



Wednesday, November 29 - Volume 10, Issue 9

Administrative

Uniform Review

By St. Benedict Administration

This past weekend parents should have received a Synervoice message from the school reminding them of the school's uniform expectations. This has been communicated as well to staff and students to ensure that the school uniform is worn appropriately and respectfully.

- Students are expected to be in complete uniform which consists of McCarthy uniform bottoms and tops. Uniform tops may only be worn with a white or navy blue t-shirt underneath. Non-uniform tops which could include hoodies, sweatshirts or sweaters are not permitted to be worn underneath.
- Scarves, hats, hoods may not be worn and students should remove these upon entering the building.
Jackets or sweaters are permitted between classes for those travelling between the portables and the main building. However, uniform bottoms are required at all times.
- Track pants, jeans or other non-uniform bottoms are not permitted during the school day.
- During lunch, students are to be in full uniform in the library, cafeteria and any classroom (when in a club or math help etc.). The same expectations regarding proper uniform tops and bottoms apply in these designated areas.

Teachers have been directed to send students with uniform infractions to the Main Office where they will speak with their administrator. If you have any questions, please contact your son's or daughter's administrative contact. This information can be found on the school's [Administration page](#).

Chaplain's Chatter

By Mr. B. Rempel



St. Benedict celebrated our annual “Be Kind” mass on Friday, November 24. Mass reminds us that God loves all and each of us. Despite our differences with others, the commonness we share is that we are all loved. We show kindness to others because we are all equally loved. Father Freitas was the presider.

We have begun our annual Christmas Basket/Stocking campaign. Over thirty five classes are sponsoring twenty six baskets. For over 25 years we have collaborated with the Cambridge firefighters to provide Christmas

baskets to families who are struggling financially. This year the Islamic School of Cambridge is joining with us in this meaningful project. We are also partnering with St. Mary’s parish in Hespeler to fill Christmas stockings with school supplies. These supplies will be sent to schools in Kenya, which will free up money to provide students with a nutritious lunch. Kindness matters all year round, but it seems to have special significance at Christmas.



GRADE 8 PARENT INFORMATION NIGHT



**St. Benedict Catholic Secondary School,
Cambridge**

Thursday, January 18, 2018 - 6:30 p.m.

For information...

Waterloo Catholic District School Board Secondary Schools & Programs

visit: <http://www.wcdsb.ca>

International Education Certificate Program

visit: www.wcdsb.ca/schools/international-education



Waterloo Catholic
District School Board

Specialist High Skills Major Program

visit: www.highskills.ca

www.wcdsb.ca

News from Guidance

By Mrs. L. O'Neill

Applying to University this year?

A number of grade 12 students who requested an OUAC (Ontario University Application Centre) PIN number have not picked them up in the Guidance office yet. This information is required to apply to

University. If you have not received your OUAC PIN, please come to guidance to pick up your PIN as soon as possible. We recommend you apply over the Christmas break as we do not come back until January 8th and University applications are due by January 17th. They often have technical issues near application the deadline so please do not wait to apply near the deadline or it could compromise your application. Please speak to your guidance counsellor if you need more information.

Applying to College?

If you are planning to apply to an Ontario College, please visit the ontariocolleges.ca website to get started. You do not need a PIN to apply just need to set up an account.

The deadline to apply to College is February 1st, 2018.



Event Volunteer—Christmas in Cambridge

[12+] Have fun while giving back at this festive outdoor festival. Many shifts are available, and tasks may include set-up/tear-down, running info booths, or activities!

[Lisa freundl@cambridge.ca](mailto:Lisa.freundl@cambridge.ca)



Retail & Warehouse —ReStore Cambridge

[16+] Tasks include customer service, preparing products for sale, product merchandising, helping to receive donations, and pricing product. [Janine jarmstrong@habitatwr.ca](mailto:Janine.jarmstrong@habitatwr.ca)



Lead/Side-Walk Horses—Pride Stables

[15+] Love horses? Love kids? Help children with disabilities by leading or side-walking horses over at Pride Stable. A fun and rewarding volunteer opportunity!

[Volunteer Coordinator volunteering@pridestables.com](mailto:Volunteer.Coordinator@pridestables.com)



Baking Assistant—Innisfree House (Cambridge)

[16+] Provide fresh made cookies; squares; muffins; cup-cakes, etc. for residents, visitors, staff and volunteers. Must be familiar and comfortable working in a kitchen environment.

[Jo Ann JBarber@lisaardhouse.com](mailto:JoAnn.JBarber@lisaardhouse.com)



Youth newsletter:
<http://eepurl.com/bPwOKH>

volunteerkw.ca

519-742-8610

lily@volunteerkw.ca

@vackw

@kwvac

DYK this poster is clickable? Visit volunteerkw.ca/youth to access clickable pdf

Academic

Enriching the Lives of Students

By Mrs. D. Wittmann

There are many opportunities for students to enhance their learning experience: Enrichment courses, LEAP, OYAP, UCEP, Co-op, Home Build, SHSM, and Skills Canada. Visit the Enrichment blog for information on all these opportunities. The Blogroll contains a plethora of learning enhancements. To learn more about what we offer, click on [Enrichment@St.Benedict](#).

SHSM training Session

By Mrs. M. Crowell

WOW... How cool is this!
SHSM students in Health and Wellness are learning wrapping and taping for sports injuries. Just one of the many opportunities for high skills major students.
Go to highskills.ca and go under trips and trainings to find out more.



English Corner

By Mrs. D. Wittmann

To receive an Ontario Secondary School Diploma (OSSD) each student must obtain four credits in English (one credit per grade). Visit the English blog to read the course offerings provided by the Saint Benedict English Department. The Blogroll has great resources for both students and parents. Enjoy! [English@St.Benedict](#) blog.



Sports

Winter sports season has begun!

By BENN Staff

Check out the calendar on the school website for when the Saints play in the various winter sports. Teams running at this time are: Basketball – junior, midget, and denior boys; Curling; Hockey – boys and girls, Swimming, Volleyball – junior, midget, and senior girls; and Wrestling.

Latest Results

JUNIOR BOYS BASKETBALL

St. Benedict 59, Woodland CHS 20

SENIOR BOYS BASKETBALL

St. Benedict 89, Woodland CHS 29

Junior Girls Basketball at CWOSSA

By Miss S. Edwards

Congratulations to the junior girls basketball team on an outstanding season and performance at CWOSSA November 17-18. The girls exemplified strength and determination in female athletics at St. Benedict. At the beginning of the a season, the girls were asked what their ultimate goal was for the current season. Our team goal was to win District 8 and have the opportunity to play at CWOSSA (no placing specifically). They did just that. The girls finished D8 with an 11-1 record (a one point loss separated us from an undefeated league record) and captured the District 8 junior girls championship. On top of regular play, the girls competed in 4 tournaments, one being the saints Junior Girls Invitational. In all 4 tournaments, the girls finished with a 2-1 record.

This past weekend the girls competed in the ultimate tournament, CWOSSA. After 2 aggressive games against some strong WCSSA teams, the girls finished first in pool play with a 2-0 record. They entered the semi final game undefeated, and advanced further into the tournament. Unfortunately they had a tough loss to an aggressive and talented St. John's team from Brantford. This is where the junior girls journey ended. The girls had an amazing season, and even with a team of 8 demonstrated the definition of team. They concluded the season with a 21-6 record....not too shabby for 8 junior players. The girls hope to continue to develop and build on our foundation in order to represent Bennie's at CWOSSA once again next year. Please congratulate the girls when you see them at school on an excellent ball season. Thank you to all who supported the girls!



Senior Girls Volleyball preseason

By Mrs. C. Stefan

Senior Girls Volleyball team attended an early bird tournament on Friday Nov. 24th. All team members showed great flexibility in playing different positions and quick responsiveness on the court. The Girls head to Hamilton on Thursday Nov. 30th for another tournament before league play begins Monday Dec. 4th. we are looking forward to a great season.



Athlete of the Week page launched



By Mrs. S. Reis

St. Benedict CSS is moving forward with electronically recognizing our athletes. Hip, Hip Hooray SAINTS!!!

Check out the [Athlete of the Week](#) page to see all those student-athletes who are recognized during our Fall, Winter and Spring sport seasons!!

During the 2017 Fall sports season, we honoured student-athletes that demonstrate leadership, commitment and success in athletics. SBCSS prides itself on commitment to excellence, positive attitude, and respect, but primarily promoting the development of the whole person. GO SAINTS GO!!

New Club: Girl's Lacrosse Club

By Mrs. C. Stefan

Attention all girls! There's a new club starting up at Bennie's ... a Girl's Lacrosse Club! If you're interested in learning to play Canada's National Sport, come out to an information meeting at the beginning of lunch on Thursday November 30th in room 201 (spin room). No previous experience necessary. Hope to see you there!

DECA Business regionals results

By Mrs. C. Ratz

On Saturday, November 25 members of our DECA Business Club went to St. Mary's in Kitchener to participate in the DECA Regional competition. This competition is the preliminary event prior to the Provincial contest held in February.

Congratulations to Bernadine Light and Callan Stewart on their top 10 written performances, and to Kyanna Vi, Samantha Kerry, Faith Nieson and Leanne Trepanier on their top 10 oral performances.

Preparation for the Provincial competition in Toronto in February continue in rooms 214 and 216 during lunch Tuesdays and Thursdays.

Games Club tournament... it's going to be Magic!

By Mr. P. Riso

Games Club will be hosting the Unstable Magic the Gathering draft tournament on Thursday Dec 14, 2017 in room 227. It is free to enter, anyone interested must sign up with Mr. Riso in room 227 ASAP. You do not need to be a member of Games Club to join.

Rafiki Bracelets are here!

By Mrs. C. Kot

Please see Mrs. Kot and members of the ***Champions for Change Club*** in the Atrium next week at lunch from Tuesday, December 5 to Thursday, December 7 to pay for and pick up your pre-ordered Rafiki Bracelet(s). Thank you for your support in providing access to education for girls in Kenya and supporting work initiatives for women through your purchases! Any orders not paid for by the end of the week will go on sale for others to purchase the following week! Don't miss out on your order!



MADE BY A MAMA

Using traditional art forms, each piece is hand-crafted by a mama in Kenya who is empowered through earning a fair wage for her work.

Other News

Parish Connections

St. Patrick's Parish

We invite you and your family to join us at St Patrick's Parish as we celebrate the Nativity of Our Lord and Saviour, Jesus Christ. Please note that in Canada, the holy days of obligation are the following: every Sunday, Christmas Day (December 25) and the Solemnity of Mary, Mother of God (January 1).

Additional parking is available in the parking lot at the corner of Wellington and Main Streets, behind City Hall off of Cambridge Street and across from the David Durward Centre (Beverly and Dixon Streets). Please note that there is no street parking on Wellington Street.

Christmas Mass Times:

Fourth Sunday of Advent

Saturday, December 23 – 5 pm

Sunday, December 24 – 10 am only

Please note that these Masses fulfill the Sunday obligation only.

THE NATIVITY OF OUR LORD

Sunday, December 24:

4:45 pm – Children's Nativity Presentation

5 pm – Mass and Blessing of the Christmas Crib

7 pm – The Proclamation of Christmas followed by Mass in the Holy Night

10 pm – Solemn Mass of the Nativity with Incense

Monday, December 25:

10 am – Solemn Mass of Christmas Day with Incense

Weekdays in the Octave of Christmas:

December 27 – Feast of St. John, Apostle and Evangelist – Mass at 8 am

December 28 – Feast of the Holy Innocents – Mass at 5 pm

December 29 – St. Thomas Becket, Martyr – Mass at 8 am, adoration at 8:30 am, Benediction at 9:30 am

THE HOLY FAMILY OF JESUS, MARY AND JOSEPH

Saturday, December 30 – 5 pm

St. Mary of the Visitation

Join us for Christmas in Hespeler!

4th SUNDAY OF ADVENT (December 23/24, 2017)

Saturday, December 23, 2017 - 5:00pm Mass

Sunday, December 24, 2017 - 9:00am and 11:00am

Check out details on our Christmas Eve Shuttle

Christmas Eve (December 24th)

(Carols 30 minutes before all Masses)

5:00 p.m. - Family Mass with Pageant

(Special "Jingle Jam" Children's Ministry for JK-Grade 4)

7:00 p.m. - Family Mass with Youth Choir

(Special "Jingle Jam" Children's Ministry for JK-Grade 4)

10:00pm - Solemn Mass of Christmas with Music led by Schola of the Sisters of Our Lady Immaculate

Family-Friendly Seating: At all our Masses on Christmas for parents who choose to keep their small children with them at Christmas, we're offering a special seating section. Little ones can move around, and parents can still see and hear everything. Host Ministers can direct you there.

Christmas Day (December 25th)

10:00 a.m. - Family Mass of Christmas Day

FEAST OF THE HOLY FAMILY (December 30/31, 2017)

December 30, 2017 - 5:00pm - Vigil Mass for The Holy Family

Sunday, December 31, 2017 - 9:00am and 11:00am

Solemnity of Mary the Mother of God

December 31, 2017 - Vigil Mass for Solemnity of Mary the Mother of God at 5:00 p.m.

January 1, 2018 at 10:00am

FEAST OF THE EPIPHANY - January 6/7, 2018

Saturday, January 6, 2018 - 5:00pm Vigil Mass for the Epiphany

Sunday, December 31

8 am – Said Mass at the Lady Altar

9 & 11 am – Sung Mass

Please note that these Masses fulfill the Sunday obligation only.

**SOLEMNITY OF MARY, MOTHER OF GOD –
Octave Day of Christmas**

Sunday, December 31 - 5 pm – Sung Mass

Monday, January 1 - 10 am – Solemn Mass with
Incense

Sunday, January 7, 2018 - 8:00am, 9:30am,
11:30am - Mass of the Epiphany

SACRAMENT OF RECONCILIATION

Please take advantage of various Celebrations of
the Sacrament of Reconciliation, to be held:

December 13 at 7:00 pm at St. Ambrose Church

December 14 from 8:00am-8:00pm at our Parish

December 19 at 7:00 pm at St. Patrick Church

and at St. Clement Church

Please use one of these opportunities (especially
the one here at our parish) to celebrate this
Sacrament of God's merciful love before
Christmas.

The Red Stocking Campaign

December 3-17, 2017

WHAT IS IT?

Our parish is once again taking on a special outreach project called the Red Stocking Campaign - we invite everyone to be a part of it!

Since 2006, we have invited you to fill Red Stockings with pencils, crayons, bookmarks, candy, educational toys, puzzles, and art supplies to help students in needy African Schools. This will be done in cooperation with Canadian Food for Children (CFFC) which will distribute them to needy children and families.

HOW DID WE DO LAST YEAR?

In 2016, St Mary of the Visitation Parish was able to send over 685 Red Stockings (a new record), and several additional shipping boxes; just in time for Christmas delivery! In May 2015, members of the Oblates of Mary Immaculate, the religious order we partner with in this work came to personally visit us on a Lord's Day Weekend to offer thanks and report on our efforts and work in Kenya. Since 2006 we have collected over 3000 Red Stockings!

HOW DOES IT HELP?

Many Catholic schools in **Kenya Africa** are operated by the religious communities of priests, brothers and sisters. They receive very limited funding from the government. Our school supplies provide every student in the school with the supplies they need to aid in their education. This permits the limited funding they have to go toward other needs such as school uniforms for the children, which in many cases would be their own "formal" clothing, and toward food for their daily lunch program, which often is the only meal that a child receives during the day.

HOW ARE WE GETTING IT THERE?

Canadian Food for Children (CFFC) is taking care of the shipping of it. CFFC assists Catholic missionaries by collecting the goods they need to do their work in the world. Since its inception, CFFC has, almost daily, shipped containers full of supplies to over 20 countries worldwide which face drought, disease and disaster.

ARE OUR PARISH SCHOOLS HELPING?

Yes! All of the classes at our three parish elementary schools will be participating. In addition, our Kids Klub will also be undertaking this project. Students at St. Benedict Secondary School will be made aware of the project with many home rooms participating.

HOW CAN YOU HELP?

Please consider taking a Red Stocking yourself and filling it with Pencils, crayons, book marks, candy, educational toys, puzzles, art supplies, Christmas trinkets, Small Books, Small stuffed animals. Please do not include any food items or anything that could break, leak, melt, or scare and harm a child and return it to the back of the Church before December 17, 2017. All items collected will then be shipped by Canadian Food for Children during that week for Christmas distribution.

*"Hope is found
in the hand that gives."
St. Mother Teresa of Calcutta*



**ST. MARY OF THE
VISITATION PARISH
CRAFT & BAKE SALE**



SATURDAY, DECEMBER 2, 2017

9:00AM - 3:00PM

ST MARY OF THE VISITATION PARISH CENTRE

JOIN US RIGHT AFTER THE HESPELER PARADE

- There is **SOMETHING** for **EVERYONE**

- Baked Goods (Cookies, Muffins, Pies, Cakes and maybe even Fudge)

- Handmade Crafts and Knitting

- Raffle Table with Gift Baskets and more

- Special "Garage Sale" and "Surprize Pack" Tables

- Christmas Craft Table

Religious Articles Display & Special Display by the Knights of Columbus



- Special Raffle for "Father Freitas' Special Cake"

- Tea and Lunch Room.

AMAZING SILENT AUCTION

Come Join us and Make this year's event a HUGE SUCCESS !

Save the Date!

Bishop's Banquet

In Honour Of
The Most Reverend

Bishop
Douglas
Crosby

Bishop of the Diocese of Hamilton

13th ANNUAL

Keynote Speaker:

The Most Reverend

Bishop Douglas Crosby



Tuesday • May 1, 2018 • 5:30pm

Catholic Education Centre • St. Mary's Parish Hall
35 Weber Street West • Kitchener • Ontario



For Tickets & Information Contact Ms. Jody Fritz :
Tel: 519.578.3660 ext. 2373 or Email: jody.fritz@wcdsb.ca
A charitable receipt will be issued for a portion of the ticket price.



Calendar of Events

Be sure to visit our school website for an updated calendar with detailed information links for most calendar entries.

Wednesday, November 29

BENN Newsletter release

2:15pm: Yearbook Team

2:15pm: Concert Band

3:00pm: Sr. Boys Basketball @ Monsignor Doyle
CSS

4:30pm: Jr. Boys Basketball @ Monsignor Doyle
CSS

Thursday, November 30

Thursday, December 7

10:40am: Anime Club

10:40am: Robotics & Engineering Club

10:40am: Champions of Change

10:40am: Accepting Differences Club

10:40am: Praise & Worship Music Team practice

10:40am: MarioKart club

10:40am: DECA Business Club

10:40am: Lost Club

2:15pm: Math Club

Thursday, November 29

SHSM Event: Infection Control Training
10:40am: Girls Lacrosse Club info meeting
10:40am: Anime Club
10:40am: Robotics & Engineering Club
10:40am: Champions of Change
10:40am: Accepting Differences Club
10:40am: Praise & Worship Music Team practice
10:40am: MarioKart club
10:40am: DECA Business Club
10:40am: Lost Club
2:15pm: Math Club
2:15pm: Games Club
2:15pm: Jazz Band
7:00pm: School Council meeting

Friday, December 1

8:00am: Wrestling: Jacob Hespeler Tournament
10:40am: Programmers Club
10:40am: Star Trek Club
10:40am: Finance Club
10:40am: Lost Club
2:15pm: Doctor Who Video Club

Monday, December 4

10:40am: Programmers Club
10:40am: Arts Council
10:40am: Finance Club
2:15pm: Concert Choir
3:00pm: Sr. Girls Volleyball @ ES Père-René-de-Galinée
3:00pm: Jr. Girls Volleyball @ ES Père-René-de-Galinée
3:00pm: Jr. Boys Basketball vs Resurrection CSS
4:30pm: Sr. Boys Basketball vs Resurrection CSS

Tuesday, December 5

SHSM Event: Rigging & Slings
10:40am: Reach for the Top
10:40am: DECA Business Club
2:15pm: Flute Choir
3:00pm: Boys Hockey @ St. Mary's HS

Wednesday, December 6

SHSM Event: ICE Challenge Day
10:40am: Ultimate Frisbee Club
10:40am: Accepting Differences Club
10:40am: Guitar Club
10:40am: Cosmo Club
10:40am: Programmers Club

Thursday, November 29

2:15pm: Games Club
2:15pm: Jazz Band
2:30pm: Boys Hockey vs Resurrection CSS
3:00pm: Midget Girls Volleyball vs Pere-Rene
3:40pm: Midget Girls Volleyball vs Resurrection 1
4:20pm: Midget Girls Volleyball vs Resurrection 2

Friday, December 8

Professional Development Day

Monday, December 11

10:40am: Programmers Club
10:40am: Arts Council
10:40am: Finance Club
2:15pm: Concert Choir
3:00pm: Jr. Girls Volleyball vs Monsignor Doyle CSS
3:00pm: Jr. Boys Basketball @ St. David CSS
3:00pm: Sr. Girls Volleyball vs Monsignor Doyle CSS
4:30pm: Sr. Boys Basketball @ St. David CSS

Tuesday, December 12

SHSM Event: Emergency Responses & Incident Management Training
SHSM Event: Kin Lab Days @ UWaterloo
10:40am: Reach for the Top
10:40am: DECA Business Club
2:00pm: Boys Hockey @ St. David CSS
2:15pm: Flute Choir

Wednesday, December 13

BENN Newsletter release
10:40am: Ultimate Frisbee Club
10:40am: Accepting Differences Club
10:40am: Guitar Club
10:40am: Cosmo Club
10:40am: Programmers Club
10:40am: Lost Club
10:40am: Model United Nations
1:00pm: Swimming: Mini-Meet #3
2:15pm: Yearbook Team
2:15pm: Concert Band
3:00pm: Jr. Girls Volleyball vs Resurrection CSS
3:00pm: Sr. Girls Volleyball vs Resurrection CSS

Thursday, December 14

10:40am: Anime Club
10:40am: Robotics & Engineering Club

10:40am: Programmers Club

10:40am: Lost Club

10:40am: Model United Nations

1:00pm: Swimming: Mini-Meet #2

2:15pm: Yearbook Team

2:15pm: Concert Band

3:00pm: Sr. Boys Basketball vs St. Mary's HS

3:30pm: Jr. Girls Volleyball @ St. Mary's HS

3:30pm: Sr. Girls Volleyball @ St. Mary's HS

4:30pm: Jr. Boys Basketball vs St. Mary's HS

7:00pm: Wintersong Arts Night

10:40am: Robotics & Engineering Club

10:40am: Champions of Change

10:40am: Accepting Differences Club

10:40am: Praise & Worship Music Team practice

10:40am: MarioKart club

10:40am: DECA Business Club

10:40am: Lost Club

2:15pm: Math Club

2:15pm: Games Club

2:15pm: Jazz Band

3:00pm: Midget Girls Volleyball vs Pere-Rene

3:40pm: Midget Girls Volleyball vs Monsignor Doyle

4:20pm: Midget Girls Volleyball vs St. Mary's

Friday, December 15

Advent/Christmas Basket Faith Assembly

10:40am: Programmers Club

10:40am: Star Trek Club

10:40am: Finance Club

10:40am: Lost Club

2:15pm: Doctor Who Video Club

The BENN Newsletter

[Unsubscribe](#) | [Manage subscription](#)



St. Benedict Catholic Secondary School

50 Saginaw Parkway, Cambridge, ON N1R 5W1

Telephone: (519) 621-4050

FAX: (519) 621-4057

Attendance: (519) 621-4001