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The BENN newsletter is a publication of St. Benedict CSS. It is distributed every second Wednesday during the school year using the WCDSB Newswire service. Any questions or comments pertaining to this publication can be sent to the editor [Anton Milardovic](#) or the school's principal [Dan Witt](#).

BENN Staff

[Mr. Anton Milardovic](#)

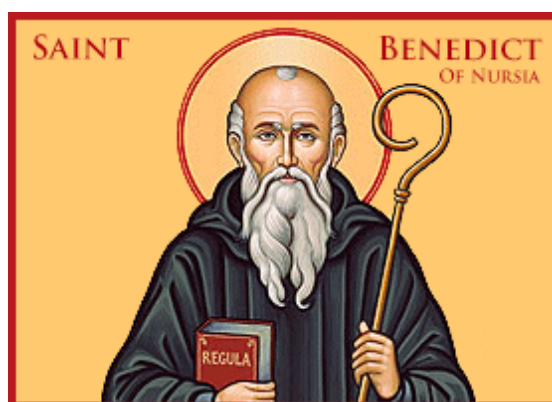
Next Issue

April 19, 2017

Thought of the Day

"Listen and attend with the ear of your heart."

– Benedict of Nursia (St. Benedict)



Bennie's in the Media

THE RECORD: [Seyed tops list of District 8 MVP winners](#)

CAMBRIDGE TIMES: [Seyed easy choice for D-8 MVP](#)

CAMBRIDGE TIMES: [Trio of Cambridge hockey players named...](#)

CAMBRIDGE TIMES: [Locals volleyball D-8 and WCSSAA MVPs](#)

CKCO TV: [Cambridge basketball student nets 52 points](#)

UW ATHLETICS: [Men's basketball lands two more standout lo...](#)

Administrative



The Barrday Teacher of Excellence Awards

The mediocre teacher tells.
The good teacher explains.
The superior teacher demonstrates.
The great teacher inspires.
—William Arthur Ward—

Do you know a teacher in Cambridge, from JK to high school, who inspired you or someone you know? We invite parents, grandparents, students, former students, school administrators and

colleagues to nominate that teacher for a Barrday Teacher of Excellence award.

Barrday, a Cambridge business, is committed to learning. We believe that curiosity and the desire to learn are inspired at an early age in many places. In order to encourage and recognize learning and excellence in our schools, we will salute ten inspirational teachers each year in the City of Cambridge, with ten \$1,000 Teacher of Excellence awards.

We are looking for teachers who consistently demonstrate:

- Excellence – motivating students to achieve their best
- Integrity – consistently thinking, saying and doing what is right
- Respect – treating each student as valuable and full of potential
- Innovation – inspiring students to explore and make choices

Nominate your teacher of excellence today

ALL nominations will be forwarded on to the teacher you nominated.

Please visit our website at www.Barrday.com to find out how you can share the reasons why your teacher is deserving of a Teacher of Excellence award.

Nomination forms may also be requested by emailing snugent@barrday.com or by phoning 519.621.3620 ext.1228.

The deadline for nominations is April 21, 2017.

News from the Guidance Department

By MRS. L. O'NEILL

Scholarship and Bursary Opportunities

Now is the time! Please watch the email distribution list for upcoming opportunities and be sure to meet the deadlines.

Community Conversations: Wellbeing

The Kitchener and Waterloo Community Foundation, Wellbeing Waterloo Region, Cambridge & North Dumfries Community Foundation and the United Way of Waterloo Region Communities will be partnering to host a series of four Community Conversations.

In line with this, we are inviting all high school students to come and join us on April 13th for our Cambridge Community Conversations. We want to hear what our local youth have to say about what 'WELLBEING' means to them in our community.

Registration is FREE. EVERYONE IS WELCOME TO JOIN. The more input we get from local residents of

Free Tuition for Hundreds of Thousands of Ontario Students

New Ontario Student Assistance Program Now Accepting Applications

Ontario is now accepting applications for the new Ontario Student Assistance Program, which is making tuition free for more than 210,000 students.

Premier Kathleen Wynne met with high school students at Bishop Marrocco/Thomas Merton Catholic Secondary School in Toronto today to talk

Cambridge, the better. To register for the event, please click [here](#). For more information about Community Conversation, visit us at:

cndfoundation.org/community-conversations

You may also contact us at 519-624-8972.

Specialist High Skills Major (SHSM) and Course Selection

All students who are registered in one of the Specialist High Skills Major programs should have received a report which indicates their progress in their sector of choice. Students should use this report to make sure that they choose courses for next year which will allow them to complete the SHSM academic requirements.

Specialist High Skills Major Excellence Awards

Description: One award will be presented to the deserving student from each Secondary School who has demonstrated motivation and change and has grown both personally and academically as a result of their involvement in the Specialist High Skills Major programs.

- The recipient will receive a framed certificate and monetary award.
- Total award value is \$250, donated by Hotzone Training Consultants.
- The school will receive a plaque recognizing the student.

Selection Criteria: Students who are applying for the award must be 100% on track in the program, and will earn their Red Seal Diploma during the 2016-17 school year.

Community Service Hours

It is a requirement of graduation that each student complete 40 hours of community service. There are many opportunities to fulfill this requirement. If you have already registered for Hour Republic check out the guidelines on the website www.hourrepublic.com. This website can also be used to track your hours and see volunteer opportunities.

about how the new OSAP will help more students pursue higher education based on their ability to learn -- not on their ability to pay.

In addition to providing free tuition to hundreds of thousands of students each year, the new OSAP will also provide more generous grants. By next year, it is estimated that some 230,000 students receiving OSAP will have less debt as a result of these changes.

All students are encouraged to visit ontario.ca/OSAP to start their applications today.

Removing the financial barriers to higher learning and making postsecondary education more affordable is part of our plan to create jobs, grow our economy and help people in their everyday lives.

QUICK FACTS

- Students and their families can use the new online calculator to quickly determine how much financial assistance they are eligible for — which may be more than they expect.
- The OSAP calculator shows that if, for example, you are a single parent, have three children and earn \$60,000, you are eligible for grants totalling more than \$16,000 — making tuition free if you decide to attend college.
- OSAP is available to adult students, married students, students with children, dependent students and single independent students. Students with children may also be eligible to receive funding for child care costs.

VOLUNTEER SPOTLIGHT

April 22 Healthy Heart Day Event.

We require volunteers for setup day (April 21 and 22)

April 21 – 3–5PM and April 22 – 6:30AM–2PM

We will sign any forms for volunteer hours and they are also given breakfast, lunch, refreshments and a quiet room. We also give them a certificate for their records. Duties include: Setup and cleanup of chairs and tables, decorating, distributing and collecting flyers, cleanup of paperwork and materials, directing guests, leading "cheer group" for Survivor walk and other duties as required.

Interested students should send a message to kdissanayake@rogers.com and CC laura.oneill@wcdsb.ca. Please do ask them to address Subject Line HHD 13 VOLUNTEER REQUEST.

Great Big Theatre Company is welcoming again this summer 2017, Secondary School Co-op students as well as Student Volunteers who would like to earn their community service hours by joining our Summer Drama Camp staff. We are a federally registered non-profit charity (1994).

Our Drama camps for youth ages 3–14 years, operate throughout the summer months, July & August.

Our school volunteers have assisted us greatly in the past in implementing our camp programs and we look forward to working together again this summer 2017 with many new and returning students.

For more information, please visit the Guidance office.

Become a Leader-in-Training Today!!

The City of Cambridge is now recruiting LIT's aged 13–15 for our Summer playground Program. Assist playground leaders with children's programs at our Summer Playground sites. Playground runs for 9 weeks: July 4th – September 1st. LIT's are required to volunteer a minimum of 2 weeks. For more information please email playgrounds@cambridge.ca or call 519–740–4681.

Saints in Action



Up Coming Events:

Anxiety & Depression
Workshop - April 5, 2017

BB Boutique
Opening Soon April 20 & 21

BB Boutique
Hair/Spa Salon
Details coming soon

Spring Fundraiser for
Saints Fund
Details coming soon

Anxiety & Depression Workshop

*Living with Anxiety and Depression?
Supporting someone who does?
Seeking help?*

If so, you are welcome to
St. Mary of the Visitation Parish (16 Cooper St. in Hespeler)
on April 5, 2017 at 7:00pm in the Parish Centre.
Dr. Wendy Hofman, Program Coordinator for Family Ministry,
Diocese of Hamilton will share fresh insight on how to step out
of depression and decrease anxiety. This is a highly interactive
workshop. All are welcome!

BB BOUTIQUE

Come on Out!

*Prom Dresses
Short/Long/Two Pieces
Suits/Blazers/Shirts/Ties
Shoes/Evening Bags
Jewelry*

Where: Room 124

When: April 20 & 21, 2017

Time: 2:15 p.m. - 3:30 p.m.

Please contact Mrs. K for
further information.

Academics



Enriching the Lives of Students

By MRS. D. WITTMANN

There many opportunities for students to enhance their learning experience: Enrichment courses, LEAP, OYAP, UCEP, Co-op, Home Build, SHSM, and Skills Canada. Visit the Enrichment blog for information on all these opportunities. The Blogroll contains a plethora of learning



English Corner

By MRS. D. WITTMANN

To receive an Ontario Secondary School Diploma (OSSD) each student must obtain 4 credits in English (1 credit per grade). Visit the English blog to read the course offerings provided by the Saint Benedict English Department. The Blogroll has great resources

enhancements. To learn more about what we offer, click the link. Enrichment@St.Benedict.blog.

for both students and parents. Enjoy!
English@St.Benedict.blog.

Saints Succeed at Skills

By Mr. N. Calhoun

In March, St. Benedict students met up with students from the other four high schools in our Board to participate in various skills competitions. Congratulations to the following students who will be moving on to the next level of competition:

Auto Service: Zach Whalen

Carpentry Individual Kendra Cassidy

Carpentry Individual Jason Falco

Job Interview Tiana Thomas

Precision Machining Mitchell Whyte

Robotics & Control Systems (Team) Joshua Duke, Brandon Hilt

The next level of competition will be Ontario Technological Skills Competition (Skills Canada – Provincial) May 1–3. Good luck to all!

Saints Programmers Progress to ECOO Regionals

By Mr. A. Milardovic

This morning, 11 students from St. Benedict's travelled to St. David's in Waterloo to participate in the annual ECOO programming contest. The Educational Computing Organization of Ontario hosts this annual three-level tournament every year, and this year's result is our best showing in the last few years, with two of our teams advancing to the Regional competition on April 29 in London.

The premise behind the ECOO programming contest is simple: you get four computer problems, three hours, and one computer. Solve as many of the problems as you can in that time, working in teams up to four students. This poses several big challenges in terms of time management, critical thinking, collaboration and teamwork.

... you get four computer problems, three hours, and one computer . . . working in teams up to four students

Our two boys' teams finished 3rd and tied for 4th, but with one of the teams not being to participate at the next level that moved them to 2nd and tied for 3rd. The tie break for third place was quickest first submission, which our team did by ten minutes.

Of historical note, this is the first year that St. Benedict's has fielded an all-girls team, and while the girls did not advance to the next level they did out forth a phenomenal effort and worked well together—definitely a team to look out for next year!

We wish our boys' teams all the best as they prepare for competition at Western, and look forward to great results in the future!



This year's ECOO programmers: Curtis Hall, Tye Herold, Michael Dombrovski, Victor Malinowski, Rafael Wiska-Ilnicki, Jason He, Jonathan Befekadu, Alaina Hansen, Madhurbain Kaur, Kathryn Morton, Mehtab Kaur, Mr. Milardovic

Athletics

VOLLEYBALL: St. Benedict's Jenna Banz named D8 league MVP

By MR. D. STRYKER, DISTRICT 8 SPORTS



Saint's power house outside attacker Jenna Banz was announced as the senior girls volleyball league's most valuable player on Monday.

Banz proved to be a dominant player throughout the District 8 season with strong and consistent net play and serving. She would lead a young Saints squad to the D8 final where they would suffer a tough fifth set loss to St. David's. St. Benedict's would go on to qualify for the AAA CWOSSA championships where they would lose in the semi-final to the eventual champions.

Joining Banz as a first team all-star selection was her teammate and setter Maya Danis. Outside hitters Monica Zeglan and Hope Harnack were named as second team all-stars for the Saints.

District 8 Champions St. David's Celtics are represented on the first team by grade 12 middle Rachel Sothern, grade 11 left side attacker Maya Sokolowski and grade 11 setter Marlie Dowling. St. David's captured their first senior D8 title since the 1998-99 season with a balanced array of talent, and would go on to win silver at the AA CWOSSA Championships.

Grade 12 outside hitters Lorena Tasedan from St. Mary's and Maddy Antwi from Resurrection rounded out the senior first team all-star selections.

Resurrection also had grade 12 setter Tara Omand, and grade 11 Jade Hickey honoured as second team selections, while grade 12 outside hitter Makenna Edissi and grade 12 setter Ava Harun were also recognized as second team all-star selections.

Stay up to date with District 8 Sports

Now receive sports updates in your email or on your mobile device!

The new [District 8 website](#) now allows you to sign up for nightly e-mail updates. You can select the school (or schools) you want to follow, and all the sports results will be sent to your email address.

The service is free. Sign up by [following this link](#).

Clubs

Robotics Team

BY MR. A. CHAVES

Over the March Break, the robotics club participated in the yearly robotics competition at the University of Guelph. Congratulations to the robotics club who placed 12th place on the first day and 3rd place on the second day for an overall placement of 6th place in a competitive competition. They programmed a robot that could navigate courses pushing a block to an end point and avoiding knocking over various obstacles.

Next they are setting their eyes on the Canada Wonderland's roller coaster competition.



Members of the Saints Robotics Team: Rafeal Wiska-Ilnicki, Johnathan Befekadu, and Jason He. Not pictured: Mehtab Kaur, Madurbain Kaur, Noah Kerby

Reach for the Top

BY MR. S. LEHAN

Last week our Reach for the Top teams competed in the final day of the regional tournament and one of our teams came in 2nd place overall! Our team's pursuit of trivial trivia was impressive and we will continue to practice hard so we can make it to provincials next year.

Science team start up

BY MS. S. SKINN

It's that time of year biologists are looking at the blooms, chemists are looking for fresh reactions and physicists are changing time. The science team is springing up for second semester

to prepare for the science Olympics and contests. Science team has its first meeting at lunch on Tuesday April 11, which will include sign-ups and tryouts for our science Olympic events at the University of Guelph and the University of Western Ontario. All students that are interested need to attend this meeting in room 319 at the beginning of lunch. Science team needs representatives from every grade and new members are always welcome! If you have any questions beforehand see Ms. Skinn or Mr. Bailey in the science office.

Upcoming science events:

Chemistry contests – see Ms. Skinn, Ms. Fournier, Ms. Miller or Ms. Stefan

Biology contests – see Mr. Bailey

Physics contests – see Mr. Fratarcangeli

Guelph and Western science Olympics – Ms. Skinn and Mr. Bailey

Student Activities



ORDER SPIRIT WEAR ONLINE!

St. Benedict CSS Online Spirit Wear

You can now purchase your items online in 3 easy steps:

1. Go to the online store at <https://sbcss-spiritwear17.itemorder.com>
2. Choose your items and add them to your cart
3. Securely checkout with your credit card

Online Store Deadline: April 30th, 2017 (11:59pm)



SAINTS HALO T-SHIRT	"B KIND" L/S T-SHIRT	"GO SAINTS" ATHLETIC SHIRT	SCHOOL CREST SWEATSHIRT	SAINTS PULLOVER HOODIE	SAINTS ZIP-UP HOODIE
					
\$8.75	\$12.50	\$13.50	\$17.75	\$26.50	\$26.50

This store is estimating to ship products by May 24th, 2017

powered by  **ORDERMYGEAR**

Questions?
Nick Renda
519-635-7492
hofsportsmem@gmail.com

The Arts

Other News

Parish Connections

Celebrate Easter at St. Mary of the Visitation

BY FATHER F. FREITAS

Christ Has Died, Christ has Risen, Christ will come again!

The Easter faith of the Church is summarized in the above acclamation. To proclaim that Christ is risen is to say that God is alive, that God is with us, that God will never leave us. At a time when so many people are experiencing the devastating consequences of war and poverty, when people are carrying the cross of sickness and when family members are seeking to be reconciled with each other, we pray for the gift of peace: the peace of the Risen Lord.

As a parish family we celebrate and seek this peace during the Easter Triduum called Holy Week. In this festival of days, Christ's saving work is commemorated by the Church with the utmost solemnity. Through the liturgy of the Triduum, the church is intimately united with Christ and shares in His passage from death to life. The liturgies of the Triduum are the way we publicly celebrate the Easter Peace. They commemorate not only the historical events, but celebrate and make present their saving effect for us. [I invite you to come with your family to the celebrations of Holy Week.](#) May our common celebration bring to each one of us a true and lasting sense of peace.

We are connected to our past, committed to our future and compassionately focussed on being a Family of Faith, a place, with something for everyone.

Check out our Website: www.stmaryhespeler.ca

[Day of Mercy \(April 6th\)](#)

HOLY WEEK MASS SCHEDULE

PALM SUNDAY - April 8/9, 2017

Saturday – 5:00 p.m.

Sunday – 8:00 a.m., 9:30 a.m., 11:30 a.m.

(A Children's Program for those in Junior Kindergarten to Grade 4 is offered at both our 9:30am and 11:30am Masses)

HOLY THURSDAY (April 13, 2017)

7:00 p.m. – Mass celebrated by Bishop Matthew Ustrzycki

followed by Procession of the Blessed Sacrament to the Repository with Adoration until 11:00 p.m.

GOOD FRIDAY (April 14, 2017)

11:00 a.m. – Solemn Liturgy adapted for children

3:00 p.m. – Solemn Liturgy of Good Friday

7:00 p.m. – Passion Play

HOLY SATURDAY (April 15, 2017)

1:00 p.m. – Blessing of Easter Food (Church)

7:00 p.m. – Solemn Easter Vigil

(there is no 5:00p.m. Mass today)

EASTER SUNDAY (April 16, 2017)

8:00 a.m., 9:30 a.m., 11:30 a.m.

(A Children's Program for those in Jynior Kindergarten to Grade 4 is offered at both our 9:30am and 11:30am Masses)



You are invited to attend a

SEAC
Twitter @WCDSB_SEAC

Special Education Parent Engagement Night

Come learn about the different supports available to all (K-12) students with special needs

April 20th, 2017 6:00-8:30 PM

Key Note Speaker DJ Cunningham



DJ Cunningham, who through his personal journey with ADHD, LD and Dyslexia, has achieved personal and professional successes, illustrating the importance of resiliency and self-advocacy.



Parents may select 3 of these 5 sessions:

- Resiliency and self-advocacy (DJ Cunningham, CEO Learnstyle)
- Sacramental preparation (Dr. Anne Jamieson, Director, Catechesis office, Diocese of Hamilton)
- Math strategies (Dr. Donna Kotsopoulos, Wilfrid Laurier University)
- Innovations in assisted technology (Chris Runstedler, Assistive Technology Resource Teacher)
- Transition planning (Tracey Fuschino, Community Transition Support Officer)

All with a focus on students with special needs!

Register by April 10th, 2017 at
<https://www.wcdsb.ca/spec-ed/seac.html>

Child care provided

Join us at 5:30 PM for pizza and refreshments and community fair including Special Education staff, SEAC members and local parent associations. Presentations will begin at 6:00 PM.

LOCATION: St. Mary's High School 1500 Block Line Road Kitchener

Hosted by WCDSB SEAC (Special Education Advisory Committee)

In partnership with Easter Seals Ontario, Waterloo Regional Down Syndrome Society and Waterloo Region Family Network

Phone 519.578.3660
Email info@wcdsb.ca (Please put SEAC in the subject line)

St. Elizabeth Catholic School

"CELEBRATING 25 YEARS OF EXCELLENCE IN CATHOLIC EDUCATION: 1992-2017"



All members of our school community
Both "Past and Present"
are invited to join us for this celebration on

Sunday, April 30th, 2017

Celebration of the Eucharist at 11:30 a.m.
by Father Freitas
St. Mary of the Visitation Church.
16 Cooper Street



Followed by a Blessing & Rededication and
Open House at
St. Elizabeth Catholic School
50 Adler Drive, Cambridge
1:00-4:00 pm

Make sure to join us for some fellowship with our
community, both past and present,
during this time of celebration.

EPYC 2017: INSPIRE ACTION

CAMBRIDGE
MAY 06
MAY 27
11AM-4PM

Tap into your passions to learn how you can
create change in your local community.

Earn community involvement hours.
Learn from local leaders.
Inspire Action.

APPLY: bit.ly/EPYC2017



United Way
Waterloo Region
Communities





**Waterloo Aboriginal
EDUCATION CENTRE**

DIRECTIONS

**A CAMPUS EXPERIENCE FOR
ABORIGINAL STUDENTS!**

MAY
15-18
2017

APPLY BY: MAY 5
TRAVEL: MAY 14+19

**ARE YOU AN ABORIGINAL STUDENT
IN GRADE 11-12 LOOKING FOR
AMAZING NEW OPPORTUNITIES?**

We have a program designed especially for you! Stay at St. Paul's Residence in Waterloo while discovering new experiences at a science-and-technology themed conference rooted in the medicine wheel teachings of spiritual, emotional, mental, & physical well-being.

Attend various hands-on workshops, sit in on special university-level lectures & tour related faculties while hanging out with other youth & having a great time!



ST. PAUL'S
UNIVERSITY COLLEGE



UNIVERSITY OF
WATERLOO



APPLY TODAY!

GET THE APPLICATION FORM AT:

uwaterloo.ca/stpauls/waec/directions

NEED MORE INFO?

cmaksymyk@uwaterloo.ca 519-885-1460 ext. 25209

Upcoming Events

To see the full calendar, go to Benny's News ►
Calendar of Events.

**Keep up with what's
happening at St.**

Benedict's using your cell phone



Visit
stbenedict.wcdsb.ca/calendar.php
from your cell phone.
(Be sure to bookmark it!)

Miscellaneous

We want to know...

Thank you to those who have taken time to provide us with feedback. Your opinions are important to us! Please [email us](#) with your comments and suggestions. If you like our newsletter, tell others; if you don't like it, tell us!

Check out our school website at <http://stbenedict.wcdsb.ca> for news and information updates.

