrosse Club
10:40am Accepting Differences Club
2:15pm Math Club
2:15pm Doctor Who Club
2:15pm Seams Sew Easy
3:00pm Sr. Boys Hockey @ St. Mary's HS
6:00pm Badminton Club
Feast of the Immaculate Conception

Friday, December 9

Professional Activity Day

Sunday, December 11

Third Sunday of Advent

Monday, December 12

10:40am Reach for the Top
10:40am Finance Club
10:40am HOSA Club
10:40am Robotics Club
10:40am Spirit Council
2:15pm Pit Band
3:00pm Sr. Boys Basketball @ St. David CSS
3:00pm Jr. Girls Volleyball vs Woodland Christian HS
3:00pm Sr. Girls Volleyball vs Woodland Christian HS
4:30pm Jr. Boys Basketball @ St. David CSS
Prophet's Birthday
Graduation Photos

Tuesday, December 13

10:40am Games Club
10:40am Arts Council
10:40am DECA Business Club
10:40am Movie Club
10:40am Accepting Differences Club
Graduation Photos

Wednesday, December 14

10:40am Cosmo Club
10:40am Reach for the Top
10:40am Seams Sew Easy
10:40am HOSA Club
10:40am Robotics Club
10:40am Model UN Club
10:40am Movie Club
1:00pm Swimming: Mini-Meet #3

10:40am Seams Sew Easy
10:40am HOSA Club
10:40am Robotics Club
10:40am Model UN Club
10:40am Movie Club
11:30am Swimming: D8 Championships
2:15pm Concert Band
2:15pm Games Club
2:15pm Movie Club
3:00pm Jr. Girls Volleyball vs St. Mary's HS
3:00pm Sr. Girls Volleyball vs St. Mary's HS
BENN Newsletter release
December Solstice
Graduation Photos

Thursday, December 22

10:40am DECA Business Club
10:40am Lacrosse Club
10:40am Accepting Differences Club
2:00pm Sr. Boys Hockey @ Monsignor Doyle CSS
2:15pm Math Club
2:15pm Seams Sew Easy
4:00pm Midget Boys Basketball @ St. Mary's HS
5:00pm Midget Boys Basketball @ Resurrection CSS
6:00pm Badminton Club
Graduation Photos

Friday, December 23

10:40am Star Trek Club
10:40am Finance Club
10:40am Programmers' Club
2:15pm Doctor Who Club
Graduation Photos
Christmas Assembly

Saturday, December 24

Christmas Eve
Christmas Break Begins

Sunday, December 25

First Day of Hanukkah
Christmas

Monday, December 26

Boxing Day

Saturday, December 31

New Year's Eve

Sunday, January 1

Last day of Hanukkah
New Year's Day

Friday, January 6

Epiphany

Saturday, January 7

Orthodox Christmas

2:15pm Concert Band
2:15pm Games Club
2:15pm Movie Club
3:00pm Jr. Girls Volleyball vs St. David CSS
3:00pm Sr. Girls Volleyball vs St. David CSS
7:00pm Wintersong
Graduation Photos

Thursday, December 15

10:40am DECA Business Club
10:40am Lacrosse Club
10:40am Accepting Differences Club
2:00pm Sr. Boys Hockey vs Resurrection CSS
2:15pm Math Club
2:15pm Seams Sew Easy
3:00pm Midget Boys Basketball vs St. David CSS
5:00pm Midget Boys Basketball vs St. Mary's HS
6:00pm Badminton Club
Graduation Photos

Friday, December 16

10:40am Star Trek Club
10:40am Finance Club
10:40am Programmers' Club
2:15pm Doctor Who Club
Graduation Photos
Advent/Christmas Basket Faith Assembly

Sunday, December 18

Fourth Sunday of Advent

Monday, December 19

10:40am Reach for the Top
10:40am Finance Club
10:40am HOSA Club
10:40am Robotics Club
10:40am Spirit Council
2:15pm Pit Band
3:00pm Sr. Boys Basketball @ Monsignor Doyle CSS
3:00pm Jr. Girls Volleyball vs Monsignor Doyle CSS
3:00pm Sr. Girls Volleyball vs Monsignor Doyle CSS
4:30pm Jr. Boys Basketball @ Monsignor Doyle CSS
Graduation Photos

Tuesday, December 20

10:40am Games Club
10:40am Arts Council
10:40am DECA Business Club
10:40am Movie Club
10:40am Accepting Differences Club
2:00pm Sr. Boys Hockey vs St. David CSS
Graduation Photos

Monday, January 9

8:00am School re-opens, regular classes
10:40am Reach for the Top
10:40am Finance Club
10:40am HOSA Club
10:40am Robotics Club
10:40am Spirit Council
2:15pm Pit Band
3:00pm Jr. Girls Volleyball vs Rockway MC
3:00pm Sr. Girls Volleyball vs Rockway MC
3:30pm Sr. Boys Basketball @ Woodland Christian HS
5:00pm Jr. Boys Basketball @ Woodland Christian HS
Graduation Photos

Did you know?

There are over 1,300 entries on our school calendar on the website!

This means plenty of opportunities for your son or daughter to get involved!

Check the calendar on our website for more information. New information is always being added, and more detailed information about upcoming events can be found there.

To see the full calendar, go to Benny's News ►
Calendar of Events.

Keep up with what's happening at St. Benedict's using your cell phone



Visit
stbenedict.wcdsb.ca/calendar.php
from your cell phone.

(Be sure to bookmark it!)

Miscellaneous

We want to know...

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please [email us](#) with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at <http://stbenedict.wcdsb.ca> for news and information updates.

