

Wednesday, February 5, 2020 - Volume 12, Issue 13

A Message from Administration

Welcome to Semester 2!

The following information was shared with homeroom classes this week as we started our second semester. We thank you in advance for your support of St. Benedict Catholic Secondary School Students and Staff:

- The start of a new academic semester is a wonderful opportunity to reset our goals Academic, Pathway and Personal goals what can we do to improve on our first semester results?
- Attendance is critical to your success we know students do better academically when they are in class
- Unless you have a medical reason, washroom breaks are not a right, please do not abuse the
 privilege as you will be missing valuable instructional time
- Keeping our community safe is our number one priority and the uniform assists us with this, the
 basic expectation for uniform is a crested golf shirt and crested pants or shorts, we currently have a
 limited selection of extra uniform pieces so it is incumbent upon you to come to school in complete
 uniform. You are not permitted to be in class or our school if you are not in complete uniform.
- Please continue to be a good community neighbour especially while you are at the plaza at lunch, this includes crossing safely and respectfully.
- We are a Smoke free/Vape free facility if you choose to vape or smoke in a bathroom or anywhere on site you will receive a 1-day suspension and possibly a \$305 Public Health fine
- At St. Benedict we are proud to offer a quality, inclusive faith-based environment where everyone
 has the right to come to school and feel safe and respected. If you ever do not feel this way all you
 have to do is speak with an adult and we will assist you

Finally, as we continue to navigate some disruptions due to job action, we offer our support and prayers for all our community members involved and continue to hope a resolution is just around the corner. Thank you and have a wonderful second semester!

Registration is Open: It's Time to Sign Up for School!!

It's time to sign up for the 2020-21 school year – and registering to attend one of Waterloo Region's 43 **Catholic elementary schools** and five **Catholic secondary schools** has never been easier. In fact, a quality, inclusive, faith-based education is just a click away for families of Kindergarten students thanks to the Waterloo Catholic District School Board's **Online Registration** system.

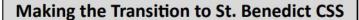
QUICKFacts

- ~~ Parents can access the Online Registration form by clicking on the Register for School link on the WCDSB Homepage and then choosing either Kindergarten Registration, Elementary Registration or Secondary Registration. The link to Online Registration can be found on each page under the "Registration Options"
- ~~ Children born in 2016 are eligible for Year 1 Kindergarten (JK).
- ~~ Children born in 2015 are eligible for Year 2 Kindergarten (SK).
- ~~ When registering your child to attend a Catholic elementary school you must be prepared to provide proof of the child's date of birth and either the child's Catholic baptismal certificate or the Catholic baptismal certificate of at least one parent or guardian.
- ~~ If you are non-Catholic, but wish to explore a Catholic education for your child(ren), please review the WCDSB <u>Admissions to Catholic Elementary Schools</u> policy. Our secondary schools are open to students of all faiths.
- ~~ A complete list of WCDSB schools that will offer the **Extended Day Program** in 2020-21 will be webposted in April, 2020. Please call your school directly for information about the Extended Day Program. A complete list of WCDSB schools currently providing the program is available via this link: **Extended Day Program**.
- ~~ For information about **French Immersion** programs in Kitchener, Waterloo and Cambridge, please click here: **French Immersion Registration Information**.

The Waterloo Catholic District School Board, representing more than 96,000 Catholic school supporters, operates 48 schools and five adult education facilities serving more than 40,000 elementary, secondary and continuing education students in Waterloo Region – continuing a 184-year tradition of quality, inclusive, faith-based education. Follow us on Twitter: **@WCDSBNewswire** – **#WCDSBAwesome**.

Administrative

Grade 8 Parents/Guardians & Students Join Us!





A lot has changed! Join us for this Pathway Presentation.

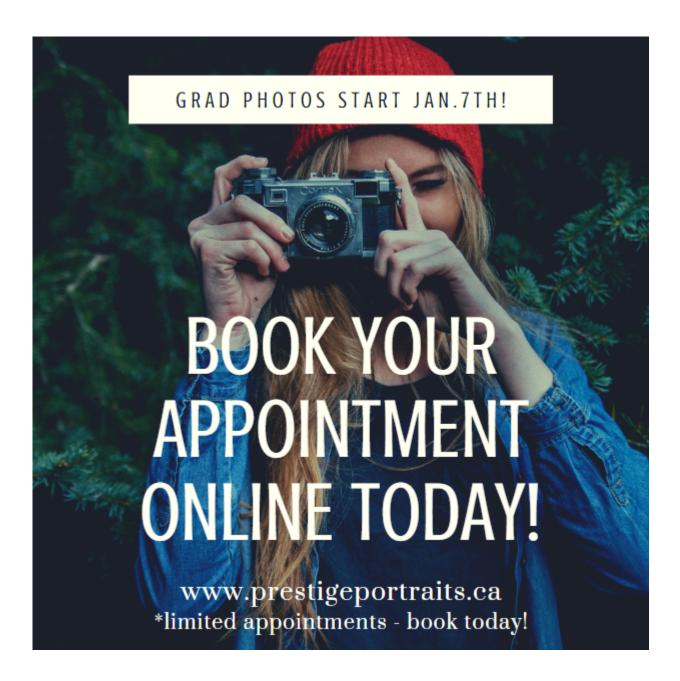
What to Expect in High School ● Course Selection Review
Academic & Pathway Career Planning ● Resources & Supports

HOST Location: St. Benedict CSS—50 Saginaw Pkwy, Cambridge



All Elementary Schools from the St. Benedict CSS family are invited for this special Pathway presentation. Secondary Administration, Guidance, Special Education and Student Success reps will be available to answer your questions.

All families from the Waterloo Region are welcome to attend!



Times now available for February 11! Sign up today!

And once you get grad photos taken care of

Are you a grade 12 student who is planning to graduate this year? If so, make sure you turn your fees and grad form into guidance no later than February 20th! We need this information ASAP so we can order your gown. If you have any questions, see Mrs. Spitzig in room 307!



Uniform Reminder

With the colder weather upon us, we would like to remind parents/students about our <u>uniform policy</u> at St. Benedict. The only item to be worn under a uniform top is a plain white, or navy blue short/long sleeved crew neck shirt. No hoodies or sweatshirts are to be worn under a uniform top at any time of the school year. If students are unable to be in proper uniform, they will be asked to work in the Main Office.

Bus Delays Information

Does your child take a yellow school bus to school? Would you like to receive updates on bus delays and cancellations? If so, please visit https://bpweb.stswr.ca/ and click on "Delays & Cancellations" on the top right hand corner. Then click on "Subscriptions". Enter your email address, and you will be able to sign-up for text message alerts which will notify you if your child's bus is running late.



News from Guidance

Who is your Guidance Counsellor?

Mrs. Lesley O'Toole A-Di & International Students ext. 5190

Mrs. Karla Arkell Dj - Ki ext. 5636

Mr. Nick Betik KI - PI ext. 5633

Mrs. Laura O'Neill Po - Z ext. 5634

Mrs. O'Connor Administrative Assistant ext. 5631

Course Selections for 2020 - 2021

We have visited with all students in grade 9, 10 and 11 and started the process of course selections. As we move into semester 2 it is a good time to continue research and have conversations about your choices for the next school year.

Grade 12 students who are interested in returning to St. Benedict for a 5th year will be invited to attend a lunch session at a date to be determined.

The decisions that students make now regarding their choices for next year are what drive the scheduling decisions that are made with regard to both the courses and the numbers of sections of each course that we offer at the school next year. The importance of making the right choices should not be underestimated as inappropriate course changes are not always easily corrected once the school year is underway.

As has been the practice for the past number of years, students will be choosing their courses on-line.

All students should have received detailed instructions regarding the process for choosing their classes during presentations. The site can be accessed as follows:

- 1. Go www. myBlueprint.ca/waterloocatholic
- 2. Login using your school login or GAFE account login

Please note that course selections must be submitted to the school and signed by a parent, by Friday February 28th. Students are encouraged to consult the course calendar on the website, as well as subject specific teachers and guidance counsellors for help making the correct decisions. In addition to before school, after school and during the school day, guidance counsellors will also be available in room 111 during lunch on specific days leading up to the deadline date.

Specialist High Skills Major (SHSM) and Course Selection

All students who are registered in one of the Specialist High Skills Major programs will receive a report which indicates their progress in their sector of choice. Students should use this report to make sure that they choose courses for next year which will allow them to complete the SHSM academic requirements.

Summer E-learning through St. Louis

Registration for Summer School day or E-learning courses is now available through Waterloo Catholic District School board's St. Louis Adult Learning & Continuing Education Centre. Please visit their website www.stlouis.wcdsb.ca for a list of courses and how to register.

SUMMER E-learning Careers/Civics Travel Credit

INFORMATION SESSION -

Travel and complete credits at the same time! An e-learning course - 12 days online + 7 day trip (2 days Ottawa, 2 days Montreal, 4 days New York City) – Cost is approximately \$1800. Interested in registering for an opportunity of a lifetime? Click the link below! Civics and Careers in Canada and the US

WHERE: Ottawa, Montreal and New York TRAVEL DATES: July 22nd – 28th 2019

COURSE CODE: CHV/GLC TOUR NUMBER: 2340130KW

Spots are very limited, and enrollment will be on a first come, first-serve basis – don't miss your chance!

Any questions regarding the tour, and payments please contact our Travel for Credit team at credit@ef.com or give us a call at 1-800-263-2806. Questions regarding the course, materials or credits can be directed to Judy Carley at the Board.

K-W Legacy Scholarship

The Legacy Scholarship Program was established to provide exemplary students with meaningful financial assistance for their pursuit of post-secondary education. Recipients of a Legacy scholarship will be leaders who create footprints, citizens who pay tribute to others, and individuals who enjoy fellowship with other

members of the community.

Legacy Scholarship requirements

In order to qualify for a Legacy Scholarship, applicants must meet the following requirements:

- · Attend a post-secondary institution that is approved by the Ontario Student Assistance Program
- Have a minimum cumulative average of 70% in their top six 12 M/U courses
- · Demonstrate financial need

Student wishing to apply for the KW Legacy Scholarship should speak to their Guidance counsellor. Applications should be received in Guidance by February 16th.

The Carol Shantz Bursary Endowment Fund was established to assist a client or an alumnus of KidsAbility Centre for Child Development to further their education at a provincially recognized college, university, or community or vocational institution in Canada offering a degree or certificate.

The award recognizes an individual who, through effort and perseverance, is seeking to realize their potential by pursuing post-secondary education.

Value of Bursary: One bursary valued at a minimum of \$1,000 will be awarded annually.

Deadline: Completed applications and all supporting documents must be received by KidsAbility Foundation no later than 4:30pm on May 15, 2020. Incomplete applications or applications received after 4:30pm on May 15, 2020 will not be considered.

https://www.kidsability.ca/uploads/Foundation/Carol%20Shantz%20Bursary%20Package.pdf

University of Waterloo Grade 10 Family Night

The University of Waterloo will be hosting an evening for Grade 10 students and their parents on Thursday February 20 from 6:00-8:30 PM. This is a great opportunity for grade 10 students who are thinking about attending any of Ontario's universities. Information covered will include finding a program that is a good fit, navigating the application process, and financing post-secondary education. Register to attend www.uwaterloo.ca/future/grade-10

Community Service Hours

It is a requirement of graduation that each student complete 40 hours of community service. There are many opportunities to fulfill this requirement. If you have already registered for Hour Republic check out the guidelines on the website www.hourrepublic.com. This website can also be used to track your hours and see volunteer opportunities.

KICK 4 A CURE

Plans for the 8th Annual Kick4aCure Charitable Soccer Tournament are well underway. The tournament is in support of the Grand River Hospital Foundation.

Student volunteers can receive up to 12 hours for their help with this event through pre-placement planning and set-up as well as game day experience.

Please visit their website for more information. www.kick4acure.com

Mennonite Furniture is looking for a student to work Saturday 9am – 4:30pm.

Responsible for:

- · Selling furniture
- · Loading up furniture into customers' vehicles
- · Cleaning the finishing room area

Please email a resume to: nicole@mennonitefurniture.on.ca



Are you considering volunteering at St. Benedict?



Volunteers are a welcome resource at St. Benedict C.S.S. The school is in a position of trust with regards to students and must strive to protect their intellectual, physical, mental, and emotional well-being. As such, the WCDSB administrative procedure (APO 001) mandates that all volunteers be screened, references checked, and Criminal Background Check (CBC) done. School administration reserves the right to oppose or rescind any volunteer placement.

If you would like to volunteer at St. Benedict, please contact <u>Ms.</u> <u>Fondacaro</u> or visit our <u>Volunteering</u> page on the school website.



Check out Grade 10 Family Night

Parents and students welcome

Learn about

- · applying to university
- · studying what you love
- · financing your education, and
- · tips from current Waterloo students

WHERE

Hagey Hub and Humanities Theatre (HH) University of Waterloo

WHEN

Thursday, February 20 Information fair: 6 to 7 p.m. Presentation: 7 to 8:30 p.m.

REGISTER TODAY

uwaterloo.ca/future/grade-10



EXPERIENCE WATERLOO



Interested in the Service Learning Program for next year?

There will be a parent information meeting on Tuesday February 11 at 6:30 in the Lecture Hall. See Mrs. Rocha If you have questions.

Need a quiet space after school to get some homework done?

Perhaps some extra support to help prepare for Exams!

All students are welcome to the

Literacy Lab Homework Club

in Rm 212 AFTER SCHOOL

Every Wednesday & Thursday from 2:15-3:30pm.

Hope to see you there!

Support Catholic Education



The number of Catholic ratepayers in Waterloo Region has fallen in the last number of years to below 100,000. This has happened at the same time Waterloo Region's population has grown significantly. To help counter this downward trend, in conjunction with our annual Kindergarten sign-up campaign, we are also launching a campaign to increase the number of "official" Catholic school supporters in Waterloo Region.

Learn More Here

The WCDSB is Hiring!

The Waterloo Catholic District School Board is hiring Teachers. Teachers, please apply via Apply to Education. For open opportunities, please check the Careers page on www.wcdsb.ca, or visit www.wcdsb.ca, or visit www.applytoeducation.com.

Nominations Open for WCDSB Distinguished Graduate, Community Partner & Chair's Awards

By WCDSB NewsWire

Nominations are now open for the annual WCDSB "Distinguished Graduate Award", "Community Partner Award" and "Chair's Award". Information about the awards (including the Distinguished Graduate Award nomination form) is available <u>HERE</u>. There are no nomination forms for the Community Partner and Chair's Awards.

If you wish to make a nomination in any of the categories, please submit your rationale in writing along with any supporting documentation you feel appropriate, to Alice Figueiredo by **Monday, March 2, 2020**. Hard copy or emailed nominations are equally acceptable. Alice can be reached via email at

Distinguished Graduate Award

The Distinguished Graduate Award was established in 2005 under the Board's "Celebration of Excellence" policy. It is presented annually to a graduate of 10 or more years from Waterloo Region's Catholic Schools who has provided an outstanding example of the Ontario Catholic School Graduate Expectations in action. The award is presented at the graduation exercises of the recipient's Secondary School or another appropriate public venue.

Community Partner Award

The Community Partner Award is presented annually in recognition of outstanding contributions made to Waterloo Region's Catholic Schools by a community partner or agency serving the students, staff and greater community of Waterloo Region.

Chair's Award

The Chair's Award is presented to a person (or group of people) in the school system who has contributed significantly to Catholic Education. It is given annually in recognition of outstanding contributions made in serving the students, staff and greater community of Waterloo Region and/or to the betterment of Catholic Education in Ontario in general.

Academic

Enriching the Lives of Students

There many opportunities for students to enhance their learning experience: Enrichment courses, LEAP, OYAP, UCEP, Co-op, Home Build, SHSM, and Skills Canada. Visit the Enrichment blog for information on all these opportunities. The Blogroll contains a plethora of learning enhancements. To learn more about what we offer, click on Enrichment@St.Benedict.

English Corner

To receive an Ontario Secondary School Diploma (OSSD) each student must obtain four credits in English (one credit per grade). Visit the English blog to read the course offerings provided by the Saint Benedict English Department. The Blogroll has great resources for both students and parents. Enjoy! English@St.Benedict blog.

Phys-Ed Blue Mountain Ski Trip

By Mr. N. Dufresne

All students who have taken or are presently taking a Phys-ed course this year are eligible to go on our annual ski/snowboard trip to Blue Mountain. The trip is on Friday February 28th. The \$65.00 cost includes return trip by highway motor coach, lift ticket and lesson. Ski, snowboard and helmet rentals are \$15 extra!

All students interested must pick up a registration package from the PHE office and have their forms and money submitted no later than February 21st. Spaces are limited so don't delay.

New Programming Course Offered for Grade 10!

The Business and Computer Studies department is excited to announce a new programming course being offered in 2020 for grade 10s. With sufficient enrollment, we hope to offer the **ICS 20 Introduction to Computer Studies** course.

From the Ministry curriculum document for the course: "This course introduces students to computer programming. Students will plan and write simple computer programs by applying fundamental programming concepts and learn to create clear and maintainable internal documentation. They will also learn to manage a computer by studying hardware configurations, software selection, operating system functions, networking, and safe computing practices. Students will also investigate the social impact of computer technologies and develop an understanding of environmental and ethical issues related to the use of computers."

Students who are considering a career in the computer industry can use this course as an opportunity to see what programming is about before taking the grade 11 and 12 ICS courses. "I think it's great for students thinking of taking a computer co-op or getting into the Information and Communication Technology High Skills path," says Mr. Milardovic, one of our school's computer teachers, "Students with an actual coding course under their belt before engaging in co-op in grade 11 or 12 will definitely have an advantage in the field."

Not only will students cover the curriculum, but they will also get the opportunity to participate in computer contests and challenges in order to further develop their programming skills.

Students who are interested in the course should see Mr. Milardovic in the business workroom or room 216 at lunch or after school; parents can <u>email Mr. Milardovic</u> for more information.

NEW this summer – Civics and Careers e- Learning Travel Credit

By WCDSB Pathways Office

This summer, the WCDSB is piloting an exciting opportunity for our students entering Gr. 10 to complete the Civics (.5 credit) and Careers (.5 credit) online and then extend their learning with a one-week trip to Ottawa, Montreal and New York City.

Timeline includes a mandatory face-to-face meeting June 30; digital course work July 6 -21st; travel July 22-28th.

Travel arranged through EF Tours – Click here for itinerary details.

Information, including the registration code, can be obtained from Judy Carley – WCDSB Pathways: judy.carley@wcdsb.ca or by calling 519-578-3660 x.2485.





Why should every young Canadian travel?

Regardless of career goals, students need skills like empathy, problem solving, and openness to others to become leaders in their fields and in their communities. Travel helps young people develop those global competencies. Come to our session to learn more about earning academic credit with the Waterloo Catholic District School Board and EF Educational Tours.

Questions? Contact credit@ef.com for answers

You're invited

Come to our parent and student information session and learn how you can earn course credit while travelling.

Course name:

 Civics and Careers in Ottawa, Montreal & New York (CHV2O/GLC2O) - LIMITED SPACE AVAILABLE



St. Mary's High School 1500 Block Line Road Kitchener, ON

To reserve your spot for the session, RSVP at eftours.ca/creditinfo



Communications Corner

By Mrs. C. Friedrich

Did you know that the Communications Department consists of English, French, and Spanish classes? Over the next few weeks you will see some additions to the Language and Communications page of the

school website. We will be moving away from the blog format and we will be creating an information page to help students and parents navigate courses offered through the Communications Department. We will provide useful tips, links, and pertinent information.

Course selections will be taking place very soon. The Communications Department has a wide selection of choices and there is a suitable course for each student. We offer courses to prepare students for each of the pathways.

We are currently in our second year of offering Advanced Placement Grade 12 University English (ENG4UE). This course is a continuation of the Pre-AP courses offered in Grades 9 - 11. Students enrolled in AP English do not do more work than students enrolled in Grade 12 University (ENG4U) - their learning and critical thinking skills are developed to help them pursue successful post-secondary academic careers. Click here for more information about AP and University Admissions in Canada.



Do you see Sector Partner Contextualized Component (SPCC) on your compulsory certifications?

Here is more information about that, from the Ministry of Education

- This required component includes one of the following options: Innovation Creativity and Entrepreneurship (ICE) training, coding and mathematical literacy.
- The Sector-Partnered Contextualized Component will require an approximately 6-hour activity, delivered with a sector partner and have an experiential and an assessment component.

Semester 2 we will be offering some full day sessions with an outside provider to help students complete this requirement.

Or if you are doing something with an outside partner through school or the community (think ICE Challenge, APPS for Learning, E-car, Robotics competitions, Programming contests, DECA, Mock UN, Drama Festival, HOSA competition, Art Battle Stock competition, Skills Canada) **this could count**.

See Mrs. Crowell in the co-op office (2nd floor) for a form to complete and check to see if it will meet this requirement. Arts & Culture

Business

Construction

Energy

Environment

Health & Wellness

Hospitality & Tourism

Info & Communications Tech

Justice, Emergency Services
 & Community Safety

Manufacturing

Transportation

Are you signed up for SHSM?

Training opportunities are happening! Check your school email account for messages about upcoming certifications.

You can also go to highskills.ca and go under trips and trainings for your school and sector to see what is coming up.

GOT QUESTIONS?

See your guidance counsellor or Mrs. Crowell in the co-op office.

Specialist High Skills Major News

All SHSM students are asked to check their progress report when choosing courses for next year. Their

latest report will be emailed to them so it is very important to check your school email account regularly.

A reminder that students going into grade 12 will be removed from the program next fall if they are not on track with all of their courses. Training opportunities are starting to appear so check your email and highskills.ca to check these out and get registered.

If you have questions about your progress report or trainings/certifications please see Mrs. Crowell in the Co-op office on the second floor.

Sports

Sports results

JUNIOR BOYS BASKETBALL

St. Benedict CSS 70, St. David CSS 55

SENIOR BOYS BASKETBALL

St. Benedict CSS 51, St. David CSS 36

JUNIOR GIRLS VOLLEYBALL

St. Benedict CSS 3, Monsignor Doyle CSS 2

Student Activities

Clubs

Club update for semester 2

- The U.N. Club will resume meeting every Wednesday at lunch in room 225. New members are welcome.
- Magic the Gathering will resume meeting every Wednesday after school in room 227. Our first week will introduce the new set, Theros Beyond Death. New members are welcome.
- MCU Club will resume this semester but we will now be meeting every Tuesday and Thursday in room 227 at lunch.
- Attention Doctor Who Club members: meetings resume this Friday, with new episodes of the 13th Doctor & the February prize raffle. Join us Friday, after school, in 226. New members are welcome.
- Interested in trying out Rock Climbing? Bennie's Rock Climbing Club meets every Thursday STARTING THIS WEEK. February 6th is our first trip to the climbing gym. There's no experience

necessary and we have expert coaches ready to help all levels. To join, see Mr. Porto in the math office. Spaces are limited so act fast!

- Attention Athletes! If you are interested in pushing some weight and adding strength to your game, join us on Tuesdays and Wednesdays after school in the weight room. See Coach Vale in the Phys.Ed. office for a permission form!
- Ever wonder if you could solve a Rubik's Cube? Did you ever want to learn how to solve it quickly?
 Or, maybe you're already an expert and want to race others. Bennie's Rubik's Cube Club is now running every Tuesday at lunch time in Room 203. Come on out and bring a friend!

ACE Robotics team presents: Safety at Home

By Christina Rawson

Hey there saints! The ACE robotics team has some super rad safety tips to keep you and your home safe. Fire safety is very important in a home and these are just some tips for you to remember:

Fire prevention:

Keep a fire extinguisher in the kitchen
 Install smoke detectors, check them every month, and ensure you are changing the batteries twice a
 year

Stay safe saints!:)

The Green Bins are here!

In case students are wondering where the nearest green bin is...

- · in the staff room
- · 1st floor atrium by the old library entrance
- 2nd floor atrium by the other garbage
- · 3rd floor by the elevators
- · in the cafeteria
- · by the gym

Several classrooms have also asked for containers, so smaller ones have been placed in those rooms.

Thank you for doing your part to protect the Earth and the environment!





The Arts

Other News

Bring the whole family!

Beavertails 11am - 2pm

Supervised Kids' Zone

crafts and colouring

free face painting 10am - 1pm

St. Margaret
Family Day Weekend
Craft Show & Market

Saturday, February 15th 9am - 3pm

30+ vendors • free raffle table door prize entry for first 50 families ballot to win a prize with every purchase

St. Margaret Catholic Elementary School • 210 Cowan Blvd • Cambridge Please bring a reusable: mug, shopping bag and container for the cookie walk!

Free entry! Non-perishable food donation welcome!

2020 Seeing Possibilities and Rewards in Computer Science (SPARCS)



(formerly known as the CEMC Workshop in Computer Science for Young Women)

What is the goal?

To ignite enthusiasm for Computer Science in young women with little or no previous exposure to computer science.

Who is it for?

We welcome applicants who are female or another gender identity under-represented in computer science*. Applicants must be in grade 9 or 10, have an interest in mathematics, and currently attend a Canadian high school or middle school. Participants should not have attended any similar workshop.

Dates and Location

Saturday, May 9 to Saturday May 16, 2020 at the University of Waterloo, Waterloo, Ontario.

How much does it cost?

There is a \$150 registration fee to be paid after invited applicants have received their confirmation package

- o Accommodations, meals and other expenses for the week are included at no extra cost.
- o Air fare expenses will also be paid by the CEMC.

How do I apply?

All applications must be submitted using our online application system.

- We are looking for applicants who enjoy problem-solving and are excited by new ideas but have little or no
 previous exposure to computer science. Write a short essay (1000-1500 characters, full sentences and
 paragraphs) about why you would be a good candidate. Don't be afraid to brag about yourself!
- Ask your Math, Science or Computing teacher to fill out an on-line reference form for you. When you apply, you will receive a URL that your teacher can use to fill out the reference form.
- 3. Visit http://www.sparcs.ca/ to fill in your application and submit your essay.

What is the timeline for online applications?

- Monday, February 24, 2020 Applications must have been received by the CEMC.
- Friday, March 27, 2020 Acceptances are emailed to invited applicants by this date.

What will I learn?

Lectures, labs, and hands-on activities typically investigate ideas demonstrating the breadth of Computer Science. Sessions might include introductions to cryptography, Bioinformatics, quantum computing, graphics, human-computer interaction and hardware. All sessions are lead by university professors and graduate students.

Who is selected?

We typically receive more qualified applicants than spots available. We review all applications carefully and we use lotteries to select from among similarly-qualified applicants. We are looking for participants with an interest in mathematics but little or no previous exposure to computer science. It is rare for two students from the same school to be selected.

*Why this audience?

Computer science is a powerful tool, and gender diversity among computer scientists increases the potential for positive impact.

Where can I get more information?

E-mail sparcs@uwaterloo.ca or visit http://www.sparcs.ca/. More details will be sent out to those who are selected.



To An Information Session for:

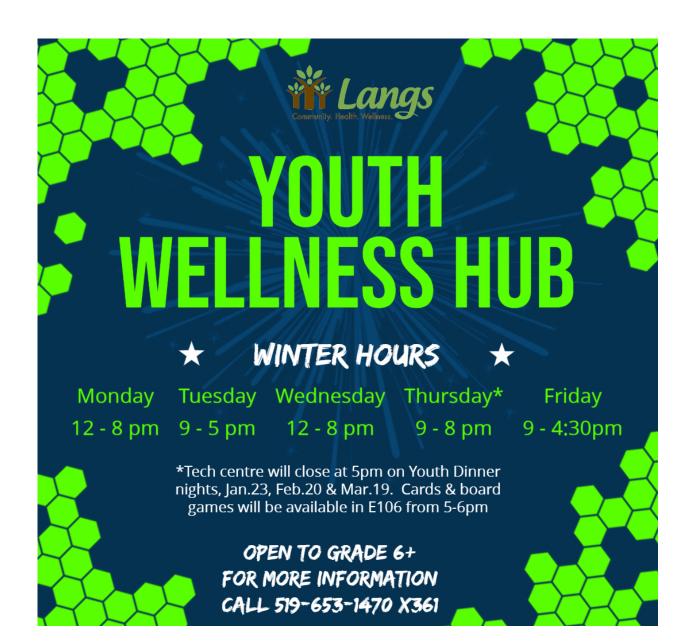


Thursday, February 7, 2020 from 7-8 pm in the MDCSS Lecture Hall

This is a special invitation offered to only high achieving students ready to excel in the world!

- Find out how to excel in EITHER grade 11 or grade 12 while earning 4 12U/M Credits in one semester! Economics/ International Business/Political Science/World Issues!
- The most fun learning you will ever do in high school! Games! Simulations! Debates and discussion!
- Meet recent graduates of the program and see what they have to say! Make lifelong memories!
- Listen to community and global leaders in the real world discuss the value of this course
- Learn about the enrichment opportunities involved in the course, including working with global thinktanks, the
 International Civil Aviation Organization (a branch of the United Nations), Wilfrid Laurier University, The University of Waterloo, The Balsille School of International Affairs, A trip to Queen's Park, Escape Rooms and a potential
 trip to Washington DC!
- Learn how to be a university student, including case study writing, journal research, and debate
- Find out how your schedule will work with this program! Have your questions answered!







S.T.E.A.M. @ THE YOUTH WELLNESS HUB



Jan 21 S.T.E.A.M. way of thinking & ideas

Jan 28 K'nex Build

Feb 4 Pixel Art

Feb 11 Online Tablet Design

Feb 18 Lego Build

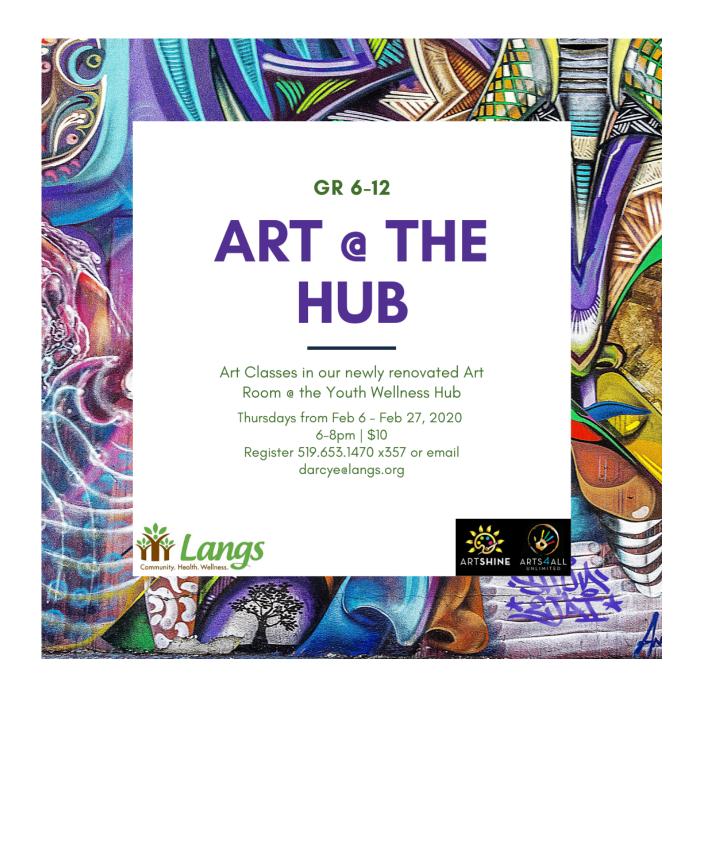
Feb 25 Youth Choice Night

5p-7p Youth Wellness Hub in Langs Main Site 1145 Concession Rd, 2nd Floor Call 519.653.1470 x 361 for more information











PRE-APPRENTICESHIP PROGRAM

This program is **tuition-free** and will give students the basic welding and fabrication skills required to start a new career.

BEGINS

April 20, 2020

WATERLOO CAMPUS

FREE TUITION AND TRAINING

ADMISSION REQUIREMENTS

- OSSD or GED*
- 16 years of age or over
- Canadian Citizen or Permanent Resident
- Proficient in English language
- *Those not possessing OSSD or GED may still be considered

ADMISSION PROCEDURES

- Attend a program information session*
- Attend an assessment session
- · Be selected for a personal interview
- * See reverse side for session dates and times

Hands-on, in-school training for 25 weeks with an 8 week paid work placement.

FOR MORE INFORMATION: Contact Kristen Goetz at 519-885-0300 ext. 5484 Email: preapp@conestogac.on.ca

CONESTOGA COLLEGE 2020

PRE-APPRENTICESHIP ADMISSION PROCEDURES

Conestoga College is now accepting applications for our FREE Welder/ Metal Fabricator Program!

To be considered you must do the following:

1. ATTEND A PROGRAM INFORMATION SESSION

- LOCATION
 Waterloo Campus
 108 University Avenue East
- DATES
 - Tuesday, January 7
 5:00 to 6:00 p.m.
 Room 1C09
 - Thursday, January 16
 5:00 to 6:00 p.m.
 Room 1C09
 - Tuesday, January 21
 5:00 to 6:00 p.m.
 Room 1C09
- Thursday, February 65:00 to 6:00 p.m.Room 1C09
- Tuesday, February 11
 5:00 to 6:00 p.m.
 Room 1C09

2. ATTEND AN ASSESSMENT SESSION

You must attend an information session before attending an assessment session.

If you decide that you would like to be considered for this pre-apprenticeship program, you will need to attend an assessment session. You will be assessed in English, Mathematics and Mechanical Aptitude.

- Tuesday, January 28, 5:00 6:15 p.m, room 1C09
- Thursday, February 20, 5:00 6:15 p.m, room 1C09

Please be on time! ** Please bring a pencil, pen, eraser, calculator and your SIN number. You will be provided with a program application form.

3. PERSONAL INTERVIEW

Selected applicants will be invited to return for a personal interview. If you are chosen, you will receive either a telephone call or email to advise you of the date and time of your interview.

Please ensure that you bring:

- · Copy of OSSD, GED or equivalent
- Copy of your high school transcript if you have not yet completed your OSSD or GED
- · Any reference or recommendation letters from employers or instructors
- Current resume
- Acceptance is based on a combination of your assessment results and the personal interview.

FOR MORE INFORMATION:

Contact Kristen Goetz at 519-885-0300 ext. 5484 Email: preapp@conestogac.on.ca





Managing Anxiety for Youth

Monday February 24, 2020 4:00pm-6:00pm

Chaplin Family YMCA- Teen Zone 250 Hespeler Rd., Cambridge, ON

The workshop is intended for youth aged 12 to 18 wishing to better understand anxiety and how to cope with it.

You will learn:

-What is anxiety?

-How does the fight, flight or freeze response affect us?

-What is the connection between our thoughts, feelings, and behaviours?
-Strategies to cope with anxiety

-Cognitive Behavioural Therapy-based strategies to challenge anxious thoughts and feelings

-Practical handouts and resources to try at home

Facilitators- Tanya Fathieh-Ngunjiri, Rachel Clements

Tanya Fathieh-Ngunjiri and Rachel Clements are registered social workers specializing in the area of child and youth mental health. Tanya and Rachel work as clinicians at Front Door providing walk-in counselling and consultation to children up to age 18 and their caregivers.

Register for free at www.frontdoormentalhealth.com





Calendar of Events

Be sure to visit our school website for an updated calendar with detailed information links for most calendar entries.

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BENN Newsletter release

2:15pm: Magic the Gathering club

3:00pm: Sr. Girls Volleyball vs St. Mary's HS3:00pm: Sr. Boys Basketball @ Msgr Doyle CSS

3:00pm: Jr. Girls Volleyball vs St. Mary's HS

4:30pm: Jr. Boys Basketball @ Msgr Doyle CSS

Thursday, February 6

10:40am: MCU Club

10:40am: DECA Business Club

10:40am: Chess Club

10:40am: Racing Saints E-Car Team

2:15pm: Band

2:15pm: Sr. Boys Hockey @ St. Mary's HS

4:30pm: Novice Boys Basketball @ Resurrection

5:30pm: Novice Boys Basketball @ St. Mary's HS

Friday, February 7

8:00am: Wrestling: Bluevale Tournament

10:40am: MCU Club 10:40am: Coders Club

2:15pm: Doctor Who Video Club

Monday, February 10

Course Change Deadline

10:40am: Fresh Club 10:40am: MCU Club 10:40am: Finance Club

2:15pm: Choir

Tuesday, February 11

10:40am: Arts Council

10:40am: Champions for Change Club **10:40am:** Racing Saints E-Car Team

2:00pm: Sr. Boys Hockey vs St. David CSS

Wednesday, February 12

10:40am: Eco Club

10:40am: Model UN Club 10:40am: Cosmo Club

10:40am: Spoken Word Club

10:40am: MarioKart Club

10:40am: Racing Saints E-Car Team

2:15pm: Magic the Gathering club

Thursday, February 13

8:00am: Semester 1 Report Card Distributed 8:00am: Wrestling: District 8 Championships rriday, repruary 14

Valentine's Day

SAC Valentine's Celebration

10:40am: MCU Club 10:40am: Coders Club

2:15pm: Doctor Who Video Club

Saturday, February 15

National Flag of Canada Day

Monday, February 17

Family Day Holiday

Tuesday, February 18

10:40am: Arts Council

10:40am: Champions for Change Club **10:40am:** Racing Saints E-Car Team

Wednesday, February 19

BENN Newsletter release

8:00am: Wrestling: CWOSSA Championships

10:40am: Eco Club

10:40am: Model UN Club

10:40am: Cosmo Club

10:40am: Spoken Word Club

10:40am: MarioKart Club

10:40am: Racing Saints E-Car Team

2:15pm: Magic the Gathering club

Thursday, February 20

Photo Retakes

10:40am: MCU Club 10:40am: Chess Club

10:40am: Racing Saints E-Car Team

2:15pm: Band

Friday, February 21

10:40am: MCU Club 10:40am: Coders Club

2:15pm: Doctor Who Video Club

Monday, February 24

10:40am: Fresh Club 10:40am: MCU Club

10:40am: Finance Club

2:15pm: Choir

y:uuam: 5H5IVI Training: Infection Control

10:40am: MCU Club 10:40am: Chess Club

10:40am: Racing Saints E-Car Team

2:15pm: Band

2:30pm: Sr. Boys Hockey vs Resurrection CSS3:00pm: Novice Boys Basketball vs St. David5:00pm: Novice Boys Basketball vs Resurrection

The BENN Newsletter

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See the calendar on the school website for the most up-to-date information!

St. Benedict Catholic Secondary School

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Telephone: (519) 621-4050

FAX: (519) 621-4057

Attendance: (519) 621-4001