

Wednesday, April 5, 2023 - Volume 15, Issue 16

Wishing you a joyous Easter!

IEP Distribution

This is a message from the Student Success Centre at St.

Benedict. If your son or daughter is on an Individual Education

Plan (IEP), please know that a copy of their IEP was sent home
with them earlier last week. Please review the IEP and have your
son or daughter return the signed consultation page to room 210
as soon as possible.

Please contact the Student Success Centre at Ext 210, if you have any questions or concerns or if you did not receive a copy.

Admin Team

Mrs. M. Ingoldsby
Principal
A-Bl

Mr. J. Figueiredo
Vice Principal
Bo-G, International

Mrs. C. Kamta Vice Principal H-N

Mr. R. RoqueVice Principal
O-Z

Meet our new administrator: Mrs. Kamta

I am excited to begin my journey as a Vice Principal here at St. Benedict! Some of you might know me from 2019–2020, when I was a teacher here for one semester (although I went by Ms. Lam at the time). This school year, I returned as the History/Geography Program Head and taught Career Studies and Senior Social Sciences. I am thrilled to transition from teacher to Vice-Principal at the school I am so proud to be a part of. There is something very special about this community. In the short time I have been here, I have observed and gotten to know the many talents and gifts that our community shares. Above all else, I value the kindness that gets spread everywhere. This is the type of community I know I belong to and it is already feeling like a second home. I am also blessed to work and learn from the fabulous admin team here.

In 2010, I graduated from York University with a Hons. B.A. in Sociology and B.Ed. Immediately, I made the decision to travel the world and teach abroad in South Korea, Taiwan, and the U.K. During my time in South Korea, I was also an Elementary Principal for 2.5 years. In 2016, I returned to Canada and settled back in Toronto where I grew up all of my life. In 2017, my husband and I decided to start

our new family in Cambridge. At that time, I also joined WCDSB and what an amazing decision that was! I have worked here as well as at St. Mary's, Resurrection, and St. Gregory. In over 12 years of teaching, I taught on both elementary and secondary panels. I am a lifelong learner and graduated with a M.Ed. from Wilfrid Laurier in 2021. Through this program, I developed my leadership skills to be more prepared for this role today.

I am a proud wife and mother to my son (2.5) and stepdaughter (7.5). Family is very important to me, which is why I will do everything I can to ensure our families in this community feel supported and welcomed as a Saint. I am very passionate about equity, diversity, and inclusion. My goal is to do my part in providing an equitable environment for our community to learn safely in. In my leisure time, I like to shoot hoops with my family, practice calligraphy, and cook new recipes.

I look forward to continuing developing relationships I already have with some of you and getting to know new faces as well. Say hello in the hallways, stop by my office, or send me a quick email to introduce yourself. I can't wait to meet you!



Looking for a quick way to navigate all things WCDSB for parents?

Check out the Board website for information and information pertaining to Aspen Portal, Brightspace, School Cash Online, Transportation updates, and other resources: https://www.wcdsb.ca/parents/

Grad and Prom Information

Dear grade 12 students and guardians,

The purpose of this communication is to provide some clarity regarding prom. Like last year, a group of students and parent volunteers are organizing a Prom for St. Benedict students. This is consistent with the practice of many of our local schools for the past several years. To ensure that all students in grade 12 have access to the information and the opportunity to attend the event, we are working with the organizers to provide further details on the event that is being planned. Please <u>click on this link</u> to access information about Prom 2023.

The school will provide further details about the graduation liturgy, breakfast, and convocation ceremony at a later date.



APPLICATIONS FOR THE 2023/2024 COPRESIDENT ELECTIONS @ BENNIES COME OUT APRIL 3RD

DON'T MISS THE INFORMATIONAL MEETING IN THE LECTURE HALL AT LUNCH ON THURSDAY APRIL 6TH FOR MORE INFORMATION AND ANSWERS TO QUESTIONS YOU MAY HAVE!

> CLASS CODE: UIWMWYV

District 8 Athletics seeking Sponsors

District 8 Athletic Association - after a ten year absence, will be hosting its annual coach appreciation event which will return in the Spring of 2023.

The purpose of the event is to honour and thank current and past teacher-coaches and community volunteer coaches who dedicate their time working in high school athletics at the eight member schools of District 8.

The coaches appreciation event, once run annually, ended more than ten years ago after its funding model became unsustainable. The updated version of the event will be delivered in partnership with District 8 and the Catholic Community Foundation of Waterloo Region.

Together, the Catholic Community Foundation of Waterloo Region and District 8, with support from its member schools, will be seeking community sponsors who share the same appreciation for the opportunities that school sport can offer to students.

If you are interested and able to donate – please contact St. Benedict athletic director – Tim Jankura (timothy.jankura@wcdsb.ca) -he can provide more details and answer any questions you may have.

Please see attached Link for the information document from District 8

Saints Spring Food Drive

Tomorrow is the last day!

Bennies will be conducting a spring food drive to support the important work of The Cambridge Self-Help Food Bank. The food drive will take place from Monday, March 30 – Thursday April 6. The Food Bank is short of breakfast items and so the focus of our food drive will be breakfast cereal. Students are encouraged to bring in cereal items on more than one day. We know our current economic times are putting pressure on many people. We invite to as generous as you have been in the past. Together we can care for and support members of our Cambridge community.



Ontario Secondary School Literacy Test information

On Wednesday, April 19, most Grade 10 students will be writing the Ontario Secondary School Literacy Test (OSSLT). In order to facilitate the administration of this test, as it is a graduation requirement for our students, there will be a change to our school day and bus schedule for the above-mentioned date. Below is a description of the altered schedule.

- Students who are required to write the test are to be in their designated location at 8:00am
- Students who are not required to write the test (most of our Grade 11 &12 and all our Grade 9 students) will have work posted on their class D2L or Google Classroom

All students are expected to be in full uniform

ALL students who have a school Chromebook/Cloudbook are REQUIRED to bring them in for the day of the test

Bus Schedules

• WCDSB morning school bus routes will run on their regular schedules

 WCDSB afternoon school bus routes will run on an altered schedule and will depart the school at 11:30am

Resources for the test can be found:

- On our school website, under Student Services à Student Success à Literacy Test Preparation
- Google Classroom: z3cnkya

Test Preparation for Students

We recognize that some students find testing stressful, and we will provide students with support leading up to the test. Classroom visits are occurring in grade 10 classes. Grade 10 teachers will also be including literacy activities in weeks leading up to the test. Furthermore, we are providing students with literacy support in small group sessions during school hours. Below is listed the information of additional supports available to students at lunch or outside school hours.

Literacy Support: Wednesday 10:35-11:15 (lunch) in room 206

Google Classroom: z3cnkya

Accommodations

All students are eligible to receive extra time if required. As per past practice, additional accommodations are available to students with special program needs who have an IEP (Individual Education Plan). Those accommodations are listed on your child's Individual Education Plan. If you have any questions or concerns regarding the accommodations your child will receive, please contact Andreia Borba at the information listed above or your child's IEP Monitor.

We wish all our students the best of luck as they participate in the Ontario Secondary Literacy Test.

Thank you for your continued support.





Beyond Graduation 2023

The time to plan for your loved one with a disability is now. Join us for an evening of connecting with community supports and agencies in our Waterloo Region. We want to help support your child's transition from high school to adult life.

THURSDAY, APRIL 20TH

ST. BENEDICT CATHOLIC SECONDARY SCHOOL

CAFETERIA

6:30PM-7:30PM

Snacks and Refreshments will be provided Supervised Children's Activity Area

For more information: (519-577-3660)

Email: filomena.cruz@wcdsb.ca

RSVP by April 1, 2023:

https://forms.gle/aD3xC6BnBEYyj7P48

Edit this to insert text.

Positive Parent-Teacher communication

As always, parents/guardians are valuable partners in a child's education. We invite you to keep the lines of communication open as you can be an effective resource to support the learning your child. As per out WCDSB Administrative Procedures Memorandum #APC001, Communication Guidelines, all public and interpersonal communications must recognize the dignity of the individual and be conducted fairly, honestly, and respectfully.

When a parent, guardian or other board stakeholder has a concern or suggestion, it is expected that the matter will first be taken up with the staff member. The process outlined below should be followed.



Speak directly to the staff member. If the issue is not resolved, proceed to step two.

- Speak to the Principal. If the person with the concern has not yet addressed the issue with the staff member involved, the Principal will ask them to do so.
- If, having spoken to the Principal, the person with the concern believes the issue is not resolved, they may speak to the Superintendent of Learning responsible for the school.
- If, having spoken to the Superintendent of Learning responsible for the school, the person with the concern believes the issue is not resolved, they may speak to the
 - If, having spoken to the Director of Education, the person with the concern believes the issue is not resolved, they may register as a delegation to address the Board of Trustees. Information on how to register as a delegation to the board is available in the WCDSB website. Please note that stakeholders are free to address the Board of Trustees as a registered delegation at any time, subject to any pertinent laws, regulations or board policies.

2022-2023 School Year Bell Times

7:55 Warning Bell 8:00 - 9:15 Period 1 9:20 - 10:35 Period 2 10:40 Lunch 11:20 Warning Bell 11:25 - 12:40 Period 3 12:45 - 2:00 Period 4



Stay Connected with St. Benedict's!

Twitter

@StBenedictCSS

Instagram

@bennies sac updates



Lessons from the Past that Shape our Future

The Legacy of the Holocaust - More than Just a History Lesson

As we begin our journey into the Holocaust Education – Grade 6
Social Studies Curriculum, we invite everyone in our WCDSB
community to an evening of learning. Walk through this historical
event in a pop-up gallery and listen to deeply impactful stories of
survival and resiliency from Andy and Melissa.

All are welcome!





Andy Réti

Child Survivor



Melissa Mikel

Director of Education at FSWC

No registration is required Free event April 18th at St. David CSS 6 – 8 p.m.



In partnership with the Holocaust

Education Committee of Waterloo Region

Holo

Learn more about Holocaust Education







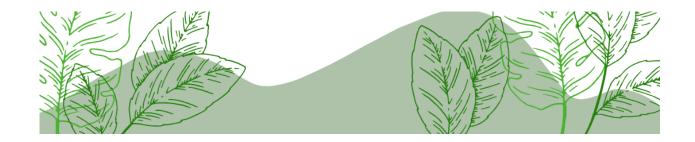
Social Media and Online Safety An Evening for Parents with Paul Davis

ST. BENEDICTS HIGH SCHOOL MAY 4, 2023

5:30 pm -Liturgy and
Refreshments
6:00 pm Parent Presentation
CSAC Meeting to follow



TOPICS INCLUDE:
SNAPCHAT/TIKTOK/INSTAGRAM/
DISCORD/SMARTPHONES AND
DIGITALTRAILS/CYBERBULLYING/
SEXTORTION/PRIVACY AND
ONLINE SECURIT



News from Guidance

Community Service Hours - for 2023 Graduates

It is a requirement of graduation that each student complete 40 hours of community service. There are many opportunities to fulfill this requirement. Potential graduates should submit their hours to the Guidance office as soon as possible, so it can be recorded for graduation.

The WCDSB Community Involvement Activity Record can be found here - https://lf.wcdsb.ca/Forms/APO015-01F

Who is your Guidance Counsellor?

Counsellor's Name	Ext	Last names	
Mrs. O'Toole	5190	A – DI	
Ms. Arkell	5636	Do – Ke	
Mr. Betik	5633	Kh – Pa	
Ms. Varriano Lane	5635	Pe – Q, International students	
Mrs. O'Neill	5634	R-Z	

GUIDANCE GOOGLE CLASSROOMS

Once again, the Guidance department will have google classrooms available to share information with our students.

Please consider joining the classrooms:

Grade 9 and 10 - https://classroom.google.com/c/Mzg10Tc4MjA0MDk1?cjc=7c3t6un
Grade 11 and 12 - https://classroom.google.com/c/Mzg10Tc4MjA0MjMz?cjc=mxmohzx



Financing Post-Secondary: Scholarships, Bursaries, and OSAP

Got a 'rich uncle' with a bank full of cash waiting for you to cover your post-secondary costs? Well, I did not either. The reality is that post-secondary education is costly and takes planning, so we hope you've begun. Many students supplement their post-secondary savings through scholarships, bursaries, and loans. This article will get you pointed in the right direction to access the necessary resources for information.

Most scholarships for first year students are 'entrance' scholarships and are automatically awarded based on marks. Some awards, called bursaries, are based on financial need, but may also include other components such as volunteer service, leadership, or being associated with a service group, employer, or union. These are very individual, and you can search these out using the resources set out below.

The following sites are Canadian websites where you can register and search online for a variety of scholarships, bursaries, and contests to help fund post-secondary education.

- scholartree.ca
- scholarshipscanada.com
- schoolfinder.com
- disabilityawards.ca
- studentawards.com

The Scholarship Report is a service Guidance subscribes to at Bennies. It is a wonderful resource that you can use to search for scholarship opportunities by the month. It also provides a great deal of post-secondary information for all pathway opportunities. As the Scholarship Report is a proprietary service, access to it must be for the St. Benedict Community. In order, to view the report, go to the Scholarship page on the website and hit the link to the report. You will need a PASSWORD that is for St. Benedict students only. The password can be obtained through guidance.

What can you do now?

- Determine your post- secondary costs including tuition, books, room and board, travel, etc.
- Check parents' places of employment/ your place of employment or service groups for scholarships or bursaries
- Check with the schools in which you are going to apply
- Check Bennies website, through the Students Services tab, AND the Guidance Google Classroom (code – MXMOHZX)
- Create a scholarship/bursary resume where you collect all of your accomplishments, achievements, involvements, and potential barriers overcame in chronological order; you should line up references from teachers, community members and coaches who can speak to your involvement and character
- Talk seriously, with your family about your plan to fund post-secondary which may include applying for OSAP

OSAP - The Ontario Student Assistance Program (OSAP) is a financial aid program that can help you pay for college or university. Applying, for OSAP is done individually and one may be eligible for grants (free money!) and/or loans. OSAP applications will open in April or May 2023 for the 2023-2024 school year. Check out the OSAP website OSAP for more information. In order to plan, you can use the OSAP Estimator tool for a quick guide to see if you eligible for loans or grants. This can be completed anytime.

Post-secondary education is an investment in yourself. Planning, as best as possible, will help reduce stress and strain, and is certainly more reliable than finding a 'rich uncle'.

Academics

ST. BENEDICT CSS

HOMEWORK CLUB

ENGLISH MATH SCIENCE



MATH CLUB



EVERY Thursday in ROOM 309

Grade 9, 10, 11, 12 students who want to:

- be able to answer those tough questions from class
- preview up-coming math contests
- prepare for tests, assignments or final exams
- have all your questions answered
- get ready for college or university







Meet with Dr. CHERNYSH
Thursdays after school
in room 309...
See you there!!!!!

Success at Skills

Congratulations to Jordan Lacroix and Nathan Rivas-Perez for placing 2nd and 3rd respectively in their Ontario Skills qualifier for Culinary Arts this past Saturday. They will be moving on to the Provincial competition on May 1st. Best of luck!

Athletics

Sports Results

We are between seasons... watch for spring sport start-up soon!

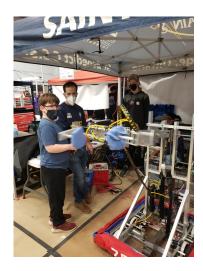
Check out the calendar on the bottom of the newsletter and on the school website for up-to-date information about game times for all your St. Benedict teams!

Clubs

Ace Robotics team takes 2nd place in UW competition

Congratulations to the whole team!







Calling all Green Thumbs!

The School Food Garden is starting a Garden club. The Garden Club information meeting will be held in room 312 on Wed April 12.

If you enjoy growing fresh produce, weeding, watering, and spending time in the garden or learning about safe water testing, solar power, vertical gardens, composting, and rainwater collection systems.

Starting Wed April 26, the School Food Garden will be open for all students to come enjoy their lunch outdoor.

The School Food Garden is located beside the annex.

Bennie's Brain Bee club

Are you interested in learning about the brain? Join Bennies Brain Bee club and meet weekly to prepare for the University of Waterloo's Brain Bree Neuroscience competition! Meeting with us Thursdays the start of lunch in room A2 in the Annex.







DESIGN MEETS BUSINESS

NEXT RACE IS

APRIL!

NEW CAR IN

THE WORKS

Student Activities

Other News

Are you pumped about prom?

Hey Saints!

Spring is coming and that means Prom is coming up! Did you hear tickets went on sale starting March 20th and they are on sale for the next 4 weeks?

You can purchase your tickets on **Google Classroom** now!

We can't wait to make memories with you on June 8th at Bingemans. See you in Old Hollywood!

News from the Library



From the librarian's desk

Welcome Spring!

A gentle reminder to all students that NO FOOD is allowed in the Library Learning Commons during school hours.

Meeting Rooms: To book one of the meeting rooms, students need a valid Idea Exchange library card. Please remember to return to the membership desk at the end of your booking to pick up your library card!

Resource Spotlight

Need a book for your ISU?

Be sure to check out the booklists on the school library website, <u>Bennies Bookshelf</u>. The Idea Exchange website offers many different booklists through the new catalogue, <u>BiblioCommons</u>.

You can also find eBooks and audiobooks through downloadLibrary.

Featured Idea Exchange Programs

Note: The following events are hosted by Idea Exchange and are not affiliated with St. Benedict or the WCDSB. Please visit <u>ideaexchange.org</u> to register.



Hey, teen chess enthusiasts and beginners! Want another chance to learn chess or practice your skills?

We are running a Chess Club, Tuesdays, 3:00PM to 4:00PM in the library!!

Drop-in.

Snacks, boards, and clocks will be provided.

FREE Community Tutoring in Cambridge

Monday

Preston Heights - 4:30 to 6:30 PM 2nd Floor - 350 Linden Dr, Cambridge

Christopher Champlain Resource Centre (Kinbridge) - 4:30 to 6:00 PM 8-125 Champlain Boulevard, Cambridge



Tuesday

Greenway Chaplin Community Centre 6:00 to 8:00 PM 116 Rouse Avenue, Cambridge

Wednesday

Kinbridge Community Association 3:00 to 4:30 PM 200 Christopher Dr, Cambridge

Thursday

Southwood Resource Centre (Kinbridge) 5:30 to 7:30 PM 1-241 Southwood Dr, Cambridge

Online

Every Monday, Tuesday and Thursday from 5:30 - 7:30 PM on Google Meet. Link: meet.google.com/mtz-puuy-ixg



For more information contact Chad MackIntosh Email: chadm@kinbridge.ca Text or Call: (519) 496-1405

Tutoring Offered By Cambridge Neighbourhood Organizations

















Apply your creativity towards solving a problem

You can try to change the world or fix a small problem in your life. We're here to help.

Ask for some funds

' You pick the problem and then you apply for free funds (\$500 - \$1,000) to creatively put a plan in place to help solve the problem.

The deadline is the last day of every month.

We'll meet with you to ask a few questions. If you're ready, we'll send your application to the Program Committee for approval.

Ready. Set. Action!

Now's the big moment to try out your idea and celebrate success or embrace failure. Then figure out how to improve and try again.

Tell us how you did

After 3 months, we ask you to get back to us, tell us what you did, and what you learned so far.

Get started at: youthcreativityfund.ca

Local charity BEP Waterloo Region (bepwr.ca) runs YCF.

HEY PARENTS & CAREGIVERS!

Help develop a culture of creativity in Waterloo Region's youth

We do that by investing in building the creative confidence of our young people. We all benefit when our youth thrive. They are the talent we need to thrive as a community.

Invest in our youth now at: youthcreativityfund.ca



Calendar of Events

Monday, April 3 Friday, April 14

CoPrez apps out 10:45am: Star Trek Club

2:00pm: Weight Room Club

Thursday, April 6 2:15pm: Doctor Who Club

Holy Thursday

10:45am: Brain Bee Club Monday, April 17

10:45am: HOSA Club 10:45am: Lights Out! Club 10:45am: Seams Sew Easy 10:45am: Coding Club 10:45am: Chess Club 10:45am: EcoClub

10:45am: Writing Skills Society 2:00pm: Weight Room Club

10:45am: GSA Club

10:45am: MCU Movies club Tuesday, April 18 2:00pm: Concert Band 10:45am: Model UN 2:00pm: Math Club 10:45am: GSA Club

2:00pm: E-car Racing Saints 10:45am: MCU Movies club 2:00pm: Weight Room Club 2:00pm: Weight Room Club

2:15pm: Games Club

2:15pm: BoulderDash Club Wednesday, April 19

2:15pm: Student Equity and Engagement **OSSLT**

Council **BENN Newsletter Release**

10:45am: Guitar Club

Friday, April 7 10:45am: Writing Skills Society

Good Friday 10:45am: Coding Club

2:00pm: E-car Racing Saints Saturday, April 8 2:00pm: Weight Room Club **Holy Saturday** 2:15pm: Graphic Novels Club

Sunday, April 9 Thursday, April 20

Easter Sunday Turn Around Date for Careers/Civics

Term 2 Begins

Monday, April 10 10:45am: Brain Bee Club **Easter Monday** 10:45am: HOSA Club

10:45am: Seams Sew Easy

Tuesday, April 11 10:45am: Chess Club

Spirit Week 3 10:45am: Writing Skills Society

10:45am: Model UN 10:45am: GSA Club

10:45am: GSA Club 10:45am: MCU Movies club 10:45am: MCU Movies club 2:00pm: Concert Band

2:00pm: Weight Room Club 2:00pm: Math Club

2:00pm: E-car Racing Saints Wednesday, April 12 2:00pm: Weight Room Club

10.1 Fam. C. .: +au Cl. . h

IV:47aiii: Guitai Ciuv

10:45am: Writing Skills Society

10:45am: Coding Club

2:00pm: E-car Racing Saints 2:00pm: Weight Room Club 2:15pm: Graphic Novels Club

Thursday, April 13

10:45am: Brain Bee Club 10:45am: HOSA Club

10:45am: Seams Sew Easy 10:45am: Chess Club

10:45am: Writing Skills Society

10:45am: GSA Club

10:45am: MCU Movies club 2:00pm: Concert Band 2:00pm: Math Club

2:00pm: E-car Racing Saints
2:00pm: Weight Room Club

2:15pm: Games Club

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement

Council

The BENN Newsletter

Past Issues | Unsubscribe | Manage subscription







2:17piii: Gaines Ciuv

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement

Council

2:15pm: Doctor Who Club

Friday, April 21

PA Day

Monday, April 24

10:45am: Lights Out! Club 10:45am: Coding Club 10:45am: EcoClub

2:00pm: Weight Room Club

Be sure to check out the calendar on the school website for updates!

St. Benedict Catholic Secondary School

50 Saginaw Parkway, Cambridge, ON N1R 5W1

Telephone: (519) 621-4050 FAX: (519) 621-4057

Attendance: (519) 621-4001

MailPoet