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Wednesday, November 2, 2022 - Volume 15, Issue 6

A message from the Waterloo Catholic District School Board

Dear Parents & Guardians:

As you may be aware, the Ontario government and education workers represented by the Canadian Union of Public Employees – Ontario – (CUPE) have not yet reached agreement on a new contract.

On Sunday, October 30th, CUPE served notice that if no contract is in place by Thursday, November 3rd, their workers would be on strike effective Friday, November 4th.

The WCDSB has more than 1,200 staff represented by CUPE, in multiple different roles in schools.

Given such a large number of potentially absent staff, should a strike occur, it will not be possible to safely open and operate our schools.

This decision to close our schools is in keeping with many other Catholic Boards across the province who have a large portion of their employee groups represented by CUPE.

With schools closed to in-person attendance, we will move directly to remote learning (should a strike occur).

This week, you will be asked to complete a brief survey to indicate any technology device needs your children may have. Devices will be provided to students who need them in advance of any school closure.

Thank you for your patience and understanding as we work to ensure the learning of all students keeps moving forward.

We will keep you updated as further information becomes available.

Admin Team

Mrs. M. Ingoldsby
Principal
A–B

Mr. J. Figueiredo
Vice Principal
Bo–G, International

Mr. R. Stehlik
Vice Principal
H–O

Mr. R. Roque
Vice Principal
P–Z

2021/2022 Graduate Diploma Pick Up

Attention graduates of 2021/2022! We still have a lot of diploma packages waiting to be picked up. Please visit the Guidance office from 7AM–3PM Monday to Friday.



Canadian
Cancer
Society

October 18th, 2022

St. Benedict Catholic Secondary School
Attention:
Margaret Ingoldsby
Principal

Dear Margaret Ingoldsby,

Thank you for supporting the Canadian Cancer Society Relay For Life and being part of a global movement to end cancer.

St. Benedict Catholic Secondary School, hosted an inspiring Relay For Life event this spring, and created hope for those living with and beyond cancer, while at the same time provided students an opportunity to learn about philanthropy and the power of helping others.

We look forward to another year of Relay For Life Youth events and continuing to build an impactful relationship with St. Benedict Catholic Secondary School. Now, more than ever, Canadians living with cancer need our support. Relay is our chance to safely come together, connect our school communities, and show those on their cancer journey that they are not alone.

The kindness and perseverance of your school community is enabling the Canadian Cancer Society to fund groundbreaking cancer research, a compassionate support system and transformative advocacy work to shape a healthier society. We are so grateful.

We truly cannot thank you, your staff, and your students, enough for supporting the Relay For Life Youth program!

With care,

Matt O'Brien

Manager, Relay For Life Youth

Kevin Birball

Staff Partner, Relay For Life Youth



Stay Connected with St. Benedict's!

Twitter

[@StBenedictCSS](#)

Instagram

[@bennies_sac_updates](#)



2022-2023 School Year Bell Times

7:55 Warning Bell

8:00 - 9:15 Period 1

9:20 - 10:35 Period 2

10:40 Lunch

11:20 Warning Bell

11:25 - 12:40 Period 3

12:45 - 2:00 Period 4



The Catholic School Advisory Council is in need of Bingo volunteers, if you have had some experience working with the Cambridge Gaming Association or have interest in serving on council in this capacity, please email Melanie.Baker@wcdsb.ca.



GRADE 7-10 HOMEWORK CLUB

St. Louis Adult Learning and Continuing Education Centre are thrilled to announce the continuance of Literacy and Numeracy/STEM support opportunities for your Grade 7 to 10 students (commonly referred to as Homework Clubs).

GRADE 9-10 CLICK HERE

CONTACT US:

Please contact Jaime Sobotka (jaime.sobotka@wcdsb.ca) or Whitney McKinley (whitney.mckinley@wcdsb.ca) if you have any questions about how you can tailor this opportunity to your school's needs.



WHAT IS A HOMEWORK CLUB?



Support in math, reading, writing and transitional support. This can be done in a variety of ways!



Offered before school, during lunch or after school.



1-4 times a week (min combined time of 1 hour per week and a max of 5 hours per week).



1 teacher = 12-23 students*
2 teachers = 24+ students*
*Numbers are based on attendance at each session, not on initial registration.

News from Guidance

Who is your Guidance Counsellor?

Counsellor's Name

Ext

Last names

Mrs. O'Toole	5190	A – Df
Ms. Arkell	5636	Do – Ke
Mr. Betik	5633	Kh – Pa
Ms. Varriano Lane	5635	Pe – Q, International students
Mrs. O'Neill	5634	R – Z

GUIDANCE GOOGLE CLASSROOMS

Once again, the Guidance department will have google classrooms available to share information with our students.

Please consider joining the classrooms:

Grade 9 and 10 – <https://classroom.google.com/c/Mzg1OTc4MjA0MDk1?cjc=7c3t6un>

Grade 11 and 12 – <https://classroom.google.com/c/Mzg1OTc4MjA0MjMz?cjc=mxmohzx>

Ontario Universities Virtual Fair

Ontario's universities are excited to host a collection of in-person and virtual events in the fall of 2022.

Ontario Universities' Fair (OUF)

Regional Fairs

Various locations and dates throughout September and October (TBD)

Can't make the OUF? Ontario's universities are coming to you this fall!

The Regional Fairs travel across the province, offering fair-style events that allow you to gather information about Ontario's universities. Learn about programs, campus life and anything else that may help you decide which Ontario university to choose.

Locations, dates and times TBD.

Virtual Events

November 9 5 – 8pm

December 1 5 – 8pm

Join us for any (or all!) of your virtual information sessions.

Each event is divided into 6 time slots where students can learn about the universities of their choice and ask questions.

Financing Post-Secondary: Scholarships, Bursaries, and OSAP

Got a 'rich uncle' with a bank full of cash waiting for you to cover your post-secondary costs? Well, I did not either. The reality is that post-secondary education is costly and takes planning, so we hope you've begun. Many students supplement their post-secondary savings through scholarships, bursaries, and loans. This article will get you pointed in the right direction to access the necessary resources for information.

Most scholarships for first year students are 'entrance' scholarships and are automatically awarded based on marks. Some awards, called bursaries, are based on financial need, but may also include other components such as volunteer service, leadership, or being associated with a service group, employer, or union. These are very individual, and you can search these out using the resources set out below.

The following sites are Canadian websites where you can register and search online for a variety of scholarships, bursaries, and contests to help fund post-secondary education.

- scholartree.ca
- scholarshipscanada.com/
- schoolfinder.com/
- disabilityawards.ca/
- <https://studentawards.com/>

The Scholarship Report is a service Guidance subscribes to at Bennies. It is a wonderful resource that you can use to search for scholarship opportunities by the month. It also provides a great deal of post-secondary information for all pathway opportunities. As the Scholarship Report is a proprietary service, access to it must be for the St. Benedict Community. In order, to view the report, go to the Scholarship page on the website and hit the link to the report. You will need a **PASSWORD** that is for St. Benedict students only. The password can be obtained through guidance.

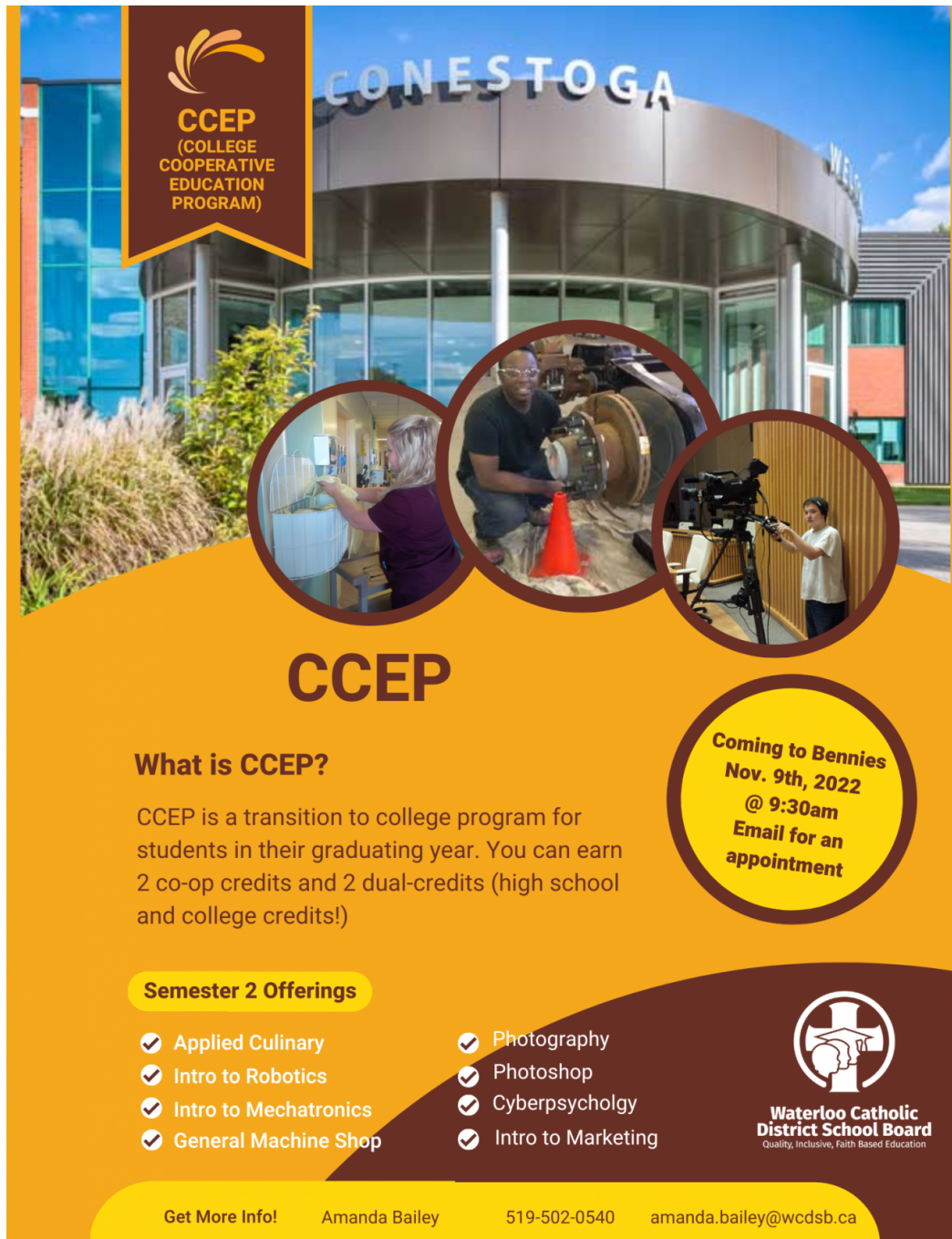
What can you do now?

- Determine your post-secondary costs including tuition, books, room and board, travel, etc.
- Check parents' places of employment/ your place of employment or service groups for scholarships or bursaries
- Check with the schools in which you are going to apply
- Check Bennies website, through the Students Services tab, AND the Guidance Google Classroom (code – MXMOHZX)
- Create a scholarship/bursary resume where you collect all of your accomplishments, achievements, involvements, and potential barriers overcome in chronological order; you should line up references from teachers, community members and coaches who can speak to your involvement and character
- Talk seriously, with your family about your plan to fund post-secondary which may include applying for OSAP

OSAP – The Ontario Student Assistance Program (OSAP) is a financial aid program that can help you pay for college or university. Applying, for OSAP is done individually and one may be eligible for grants (free money!) and/or loans. OSAP applications will open in April or May 2023 for the 2023–2024 school year. Check out the OSAP website [OSAP](http://osap.ca) for more information. In order to plan, you can

use the [OSAP Estimator](#) tool for a quick guide to see if you eligible for loans or grants. This can be completed anytime.

Post-secondary education is an investment in yourself. Planning, as best as possible, will help reduce stress and strain, and is certainly more reliable than finding a 'rich uncle'.



CCEP
(COLLEGE COOPERATIVE EDUCATION PROGRAM)

What is CCEP?

CCEP is a transition to college program for students in their graduating year. You can earn 2 co-op credits and 2 dual-credits (high school and college credits!)

Semester 2 Offerings

- ✓ Applied Culinary
- ✓ Intro to Robotics
- ✓ Intro to Mechatronics
- ✓ General Machine Shop
- ✓ Photography
- ✓ Photoshop
- ✓ Cyberpsychology
- ✓ Intro to Marketing

Coming to Bennies
Nov. 9th, 2022
@ 9:30am
Email for an appointment

Waterloo Catholic District School Board
Quality, Inclusive, Faith Based Education

Get More Info! Amanda Bailey 519-502-0540 amanda.bailey@wcdsb.ca

Academics

LEARNING OUTSIDE OF THE CLASSROOM

Grade 9 Science field trip to Shades Mill



This week, gr 9 science classes were on field trips at Shades Mill. They measured pH, oxygen levels, rate of flow of the water, and water depth.

Wading into the stream, they collected and analyzed biotic factors which indicated the health of the stream.



**Waterloo Catholic
District School Board**
Quality, Inclusive, Faith Based Education

Small Group ♦ After School

TUTORING



- FREE!
- At St. Benedict CSS
- Students of all grade levels are welcome
- Get help in your current courses
- English, Math, Science and much more!

DROP IN

Mondays, Wednesdays & Thursdays

2:20 PM—3:20 PM

Rooms 206 & 207

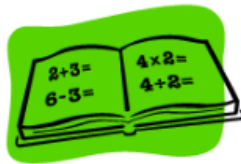
MATH CLUB



EVERY Thursday in ROOM 309

Grade 9, 10, 11, 12 students who want to:

- be able to answer those tough questions from class
- preview up-coming math contests
- prepare for tests, assignments or final exams
- have all your questions answered
- get ready for college or university



Meet with Dr. CHERNYSH
Thursdays after school
in room 309...
See you there!!!!

Athletics

Senior Girls Basketball

Congrats to the senior girls basketball team on another convincing win over St David's yesterday 60-21. Katie Leudy led the Saints with 26 points. The Saints play their final home game Wednesday against Rez and would love your support. Tip off is at 3 PM.

Weight Room Club

Weight Room Club is back. It runs every day after school from 2-3pm. Pick up your permission forms from Mr. Malnerich, Mr. Jolag or the Phys. Ed Office.

Check out the calendar on the bottom of the newsletter and on the school website for up-to-date information about game times for all your St. Benedict teams!

Clubs

Sports Results

JUNIOR GIRLS BASKETBALL

St. Benedict CSS 58, Woodland CHS 31
St. Benedict CSS 53, St. David CSS 49

SENIOR GIRLS BASKETBALL

St. Benedict CSS 63, St. Mary's HS 32
St. Benedict CSS 60, St. David CSS 21

JUNIOR BOYS FOOTBALL

St. Benedict CSS 41, St. David CSS 7
St. Benedict CSS 30, St. Mary's HS 6
St. Benedict CSS 45, St. Mary's HS 0

SENIOR BOYS FOOTBALL

St. Benedict CSS 14, St. David CSS 0
St. Benedict CSS 23, St. Mary's HS 7
St. Benedict CSS 47, St. David CSS 6

JUNIOR BOYS VOLLEYBALL

St. Benedict CSS 3, Our Lady of Mount Carmel 0
St. Benedict CSS 3, St. Mary's HS 0

SENIOR BOYS VOLLEYBALL

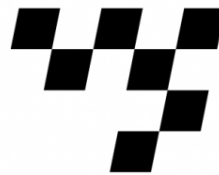
St. Benedict CSS 3, Our Lady of Mount Carmel 0
St. Benedict CSS 3, St. Mary's HS 1
St. David CSS 3, St. Benedict CSS 2



E-CAR RACING SAINTS

Meetings in the Annex, Wednesdays and Thursdays
at 2:00pm

<https://uwaterloo.ca/electric-vehicle-challenge/>



Magic the Gathering

Calling all Magic the Gathering players, come to games club after school in room 227 every Thursday for our Magic the Gathering season, create your own decks and compete with other students to be the top MTG player at St. Benedict. New players to the game are also welcomed.

Model UN

Are you interested in the news, world events, and developing your research skills? Love to debate and pick apart the points and arguments of others? Even more importantly, love to work with others to try and solve global problems? If you said yes to one or more of these, come join the St. Benedict Model UN! Even if you said I don't know to any of these, come out and see what Model UN is all about! We'll be meeting with the rest of the high schools in our board throughout the year to try and find solutions to global problems!

We meet Tuesdays at lunch in room 217, find Mr. Healey if you want more information!

Student Activities

Other News



Go ENG GIRL @ Conestoga

Saturday, November 12, 2022

9:30 am - 12:30 pm

Join us for a free event to explore the exciting world of engineering through fun, hands-on workshops and opportunities to connect with amazing female engineering students, faculty & professionals!



Register Online @

https://conestoga.qualtrics.com/jfe/form/SV_8uYyMYXkUGuAU3s



School of Engineering & Technology, Conestoga College
850 Fountain Street South, Cambridge, ON



level up!
Unlock your future
in the skilled trades

Opportunities ahead:
Ontario has 144 skilled trades
in the apprenticeship program.

OPEN HOUSE FOR PARENTS/ GUARDIANS

November 9 7:00pm – 8:30pm

Western Fair District, Agriplex Pavilion
316 Rectory St. London

See what students experience at the *Level Up!* Skilled Trades Career Fair.
Talk to experts about the skilled trades as a rewarding career path for your child.

Meet people in exciting industries. See hands-on
demonstrations. Explore a variety of trades.

Find out how you can Level Up to:



WELL-PAYING JOBS

IN-DEMAND SKILLS

ENJOYABLE & CONSISTENT WORK



**In skilled trades, you'll use your brain
and your hands, and earn while you learn.**

Interested? Let your teacher or guidance
counselor know you would like to attend
the career fair in your area.



Please note that space is limited.

ontario.ca/page/prepare-apprenticeship

Ontario 

Calendar of Events

Thursday, November 3

10:45am: Writing Skills Society

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Weight Room Club

2:15pm: E-car Racing Saints

2:15pm: Games Club

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement Council

6:00pm: HOCO "Midnights" Dance

Friday, November 4

10:45am: Star Trek Club

2:00pm: Weight Room Club

2:15pm: Doctor Who Club

Monday, November 7

10:45am: Coding Club

10:45am: EcoClub

2:00pm: Weight Room Club

Tuesday, November 8

10:45am: Model UN

10:45am: Lights Out! Club

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Weight Room Club

Wednesday, November 9

10:45am: Writing Skills Society

10:45am: Coding Club

2:00pm: Weight Room Club

2:15pm: E-car Racing Saints

2:15pm: Graphic Novels Club

Thursday, November 10

Turn Around Date for Careers/Civics
Term 2 Begins

10:45am: Writing Skills Society

10:45am: GSA Club

10:45am: MCU Movies club

Tuesday, November 15

10:45am: Model UN

10:45am: Lights Out! Club

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Weight Room Club

Wednesday, November 16

BENN Newsletter Release

10:45am: Writing Skills Society

10:45am: Coding Club

2:00pm: Weight Room Club

2:15pm: E-car Racing Saints

2:15pm: Graphic Novels Club

Thursday, November 17

10:45am: Clubs Fair at lunch in the
cafe/atriums

10:45am: Writing Skills Society

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Weight Room Club

2:15pm: E-car Racing Saints

2:15pm: Games Club

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement Council

2:15pm: Doctor Who Club

Friday, November 18

PA Day

2:00pm: Weight Room Club

Monday, November 21

Bullying Awareness Week

10:45am: Coding Club

10:45am: EcoClub

2:00pm: Weight Room Club

Tuesday, November 22

10:45am: Model UN

10:45am: Lights Out! Club

10:45am: MCU Movies Club

2:00pm: Weight Room Club

2:15pm: E-car Racing Saints

2:15pm: Games Club

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement Council

Friday, November 11

Remembrance Day

10:45am: Star Trek Club

2:00pm: Weight Room Club

2:15pm: Doctor Who Club

Monday, November 14

10:45am: Coding Club

10:45am: EcoClub

2:00pm: Weight Room Club

The BENN Newsletter

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10:45am: Lights Out: Club

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Weight Room Club

6:00pm: Catholic School Advisory Council Meeting

Be sure to check out the calendar on the school website for updates!

St. Benedict Catholic Secondary School

50 Saginaw Parkway, Cambridge, ON N1R 5W1

Telephone: (519) 621-4050

FAX: (519) 621-4057

Attendance: (519) 621-4001

MailPoet