



Volume 10, Issue 8 - November 15, 2017

A week of championships

With the fall sports season coming to a conclusion, we have several teams that are in contention for championships... the next four days are going to see a lot of exciting action!

Tomorrow, Thursday, our senior boys volleyball team is in the CWOSSA finals tournament at the University of Waterloo. Our senior boys football team plays a CWOSSA semi-final game at home versus cross-town rivals Jacob Hespeler for a berth in the final game this weekend. And on Friday, both our junior and senior girls basketball teams are in competition in the CWOSSA finals tournament in Kitchener.

We wish all the players from these teams all the best of luck in the coming days. To teams that have ended their runs for the championships in their respective sports, we are proud of you as well, for representing the spirit of what it means to be a Saint throughout the season. You all make is so #SBCSSProud!

Mock Literacy Test debrief

By Ms. J. Ertel

On Tuesday, November 14, St. Benedict administered the MOCK Literacy Test to all Gr.10 students. The MOCK Test was one booklet that written during a 75 min period. It was comprised of reading and writing text interpretation, multiple choice, graphic text and writing a news paper report.

Although the actual OSSLT test is not taken until April 2018, the purpose of having students write the MOCK Test was to gather diagnostic data. This data is reviewed after the tests have been marked. It provides us with valuable information that allows us to intentionally plan intervention and support programs for students in the New Year.

Proper preparation is key to making our students successful in writing the OSSLT. It is our hope that our school Gr.10 results go up 1-2% from last year's scores. As well as improving scores we also want to improve student confidence and ease student anxiety.

A great way to keep up with the OSSLT is to check out our school OSSLT page on the SBCSS website. If you have any questions that need clarification, you may also contact myself, Jennifer Ertel at ext 5231.

Chaplain's Chatter

By Mr. B. Rempel

The beginning of the school year @ St Benedict has been marked by numerous acts of generosity. At the end of September, a civvies day raised approximately \$1600 for our Bennies Breakfast program. Every

day students pick up breakfast items to go and on Wednesdays and Fridays they sit down to a hot breakfast.

Another civvies day was held in the middle of October to support Rohingya refugees living in refugee camps in Bangladesh. Of the 1,000,000 Rohingya refugees living in Burma. Over 650,000 have brutally driven from their homes since August. The Rohingya are the “forgotten refugees” of our day. We donated approximately \$1900 to provide emergency food aid for some of these refugee families.

The month of October was spent collecting food for the Cambridge Self Help Food Bank. Thank you for your generous support. (We all know who does the shopping for the food that ends up in our donation boxes.) The 1,900 pounds of foods that you donated will feed Cambridge families for months.

As we have fed people this month, St Benedict has been at the heart of our local and global community.

October Food Drive collects a ton

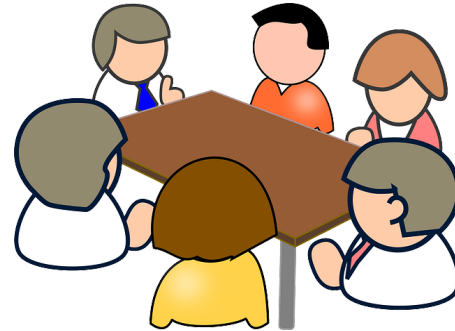
By BENN Staff

This year throughout the month of October, staff and students were encouraged to bring in non-perishable food items to help the Cambridge Food Bank. This year we collected over 1900 lbs to support those less fortunate in the community put food on the table. Way to go, Saints!



St. Benedict School Council

St. Benedict's School Council is a group of parents, teachers and administrators committed to making our high school a great place to learn and grow! The council sees family involvement as one of its main priorities and is committed to welcoming parents into the St. Benedict community by increasing communication, removing barriers and creating opportunities to get involved!



Meetings are from 7:00 to 9:00 p.m. usually on Thursdays, eight times throughout the year, and are typically held in Room 111. Our next meeting is on **Thursday, November 30**.

Dates for all the meetings, and agendas and minutes from earlier council meetings this year have been posted on our website. Under the Parents heading click on [School Council](#).

Looking to insert some Bennie's Spirit into Christmas?

Order Saints Spirit Wear today!



St. Benedict Online Spirit Wear Store 2017

You can now purchase your items online in 3 easy steps:

1. Go to the online store at <https://sbcssspritwear17.itemorder.com>
2. Choose your items and add them to your cart
3. Securely checkout with your credit card

Online Store Deadline: **Thursday November 30th, 2017 (11:59pm EST)**

Saints Halo T-Shirt  \$8.75	B KIND Long Sleeve T-shirt  \$12.50	Go Saints Athletic Long Sleeve T-shirt  \$13.50	B LOGO Crew Neck Sweatshirt  \$17.75	SAINTS Pullover Hoodie  \$26.50	SAINTS Zip-Up Hoodie  \$26.50
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powered by  **ORDERMYGEAR**

Questions?
Nick Renda
519-635-7492
hofsportsmem@gmail.com

Visit <https://sbcssspritwear17.itemorder.com> for pricing and more information. Orders must be placed by November 30th to ensure delivery before Christmas; orders will not be taken after that date.

News from Guidance

By Mrs. L. O'Neill

University of Toronto visit rescheduled

UofT visit has been moved to November 22 at 1pm in the Lecture hall. Please sign up in Guidance before November 21 to attend.

Post-Secondary Timeline

1. College and University visits that have been held at our school this fall will be coming to a close in November; however, there are still a few opportunities for students to attend a presentation. See the guidance office for more information on how to sign up for, and attend one of these presentations.
2. Grade 12 students should continue to do specific institution research at the E-info site (www.electronicinfo.com) for university and www.ontariocolleges.ca site.
3. PIN numbers for student applying to university will arrive in the guidance office shortly. Students planning to apply to university must use this personal PIN number to set up their account. Students planning to apply to college do not need a PIN number in order to set up their application account.
4. Now is a great time to arrange for a campus visit or tour at institutions that are of interest. The value of making a personal visit to a school should not be underestimated. Students who have visited campuses are finding this to be very beneficial in their decision making process. Most colleges and universities typically host these events in the fall, as well as in the spring. Specific dates can be found on the web sites of all university and colleges.

5. Review your semester two timetable to make sure that you have all of the necessary pre-requisite courses for the programs that you are interested in applying for.
6. Complete your Community Service Hours – AND – remember to hand them in!!
7. Be prepared to wait for confirmation of acceptance from schools. Each institution has its own timeline with regard to admission offers. Try not to let anxiety about acceptance interfere with your progress at school.

Community Service Hours

It is a requirement of graduation that each student complete 40 hours of community service. There are many opportunities to fulfill this requirement. If you have already registered for Hour Republic check out the guidelines on the website www.hourrepublic.com. This website can also be used to track your hours and see volunteer opportunities.

Volunteer Spotlight

Salvation Army ~ Christmas Kettle Campaign

This Christmas please give the Gift of Time . . . Give Hope

Please consider volunteering to this year's campaign . . . funds raised will provide Christmas grocery gift cards for those who qualify, toys and year round assistance and support for children and families in need. Volunteers are needed weekends in November starting November 16th. Monday to Saturday each week in December. They are in need of Kettle volunteer, drivers, packers, sorters and other manual workers. For additional information please call Major Harvey Canning 226-789-1193

St. John Ambulance Christmas Gift Wrapping

St John Ambulance Cambridge is offering this Gift Wrap opportunity for students to gain volunteer hours and to do a great service for our community.

Help wrap gifts from November 25th to December 24th

Sign up in Guidance with Mrs. O'Connor If you have any questions please contact the coordinator by email at nadira.mack@gmail.com

Follow us on Twitter . . . @sbenguidance for announcements about volunteer opportunities, important dates and deadlines, scholarship opportunities and everything Guidance!

Are you thinking of Graduating this year?

Students who are considering graduating this year **and their parents** are invited to sign up for our **Graduation information newsletter**. Information that will help you as you move towards graduating will be sent to your email address: applying for scholarships, deadlines for college and university applications and more! You can easily unsubscribe at any time.



VOLUNTEER

Would you like to be a Volunteer? Here's how!

My name is Charlene Fondacaro and I am the Volunteer Coordinator at St. Benedict C.S.S. If you have an interest in volunteer in our school community please [email me](#) at, or call our school at 519-621-4050 x.5601, or you can find all of the volunteer forms on our website under **About us**.

all that's missing is U!

If you would like a letter for a reduced cost for a Police Background Check (required), please contact me to arrange for a time to pick one up at the school.

Academic

Are you on the wait list for an SHSM trip or training?



If you are on the waiting list, come to the meeting spot at the departure time listed on the confirmation page; you will be admitted based on whether or not all confirmed students show up. On the day of the event, if spaces are available wait listed students will be admitted based on their position on the waiting list. For example, the student in position #2 will be taken before the student wait listed #4 by the supervisor.

Are you looking for your SHSM information?

Do you know that all of the trainings offered and your confirmation sheets are sent to your school Gmail account as well as your period 1 class? An updated copy of your progress report can also be found there regularly!!!!

Enriching the Lives of Students

By Mrs. D. Wittmann

There many opportunities for students to enhance their learning experience: Enrichment courses, LEAP, OYAP, UCEP, Co-op, Home Build, SHSM, and Skills Canada. Visit the Enrichment blog for information on all these opportunities. The Blogroll contains a plethora of learning enhancements. To learn more about what we offer, click on [Enrichment@St.Benedict](#).

English Corner

By Mrs. D. Wittmann

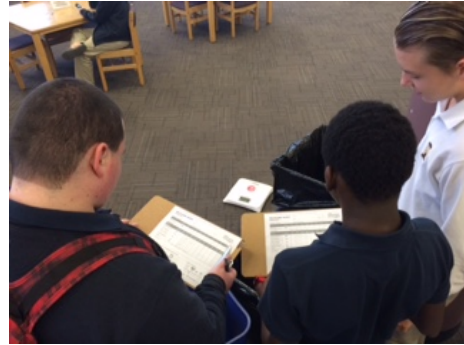
To receive an Ontario Secondary School Diploma (OSSD) each student must obtain four credits in English (one credit per grade). Visit the English blog to read the course offerings provided by the Saint Benedict English Department. The Blogroll has great resources for both students and parents. Enjoy! English@St.Benedict blog.

ENVIRONMENTAL EDUCATION IN ACTION

Waste Audit

By Mrs. R. O'Brien

On Wednesday, November 8 the Grade 11 environmental science class conducted an EcoSchools Waste Audit. Weighing and observing our garbage and recycling practice we found we have a diversion rate of 41% ! That means we are saving 41% of recycled products from the landfill! Way to go Saints. Please keep using the proper bins for recycling and garbage.



Yolk's on you!

Mr. Reitzel's Grade 12 physics class participates in the egg drop to ensure if their eggs will survive a two storey drop. Many eggs landed safely, some were scrambled, and some were merely cracked up.



Sports

Latest results

JUNIOR GIRLS BASKETBALL

Saints 74, Rockway MC 14

Saints 57, Rockway MC 13

Saints 31, Resurrection 30 [D8 Championship]

SENIOR GIRLS BASKETBALL

Saints 43, St. David CSS 42

Saints 43, Woodland 31 [D8 Championship]

SENIOR BOYS FOOTBALL

Saints 25, St. David CSS 28 [D8 Championship]

Saints 29, St. Mary's Owen Sound 7 [CWOSSA QF]

JUNIOR BOYS VOLLEYBALL

St. David CSS 3, Saints 2 [D8 QF]

SENIOR BOYS VOLLEYBALL

Woodland CHS 3, Saints 1 [D8 SF]

Junior Girls Basketball captures D8, off to CWOSSA

By Miss S. Edwards

Congratulations goes to the Junior Girls Basketball team for capturing the Junior Girls District 8 Championship title on Monday November 13 at Woodland. The Saints had a hard fought battle against the Resurrection Phoenix but were able to come through in the fourth quarter with a 31-30 win.

The Saints had faced Rez twice in regular season play, where they split the games 1-1. Going into the finals we knew this would be a hard game and we weren't wrong. The girls left everything on the court... literally. Through the thick and thin of the game, the girls were able to gain control of the court defensively and force Rez to hit some pretty tough shots. The game went back and forth where Rez would take a small lead, and then the Saints. However, Rez was not



prepared for what the Saint's brought out in the fourth quarter. Teamwork, communication and determination is what brought this team of 8, to hold the title of District 8 Champions.

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The coaching staff is beyond proud of what the girls have accomplished this season, and looking forward to this weekend where they will make their mark in CWOSSA.

Thank you to all the parents, fans and supporters throughout the season, and most importantly that last game. Without your support, the girls would not have had the experience they had. The Junior Girls Basketball Team thanks everyone for your cheering, screaming, and support.

The schedule for CWOSSA this weekend is as follows:

Friday @ Resserection

9am vs KCI

1:30 pm vs WCI

*First and second advance to Saturday where the games will be held at St. Mary's. Admission is \$5 for parents and fans (Children under 12 are free).

Wish the girls luck! Follow their journey at CWOSSA on twitter @SBCSSwomensbb



Senior Saints Win the District 8 Championship!

By Mr. M. Mascarenhas

The Senior Girls' basketball team capped a very impressive season with a solid 43-31 win over the Woodland Christian Cavaliers in the District 8 Championship game. The Cavs had beaten the Saints twice by one point in both regular season games this year,

with one of the games going to overtime. Those were the only two losses that the Saints had suffered during league play, so it was clear that in this final game that the girls were extremely motivated from the opening tip to get a victory.

The first half of the game was fairly even, as both teams traded baskets and had high and low moments. The Saints held a slight lead at halftime of 19-18. However, when the third quarter started, it quickly became evident that the Saints were not going to miss the opportunity to take the gold medal. With a big push from guards Alex Webb and Maya Danis, the Saints outscored the Cavs 13-7 in the 3rd quarter. Trinity Lombardi, Elizabeth D'Souza provided strong defense, and Manny Somal grabbed several important rebounds and loose balls. The Saints closed the game in the fourth quarter, outscoring the Cavs 12-6.

It was St. Benedict's third Senior Girls' D8 title in the history of the school. Coaches Mike Mascarenhas and Courtney Buhlman are extremely proud of the team. All members of the team stepped up at some point and the season and contributed to this successful year. Other members of the team are Abby Dupon, Lysa Lowe, Salina Filipovic, Tereza Borges, and Nana-Afia Agyeipha. Way to go Saints! Wish them luck at they move on the CWOSSA Championships this weekend.

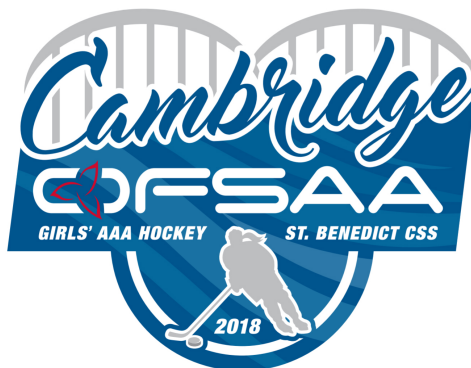
St. Benedict C.S.S. to host prestigious girls' hockey tournament in 2018

By Mr. D. Jaeger

St. Benedict is proud and excited to be hosting the 2018 OFSAA "AAA" Girls Hockey Championships. Sixteen of the best high school hockey teams--from Thunder Bay in the north, to Windsor in the south, to Ottawa in the east--will compete over 3 days beginning March 21.

An event of this magnitude requires months of planning and hundreds of hours of behind the scenes work: Vice Principal Dave Jaeger leads the committee and is assisted by several staff members from the school as well as from St. David and the board office.

This championship also couldn't function if not for the financial support of local sponsors. To date, nearly a dozen companies have contributed and the school appreciates their support. If you or someone you know would like to be a sponsor, feel free to call the school at 519-621-4050 and ask to speak to Dave.



Clubs

Do you want to have fun? Join a club!

We strive to be a **place for all** at St. Benedict. Currently there are **forty different clubs and activities listed on our website**. Don't see something you like? Want to start a new club? Talk to a teacher or someone in the Student Activities office... don't be afraid to start something new!

If nothing else, be sure to *get involved!*



In the Arts

Fall plays about to take stage

By Olivia Martins, SAC Arts Executive

On November 23-25 at 7:00pm the casts and crews of *Masterpiece* and *The Audition* will be taking the stage at Fall Play Night. Admission is \$5 for students and \$10 for adults and you can buy tickets at the door. Tickets will also be on sale all of next week in the atrium at lunch!

Masterpiece, by Nathan MetCalf, is about a young artist on her life journey along the way she learns about life, love, flamingos, tubas, monkeys wearing roller-skates and colouring outside the lines. All while on her way to find her "Masterpiece".

The second play of the night is *The Audition* by Don Zolidis. The new drama teacher at the high school is putting on the production of A Chorus Line. The auditioning students are hopeful, dramatic, nervous and most of all ready to witness how crazy auditioning for a play can be.

Student Activities

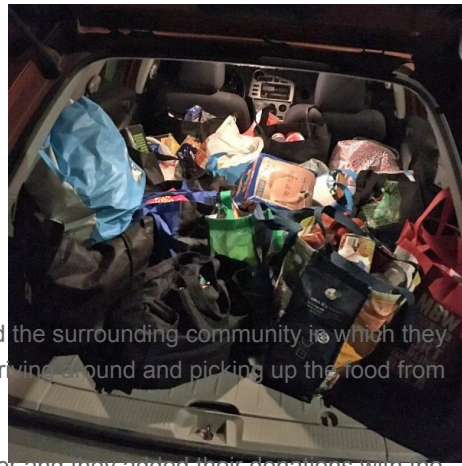
Saints collect food for Me to We

By Olivia Martins, SAC Arts Executive

A group of students from St. Benedict's took on Me to We's Halloween for Hunger. Halloween for hunger is when

people go around to homes and instead of asking for candy they ask for non perishable food items for the local food bank.

This year the social justice sector on Student Activities Council, Tiana and Crystal, decided to organize this event with people from our school community. Annie, Joey, Kate, Mathieu, Meghan, Noah, and Olivia along with Tiana and Crystal met at Tim Hortons across from the school at 7:00 on Halloween night. Three groups were assigned areas around the surrounding community in which they will ask for the food items. The fourth group was in charge of driving around and picking up the food from their bags as it would get very heavy.



There was also a fifth group going around to houses in Hespeler and they added their donations with the SAC group. The Hespeler group included Holland, Shayna, Erika and Natalie.

Through teamwork, dedication and school spirit the groups collected over 30 reusable bags on food with approximately 50 items in each bag. The group is very proud on what they accomplished in such a short amount of time. They encourage people to take part in this initiative next year!

Other News

Calendar of Events

Be sure to visit our school website for an updated calendar with detailed information links for most calendar entries.

Wednesday, November 15

SHSM Event: The Health Care System: Workers Mental Wellness & Stress Management

SHSM Event: Standard First Aid & CPR-C (2 Days: Nov. 8 & 15)

BENN Newsletter release

10:40am: Accepting Differences Club

10:40am: Guitar Club

10:40am: Cosmo Club

10:40am: Programmers Club

10:40am: Lost Club

10:40am: Model United Nations

2:15pm: Yearbook Team

2:15pm: Concert Band

Thursday, November 16

9:00am: Sr. Boys Volleyball vs Preston HS [CWOSSA Championships]

10:40am: Anime Club

10:40am: Robotics & Engineering Club

10:40am: Champions of Change
10:40am: Accepting Differences Club
10:40am: Praise & Worship Music Team practice
10:40am: MarioKart club
10:40am: DECA Business Club
10:40am: Lost Club
12:00pm: Sr. Boys Volleyball vs North Park [CWOSSA Championships]
2:00pm: Sr. Boys Football vs Jacob Hespeler [CWOSSA SF]
2:15pm: Math Club
2:15pm: Games Club
2:15pm: Jazz Band

Friday, November 17

Professional Development Day

9:00am: Sr. Girls Basketball vs SJAM/WODSS [CWOSSA Championships]
9:00am: Jr. Girls Basketball vs KCI [CWOSSA Championships]
1:30pm: Sr. Girls Basketball vs Owen Sound DSS [CWOSSA Championships]
1:30pm: Jr. Girls Basketball vs WCI [CWOSSA Championships]

Monday, November 20

10:40am: Programmers Club
10:40am: Arts Council
10:40am: Finance Club
2:15pm: Concert Choir

Tuesday, November 21

10:40am: Reach for the Top
10:40am: DECA Business Club
2:15pm: Flute Choir

Wednesday, November 22

Mid-Term Report Cards distributed

Math Contests

10:40am: Ultimate Frisbee Club
10:40am: Accepting Differences Club
10:40am: Guitar Club
10:40am: Cosmo Club
10:40am: Programmers Club
10:40am: Lost Club
10:40am: Model United Nations
1:00pm: Univ/Coll visit: University of Toronto (all campuses)
2:15pm: Yearbook Team
2:15pm: Concert Band

Thursday, November 23

SHSM Event: Traffic Control Certification

SHSM Event: ICT Zoom Career Day

SHSM Event: Role of the Museum & Training in Anthropology/Archaeology

10:40am: Anime Club
10:40am: Robotics & Engineering Club
10:40am: Champions of Change
10:40am: Accepting Differences Club
10:40am: Praise & Worship Music Team practice
10:40am: MarioKart club

10:40am: DECA Business Club

10:40am: Lost Club

2:15pm: Math Club

2:15pm: Games Club

2:15pm: Jazz Band

Friday, November 24

"Kindness Matters" Mass

10:40am: Programmers Club

10:40am: Star Trek Club

10:40am: Finance Club

10:40am: Lost Club

2:15pm: Doctor Who Video Club

Monday, November 27

9:30am: Univ/Coll visit: Centennial College

10:40am: Programmers Club

10:40am: Arts Council

10:40am: Finance Club

2:15pm: Concert Choir

Tuesday, November 28

Reconciliation

10:40am: Reach for the Top

10:40am: DECA Business Club

2:15pm: Flute Choir

Wednesday, November 29

SHSM Event: Wrapping & Taping for Sports Injuries

BENN Newsletter release

10:40am: Ultimate Frisbee Club

10:40am: Accepting Differences Club

10:40am: Guitar Club

10:40am: Cosmo Club

10:40am: Programmers Club

10:40am: Lost Club

10:40am: Model United Nations

2:15pm: Yearbook Team

2:15pm: Concert Band

Thursday, November 30

SHSM Event: Infection Control Training

10:40am: Anime Club

10:40am: Robotics & Engineering Club

10:40am: Champions of Change

10:40am: Accepting Differences Club

10:40am: Praise & Worship Music Team practice

10:40am: MarioKart club

10:40am: DECA Business Club

10:40am: Lost Club

2:15pm: Math Club

2:15pm: Games Club

2:15pm: Jazz Band

7:00pm: School Council meeting

Friday, December 1

10:40am: Programmers Club

10:40am: Star Trek Club

10:40am: Finance Club

10:40am: Lost Club

2:15pm: Doctor Who Video Club

Follow us online!



Thanks for the reading 😊 if you like this issue make sure to forward it to your friends.