

Wednesday, October 19, 2022 - Volume 15, Issue 5

Message from Administration

On behalf of the staff at St. Benedict we would like to congratulate all the award winners from this week's Academic Awards Night ceremony.

A special thank you to the families who support our students, you should be very proud of their accomplishments.

We continue to count on you as partners in education and look forward to witnessing more great achievements this school year.

Admin Team

Mrs. M. Ingoldsby
Principal
A-Bl

Mr. J. FigueiredoVice Principal
Bo-G, International

Mr. R. StehlikVice Principal
H-O

Mr. R. RoqueVice Principal
P-Z

Student Progress Reports

Dear Parents and Guardians,

Please be advised of some updates on the distribution of Student Progress Reports for Semester 1. Progress reports will be printed and ready to be sent home this week. Please ask your child for the paper copy of their Progress Report!

Your child's teacher will reach out with instructions to book an interview. In-person Student/Parent/Teacher Interviews are scheduled for Thursday, October 27th from 2:30 pm to 4:30 pm & 5:30 pm to 7:30 pm., or arranged by mutual agreement with teachers.

Mid-term Report Cards will be distributed later in November.

Monday, October 24th is a PD Day - NO school for students.

Student Information Verification Forms & Student Cards

Student cards will soon be distributed to students that have returned the paper copy of the Student Verification of Information form.

Please contact the main office if you need another copy of the form.

Parent/Student/Teacher Interviews



Parent-Student-Teacher Interviews are taking place this Thursday, October 27th between 2:30 and 4:30 in the afternoon and 5:30 and 7:30 in the evening.

NEW this year: interview bookings will not be posted on the school website – please check your emails for an interview booking link directly from the teachers.

If you are experiencing any difficulties booking an interview, please contact the office 519-621-4050 ext. 5601.

School Cash Online: Important reminder!

Important mandatory consent forms and fees are accessible through <u>School Cash Online</u>. Forms were due at the end of September, please complete them as soon as possible.

Anything that says OVERDUE is required to be completed. Some forms are a simple yes or no (for example, Medical forms).

• Click here to be redirected to the School Cash Online Website.

- Click here for instructions on how to access School Cash Online/Creating an Account.
- School Cash Online Frequently Asked Questions

When you log into School Cash Online:

- 1. Add the following to your cart: Student Activity Fee \$50 (optional should be paid if student is participating in any school activities)
- 2. Add your completed forms to your cart
- 3. Once you are done, proceed to checkout
- 4. Print/save a copy of the receipt for your records
- 5. If a form asks for a teacher's name, please type N/A
- 6. Important mandatory consent forms and fees are accessible through <u>School Cash Online</u>. Forms were due at the end of September, please complete them as soon as possible.

Please complete and sign the following forms:

	Grade Grade		Grade	Grade
	9	10	11	12
Experiential Learning Excursions Form		Χ	Χ	Χ
Intramurals Consent / Permission Form for Intramurals	Χ	Χ	Χ	Χ
Concussion Code of Conduct – Parent/Guardian	Χ	Χ	Χ	Χ
Concussion Code of Conduct – Student/Athlete	Χ	Χ	Χ	Χ
Critical Medical Form	Χ	Χ	Χ	Χ
Responsible Use of Technology & Electronic Data Access – Students Grade 9 to 12 Consent	X	X	X	X
Student Image, Video or Voice Recording Including Media Use Consent	Χ	Χ	Χ	Χ
Post-Secondary Institutions Disclosure of Information Consent *				Χ
Walks Around the Neighborhood – Education Excursion Consent Form	Χ	Χ	Χ	Χ

^{*} If this form is not completed, Grade 12 students will not have their marks shared with colleges/universities or receive their P.I.N. to apply to Ontario Universities

If you have questions/concerns please call the school or email Cathy.Whiteside@wcdsb.ca

Thank you for your time in completing these forms.



Stay Connected with St. Benedict's!

Twitter

@StBenedictCSS Instagram

@bennies_sac_updates



2022-2023 School Year Bell Times

7:55 Warning Bell 8:00 - 9:15 Period 1 9:20 - 10:35 Period 2 10:40 Lunch 11:20 Warning Bell 11:25 - 12:40 Period 3 12:45 - 2:00 Period 4



The Catholic School Advisory Council is in need of Bingo volunteers, if you have had some experience working with the Cambridge Gaming Association or have interest in serving on council in this capacity, please email Melanie.Baker@wcdsb.ca.

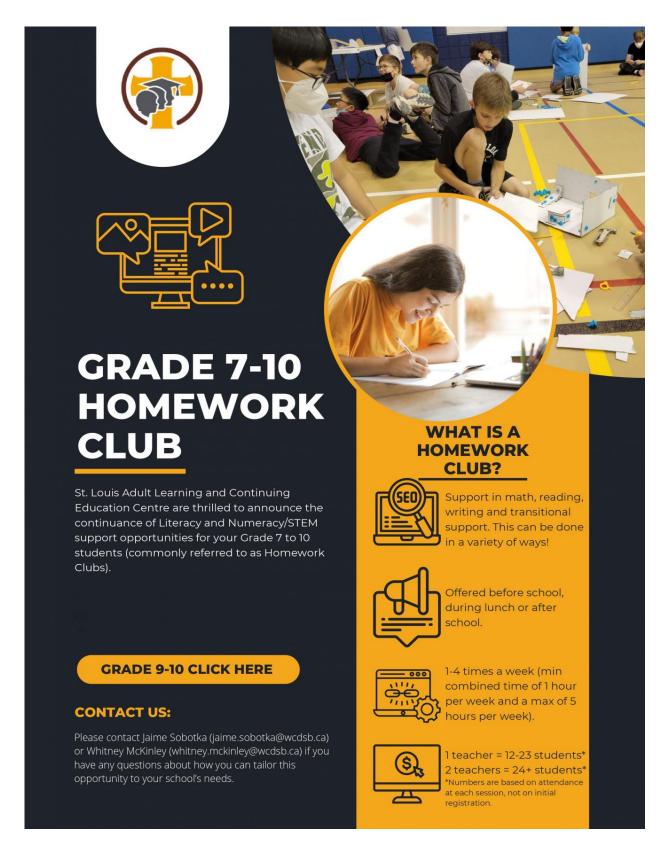
Catholic Parent Involvement Committee - Parent Information Hub



Access our Catholic Parent Involvement Committee - Parent Information Hub to listen to various community organizations speak directly to questions such as: How do I support my anxious child? How do I help my child build social skills? Where do I learn more about LGBT2S+ identities? How do I keep my child safe on the internet? Interested in additional services to support your child? Follow the links to access more information on services offered by each organization.

https://www.wcdsb.ca/cpic-parent-hub/

#SentToBuild



Take Our Kids to Work Day

November 2nd 2022

All Grade 9 students are invited to take part in *Take Our Kids to Work Day* on November 2nd.

Please ask your child for permission forms being sent home.

Participation is highly recommended and very encouraged.





"Launched in 1994 by The
Learning Partnership, TOKTWD
is an experiential learning
opportunity for Grade 9
students across Canada,
offering them the chance to
see the world of work
firsthand, explore a variety of
careers and sectors, and look
at what skills are important to
thrive in the world of work."

News from Guidance

Who is your Guidance Counsellor?

Counsellor's Name	Ext	Last names
Mrs. O'Toole	5190	A – DI
Ms. Arkell	5636	Do – Ke
Mr. Betik	5633	Kh – Pa
Ms. Varriano Lane	5635	Pe – Q, International students
Mrs. O'Neill	5634	R – Z

GUIDANCE GOOGLE CLASSROOMS

Once again, the Guidance department will have google classrooms available to share information with our students.

Please consider joining the classrooms:

Grade 9 and 10 - https://classroom.google.com/c/Mzg1OTc4MjA0MDk1?cjc=7c3t6un

Ontario Universities Virtual Fair

Ontario's universities are excited to host a collection of in-person and virtual events in the fall of 2022.

Ontario Universities' Fair (OUF)

Regional Fairs

Various locations and dates throughout September and October (TBD)

Can't make the OUF? Ontario's universities are coming to you this fall!

The Regional Fairs travel across the province, offering fair-style events that allow you to gather information about Ontario's universities. Learn about programs, campus life and anything else that may help you decide which Ontario university to choose.

Locations, dates and times TBD.

Virtual Events

November 95 - 8pm

December 15 – 8pm

Join us for any (or all!) of your virtual information sessions.

Each event is divided into 6 time slots where students can learn about the universities of their choice and ask questions.

Financing Post-Secondary: Scholarships, Bursaries, and OSAP

Got a 'rich uncle' with a bank full of cash waiting for you to cover your post-secondary costs? Well, I did not either. The reality is that post-secondary education is costly and takes planning, so we hope you've begun. Many students supplement their post-secondary savings through scholarships, bursaries, and loans. This article will get you pointed in the right direction to access the necessary resources for information.

Most scholarships for first year students are 'entrance' scholarships and are automatically awarded based on marks. Some awards, called bursaries, are based on financial need, but may also include other components such as volunteer service, leadership, or being associated with a service group, employer, or union. These are very individual, and you can search these out using the resources set out below.

The following sites are Canadian websites where you can register and search online for a variety of scholarships, bursaries, and contests to help fund post-secondary education.

- scholartree.ca
- scholarshipscanada.com/
- schoolfinder.com/

- disabilityawards.ca/
- https://studentawards.com/

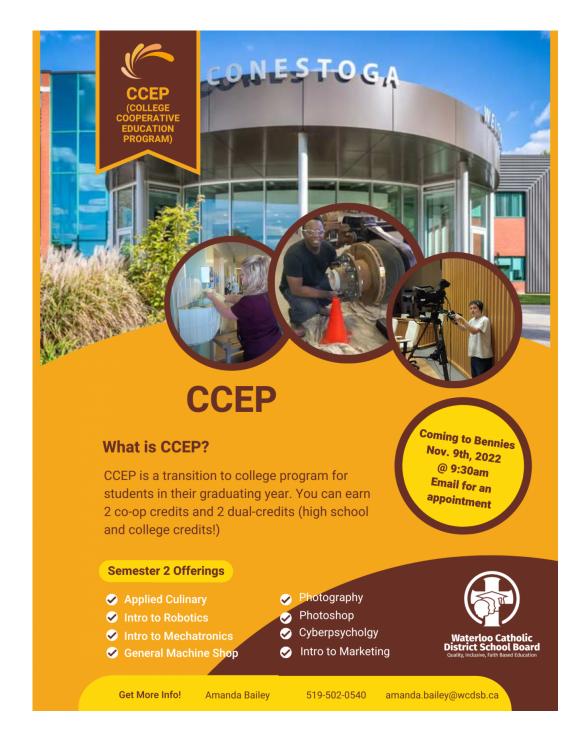
The Scholarship Report is a service Guidance subscribes to at Bennies. It is a wonderful resource that you can use to search for scholarship opportunities by the month. It also provides a great deal of post-secondary information for all pathway opportunities. As the Scholarship Report is a proprietary service, access to it must be for the St. Benedict Community. In order, to view the report, go to the Scholarship page on the website and hit the link to the report. You will need a PASSWORD that is for St. Benedict students only. The password can be obtained through guidance.

What can you do now?

- Determine your post- secondary costs including tuition, books, room and board, travel, etc.
- Check parents' places of employment/ your place of employment or service groups for scholarships or bursaries
- · Check with the schools in which you are going to apply
- Check Bennies website, through the Students Services tab, AND the Guidance Google Classroom (code – MXMOHZX)
- Create a scholarship/bursary resume where you collect all of your accomplishments, achievements, involvements, and potential barriers overcame in chronological order; you should line up references from teachers, community members and coaches who can speak to your involvement and character
- Talk seriously, with your family about your plan to fund post-secondary which may include applying for OSAP

OSAP - The Ontario Student Assistance Program (OSAP) is a financial aid program that can help you pay for college or university. Applying, for OSAP is done individually and one may be eligible for grants (free money!) and/or loans. OSAP applications will open in April or May 2023 for the 2023-2024 school year. Check out the OSAP website OSAP for more information. In order to plan, you can use the OSAP Estimator tool for a quick guide to see if you eligible for loans or grants. This can be completed anytime.

Post-secondary education is an investment in yourself. Planning, as best as possible, will help reduce stress and strain, and is certainly more reliable than finding a 'rich uncle'.



Academics



Small Group + After School **TUTORING**



- FREE!
- At St. Benedict CSS
- Students of all grade levels are welcome
- Get help in your current courses
- English, Math, Science and much more!

DROP IN

Mondays, Wednesdays & Thursdays
2:20 PM—3:20 PM
Rooms 206 & 207

Math Contests coming!

On Wednesday, November 16, 2022, the Grade 9, 10, 11 and 12 students will be taking part in the Canadian Senior and Intermediate Mathematics Contests. Cost per participant - \$14. Please, register through SchoolCashOnline. This event is open to all students!

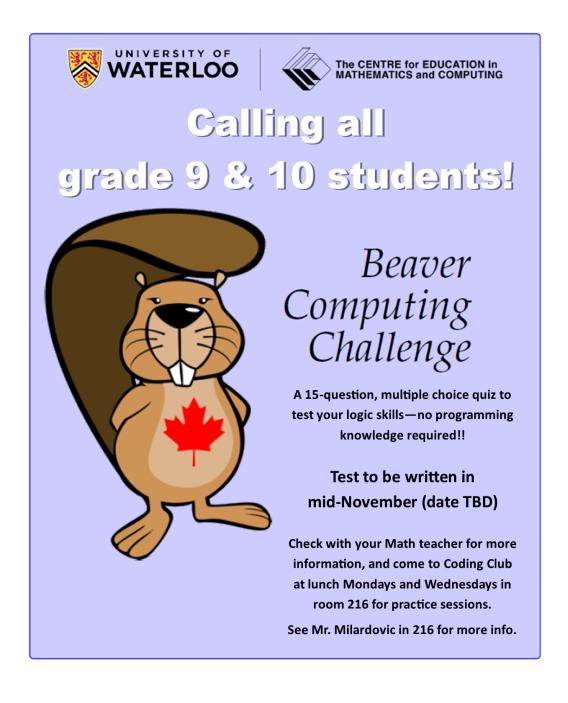
The deadline for the registration is Monday, October 24, at 2:00 p.m. Don't miss it!

Attention grade 9s and 10s!

Are you a problem solver? Do you like challenging puzzles? Interested in maybe getting into the world of programming? The UW Beaver Computing Challenge may be your first step on that journey! This contest is made up of 15 multiple-choice questions to test your logic skills—no programming

knowledge is required! If you are taking grade 9 or 10 math this semester, your teacher may be running the contest in your class.

Please check with your grade 9 or 10 math or computer teacher, or speak to Mr. Milardovic in room 216 by Friday--we need to get students registered Friday afternoon.



MATH CLUB



EVERY Thursday in ROOM 309

Grade 9, 10, 11, 12 students who want to:

- be able to answer those tough questions from class
- preview up-coming math contests
- prepare for tests, assignments or final exams
- have all your questions answered
- get ready for college or university







Meet with Dr. CHERNYSH
Thursdays after school
in room 309...
See you there!!!!!

Athletics

Jr Boys Volleyball

Congrats to the Junior Boys Volleyball team on their dominating three to nothing home-game "slam" against the first-place team, Woodland Christian High School.

The boys advance to second place in Division A, and play their final home game next
Wednesday against St. Mary's at 3:00 in Gym 1.
Join us for some fast, action-packed volleyball, and support our Saints!

Jr Girls Basketball

Congratulations to our junior girls' basketball team on their 7th consecutive win last Monday versus Woodland! The final score was 63-28. Our highest scorers were Stacy Tran with 23 points and Tori Riordon with 16 points.

Cross Country race results

Congratulations to all members of the St.

Benedict cross-country team for a stellar team performance at the University of Waterloo cross-country meet on Thursday including 8 runners who placed in the top 10 for their race.

In the novice girls division, Madeleine Porto had a 6th place finish. For novice boys, Darko Senc was 4th and Noah Beer was 6th. In Junior girls, Olivia Riso placed 2nd and Sarah Veldhuyzen placed 10th. Harley Normore was 8th and Emma Madar was 10th in the Senior Girls race and Colin Carriere placed 5th in the Senior Boys race.

Bennies will race in the District 8 championships this Thursday. Good luck to all of the ruppers!

Sports Results

JUNIOR GIRLS BASKETBALL

St. Benedict CSS 49, ES Pere-Rene 11 St. Benedict CSS 63, St. David CSS 29

SENIOR GIRLS BASKETBALL

St. Benedict CSS 59, Rockway MC 16 St. Benedict CSS 46, ES Pere-Rene 42 St. Benedict CSS, Woodland Christian HS 18

JUNIOR BOYS FOOTBALL

Resurrection CSS 21, St. Benedict CSS 0

JUNIOR BOYS SOCCER

St. Mary's HS 6, St. Benedict CSS 1 Monsignor Doyle CSS 3, St. Benedict CSS 0 Resurrection CSS 3, St. Benedict CSS 0

JUNIOR BOYS VOLLEYBALL

St. Benedict CSS 3, ES Pere-Rene 0 St. Benedict CSS 3, Woodland Christian HS 0

SENIOR BOYS VOLLEYBALL

ES Pere-Rene 3, St. Benedict CSS 1 Woodland Christian HS 3, St. Benedict CSS 2

Saints Golfers get gold

The girls and boys varsity golf teams had their D8 championships on Thursday. Neither team won the overall championship but that didn't stop your Saints from bringing home two gold medals! Pin seeker Andreas Diogenous shot an IMMACULATE round of 7 under par 63, beating second place by 7 strokes and winning the MVP for district 8 boys! The same happened on the girls side with the ace, Marianne Linsangan shooting a district 8 best 86 and coming home with the MVP honours for girls!

Weight Room Club

Weight Room Club is back. It runs every day after school from 2-3pm. Pick up your permission forms from Mr. Malnerich, Mr. Jolag or the Phys. Ed Office. Check out the calendar on the bottom of the newsletter and on the school website for up-to-date information about game times for all your St. Benedict teams!

Sr Girls Volleyball take Bluevale Tournament

Please congratulate the Senior Girls basketball team on winning the Bluevale tournament this weekend. The girls went undefeated beating some strong competition along the way. Friday night the Saints beat WCI 63-41 and Olivia Bluhm and Robyn Squires led all scoring with 19 and 17 points respectively.

Saturday saw the Saints first beat St Mary's 54-47 Katie Leady led all scorers with 26 points. The final saw a mathcup with past OFSAA champion AB Lucas from London and the Saints won a closely contested battle 45-42. Katie Leudy again led all scorers with 23 points while Ava Bluhm scored 14. It was a great team effort all around and the Saints showed true determination in the second half to hold off a comeback and take the title!

Winter Sports Start-up

Jr Boys Basketball

Attention any grade 9 and 10 boys interested in trying out for the Junior Boys basketball team. There will be a mandatory meeting at 10:40am (beginning of lunch) on Thursday, October 20th. You must attend the meeting in order to try out. If you have any questions, please see Ms. Edwards.

Clubs

Magic the Gathering

Calling all Magic the Gathering players, come to games club after school in room 227 every Thursday for our Magic the Gathering season, create your own decks and compete with other students to be the top MTG player at St. Benedict. New players to the game are also welcomed.



LIGHTS OUT FOOD DRIVE

With thanksgiving coming up Lend a hand to help those in need by bringing in canned goods. Where all proceeds will go to the Cambridge food bank an initiation that offers food and support to people and community groups in need within Cambridge and North Dumfries. With this join a chance to win free spirit wear the more canned goods you bring the more chances you have to win. No one should go hungry in times in need



Model UN

Are you interested in the news, world events, and developing your research skills? Love to debate and pick apart the points and arguments of others? Even more importantly, love to work with others to try and solve global problems? If you said yes to one or more of these, come join the St. Benedict Model UN! Even if you said I don't know to any of these, come out and see what Model UN is all about! We'll be meeting with the rest of the high schools in our board throughout the year to try and find solutions to global problems!

We meet Tuesdays at lunch in room 217, find Mr. Healey if you want more information!

Did you know that writing is an essential job skill? Our writing is often the first impression that others have of us. Whether it's an application, resume, cover letter, essay, or report, good writing skills can help you get a job, get into school, or help you move up the work ladder. It doesn't matter which pathway you are choosing in life, how you write matters. If you feel like you could use some help, come to the Writing Skills Society Wednesdays and Thursdays at lunch, in room 305. Bring your questions or any task you may be working on and let's help build up those communication skills.

Student Activities

SAC is getting busy!

SAC wanted to share the upcoming events for October spirit month and Halloween celebrations!

- Coffee House hosted by Mr. Renner and Arts Sector/Council Tuesday, October 25
- Pumpkin Painting Contest at lunch in the caf on Wednesday, October 26
- Haunted House hosted by Cosmo Club & Mr. Renner more info to come
- Halloween Candy handout at lunch on Monday, October 31

And coming in November...

- HOCO (homecoming) Dance Thursday, November 3
- Athletic leadership Terry Fox Run on Wednesday, October 12



Fall Coffee House

Tuesday, October 25

Hey Saints! Do you love entertainment? Do you love Coffee? Great! Come join us for entertainment and concessions at the Fall Coffee House, held in the cafeteria on Tuesday, October 25th, at 7pm! Come out and support the talented performers in our school community!

Hope to see you there Saints!

Other News

News from the Library



From the Librarian's Desk

FOOD

It's great to see so many students spending time in the library, working on assignments, reading, using the piano, using the exercise bikes, or just relaxing with friends. A gentle reminder that there is NO FOOD in the library during school hours. Light snacks such as muffins or granola bars are fine after school. Please respect our policy regarding food so that we can keep our library clean for both students and our members of the public.

CHROME BOOKS

A reminder to students that there will be a WCDSB library technician in the library on Mondays and Thursdays from 7:30 to 11:30AM for school chrome books. If you need a chrome book, need to replace your chrome book, or need a charger, please come to the library on either of those days.

Resource Spotlight

The library is now offering several new online databases:



Academic database offering peer-reviewed journal articles.



Academic alternative to Wikipedia: good for doing background research. Also offers tips on the research process.



Offers tips and techniques for better writing skills and developing research skills.

You can find these new databases on the school's Library Learning Commons website, on the Online Resources page.

Featured Idea Exchange Programs

Note: The following events are hosted by Idea Exchange and are not affiliated with St. Benedict or the WCDSB. Please visit ideaexchange.org to register.

DAY OF THE GIRL (AGES 14+)

WHEN: Wednesday, October 12, 2:00 to 3:00 PM WHERE: Clemens Mill Library, CreativeHub Classroom

THIS DROP-IN PROGRAM IS FREE!

Join Rhythm and Blues Cambridge through the Black Girls Excellence program and celebrate United Nations International Day of the Girl.

Let's get crafty! Feel empowered everyday when you look in your new affirmation mirror or gaze upon your awesome dream board. We'll provide the supplies and inspiration; you bring your own unique style and vision to create truly original pieces.

Join us in our efforts to amplify your voice. You have something valuable to say and the world needs to hear it, your voice matters. We want to continue in the global efforts of the UN where we can create a space to support, empower and continue to inspire girls to lead and become change makers, as they are our future.

Please connect with us to celebrate the voices and power of girls in our community through activities, guest speakers, self reflections.

STRANGER THINGS: THE VECNA CHAPTER

WHEN: Friday, October 21 2:00 to 5:00 pm Saturday, October 22 10:00 AM to 5:00 PM WHERE: Clemens Mill Library

it's time. Do you have what it takes to beat Vecna's Curse?

Calling all Stranger Things fans, now is your chance to build a party, travel to the Upside Down and defeat the evil powers of Vecna. Will this be "your year?"

Content is for mature teens (Ages 14+) and adults.

Please call Clemens Mill to secure a timeslot at 519-740-6294. We recommend groups of 3-5 participants.

Cost: Free

PUMPKIN CARVING

Carve out a little time for yourself or with your family and friends and create your own one-of-a-kind pumpkin! Make it funny, make it scary, but most of all, make it yours. Send us a photo of your creation using <u>Readsquared</u> between October 14th and October 31st for a chance to win a prize! Students can sign up here: https://ideaexchange.readsquared.com/





Go ENG GIRL @ Conestoga

Saturday, November 12, 2022 9:30 am - 12:30 pm

Join us for a free event to explore the exciting world of engineering through fun, hands-on workshops and opportunities to connect with amazing female engineering students, faculty & professionals!

School of Engineering

Register Online @

https://conestoga.qualtrics.com/jf e/form/SV_8uYyMYXkUGuAU3s



School of Engineering & Technology, Conestoga College 850 Fountain Street South, Cambridge, ON

Calendar of Events

Thursday, October 20

National Bus Drivers Day

8:00am: Cross Country: District 8

Championship

10:40am: Jr Boys Basketball info meeting

10:45am: Writing Skills Society

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Weight Room Club

2:15pm: Games Club

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement

Council

Friday, October 21

SHSM Workshop: Special Effects Make-up

(ALL)

Early Childhood Educators Day

10:45am: Star Trek Club

2:00pm: Weight Room Club

2:15pm: Doctor Who Club

Monday, October 24

PA Day

Tuesday, October 25

SHSM Workshop: Leadership Day (ALL)

10:45am: Model UN

10:45am: Lights Out! Club

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Weight Room Club

7:00pm: Fall Coffee House

Wednesday, October 26

10:45am: Writing Skills Society

10:45am: Coding Club

Civvies Day

1:00pm: Jr. Boys Football @ St. Mary's HS

2.00----- Cu Davia Faathall @ Ct Mamila HC

2:00pm: Weight Room Club

2:15pm: Graphic Novels Club

Tuesday, November 1

Photo Retake Day

10:45am: Model UN

10:45am: Lights Out! Club

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Weight Room Club

Wednesday, November 2

Grade 9 Take Our Kids to Work Day

BENN Newsletter Release

10:45am: Writing Skills Society

10:45am: Coding Club

2:00pm: Weight Room Club

2:15pm: Graphic Novels Club

3:00pm: Jr. Girls Basketball vs Resurrection

CSS

3:00pm: Sr. Boys Volleyball @ Resurrection

CSS

3:00pm: Jr. Boys Volleyball @ Resurrection CSS

4:30pm: Sr. Girls Basketball vs Resurrection

CSS

Thursday, November 3

10:45am: Writing Skills Society

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Weight Room Club

2:15pm: Games Club

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement

Council

Friday, November 4

10:45am: Star Trek Club

2:00pm: Weight Room Club

2:15pm: Doctor Who Club

Monday, November 7

10:45am: Coding Club

10:45am: EcoClub

2.00----- Watak Baana Cliik

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3:00pm: Jr. Boys Volleyball vs St. Mary's HS 3:00pm: Sr. Boys Volleyball vs St. Mary's HS

3:30pm: Sr. Girls Basketball @ St. Mary's HS

Thursday, October 27

10:45am: Writing Skills Society

10:45am: GSA Club

10:45am: MCU Movies club 2:00pm: Weight Room Club

2:15pm: Games Club

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement

Council

2:30pm: Parent/Student/Teacher Conferences

Friday, October 28

10:45am: Star Trek Club 2:00pm: Weight Room Club 2:15pm: Doctor Who Club

Monday, October 31

10:45am: Coding Club 10:45am: EcoClub

2:00pm: Weight Room Club

3:00pm: Sr. Boys Volleyball vs St. David CSS 3:00pm: Sr. Girls Basketball @ St. David CSS 4:30pm: Jr. Girls Basketball @ St. David CSS

The BENN Newsletter

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Tuesday, November 8

10:45am: Model UN

10:45am: Lights Out! Club

10:45am: GSA Club

10:45am: MCU Movies club 2:00pm: Weight Room Club

Wednesday, November 9

10:45am: Writing Skills Society

10:45am: Coding Club

2:00pm: Weight Room Club 2:15pm: Graphic Novels Club

Be sure to check out the calendar on the school website for updates!

St. Benedict Catholic Secondary School

50 Saginaw Parkway, Cambridge, ON N1R 5W1

Telephone: (519) 621-4050 FAX: (519) 621-4057

Attendance: (519) 621-4001

MailPoet