

Wednesday, May 17, 2023 - Volume 15, Issue 19

Graduation Information

Dear Grade 12 Students and Parents/Guardians,

Thank you to all who have registered to attend graduation this year. The fees that were paid cover the cost of your cap, gown, grad breakfast, and more.

We will hold a **Grad Breakfast** (including a liturgy) on **June 14**, 2023 at 8:00-10:30AM.

The **Graduation Ceremony** will be held at **Forward Church** (55 Franklin Blvd.) this year on **Tuesday**, **June 27**, **2023 at 6:30pm**. Following the ceremony, light refreshments will be available to celebrate. A livestream link will be provided to share with families who cannot make it physically.

Stay tuned for information about gown and tickets pick up, and other important updates. They will be communicated to you via email or School Messenger. Additionally, please refer to our school website for a slideshow with more information.

Thank you and we look forward to celebrating with you and your families!

Admin Team

Mrs. M. Ingoldsby
Principal
A-Bl

Mr. J. Figueiredo
Vice Principal
Bo-G, International

Mrs. C. Kamta
Vice Principal
H-N

Mr. R. RoqueVice Principal
O-Z

Looking for a quick way to navigate all things WCDSB for parents?

Check out the Board website for information and information pertaining to Aspen Portal, Brightspace, School Cash Online, Transportation updates, and other resources

Navy Program Information

Navy staff will be in the atrium at lunch on Thursday May 25th to provide information and recruit for the next after school program that starts Jan 2024.

There are many steps to the application process, so any interested students need to start early.

It is a paid coop, and students would get two credits for completing the program.

A friendly reminder

Please remember to leave accessible parking spaces available for those who need it.



Relay for Life at St. Benedict's on June 1st



Who: The St. Benedict School Community

What: An all-day event that is active in 29 countries and 6,000 communities worldwide

When: June 1st, 2023, 9:00am-4:00pm

Why: Nearly half of all Canadians will get cancer in their lifetime, add all those impacted by cancer and the number is even greater. We have an opportunity to make a lasting change together, Canadians need our support.

Where: St. Benedict Football Field- games, food, Zumba, luminary ceremony, along with many other exciting activities

How can I get involved?

- Students can sign up as an individual or as a team: Link on St. Benedict Website
- Donate to a student's fundraising goal

 Gather donations/sponsors: Every dollar helps! We're asking any community members if they have a company or business that is willing to sponsor our event for cancer research to contact

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us. If you are interested or know of anyone who is interested, email Mrs. Kreuger at Ashley.Kreuger@wcdsb.ca.

- o Donation to the school relay site = tax receipt
 - Donation of goods (gift cards for prizes, money to support purchase of event day needs) = promotion/recognition at event and on socials
- Our Goal is to raise \$30,000 for the Canadian Cancer Society!
- We will have a luminary ceremony in gym 1 during period 3.
- There will be a special survivor's dedication and walk.
 - There are school incentives for each level of fundraising, including pie in the face, all school BBQ, water bucket challenge and more!
- PLEASE GET INVOLVED AND SUPPORT THIS AWESOME EVENT!



Community Feedback Sought

Multi-Year Strategic Plan – Feedback from the Community

The Waterloo Catholic District School Board prides itself on being the Heart of the Community, providing Success for Each and A Place for All. With this Vision, we have developed our new WCDSB Multi-Year Strategic Plan (2022-2025) (MYSP). This short video from Director Tyrone Dowling summarizes the process, content and goals for our new Strategic Plan. This plan was approved by the Board of Trustees in December 2022.

At this time, we are gathering feedback to assist with our ongoing monitoring of the implementation of the current MYSP. We are inviting all staff, parents/guardians, and community members to provide feedback on our new MYSP plan (one per family/staff). Your input is valued and appreciated.

The survey will take less than 8 minutes to complete and will be available until May 23rd @ 8am.

Survey link: https://wcdsb.qualtrics.com/jfe/form/SV_didAwydaettroFw

Participation in this survey is anonymous and voluntary. You will not be asked to provide your name, contact information, or any information that can identify you. As well, no identifying information

(e.g., email address, IP address) will be automatically collected through the online tool.

If you have any questions about this collection or need assistance completing it, please contact the Research Department at research@wcdsb.ca

CPIC PRESENTS: VICKI OLATUNDUN



Vicki is a gifted speaker with a powerful message on multiculturalism, equity and social justice, who will engage you with strategies to support anti-racism in our homes.

PARENTS, JOIN US FOR THIS FREE EVENT! LINK BELOW.

BOOK YOUR SEAT NOW!







WCDSB L.E.A.D. Campaign

Today we installed a few new pieces of art in our front atrium! Earlier in the school year several students from our student equity engagement groups took part in a photo campaign to help educate students on the effects of racism. The WCDSB's L.E.A.D. Campaign was initiated to address racism and to remind students that they have the power to become anti-racist. The L stands for "listen", the E for "empathize, the A for "address", and D for "do something". Being an inclusive community calls us to honour all our unique identities but recognize that we are one, in God.

We would like to express sincere thanks to our empowering students; Matthew, Fatima, and Naiya for standing up to be part of this initiative. This wonderful display represents the diversity of St. Benedict C.S.S. and affirms our commitment to being an inclusive community that cares.



Positive Parent-Teacher communication

As always, parents/guardians are valuable partners in a child's education. We invite you to keep the lines of communication open as you can be an effective resource to support the learning your child. As per out WCDSB Administrative Procedures Memorandum #APC001, Communication Guidelines, all public and interpersonal communications must recognize the dignity of the individual and be conducted fairly, honestly, and respectfully.

When a parent, guardian or other board stakeholder has a concern or suggestion, it is expected that the matter will first be taken up with the staff member. The process outlined below should be followed.



Speak directly to the staff member. If the issue is not resolved, proceed to step two.

- Speak to the Principal. If the person with the concern has not yet addressed the issue with the staff member involved, the Principal will ask them to do so.
- If, having spoken to the Principal, the person with the concern believes the issue is not resolved, they may speak to the Superintendent of Learning responsible for the school.
- If, having spoken to the Superintendent of Learning responsible for the school, the person with the concern believes the issue is not resolved, they may speak to the
 - If, having spoken to the Director of Education, the person with the concern believes the issue is not resolved, they may register as a delegation to address the Board of Trustees.

 Information on how to register as a delegation to the board is available in the WCDSB website. Please note that stakeholders are free to address the Board of Trustees as a registered delegation at any time, subject to any pertinent laws, regulations or board policies.

2022-2023 School Year Bell Times

7:55 Warning Bell 8:00 - 9:15 Period 1 9:20 - 10:35 Period 2 10:40 Lunch 11:20 Warning Bell 11:25 - 12:40 Period 3 12:45 - 2:00 Period 4



Stay Connected with St. Benedict's!

Twitter

@StBenedictCSS
Instagram
@bennies sac updates



Graduating from OYAP? WHAT'S NEXT?

June 7th 4:30-5:30pm via Zoom

A chance for youth and their families to learn about:

- · Career planning, goal setting, resumes, cover letters
- Info about local employers, apprenticeships and skilled trades
- Job placement help



Experts from:

- Lutherwood
- Support Ontario Youth











This Employment Ontario Program is funded by the Government of Ontario

News from Guidance

Community Service Hours - for 2023 Graduates

It is a requirement of graduation that each student complete 40 hours of community service. There are many opportunities to fulfill this requirement. Potential graduates should submit their hours to the Guidance office as soon as possible, so it can be recorded for graduation.

The WCDSB Community Involvement Activity Record can be found here -

https://lf.wcdsb.ca/Forms/APO015-01F

Who is your Guidance Counsellor?

Counsellor's Name	Ext	Last names
Mrs. O'Toole	5190	A – DI
Ms. Arkell	5636	Do – Ke
Mr. Betik	5633	Kh – Pa
Ms. Varriano Lane	5635	Pe – Q, International students
Mrs. O'Neill	5634	R – Z

Once again, the Guidance department will have google classrooms available to share information with our students.

Please consider joining the classrooms:

Grade 9 and 10 - https://classroom.google.com/c/Mzg10Tc4MjA0MDk1?cjc=7c3t6un
Grade 11 and 12 - https://classroom.google.com/c/Mzg10Tc4MjA0MjMz?cjc=mxmohzx

Financing Post-Secondary: Scholarships, Bursaries, and OSAP

Got a 'rich uncle' with a bank full of cash waiting for you to cover your post-secondary costs? Well, I did not either. The reality is that post-secondary education is costly and takes planning, so we hope you've begun. Many students supplement their post-secondary savings through scholarships, bursaries, and loans. This article will get you pointed in the right direction to access the necessary resources for information.

Most scholarships for first year students are 'entrance' scholarships and are automatically awarded based on marks. Some awards, called bursaries, are based on financial need, but may also include other components such as volunteer service, leadership, or being associated with a service group, employer, or union. These are very individual, and you can search these out using the resources set out below.

The following sites are Canadian websites where you can register and search online for a variety of scholarships, bursaries, and contests to help fund post-secondary education.

- scholartree.ca
- scholarshipscanada.com
- schoolfinder.com
- disabilityawards.ca
- studentawards.com

The Scholarship Report is a service Guidance subscribes to at Bennies. It is a wonderful resource that you can use to search for scholarship opportunities by the month. It also provides a great deal of post-secondary information for all pathway opportunities. As the Scholarship Report is a proprietary service, access to it must be for the St. Benedict Community. In order, to view the report, go to the Scholarship page on the website and hit the link to the report. You will need a PASSWORD that is for St. Benedict students only. The password can be obtained through guidance.

What can you do now?

- Determine your post- secondary costs including tuition, books, room and board, travel, etc.
- Check parents' places of employment/ your place of employment or service groups for scholarships or bursaries

- · Check with the schools in which you are going to apply
- Check Bennies website, through the Students Services tab, AND the Guidance Google Classroom (code – MXMOHZX)
- Create a scholarship/bursary resume where you collect all of your accomplishments, achievements, involvements, and potential barriers overcame in chronological order; you should line up references from teachers, community members and coaches who can speak to your involvement and character
- Talk seriously, with your family about your plan to fund post-secondary which may include applying for OSAP

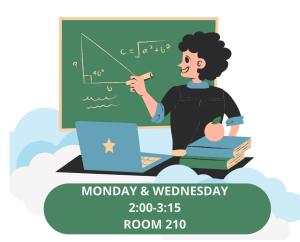
OSAP - The Ontario Student Assistance Program (OSAP) is a financial aid program that can help you pay for college or university. Applying, for OSAP is done individually and one may be eligible for grants (free money!) and/or loans. OSAP applications will open in April or May 2023 for the 2023-2024 school year. Check out the OSAP website OSAP for more information. In order to plan, you can use the OSAP Estimator tool for a quick guide to see if you eligible for loans or grants. This can be completed anytime.

Post-secondary education is an investment in yourself. Planning, as best as possible, will help reduce stress and strain, and is certainly more reliable than finding a 'rich uncle'.

Academics



ENGLISH MATH SCIENCE



MATH CLUB



EVERY Thursday in ROOM 309

Grade 9, 10, 11, 12 students who want to:

- be able to answer those tough questions from class
- preview up-coming math contests
- prepare for tests, assignments or final exams
- have all your questions answered
- get ready for college or university







Meet with Dr. CHERNYSH Thursdays after school in room 309... See you there!!!!!

Saints Garage Spring Tech Tip!

Most drivers have already swapped their winter tires for summer ones, or will very soon. Did you know there's another step to the process that lots of people forget – taking the vehicle back later to get the wheels re-torqued.

Although it's rare for a wheel to fall off, if it does, it can cause major damage and be extremely dangerous. It is important to have your wheels re-torqued after approximately 50-100kms, and even more important on softer aluminum rims where lug nuts can loosen off more easily.



"Ultimately, drivers have a responsibility to make sure their vehicles are safe. If they aren't careful and a wheel comes off, the consequences could be tragic. When you lose a wheel at highway speed, it's a cannonball. It's dangerous for you and potentially deadly for someone else."

- Andrew Davidson, Road safety manager at the MTO

Luckily, the process is quick. But if you aren't sure how to do this yourself, please connect with your local garage or Transportation Tech teacher.

Athletics

Saints Track Success

Congratulations to the St. Benedict Track and Field Team for a great showing at the Track Wars competition at Jacob Hespeler. Against 48 other schools and over 2000 athletes, our school was one of the top performing teams.

Special congratulations to Cameron Barker and Madeleine Porto who both set new school records in the pole vault competition.
Other outstanding performances among D8 schools were:

D. Espinoza - 1st in javelin, 3rd in shot put
M. Holman - 1st in 300 metre dash, 2nd in 100
metre dash

C. Barker - 1st in pole vault

M. Porto - 1st in pole vault

T. Elises - 1st in long jump

A. Bluhm - 1st in discus, 3rd in javelin

F. Latif - 2nd in 100 metre dash

S. Ming-Setalsingh - 2nd in 300 metre dash

M. Harris - 2nd in 100 metre dash

E. Mensah - 2nd in shot put

T. Webb - 2nd in javelin

J. Chen - 2nd in javelin, 2nd in shot put

V. Riordon - 2nd in discus, 2nd in javelin, 2nd in shot put

A. Hammer - 2nd in triple jump, 3rd in high jump

V. Inadagbo - 3rd in high jump

A. Bitovski - 3rd in discus

L. Munroe - 3rd in 300 metre dash

B. Doherty - 3rd in 1500 metre run

Senior Boys - 1st in 400 metre relay

Novice Boys - 2nd in 400 metre relay

Senior Girls - 3rd in 400 metre relay, 3rd in 4 by

800 metre relay

Novice Girls - 3rd in 400 metre relay

Sports Results

VARSITY GIRLS SOCCER

St. Mary's HS 9, St. Benedict CSS 3
Resurrection CSS 8, St. Benedict CSS 1
St. Benedict CSS 3, ES Pere-Rene-de-Galinee 3

SENIOR GIRLS SLO PITCH

St. Benedict CSS 16, Resurrection CSS 1

St. Benedict CSS 24, Pere-Rene-de-Galinee 6

St. David CSS 15, St. Benedict CSS 13

St. Benedict CSS 14, Monsignor Doyle CSS 5

St. Benedict CSS 17, St. Mary's HS 11

St. Benedict CSS 18, Monsignor Doyle CSS 3

SENIOR BOYS SLO PITCH

Pere-Rene-de-Galinee 14, St. Benedict CSS 13 Resurrection CSS 25, St. Benedict CSS 2 Monsignor Doyle CSS 9, St. Benedict CSS 5 St. David CSS 18, St. Benedict CSS 15

SENIOR BOYS SOCCER

St. Mary's HS 2, St. Benedict CSS 1

St. Benedict CSS 2, Resurrection CSS 2

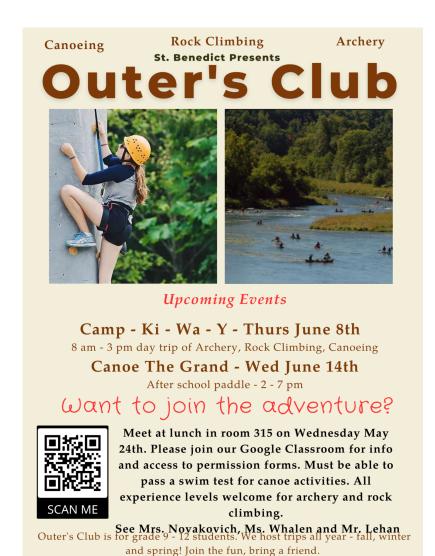
St. Benedict CSS 7, ES Pere-Rene-de-Galinee 1

St. Benedict CSS 5, Resurrection CSS 1

Check out the calendar on the bottom of the newsletter and on the school website for up-to-date information about game times for all your St. Benedict teams!

Clubs

Outer's Club



Outer's Club has more events coming up June, and you are invited!

Join us for a full day of archery, rock climbing and canoeing at Camp Ki Wa Y on June 8th and a Canoe the Grand experience after school Wed June 14th. There is a meeting at lunch in room 315 Wednesday May 24th .Come as you are or bring a friend. This is a club for grade 9 – 12 students and all experience levels are welcome. Must be able to pass a swim test for canoe activities.

See Mrs. Novakovich, Ms. Whalen and Mr. Lehan if you have further questions. Can't wait to see you there!

Student Activities

May is SPIRIT MONTH!

Door Decorating

Does your class want to win a contest? From May 15 to 19, period two classes can participate in a door decorating contest! Only 15 classes can participate in the contest so teachers sign your class up today!

What are you doing Thursday May 18? We're having an indoor movie night after school watching HIGH SCHOOL MUSICAL to commemorate a great school year! Tickets will cost 2 dollars with proceeds going to The Cambridge Humane Society.

Are you interested in applying for student council next year?

Applications are now available! Join google classroom for details and an application - jzwtd56. Apps are due May 29th @ 2pm



Civvies Day

Civvies day is coming up on May 31st! Donate on SCO or bring in money to participate – this month's donations are in support of Relay 4 Life.

There are some fun things to look forward to on the day!

Civvies day will be TWIN

DAY!! find a partner or group of friends to coordinate a matching outfit to wear on civvies! Also, at lunch there is a kahoot game happening in the cafe and the top three winners get a PRIZE!

More events to come ... listen for announcements!

Saints and Mustangs join to bring Thrift shop

Hey Saints! The Saint Benedict SAC is joining together with the Monsignor Doyle SAC to bring you our school's first thrift initiative. Do you have old clothes that you don't wear anymore or that don't fit? Bring the washed items in to the SAC office every Tuesday and Thursday at lunch. All items from both schools will be collected and then sorted for a big thrift event taking place at St. Benedicts on Tuesday June 13th! And bringing in items will give you credit that can be redeemed at the event. All proceeds and unsold items from the event will be donated to charity, so bring in those clothing items Saints, and help us to create a more sustainable environment.

Watch the announcements for collection days for clothing items for our thrift shop taking place on June 13th. Bring in clothes that you don't wear anymore or that don't fit to the SAC office at lunch every Tuesday and Thursday until June 6th. When you bring in items you can get redeemable tickets for the event. Donate to a good cause, and clear up your wardrobe!

Other News

News from the Library



From the librarian's desk

Welcome Spring!

A gentle reminder to all students that NO FOOD is allowed in the Library Learning Commons during school hours.

Meeting Rooms: To book one of the meeting rooms, students need a valid Idea Exchange library card. Please remember to return to the membership desk at the end of your booking to pick up your library card!

Resource Spotlight

Need a book for your ISU?

Be sure to check out the booklists on the school library website, Bennies Bookshelf.

The Idea Exchange website offers many different booklists through the new catalogue, BiblioCommons.

You can also find eBooks and audiobooks through downloadLibrary.

Featured Idea Exchange Programs

Note: The following events are hosted by Idea Exchange and are not affiliated with St. Benedict or the WCDSB. Please visit <u>ideaexchange.org</u> to register.



Hey, teen chess enthusiasts and beginners! Want another chance to learn chess or practice your skills?

We are running a Chess Club, Tuesdays, 3:00PM to 4:00PM in the library!!

Drop-in.

Snacks, boards, and clocks will be provided.

FREE Community Tutoring in Cambridge

Monday

Preston Heights - 4:30 to 6:30 PM 2nd Floor - 350 Linden Dr, Cambridge

Christopher Champlain Resource Centre (Kinbridge) - 4:30 to 6:00 PM 8-125 Champlain Boulevard, Cambridge



Tuesday

Greenway Chaplin Community Centre 6:00 to 8:00 PM 116 Rouse Avenue, Cambridge

Wednesday

Kinbridge Community Association 3:00 to 4:30 PM 200 Christopher Dr, Cambridge

Thursday

Southwood Resource Centre (Kinbridge) 5:30 to 7:30 PM 1-241 Southwood Dr, Cambridge

Online

Every Monday, Tuesday and Thursday from 5:30 - 7:30 PM on Google Meet. Link: meet.google.com/mtz-puuy-ixg



For more information contact Chad MackIntosh Email: chadm@kinbridge.ca Text or Call: (519) 496-1405

Tutoring Offered By Cambridge Neighbourhood Organizations

















Apply your creativity towards solving a problem

You can try to change the world or fix a small problem in your life. We're here to help.

Ask for some funds

' You pick the problem and then you apply for free funds (\$500 - \$1,000) to creatively put a plan in place to help solve the problem.

The deadline is the last day of every month.

We'll meet with you to ask a few questions. If you're ready, we'll send your application to the Program Committee for approval.

Ready. Set. Action!

Now's the big moment to try out your idea and celebrate success or embrace failure. Then figure out how to improve and try again.

Tell us how you did

After 3 months, we ask you to get back to us, tell us what you did, and what you learned so far.

Get started at: youthcreativityfund.ca

Local charity BEP Waterloo Region (bepwr.ca) runs YCF.

HEY PARENTS & CAREGIVERS!

Help develop a culture of creativity in Waterloo Region's youth

We do that by investing in building the creative confidence of our young people. We all benefit when our youth thrive. They are the talent we need to thrive as a community.

Invest in our youth now at: youthcreativityfund.ca



Calendar of Events

Wednesday, May 17

Student Council Applications Out

Thursday, May 18

Movie Night!

10:45am: Brain Bee Club

10:45am: HOSA Club

10:45am: Seams Sew Easy

10:45am: Chess Club

10:45am: Writing Skills Society

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Concert Band

2:00pm: Math Club

2:00pm: E-car Racing Saints

2:00pm: Weight Room Club

2:15pm: Games Club

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement

Council

Friday, May 19

10:45am: Star Trek Club

2:00pm: Weight Room Club

2:15pm: Doctor Who Club

Monday, May 22

Victoria Day

Tuesday, May 23

10:45am: Model UN

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Weight Room Club

Wednesday, May 24

10:45am: Guitar Club

10:45am: Writing Skills Society

10:45am: Coding Club

2:00pm: E-car Racing Saints

2:00pm: Weight Room Club 2.1 Fmm. Cumhia Navala Club Monday, May 29

10:45am: Lights Out! Club

10:45am: Coding Club

10:45am: EcoClub

2:00pm: Weight Room Club

Tuesday, May 30

10:45am: Model UN

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Weight Room Club

Wednesday, May 31

civvies day

BENN Newsletter Release

8:00am: Cara Filler Guest Speaker

10:45am: Guitar Club

10:45am: Writing Skills Society

10:45am: Coding Club

2:00pm: E-car Racing Saints

2:00pm: Weight Room Club

2:15pm: Graphic Novels Club

Thursday, June 1

9:00am: relay for life

10:45am: Brain Bee Club

10:45am: HOSA Club

10:45am: Seams Sew Easy

10:45am: Chess Club

10:45am: Writing Skills Society

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Concert Band

2:00pm: Math Club

2:00pm: E-car Racing Saints

2:00pm: Weight Room Club

2:15pm: Games Club

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement

Council

2:15pm: Doctor Who Club

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Thursday, May 25

10:45am: Brain Bee Club 10:45am: HOSA Club

10:45am: Seams Sew Easy

10:45am: Chess Club

10:45am: Writing Skills Society

10:45am: GSA Club

10:45am: MCU Movies club 2:00pm: Concert Band 2:00pm: Math Club

2:00pm: E-car Racing Saints
2:00pm: Weight Room Club

2:15pm: Games Club

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement

Council

Friday, May 26

10:45am: Star Trek Club2:00pm: Weight Room Club2:15pm: Doctor Who Club

Friday, June 2

PA Day

Monday, June 5

10:45am: Lights Out! Club 10:45am: Coding Club

10:45am: EcoClub

2:00pm: Weight Room Club

Be sure to check out the calendar on the school website for updates!

The BENN Newsletter

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