

# Catholic Education Week 2020



## FRIDAY: A Future Full of Hope

---

**The theme for today is "A Future Full of Hope".**

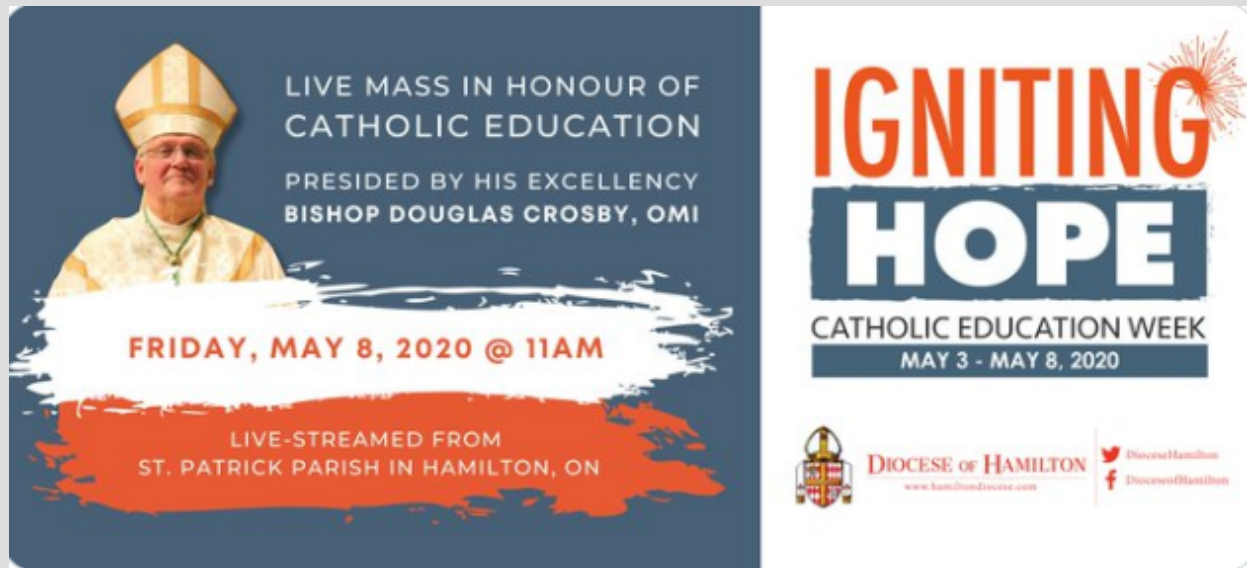
Check out the [Pray@Home](#) portal for more good resources.

Instead of a reflection and prayer today, we direct you to the link below. Join us this morning at 11:00 for a Mass with Bishop Douglas Crosby, live streamed from St. Patrick's Church in Hamilton. Although we are self-isolating, by joining in this celebration of Catholic Education you will have the opportunity to spiritually connect with thousands of school employees, students, and families.

God bless you today and every day!



# Join us this morning for Mass with His Excellency Bishop Crosby



Click on the image above to be taken to the St. Patrick Hamilton parish live feed.

## Mental Health & Well-Being

To support the mental well-being of staff and students, the WCDSB has set up a section on their website titled [Mental Health & Well-Being](#). The section is frequently updated and contains variable resources for staff, students, and parents. The site's robust resources include timely links to dealing with COVID-19, and provide videos and other resources to help you and your family cope. Visit the site today for video clips, a list of where to get health, and calming strategies as we deal with this global pandemic.

Whenever you  
need to talk,  
we're open.

 Text 686868

 KidsHelpPhone.ca

 Call 1-800-668-6868


Kids Help Phone 

## Don't Forget to Play.

Use the extra time to cook up a storm, play a long forgotten board game, or dance like nobody's watching.

jack.org

## SAC Co-Presidential Elections today!



### 2020-2021 CO-PREZ ELECTION WEEK

- Campaign Week: May 4th - May 8th
- Speeches will be aired May 8th starting at 8am
- Voting: May 8th 1pm-5pm

\*check back here and your school email to vote!

Stay connected on each of the candidates campaign accounts and our SAC instagram for campaign updates throughout the week. @bennies\_sac\_updates

Attention Saints – your 2020-2021 Co-Prez candidates are here! Be sure to follow their official campaign accounts and [SAC Instagram](#). [Watch the campaign videos this morning](#), and watch your school email for information on how to vote between 1:00 and 5:00pm!



[Unsubscribe](#) | [Manage subscription](#)

**St. Benedict Catholic Secondary School**  
50 Saginaw Parkway, Cambridge, ON N1R 5W1  
Telephone: (519) 621-4050  
FAX: (519) 621-4057  
Attendance: (519) 621-4001

