## S.B.C.S.S – "A Celebration of People" "Heart of the Community: Success for each -- a place for all"

# St. Benedict Catholic School Advisory Council Thursday, May 7, 2020 6:30 Virtual Meeting

**Meeting called to order**: 6:30

Welcome & Prayer: Margaret Ingoldsby

- Principal's Report Margaret Ingoldsby
  - Catholic Education Week Igniting hope
    - Bishop Crosby will host a live mast on Friday for all to join
  - Mental Health Awareness week presentation by Sharon Porty (see more below)
  - Dr Jen from Umbrella project was schedule to speak tonight at our Family of Schools celebration but has been reschedule for the fall
  - Communication has been a big factor hoping that the Benn letters are getting to the parents and that it is enough
    - Teachers should be reachable for the students.
    - Contact and share with teachers how they are doing, questions, concerns etc.
  - SAC elections are scheduled for tomorrow, Friday May 8 SAC representative have been great with getting activities communicated out to the students
    - Accepting applications for LINK crew members for next year
  - Scheduling for next year is in progress counsellors are reaching out to students if necessary, about courses so remind them to pick up the phone if they don't know the number
  - Website Anton has implemented some changed
    - Email Anton directly if there are any more suggestions
    - Work on a parent calendar that would be specific for important dates
    - Especially important for our new Grade 9's coming in
  - Grade 12's don't want to lose sight of them, important time for them
    - Attempting to plan a celebration of some sort and running into roadblocks, will communicate when there are concrete plans
  - No final exams will be happening
    - March 13<sup>th</sup> mark is the base, if a student continues to increase achievement evidence of growth and/ or improved performance that mark can increase
    - Report cards will be distributed but only Grade 12's will get interim reports since needed for final applications for schools

- Planning at all levels (provincially, board and school) are occurring for all different types of scenarios
  - Again, information is provided, it will be communicated to the community
  - Board website is always a great place to check out for the up to date information

#### • **Chairs Report** - Eric Vaz

 CPIC was in hiatus for a bit, there was a virtual meeting last week but unable to attend

### Presentation by Sharon Porty

- A similar presentation was delivered to the teachers last week excellent information
- Important to identify that everyone is at different stages of dealing with our situation
- All these changes and new rules can be exhausting for everyone
- It's okay not to be okay boredom is causing stress for adults and kids alike
- There are mixed messages being received and interpreted through social media that make dealing with the circumstances more challenging
- Some people are thriving in this environment by learning new activities or completing hobbies that normally you wouldn't have time for but some are not
- It's important to review our expectations the lows and highs of our days
- It's okay to have a low day but learning on how to deal with that positively
- Behaviors may not be normal this may indicate that someone needs more support
- Big feelings but don't know how to communicate and may result in acting out
- Teens need to know they are not alone teen help lines are available by either phone or texting

#### **Next Meeting**

New school year - would like to move meetings to Tuesday's if no objections

**Meeting adjourned**: 7:30pm

**Next meeting:** September, 2020 **(details to be determined)**