



Volume 10, Issue 5 - October 4, 2017

## Ushering in October...

By Mr. A. Milardovic

It's hard to believe that we already have a month of school under our collective belts. Hopefully by now staff and students have gotten into routines which ensure success for all.

Of particular note this month is the Progress Report, which is scheduled to go home on October 18. After looking over the report, parents can make an appointment to meet with teachers on October 26 to discuss student success and next steps.

Please remember that if you need to contact a teacher, guidance counsellor or administrator, our email addresses are all on the website under **About Us > Staff List**.

## Miss getting your photo taken at registration?

if you didn't get your photo done at registration, there will be a Photo Retakes Day on Thursday, October 26.



V O L N T E E R

*all that's missing is U!*

**Would you like to be a Volunteer?  
Here's how!**

My name is Charlene Fondacaro and I am the Volunteer Coordinator at St. Benedict C.S.S. If you have an interest in volunteer in our school community please **email me** at or call our school at 519-621-4050 x.5601, or you can find all of the volunteer forms on our website under **About us**.

If you would like a letter for a reduced cost for a Police Background Check (required), please contact me to arrange for a time to pick one up at the school.

## Chaplain's Corner

By Mr. B. Rempel

We are three weeks into the school year at St Benedict. There is a certain sameness to the start of each year. There are new students. There are returning students. Class begin. Clubs re-form. Teams hold tryouts.

Below the surface, there is fresh newness that is forming. We are entering a new year. There are many new students. Students are elder and are evolving into mature adults. Classes take on a new flavour and emphasis. The spirit of the school takes on a new and unique vibrancy.

And so the school year begins. Everything is old and yet new again.

## Nutrition for Learning Waffle Wednesdays

The Nutrition For Learning Team is happy to announce the return of Waffle Wednesdays. Stop by room 107 before the bell tomorrow to pick up some waffles. Other grab and go options available as well.



Thank you to all the staff for volunteering their time to make this program a success. We look forward to seeing you!

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## Academic

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### Are you thinking of Graduating this year?

Students who are considering graduating this year **and their parents** are invited to sign up for our **Graduation information newsletter**. Information that will help you as you move towards graduating will be sent to your email address: applying for scholarships, deadlines for college and university applications and more! You can easily unsubscribe at any time.

# News from Guidance

By Mrs. L. O'Neill

## Grade 12's and Post-Secondary Options

Did you miss the post-secondary information session on Tuesday or Wednesday this week? Meetings for grade 12 students who are considering college or university application for September, 2018 took place this week. If you were unable to attend, please stop by Guidance to pick up an information sheet. If you are feeling confused about the application process and are having difficulty navigating through web sites and documents, consider taking advantage of the following supports:

1. Please confirm with your son or daughter that they have completed, signed and handed in the "Consent for Disclosure of Information to the Ontario College Application Service (OCAS) and/or the Ontario University Application Centre (OUAC). This form was part of the registration packages that were sent home this summer to all grade 12 students. Unless this form is completed and signed, the school is not allowed to transmit marks to colleges and universities. If you are unsure as to whether or not your son or daughter has taken care of this important detail, please contact the appropriate counsellor for clarification.
2. Plan now to attend our Post-Secondary Information night on Thursday October 26 at 7:00 PM. This event is being hosted by the Guidance Department and coincides with parent/teacher/student interviews. The presentation will take place in the Lecture Hall.
3. Conestoga College will be hosting their annual College Information Presentations on Wednesday, October 17 from 10:30 AM – 1:00 PM and from 5:30 – 7:30 PM at their Doon Campus. All Ontario colleges will have representation at this event and Conestoga will also have additional information available to parents and students regarding their programs.
4. Follow us on Twitter @sbenguidance to get the latest information in 140 characters or less!
5. Both the Ontario Colleges website and the Ontario University website offer a wealth of information regarding schools, programs and the application process. To research colleges and their programs go to [www.ontariocolleges.ca](http://www.ontariocolleges.ca) To research Ontario universities and their programs go to [www.electronicinfo.ca](http://www.electronicinfo.ca)

## College and University Presentations

We have been fortunate in arranging visits to our school with liaison officers from several Ontario universities and colleges who will be making presentations to interested grade 12 students. The presentations will get started next week and provide an excellent way for students to ask questions about specific schools that they are interested in. Students must sign up to attend the presentations that they are interested in attending, by the end of lunch the day prior to the visit. While we do not limit the number of visits that students may attend, we do encourage students to be selective about the visits that they attend as many of them take place during class time. Students are responsible for any school work that they miss if they choose to attend a presentation. Please refer to the complete list of presentations that is posted on our school website.

## Community Service Opportunities

In addition to fulfilling an important diploma requirement, volunteering provides students with a way to give back to their community. As opportunities become known to the guidance department, they will be announced on the announcement system, posted on the Guidance bulletin board and listed in the BENN.

**Follow us on Twitter . . . @sbenguidance for announcements about volunteer opportunities, important dates and deadlines, scholarship opportunities and everything Guidance!**

# Academic Awards Night

Thursday, October 12th at 7pm

Today is the deadline to return RSVP's for Academic Awards Night on Thursday, October 12th.

If you are a grade 9 student looking to complete some of your Community Service Hours, please come and sign-up to help out in the Guidance Office. There will be two shifts that you can choose from: an early shift starting after school and finishing up around 4pm, and then a later shift running from 6:30-8:30. If you have any questions, please see Mrs. Arkell in the Guidance Office.



## Specialist High Skills Major at St Benedict

**GRADE 11'S DON'T MISS OUT  
ON SHSM –SIGN UP BY OCT 13**

Forms available in guidance or co-op offices!

Focus on a career area of your choice with one of our majors –hospitality, transportation, justice, safety and emergency service, business, health and wellness, manufacturing, construction, energy, environment, information and communication technology, arts and culture



## St. Benedict Culinary OYAP Program is “On Point” with their first meal

By Mr. N. Calhoun

OYAPs started with their first service today of, Soup, Bread and Sweets. Each order consists of a 500ml container of soup, a portion of bread and 4 cookies/sweets with respect to size. Each order will be a crazy reasonable price of \$6 (three Toonies).

This is different from last year, as this venture is now packaged as a unit as opposed to purchasing individual items. So, this means that there will need to be a pre-order system like our Benny's Place and Gourmet To Go.

This being said, we invite you to order, by e-mailing Mr. Calhoun after which you will receive a confirmation or receipt. We only made 10 covers this week, but we will be ready to increase volume moving forward.

Moving forward we have some exciting new ventures coming out of St. Benedict Hospitality this semester, with three cooks and their classes almost ready to roll.

The Menu this week was: Chicken Vegetable Soup, Rosemary Focaccia, Shortbread Cookies



## Sports

### Latest results

#### JUNIOR GIRLS BASKETBALL

St. Benedict CSS 30, St. Mary's HS 22  
St. Benedict CSS 55, St. David CSS 16

#### SENIOR GIRLS BASKETBALL

St. Benedict CSS 39, Monsignor Doyle CSS 21  
St. Benedict CSS 50, St. Mary's HS 31  
St. Benedict CSS 30, ES Père-René-de-Galinée 26  
St. Benedict CSS 43, St. David CSS 41

#### JUNIOR BOYS SOCCER

Monsignor Doyle CSS 2, St. Benedict CSS 1  
St. David CSS 3, St. Benedict CSS 2  
St. Mary's HS 5, St. Benedict CSS 0  
Resurrection CSS 5, St. Benedict CSS 1



## JUNIOR BOYS VOLLEYBALL

St. Benedict CSS 3, Monsignor Doyle CSS 0  
ES Père-René-de-Galinée 3, St. Benedict CSS 1  
St. David CSS 3, St. Benedict CSS 2

## SENIOR BOYS VOLLEYBALL

St. Benedict CSS 3, Monsignor Doyle CSS 0  
St. Benedict CSS 3, St. Mary's HS 0  
St. Benedict CSS 3, ES Père-René-de-Galinée 1  
St. David CSS 3, St. Benedict CSS 0

## Cross-country runners tops at Shade's Mill

By Mrs. P. Stang

Last week with 21 teams in attendance at the **Shade's Mill Invitational Cross Country Meet**, St. Benedict achieved overall top results with 5 out of 6 teams placing in the top 5 of the meet. Our senior girls team lead the charge with a first place finish and four team members placing in the top ten. **Saints Top Ten finishers** at the meet included Luke Meadus, Brianna Zakrzewski, Weldon Hovey, Blake Semper, Hope Harnack, Nikki Soares, Faith Nieson and Charlotte Jones. Good luck at the Waterloo Invitational tomorrow.

## Junior Girls Basketball at JF Ross Tournament

By Samantha Edwards

Congratulations to the Junior Girls Basketball who competed in their first tournament of the season at JF Ross and finishing with a 2-1 record for the weekend.



The girls started with a hard match up against Frontenac from Kingston. The girls, being nervous for their first game of the season, started slow off the tip off allowing Frontenac to get an early start to the game. However, this soon changed with Sarah Malnerich hitting a big 3 to get our team in the game. Fighting to stay in the game, the Saints not only brought the game within a couple points, but took a late lead of the game in the 4th quarter. Unfortunately, Frontenac was able to pull head and take the game with a 48-39 final score.

Saturday morning, the girls came ready to get their first win of the season against Assumption College in Brantford. Unable to keep up with the quickness of our team nor our defensive pressure, the Saints took an early lead and continued to climb with a big 48-11 final score.

In the consolation finals, the Saints came face to face with Georgetown District who were looking to win the consolation side. Unfortunately for them, the Saints brought their A game. With big boards from Julianna Vasquez and Savannah Meadus, and the sharp shooting from Angie Tran from the 3point, Georgetown didn't stand a chance. Saints took the game with a 43-18 final score and winning Consolation champs for the JF Ross Basketball Tournament.

Sarah Malnerich named team MVP of the weekend with her heart and hustle on the court. Follow the girls on their journey on the road to D8 finals by following [@SBCSSwomensbb](#) on twitter.

## Senior Basketball girls continue to win

By Mr. M. Mascarenhas

The Senior Girls basketball team continued their winning ways with a convincing 50 - 31 victory over St. Mary's. Elizabeth Desouza lead the Saints with 14 points, while Maya Danis and Alex Webb had 10 points each.

Last week the girls moved to 4-0 on the season with a 30-26 win over Pere Rene yesterday. The Saints were lead by Alex Webb, who had 11 points, and Nana Afifa Agyeipah, who had two big baskets in the closing minutes to seal the victory.

The girls continued their winning ways with an exciting 43-41 come-from-behind overtime victory yesterday over the St David Celtics. Nana Afifa Agyeipah had 14 points and Alex Webb scored 12, including the game winner. Come out to support your Saints Wednesday at 3:00pm as they face a tough team from Woodland.

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## Clubs

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### Do you want to have fun? Join a club!

We strive to be **a place for all** at St. Benedict. Currently there are **forty different clubs and activities listed on our website**. Don't see something you like? Want to start a new club? Talk to a teacher or someone in the Student Activities office... don't be afraid to start something new!

If nothing else, be sure to *get involved!*



### The Accepting Differences club is starting up again

Wednesdays and Thursdays at lunch in room 301. If you are looking for a place to hang out and eat lunch regardless of your gender, age, race, religion or sexual orientation, come on out - and bring a friend!

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# Student Activities

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## Saints Come Marching Home!

By Anna Baumgartner

Now that school is back in session, St. Benedict's Student Activities Council (SAC) is excited to welcome the 2017/2018 school year. With the start of the school year, SAC is proud to announce this year's Homecoming Week on October 16th to 20th. This week-long celebration of our school community is meant to give every student a chance to participate in fun activities and make the events memorable for all. Homecoming Week, a favourite time for staff and students, is a time to show your school spirit. This year, SAC will continue the tradition and bring even more Bennie's pride to the school!

To kick off the week, students will be invited to be creative by turning asphalt into art through Chalk Walk, an activity brought to St. Benedict by the Art's Council. A lunch filled with music, friends, and sidewalk chalk awaits the artist in everyone. This event will be followed by the Club Fair on Tuesday. Students will be given a chance to check out Bennie's large variety of clubs and get more involved in the school community. One of the more recent Homecoming Week traditions will be returning to St. Benedict - Bubble Soccer is back! Students, be sure to make your teams and be ready to bounce into a good time.

A great way to show school spirit is to wear it. A Spirit Wear sale will be held on Wednesday and students are encouraged to purchase spirit wear which can be worn every Wednesday throughout the school year.

Finally, to wrap up the week we have the Homecoming Dance. Although the theme won't be released until a later date, it is sure to be sweet. SAC is very excited for the upcoming Homecoming Week and hope that all St. Benedict's students will get their school year off to a great start!

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## Other News

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**The World is Full of Questions**



**JOIN US FOR TUESDAY NIGHT TOGETHER**

Tuesday, October 17, 2017—6:00 pm

St Mary of the Visitation Parish Centre



COME AND SEE

**Exploring is good. We're  
built for it.**

Everyone should have the chance  
to explore the Christian faith, ask  
questions and share their point of  
view.

## **Hey, High Schoolers!**

### **Looking for Community Service hours?**

You are invited to volunteer for  
"Welcome to Confirmation" Masses.

#### **Place**

St. Clement Parish, 745 Duke Street, Cambridge

#### **Dates**

Sunday, October 29 & Sunday, November 19 (either *or* both)

#### **Time**

Before/During/After the 12 Noon Mass

Youth volunteers are needed to serve as lectors,  
assist the ushers, help with serving pizza to the Grade 7 Confirmandi, etc.  
The "etc." is in its planning stages.

*If you have ideas to welcome the Grade 7's, we are listening!*

Our contact person is Dee Donahue at [dee.dangute@gmail.com](mailto:dee.dangute@gmail.com)  
Please email Dee for more information or to volunteer. Thanks!

## **Clemens Mills Library news**

**Welcome back to St. Benedict students!**



Hopefully the first weeks of the new school year have gone well for everyone. We'd like to encourage all students to have a library card. A first-time library card can be obtained for free. If you've misplaced your card, a replacement card is only \$1.00. Don't be shy. Come talk to us at the circulation desk and we will be happy to help you!

With a library card you can use our musical instruments at the Music Hub. We have acoustic and electric guitars, a drum set and a keyboard. You can also **borrow a guitar** to take home!

Enjoy the great fall weather by signing out some of our sports equipment. We have basketballs, footballs, and much more. These are for use in the Active Living area across from the school. The loan period is 2 hours.

Sports fans did you know that we are hosting our second fantasy sports league draft? Check it out on our **website!** This program is for teens!

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## Calendar of Events

Be sure to visit our school website for an updated calendar with detailed information links for most calendar entries.

### **Wednesday, October 4**

Orange Shirt Day

BENN Newsletter release

10:40am – 11:20am: Accepting Differences Club

10:40am – 11:20am: Guitar Club

10:40am – 11:20am: Cosmo Club

10:40am – 11:25am: Model United Nations

10:40am – 11:25am: Lost Club

10:40am – 11:30am: Programmers Club

2:15pm – 3:30pm: Concert Band

2:15pm – 3:45pm: Yearbook Team

3:00pm – 6:00pm: Sr. Girls Basketball vs Woodland Christian HS

3:30pm – 6:30pm: Sr. Boys Volleyball @ Woodland Christian HS

3:30pm – 6:30pm: Jr. Boys Volleyball @ Woodland Christian HS

4:30pm – 7:30pm: Jr. Girls Basketball vs Woodland Christian HS

### **Thursday, October 5**

8:00am – 4:00pm: Boys Golf: D8 Championships

8:00am – 4:00pm: Girls Golf: D8 Championships

8:15am – 9:15am: Univ/Coll visit: Guelph University

10:40am – 11:20am: Accepting Differences Club

10:40am – 11:25am: Lost Club

10:40am – 11:25am: MarioKart club

10:40am – 11:25am: Champions of Change

10:40am – 11:30am: Praise & Worship Music Team practice

1:00pm – 4:00pm: Jr. Boys Football @ Resurrection CSS

2:15pm – 3:15pm: Math Club

2:15pm – 3:15pm: Games Club

2:15pm – 3:30pm: Jazz Band

3:00pm – 6:00pm: Sr. Boys Football @ Resurrection CSS

**Friday, October 6**

SHSM Event: Manufacturing Day

10:40am – 11:20am: Star Trek Club

10:40am – 11:25am: Lost Club

10:40am – 11:25am: Programmers Club

10:40am – 11:30am: Finance Club

1:00pm – 2:00pm: Univ/Coll visit: Sheridan College

2:15pm – 3:15pm: Doctor Who Video Club

**Monday, October 9**

Thanksgiving Day

**Tuesday, October 10**

SHSM Event: Stop Motion Animation 101

9:15am – 10:15am: Univ/Coll visit: Trent University

10:40am – 11:25am: Reach for the Top

10:40am – 11:25am: DECA Business Club

2:15pm – 3:30pm: Flute Choir

**Wednesday, October 11**

8:00am – 4:00pm: Tennis: D8 Championship

8:00am – 4:00pm: Girls Golf: OFSAA Championships

8:00am – 4:00pm: Boys Golf: OFSAA Championships

8:15am – 9:15am: Univ/Coll visit: Carleton University

10:40am – 11:20am: Accepting Differences Club

10:40am – 11:20am: Guitar Club

10:40am – 11:20am: Cosmo Club

10:40am – 11:25am: Model United Nations

10:40am – 11:25am: Lost Club

10:40am – 11:30am: Programmers Club

10:40am – 2:00pm: DECA Business Club Retreat Afternoon

2:15pm – 3:30pm: Concert Band

2:15pm – 3:45pm: Yearbook Team

3:00pm – 6:00pm: Jr. Boys Soccer vs Monsignor Doyle CSS

3:00pm – 6:00pm: Sr. Girls Basketball vs Rockway MC

3:30pm – 6:30pm: Sr. Boys Volleyball @ Rockway MC

3:30pm – 6:30pm: Jr. Boys Volleyball @ Rockway MC

4:30pm – 7:30pm: Jr. Girls Basketball vs Rockway MC

**Thursday, October 12**

SHSM Event: Business Zoom Career Day

8:00am – 4:00pm: Girls Golf: OFSAA Championships

8:00am – 4:00pm: Boys Golf: OFSAA Championships

10:40am – 11:20am: Accepting Differences Club

10:40am – 11:25am: Lost Club

10:40am – 11:25am: MarioKart club

10:40am – 11:25am: DECA Business Club

10:40am – 11:25am: Champions of Change

10:40am – 11:30am: Praise & Worship Music Team practice

2:15pm – 3:15pm: Math Club

2:15pm – 3:15pm: Games Club

2:15pm – 3:30pm: Jazz Band

7:00pm: Academic Awards Night

**Friday, October 13**

8:00am – 9:00am: Univ/Coll visit: Huron College (U of Western)

8:00am – 9:00am: Univ/Coll visit: Kings College (U of Western)  
8:00am – 9:00am: Univ/Coll visit: Brescia College (U of Western)  
10:40am – 11:20am: Star Trek Club  
10:40am – 11:25am: Lost Club  
10:40am – 11:25am: Programmers Club  
10:40am – 11:30am: Finance Club  
1:00pm – 4:00pm: Jr. Boys Football @ St. Mary's HS  
2:15pm – 3:15pm: Doctor Who Video Club  
3:00pm – 6:00pm: Sr. Boys Football @ St. Mary's HS  
3:00pm – 6:00pm: Jr. Boys Soccer @ St. David CSS

### **Monday, October 16**

SAC Homecoming Week

9:00am – 10:00am: Univ/Coll visit: Queen's University  
10:40am – 11:25am: Programmers Club  
10:40am – 11:30am: Arts Council  
10:40am – 11:30am: Finance Club  
1:00pm – 2:00pm: Univ/Coll visit: University of Guelph Humber  
2:15pm – 3:30pm: Concert Choir  
3:00pm – 6:00pm: Sr. Boys Volleyball vs Resurrection CSS  
3:00pm – 6:00pm: Jr. Boys Volleyball vs Resurrection CSS  
3:00pm – 6:00pm: Jr. Girls Basketball @ Resurrection CSS  
3:30pm – 6:30pm: Jr. Boys Soccer @ St. Mary's HS  
4:30pm – 7:30pm: Sr. Girls Basketball @ Resurrection CSS

### **Tuesday, October 17**

SAC Homecoming Week

10:40am – 11:25am: Reach for the Top  
10:40am – 11:25am: DECA Business Club  
1:00pm – 2:00pm: Univ/Coll visit: Niagara College  
2:15pm – 3:30pm: Flute Choir

### **Wednesday, October 18**

BENN Newsletter release

SAC Homecoming Week

Progress Report Distributed

SHSM Event - GPS Training (2 Days)

9:15am – 10:15am: Univ/Coll visit: University of W. Ontario  
10:40am – 11:20am: Accepting Differences Club  
10:40am – 11:20am: Guitar Club  
10:40am – 11:20am: Cosmo Club  
10:40am – 11:25am: Model United Nations  
10:40am – 11:25am: Lost Club  
10:40am – 11:30am: Programmers Club  
1:00pm – 2:00pm: Univ/Coll visit: Ryerson University  
2:15pm – 3:30pm: Concert Band  
2:15pm – 3:45pm: Yearbook Team  
3:00pm – 6:00pm: Jr. Boys Volleyball vs Monsignor Doyle CSS  
3:00pm – 6:00pm: Sr. Boys Volleyball vs Monsignor Doyle CSS  
3:30pm – 6:30pm: Sr. Girls Basketball @ Woodland Christian HS  
5:00pm – 8:00pm: Jr. Girls Basketball @ Woodland Christian HS  
6:00pm: Arts Coffee House

### **Thursday, October 19**

SHSM Event - GPS Training (2 Days)

#### SAC Homecoming Week

8:00am – 4:00pm: Cross Country: D8 Championships

10:40am – 11:20am: Accepting Differences Club

10:40am – 11:25am: Lost Club

10:40am – 11:25am: MarioKart club

10:40am – 11:25am: DECA Business Club

10:40am – 11:25am: Champions of Change

10:40am – 11:30am: Praise & Worship Music Team practice

12:00pm – 3:00pm: Jr. Boys Football vs St. David CSS

1:00pm – 2:00pm: Univ/Coll visit: University of Ottawa

2:00pm – 5:00pm: Sr. Boys Football vs St. David CSS

2:15pm – 3:15pm: Math Club

2:15pm – 3:15pm: Games Club

2:15pm – 3:30pm: Jazz Band

#### Friday, October 20

SAC Homecoming Week

8:00am – 4:00pm: Tennis: CWOSSA Championship

10:40am – 11:20am: Star Trek Club

10:40am – 11:25am: Lost Club

10:40am – 11:25am: Programmers Club

10:40am – 11:30am: Finance Club

1:00pm – 2:00pm: Univ/Coll visit: Conestoga College

2:15pm – 3:15pm: Doctor Who Video Club

#### Monday, October 23

Professional Development Day

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## Follow us online!



Thanks for the reading 😊 if you like this issue make sure to forward it to your friends.