



Wednesday, May 31, 2023 – Volume 15, Issue 20

Message from Administration

June is Pride Month!

Tomorrow is June 1st, which means the beginning of Pride Month. You will see the Pride (rainbow) flag flying at St. Benedict for the entire month of June!

A school climate based on the principles of equity and inclusivity is one where all members of the school community feel safe, welcomed, and accepted, regardless of ancestry, culture, ethnicity, gender, gender identity, language, physical and intellectual ability, race, religion, sex, sexual orientation, or socio-economic status. Students see themselves reflected in the curriculum, in a physical environment which honors diversity and respects the dignity of all individuals." (Assembly of Catholic Bishops of Ontario, 2012, p. 59)

Raising the Pride flag on June 1st supports students and staff in creating a fully inclusive environment. We are grateful to be raising the flag, but also grateful for the work our staff continues to do in supporting our 2SLGBTQIA+ students throughout the year!

Admin Team

Mrs. M. Ingoldsby
Principal
A–B1

Mr. J. Figueiredo
Vice Principal
Bo–G, International

Mrs. C. Kamta
Vice Principal
H–N

Mr. R. Roque
Vice Principal
O–Z

PA Day Reminder

Friday, June 2, 2023
No School

Looking for a quick way to navigate all things WCDSB for parents?

Check out the Board website for information and information pertaining to Aspen Portal, Brightspace, School Cash Online, Transportation updates, and other resources

<https://www.wcdsb.ca/parents/>

A friendly reminder

Please remember to leave accessible parking spaces available for those who need it.



Relay for Life at St. Benedict's on June 1st



Who: The St. Benedict School Community

What: An all-day event that is active in 29 countries and 6,000 communities worldwide

When: June 1st, 2023, 9:00am–4:00pm

Why: Nearly half of all Canadians will get cancer in their lifetime, add all those impacted by cancer and the number is even greater. We have an opportunity to make a lasting change together, Canadians need our support.

Where: St. Benedict Football Field– games, food, Zumba, luminary ceremony, along with many other exciting activities

How can I get involved?

- Students can sign up as an individual or as a team: [Link on St. Benedict Website](#)
- Donate to a student's fundraising goal

Gather donations/sponsors: Every dollar helps! We're asking any community members if they have a company or business that is willing to sponsor our event for cancer research to contact us. If you are interested or know of anyone who is interested, email Mrs. Kreuger at

- Ashley.Kreuger@wcdsb.ca.
 - Donation to the school relay site = tax receipt
 - Donation of goods (gift cards for prizes, money to support purchase of event day needs) = promotion/recognition at event and on socials
 -

Our Goal is to raise \$30,000 for the Canadian Cancer Society!

- We will have a luminary ceremony in gym 1 during period 3.
- There will be a special survivor's dedication and walk.
- There are school incentives for each level of fundraising, including pie in the face, all school BBQ, water bucket challenge and more!

PLEASE GET INVOLVED AND SUPPORT THIS AWESOME EVENT!

CPIC PRESENTS:

VICKI OLATUNDUN



Vicki is a gifted speaker with a powerful message on multiculturalism, equity and social justice, who will engage you with strategies to support anti-racism in our homes.

📅 May 31, 2023 ⌚ 6:00 PM – 8:00 PM

LOCATION: CATHOLIC EDUCATION CENTRE
35 WEBER STREET WEST, KITCHENER

PARENTS, JOIN US FOR THIS FREE EVENT! LINK BELOW.

[BOOK YOUR SEAT NOW!](#)



**Waterloo Catholic
District School Board**
Quality, Inclusive, Faith Based Education

Positive Parent-Teacher communication

As always, parents/guardians are valuable partners in a child's education. We invite you to keep the lines of communication open as you can be an effective resource to support the learning your child. As per our WCDSB Administrative Procedures Memorandum #APC001, Communication Guidelines, all public and interpersonal communications must recognize the dignity of the individual and be conducted fairly, honestly, and respectfully.

When a parent, guardian or other board stakeholder has a concern or suggestion, it is expected that the matter will first be taken up with the staff member. The process outlined below should be followed.

1

Speak directly to the staff member. If the issue is not resolved, proceed to step two.

2

Speak to the Principal. If the person with the concern has not yet addressed the issue with the staff member involved, the Principal will ask them to do so.

3

If, having spoken to the Principal, the person with the concern believes the issue is not resolved, they may speak to the Superintendent of Learning responsible for the school.

4

If, having spoken to the Superintendent of Learning responsible for the school, the person with the concern believes the issue is not resolved, they may speak to the

5

If, having spoken to the Director of Education, the person with the concern believes the issue is not resolved, they may register as a delegation to address the Board of Trustees. Information on how to register as a delegation to the board is available in the WCDSB website. Please note that stakeholders are free to address the Board of Trustees as a registered delegation at any time, subject to any pertinent laws, regulations or board policies.

2022-2023 School Year Bell Times

7:55 Warning Bell
8:00 - 9:15 Period 1
9:20 - 10:35 Period 2
10:40 Lunch
11:20 Warning Bell
11:25 - 12:40 Period 3
12:45 - 2:00 Period 4



Stay
Connected
with
St. Benedict's!

Twitter

[@StBenedictCSS](https://twitter.com/StBenedictCSS)

Instagram

[@bennies_sac_updates](https://www.instagram.com/bennies_sac_updates)



Host an international student this July!



Who: Students age 13-17 from Spain & France live with a HOST FAMILY

What: Students take English classes Mon-Fri and go on trips/ activities during the week.

Host families provide room and board, plus a welcoming environment.

Where: St. Benedict Catholic Secondary School. Students are provided with a GRT pass.

When: Spanish June 29-July 27, French July 8-28.

Why: Provide your family and the international student with a fantastic cultural experience!

Families are remunerated \$1,000/ 4 weeks.

Please email stefanie@canadalinc.com or call **226.606.5943** for more information.

Graduating from OYAP? WHAT'S NEXT?

June 7th 4:30-5:30pm via Zoom

A chance for youth and their families to learn about:

- Career planning, goal setting, resumes, cover letters
- Info about local employers, apprenticeships and skilled trades
- Job placement help



Experts from:

- Lutherwood
- Support Ontario Youth



This Employment Ontario Program is funded by the Government of Ontario

News from Guidance

Community Service Hours – for 2023 Graduates

It is a requirement of graduation that each student complete 40 hours of community service. There are many opportunities to fulfill this requirement. Potential graduates should submit their hours to the Guidance office as soon as possible, so it can be recorded for graduation.

The WCDSB Community Involvement Activity Record can be found here –

<https://lf.wcdsb.ca/Forms/APO015-01F>

Who is your Guidance Counsellor?

Counsellor's Name	Ext	Last names
Mrs. O'Toole	5190	A – DI
Ms. Arkell	5636	Do – Ke
Mr. Betik	5633	Kh – Pa
Ms. Varriano Lane	5635	Pe – Q, International students
Mrs. O'Neill	5634	R – Z

GUIDANCE GOOGLE CLASSROOMS

Once again, the Guidance department will have google classrooms available to share information with our students.

Please consider joining the classrooms:

Grade 9 and 10 – <https://classroom.google.com/c/Mzg1OTc4MjA0MDk1?cjc=7c3t6un>

Grade 11 and 12 – <https://classroom.google.com/c/Mzg1OTc4MjA0MjMz?cjc=mxmohzx>

Financing Post-Secondary: Scholarships, Bursaries, and OSAP

Got a 'rich uncle' with a bank full of cash waiting for you to cover your post-secondary costs? Well, I did not either. The reality is that post-secondary education is costly and takes planning, so we hope you've begun. Many students supplement their post-secondary savings through scholarships, bursaries, and loans. This article will get you pointed in the right direction to access the necessary resources for information.

Most scholarships for first year students are 'entrance' scholarships and are automatically awarded based on marks. Some awards, called bursaries, are based on financial need, but may also include other components such as volunteer service, leadership, or being associated with a service group, employer, or union. These are very individual, and you can search these out using the resources set out below.

The following sites are Canadian websites where you can register and search online for a variety of scholarships, bursaries, and contests to help fund post-secondary education.

- scholartree.ca

- scholarshipscanada.com
- schoolfinder.com
- disabilityawards.ca
- studentawards.com

The Scholarship Report is a service Guidance subscribes to at Bennies. It is a wonderful resource that you can use to search for scholarship opportunities by the month. It also provides a great deal of post-secondary information for all pathway opportunities. As the Scholarship Report is a proprietary service, access to it must be for the St. Benedict Community. In order, to view the report, go to the Scholarship page on the website and hit the link to the report. You will need a **PASSWORD** that is for St. Benedict students only. The password can be obtained through guidance.

What can you do now?

- Determine your post-secondary costs including tuition, books, room and board, travel, etc.
- Check parents' places of employment/ your place of employment or service groups for scholarships or bursaries
- Check with the schools in which you are going to apply
- Check Bennies website, through the Students Services tab, AND the Guidance Google Classroom (code – MXMOHZX)
- Create a scholarship/bursary resume where you collect all of your accomplishments, achievements, involvements, and potential barriers overcome in chronological order; you should line up references from teachers, community members and coaches who can speak to your involvement and character
- Talk seriously, with your family about your plan to fund post-secondary which may include applying for OSAP

OSAP – The Ontario Student Assistance Program (OSAP) is a financial aid program that can help you pay for college or university. Applying, for OSAP is done individually and one may be eligible for grants (free money!) and/or loans. OSAP applications will open in April or May 2023 for the 2023–2024 school year. Check out the OSAP website [OSAP](https://osap.ca) for more information. In order to plan, you can use the [OSAP Estimator](https://osap.ca/osap-estimator) tool for a quick guide to see if you eligible for loans or grants. This can be completed anytime.

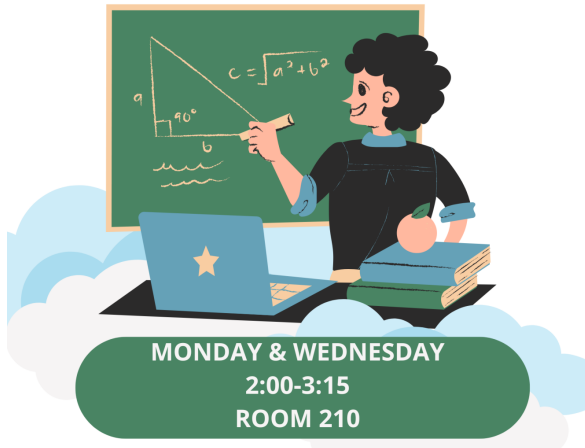
Post-secondary education is an investment in yourself. Planning, as best as possible, will help reduce stress and strain, and is certainly more reliable than finding a 'rich uncle'.

Academics

ST. BENEDICT CSS

HOMWORK CLUB

ENGLISH
MATH
SCIENCE



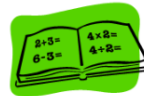
MATH CLUB



EVERY Thursday in ROOM 309

Grade 9, 10, 11, 12 students who want to:

- be able to answer those tough questions from class
- preview up-coming math contests
- prepare for tests, assignments or final exams
- have all your questions answered
- get ready for college or university



Meet with Dr. CHERNYSH
Thursdays after school
in room 309...
See you there!!!!

Active Students work in school garden

On Monday May 25 students in grade 9 science and Active Living Life Skills class celebrated Rogation Day in our school food garden. Rogation Day is an old tradition of blessing the crops and praying for a good harvest. It occurs in the days leading up to the Jesus' ascension.

Our Chaplain and students led us in prayer, the students from the Active Living program planted the crosses they made, and then grade 9 science students weeded, tended and planted in the garden.

Our school food garden provides food to the hospitality program and the local food bank. The garden is tended in the summer months by community members (Youth in Food Systems) and coop students.

Please pray for a healthy growing season!



Saints Garage Spring Tech Tip!

Most drivers have already swapped their winter tires for summer ones, or will very soon. Did you know there's another step to the process that lots of people forget – taking the vehicle back later to get the wheels re-torqued.

Although it's rare for a wheel to fall off, if it does, it can cause major damage and be extremely dangerous. It is important to have your wheels re-torqued after approximately 50–100kms, and even more important on softer aluminum rims where lug nuts can loosen off more easily.



“Ultimately, drivers have a responsibility to make sure their vehicles are safe. If they aren’t careful and a wheel comes off, the consequences could be tragic. When you lose a wheel at highway speed, it’s a cannonball. It’s dangerous for you and potentially deadly for someone else.”

– Andrew Davidson, Road safety manager at the MTO

Luckily, the process is quick. But if you aren't sure how to do this yourself, please connect with your local garage or Transportation Tech teacher.

Interested in a construction career?

WCDSB is offering an exciting new centralized Accelerated OYAP construction program starting in Sept 2023 open to any Gr. 12 or returning Gr. 12 students. The program is a 4 credit co-op package through LIUNA and its local contractors.

Program Details

Successful student applicants will be signed on as an apprentice in Sept 2023 then enrolled in Level 1 Construction Craft Worker trade school through LIUNA Local 837 in Cambridge. Once trade school is completed (7–8 weeks) a co-op placement with a LIUNA contractor will follow leading to employment.

Important! Program interviews are being held on Monday, June 5. Students who are interested in this program must complete a co-op form. Link to the form: lf.wcdsb.ca/Forms/EXPLRN002F. In the form select Accelerated OYAP then Union then Construction Craft Worker – LIUNA Local 837.

Deadline? No later than June 1st.

Cambridge Training Centre

Ontario Youth Apprenticeship Program – Construction Craft Worker Level 1

Construction craft workers (CCW) erect and dismantle concrete forms, scaffolding, ramps, catwalk, shoring and barricades required at construction sites.

They mix, pour and spread materials such as concrete and asphalt. They are employed by construction, demolition, utilities, and civil and engineering construction companies

Expectations

In this course offered by LiUNA Local 837, you will be learning alongside peers building the foundations for your future career in construction.

A positive attitude and a desire to learn are key traits to be successful in this program. Additionally, mechanical aptitude, manual dexterity and an ability to perform hard physical work are necessary.

Courses/Training Provided

- WHIMIS
- Health and Safety Awareness
- Skid Steer and Mini Excavator
- Propane
- Working at Heights
- First Aid/CPR
- Fire Watch
- Confined Space Entry
- Power Elevated Work Platforms
- Hoisting and Rigging
- Fork Lift

Construction Craft Worker Level 1 is taking place from **September 11, 2023 to November 3, 2023**

Cambridge Training Centre

330 Industrial Road
Cambridge, Ontario
N3H 4R7

Tel: 519-653-3333
Toll Free: 1-800-981-6181
Fax: 519-653-8086



2022 Wage Rates

ICI Sector - Industrial, Commercial and Institutional

Hamilton (BA 26)

Skilled Labourer

Hourly	\$33.51
Vacation	\$ 3.35
Pension	\$ 9.90
Ttl. Pkg.	\$ 50.47

Niagara (BA 5)

Skilled Labourer

Hourly	\$33.04
Vac.	\$ 3.29
Pension	\$ 9.90
Ttl. Pkg.	\$49.94

Heavy Sector

Hamilton (BA 26)

Skilled Labourer

Hourly	\$37.66
Vacation	\$ 3.77
Pension	\$ 9.37
Ttl. Pkg.	\$54.50

Formwork Council of Ont.

Hamilton/Niagara (BA 5 & 26)

Form Builders

Hourly	\$40.45
Vacation	\$ 4.04
Pension	\$ 9.57
Ttl. Pkg.	\$57.71

Utilities

Hamilton (BA 26)

Skilled Labourer GRP#4

Hourly	\$28.61
Vacation	\$ 2.86
Pension	\$7.32
Ttl. Pkg.	\$42.21

Distribution Gas

Hamilton/Niagara (Zone 3)

Skilled Labourer

Hourly	\$37.77
Vacation	\$ 3.78
Pension	\$ 9.20
Ttl. Pkg.	\$54.91

Residential

Hamilton/Niagara (BA 5 & 26)

Skilled Labourer

Hourly	\$29.30
Vacation	6%
Pension	\$ 5.80
Ttl. Pkg.	\$36.95

Low-Rise Forming

Hamilton/Niagara (BA 5 & 26)

Skilled Labourer

Hourly	\$35.01
Vacation	\$ 3.50
Pension	\$ 7.80
Ttl. Pkg.	\$49.31

*All rates (i.e. monetary) are subject to skill levels classifications

Benefits

Life Insurance	\$100,000 (member) \$30,000 (accidental) \$10,000 (wife/child)
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Prescriptions	Paid at 100% with direct pay swipe card
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Dental	100% Routine 80% Major 60% Orthodontic \$2500/yr (routine/major) \$3000/yr (one time orthodontics)
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Vision	Lenses / Frames / Contacts \$500.00 / 12 mths Safety Glasses \$200.00 / 12 mths Laser Eye Surgery 100% up to \$1000.00 (life time)
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Hearing Aids	Repair/Replace \$400.00 / 60 mths
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Foot Care	Orthotics 50% up to \$600.00 / 12 mths
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Chiro/Physio/Massage Podiatrist & Chiropractists	\$1200 / 12 mths
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Counseling (EAP)	\$1000 / 12 mths
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Health Care Spending Account	\$1000 / 12 mths
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Retire with Dignity

Multi-Employer Diversified Pension Plan – “Multi Employer”

- Every company contributes to the same pension fund
- Every dollar contributed will be received back in the first 50 months of retirement.
- LIUNA's Pension Plan is fully funded through contributions from thousands of individual companies, so you are protected if your company becomes insolvent.
- You can arrange to have your spouse collect your pension for the duration of their lives.



Local 837

A **Construction Craft Worker** works on a wide variety of structures, such as residential, industrial, commercial, and institutional sites as well as hydroelectric dams, roadways, bridges, tunnels, mining and railways. They may also work on utility, landscape and pipeline projects. Specifically, a Construction Craft Worker:

- site preparation and cleanup, setting up and removing access equipment and working on concrete, masonry, steel, wood and pre-cast erecting projects
- handle materials and equipment and perform demolition, excavation and compaction activities
- responsible for site security
- may specialize in operating off-road vehicles, drilling and blasting, scaling, sandblasting, high pressure washing, diving, tunnelling and performing emergency rescue

Construction Craft Worker is a trade regulated by the *Ontario College of Trades and Apprenticeship Act, 2009*. Qualified individuals may obtain a Certificate of Qualification, which confirms its holder has the skills, knowledge and experience that meet industry standards of practice for the trade.

In order to complete an apprenticeship training program in the trade, individuals must become members of the Ontario College of Trades (the College), and apprentices must remain active members for the duration of their apprenticeship.

Upon completing an apprenticeship, the Ministry of Training, Colleges and Universities (MTCU) will issue an individual a Certificate of Apprenticeship. Upon passing the trade's certification examination and meeting the College's registration requirements, the individual may apply to become certified and registered as a journeyman in the trade.

In Ontario, the trade is part of the Interprovincial Red Seal Program—the national standard for the trade across Canada: www.red-seal.ca.

APPRENTICESHIP PROGRAM

An apprenticeship training program consists of on-the-job and in-school training. Generally, the time-frame to become competent in the trade of Construction Craft Worker is 2,880 hours (approximately one and a half years) consisting of 2,400 hours of on-the-job work experience and 480 hours of in-school training.

For detailed information about this program, see the apprenticeship training standard: www.collegeoftrades.ca/training-standards

ON-THE-JOB TRAINING

An apprenticeship involves practical training provided on-the-job by a skilled worker, or trainer. The skills or competencies to be developed are set out by the trade's Apprenticeship Training Standard and are recognized by the industry as being essential to the practice of the trade.

As these essential skills are developed, the apprentice's sponsor or trainer signs the relevant sections of the training standard to indicate that the apprentice has met the individual training objectives by demonstrating the skills required of a skilled worker, or journeyman, in the trade.

IN-SCHOOL TRAINING

A Construction Craft Worker apprenticeship includes two levels of theoretical training, which includes but is not limited to instruction in:

- construction safety
- blueprints and specifications
- construction tools
- equipment handling practices and procedures
- rigging, hoisting and material handling
- earthwork, barriers and controls
- scaffolding

Depending on the training delivery agency, in-school training may be available in one of the following ways:

- block release (full-time, for a set number of weeks)
- day release (one day per week from September to June)
- part-time (night-school programs)
- alternative delivery (online, correspondence, etc.)

MTCU is responsible for reviewing and scheduling classroom training for apprenticeship programs established by the College.

For more information about in-class training, contact a local MTCU Apprenticeship Office: services.findhelp.ca/eo/tcu/appoff



APPRENTICESHIP – WHAT IS IT AND HOW DOES IT WORK?

Apprenticeship is a work-based training program for people who want to work in a skilled trade or occupation. It is also a post-secondary education pathway that provides access to well-paying jobs that require a high level of skill, judgment and creativity. Apprentices are paid while gaining work experience and their wages increase with their skill level. About 90% of apprenticeship training takes place in the workplace, while the remainder consists of theoretical instruction, usually obtained at a college of applied arts and technology or other approved training delivery agency. Apprenticeship training is delivered in partnership by the MTCU and the College. Training agreements between apprentices and sponsors are registered by the MTCU in accordance with legislation. Each individualized training agreement represents workplace training that the sponsor agrees to provide to someone who wants to learn a skilled trade.

ONTARIO COLLEGE OF TRADES – WHO ARE THEY AND WHAT DO THEY DO?

The Ontario College of Trades is the regulatory body for skilled trades professions in Ontario. The College enforces regulations that help protect the public and is committed to promoting the value of working with certified skilled trades professionals. The College also maintains a register of its members including the following membership classes: Journeypersons, Apprentices, Journeyperson Candidates, Tradespersons, and Employers/Sponsors. Individuals with registered training agreements must become members of the College's Apprentices Class and must remain a member in good standing with the College in order to complete the apprenticeship program. To learn more about the College, call toll-free 1-855-299-0028 or in Toronto, call 647-847-3000 or visit www.collegeoftrades.ca.

HOW DOES SOMEONE BECOME AN APPRENTICE?

The person finds a sponsor willing to ensure that he or she is provided with training according to the Apprenticeship Training Standard established by the College. A sponsor may be an individual, employer, third-party sponsor group, or any entity able to provide an apprentice with opportunities to learn the skills necessary to practice the trade. The person and the sponsor submit a completed Application for Apprenticeship to the local MTCU Employment Ontario office. MTCU staff will arrange a discussion to assess the person's eligibility for the program and the sponsor's ability to provide the required training. Staff will explain the roles and responsibilities of all parties involved in apprenticeship training, including the College, and register the training agreement. MTCU staff will also explain the classroom training options and, together with the sponsor, monitor the apprentice's progress during the program. For more information on becoming an apprentice, visit: www.earnwhileyoulearn.ca.

HOW LONG DOES AN APPRENTICESHIP TAKE TO COMPLETE?

Apprenticeships take two to five years to complete, depending on the trade. Prior education and related work experience are considered when determining the length of the program at registration. Flexible classroom training options are generally available to meet the specific needs of apprentices and their sponsors.

ARE THERE OTHER PATHWAYS TO APPRENTICESHIP TRAINING?

The Co-Op Diploma Apprenticeship program allows students attending college to receive apprenticeship training while earning a diploma. The Pre-Apprenticeship Training program helps unemployed individuals strengthen their skills and increase their eligibility for apprenticeship training in a specific skilled trade.

CAN A STUDENT START AN APPRENTICESHIP WHILE ATTENDING HIGH SCHOOL?

The Ontario Youth Apprenticeship Program (OYAP) allows high school students to participate in apprenticeship training while earning their high school diploma. Interested students should contact their guidance counsellor or technical teacher for more information.

DOES THE GOVERNMENT ENCOURAGE SPONSORS TO HIRE APPRENTICES?

The Ontario government provides the Apprenticeship Training Tax Credit to corporations and unincorporated businesses that hire apprentices in certain skilled trades, an Employer Signing Bonus to sponsors who register new apprentices in sectors in which skilled workers are in high demand, and an Employer Completion Bonus to sponsors whose apprentices complete their programs.

DOES THE GOVERNMENT PROVIDE FINANCIAL SUPPORT TO APPRENTICES?

Apprentices can benefit from the Ontario government's Apprenticeship Scholarship and Loans for Tools programs. Both the Ontario and the federal government offer grants during and at the completion of the apprenticeship program.

HOW CAN I LEARN MORE ABOUT APPRENTICESHIP TRAINING?

Visit the MTCU Employment Ontario website at www.ontario.ca/employment, call the MTCU Employment Ontario Contact Centre at 1-800-387-5656 or 416-325-4084 for service for the deaf, visit an Employment Ontario office or visit www.tcu.gov.on.ca.



St. Catharines

267 Carlton St.
St. Catharines, ON
Phone No.: 905.227.1837
Fax No.: 905.227.0165

Hamilton

44 Hughson St. South
Hamilton, ON
Phone No.: 905.525.1116
Fax No.: 905.529.2723

Cambridge

330 Industrial Rd
Cambridge, ON
Phone No.: 519.653.3333
Fax No.: 519-653-8086





GENERAL CARPENTER

PRE-APPRENTICESHIP PROGRAM

BEGINS **July 24, 2023** CAMBRIDGE
REUTER CAMPUS

FREE TRAINING AND TUITION

ADMISSION REQUIREMENTS

- OSSD, GED or equivalent*
- A resident of, and able to work in Ontario
- Proficient in English language

* Those not possessing OSSD or GED may still be considered

ADMISSION PROCEDURES

- Attend a virtual program information session
- Participate in a virtual assessment session
- Be selected for a virtual personal interview

Theory and hands-on learning for 21 weeks with an 8 week paid work placement.

■ **FOR MORE INFORMATION:** Contact Eva Opitz-Black at 437-224-3436

Email: preapp@conestogac.on.ca

Canada

EMPLOYMENT
ONTARIO

Ontario

This Employment Ontario program is funded in part by the Government of Canada and the Government of Ontario

CONESTOGA COLLEGE 2023

PRE-APPRENTICESHIP ADMISSION PROCEDURES

Conestoga College is now accepting applications for our FREE Pre-Apprenticeship Program!

To be considered you must do the following:

1. ATTEND A VIRTUAL PROGRAM INFORMATION SESSION (via Zoom)

■ DATES

- **Wednesday, April 5, 2023**
4:00 - 5:00 PM
- **Tuesday, May 30, 2023**
4:00 - 5:00 PM
- **Tuesday, April 18, 2023**
6:00 - 7:00 PM
- **Wednesday, June 14, 2023**
6:00 - 7:00 PM
- **Wednesday, May 3, 2023**
6:00 - 7:00 PM
- **Tuesday, June 27, 2023**
4:00 - 5:00 PM
- **Tuesday, May 16, 2023**
4:00 - 5:00 PM



2. PARTICIPATE IN A VIRTUAL ASSESSMENT SESSION

Following the information session, if you decide that you would like to be considered for this pre-apprenticeship program, you will need to complete a virtual assessment. You will be assessed in English, Mathematics and Mechanical Reasoning.

3. INTERVIEW

Select applicants will be invited to return for a virtual interview. If selected, you will receive an email with the date, time and Zoom meeting link.

Please ensure that you bring:

- Copy of OSSD, GED or equivalent
- Copy of your high school transcript if you have not yet completed your OSSD or GED
- Any reference or recommendation letters from employers or instructors
- Current resume
- Social insurance number

- Acceptance is based on a combination of your assessment results and the personal interview.

FOR MORE INFORMATION:

Contact Eva Opitz-Black at 437-224-3436
Email: preapp@conestogac.on.ca





INTRODUCTION TO CONSTRUCTION TRADES

PRE-APPRENTICESHIP PROGRAM

Carpentry, Electrical, Plumbing and Welding

BEGINS

July 3, 2023

BRANTFORD
Aviation Campus

FREE TRAINING AND TUITION

ADMISSION REQUIREMENTS

- OSSD, GED or equivalent*
- 16 years of age or over
- A resident of, and able to work in Ontario
- Proficient in English language

* Those not possessing OSSD or GED may still be considered

ADMISSION PROCEDURES

- Attend a virtual program information session*
- Attend a virtual assessment session
- Be selected for a virtual personal interview

Theory and hands-on learning for 28 weeks with an 8 week paid work placement.

FOR MORE INFORMATION: Contact Kristen Goetz at 519-574-6900

Email: preapp@conestogac.on.ca

Canada

EMPLOYMENT
ONTARIO

Ontario



This Employment Ontario program is funded in part by the Government of Canada and the Government of Ontario

CONESTOGA COLLEGE 2023

PRE-APPRENTICESHIP ADMISSION PROCEDURES

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■ DATES

- | | |
|------------------------------------------------------|-----------------------------------------------------|
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4:00 - 5:00 pm | • Wednesday, May 17, 2023
6:00 - 7:00 pm |
| • Thursday, April 20, 2023
4:00 - 5:00 pm | • Thursday, June 1, 2023
4:00 - 5:00 pm |
| • Wednesday, April 26, 2023
6:00 - 7:00 pm | • Wednesday, June 14, 2023
4:00 - 5:00 pm |
| • Thursday, May 11, 2023
4:00 - 5:00 pm | |



2. PARTICIPATE IN A VIRTUAL ASSESSMENT SESSION

Following the information session, if you decide that you would like to be considered for this pre-apprenticeship program, you will need to complete a virtual assessment. You will be assessed in English, Mathematics and Mechanical Reasoning.

3. INTERVIEW

Select applicants will be invited to return for a virtual interview. If selected, you will receive an email with the date, time and Zoom meeting link.

Please ensure that you bring:

- Copy of OSSD, GED or equivalent
- Copy of your high school transcript if you have not yet completed your OSSD or GED
- Any reference or recommendation letters from employers or instructors
- Current resume
- Social insurance number

- Acceptance is based on a combination of your assessment results and the personal interview.

FOR MORE INFORMATION:

Contact Kristen Goetz at 519-574-6900

Email: preapp@conestogac.on.ca



CONESTOGA



WELDER / METAL FABRICATOR

PRE-APPRENTICESHIP PROGRAM

BEGINS

July 3, 2023

CAMBRIDGE
REUTER CAMPUS

FREE TUITION AND TRAINING

ADMISSION REQUIREMENTS

- OSSD, GED or equivalent*
- 16 years of age or over
- A resident of, and able to work in Ontario
- Proficient in English language

* Those not possessing OSSD or GED may still be considered

ADMISSION PROCEDURES

- Attend a virtual program information session
- Participate in a virtual assessment session
- Be selected for a virtual personal interview

Theory and hands-on learning for 25 weeks with an 8 week paid work placement

■ **FOR MORE INFORMATION:** Contact Michelle Ruston at 226-898-3852
Email: preapp@conestogac.on.ca

Canada

EMPLOYMENT
ONTARIO

Ontario

This Employment Ontario program is funded in part by the Government of Canada and the Government of Ontario

CONESTOGA COLLEGE 2023 PRE-APPRENTICESHIP **ADMISSION PROCEDURES**

Conestoga College is now accepting applications for our FREE Pre-Apprenticeship Program!

To be considered you must do the following:

1. ATTEND A VIRTUAL PROGRAM INFORMATION SESSION (via Zoom)

■ DATES

- | | |
|---------------------------------------------------|-------------------------------------------------|
| • Tuesday April 4, 2023
4:00- 5:00pm | • Wednesday May 24, 2023
4:00- 5:00pm |
| • Wednesday April 19, 2023
4:00- 5:00pm | • Tuesday May 30, 2023
4:00- 5:00pm |
| • Tuesday April 25, 2023
4:00- 5:00pm | • Tuesday June 13, 2023
6:00- 7:00pm |
| • Tuesday May 9, 2023
4:00- 5:00pm | |



2. PARTICIPATE IN A VIRTUAL ASSESSMENT SESSION

Following the information session, if you decide that you would like to be considered for this pre-apprenticeship program, you will need to complete a virtual assessment. You will be assessed in English, Mathematics and Mechanical Reasoning.

3. INTERVIEW

Select applicants will be invited to return for a virtual interview. If selected, you will receive an email with the date, time and Zoom meeting link.

Please ensure that you can provide the following:

- Copy of OSSD, GED or equivalent
- Copy of your high school transcript if you have not yet completed your OSSD or GED
- Any reference or recommendation letters from employers or instructors
- Current resume
- Social insurance number

- Acceptance is based on a combination of your assessment results and the personal interview.

FOR MORE INFORMATION:

Contact Michelle Ruston at 226-898-3852
Email: preapp@conestogac.on.ca



Athletics

Track and Field Success

Please congratulate the Track and Field Team on their performance at CWOSSA last week. Several athletes will be moving on to OFFSA West this Friday and Saturday, they include M. Porto in 300 M hurdles and pole vault, M. Olatundun in long jump and the 4x100m relay, T. Riordan in shotput, B. Jolley in Discus, M. Harris in 200M and 400M, M. Holman in the 200M, R. Buckley in pole vault and D. Senc, N. Crawford, K. Channer in the 4x100M relay. Please wish them luck!

Softball D8 Champs

Congratulate to the girls softball team for their big win in Waterloo defeating St. David's 17-9 and winning the girls softball D8 championships for the first time ever.

The girls are off to CWOSSA in Kitchener tomorrow.

Soccer Boys D8 champs

For the first time in 25 years the Senior Boys Soccer Team brought home the gold on Wednesday, May 24th. The boys played against the St. Mary's Eagles in an exciting match up that finished with a score of 3-1 for the St. Benedict Saints. Winning goals were shot by Camilo Vasconcelos and Kyan Resendes. It was a great moment for not only the team but Coaches Andreia Borba, Michael Jansen and Kylie Sousa. The boys had an incredible season with 4 wins, 1 tie and 1 loss.

The 2023 Sr. Boys Team consisted of; Adrian Andrasic, Andy Carroll, Anthony Ostrun, Camilo Vasconcelos, Kyan Resendes, Damian Paul, Logan Todoroff, Aiden Borges, Malachi Dompreeh, Jason Newton, Jonathon Reis, Eyosyas Million, Brayden French, Mateo Cordeiro, Michael Pires, Taha Khan, Nathan Maciel, Bilal Shakeel, Daniel De Sousa, Luciano Jardim, Rayan Emira, Daniel Martinez, Ibi Khalil.

Sports Results

SENIOR GIRLS SLO PITCH

St. Benedict CSS 11, St. David CSS 6
St. Benedict CSS 20, Pere-Rene-de-Galinee 4
St. Benedict CSS 20, Resurrection CSS 2
St. Benedict CSS 9, St. Mary's HS 8
St. Benedict CSS 17, Monsignor Doyle CSS 2
St. Benedict CSS 17, St. David CSS 9

SENIOR BOYS SLO PITCH

St. Mary's HS 17, St. Benedict CSS 8
Resurrection CSS 20, St. Benedict CSS 2

SENIOR BOYS SOCCER

St. Benedict CSS 3, St. Mary's HS 1

Check out the calendar on the bottom of the newsletter and on the school website for up-to-date information about game times for all your St. Benedict teams!

The St. Benedict Soccer Saints should determination and skill in every game; through injuries, many never gave up. It has been a long journey, but the goal has finally been achieved! Congratulations Boys! Next up CWOSSA!

See the game synopsis in [this YouTube video](#).



CWOSSA Semi Final update

The Sr. Boys Soccer team played against Guelph this morning. Down 3-0 at half time, they came back to win in extra time, advancing to the finals. It was an outstanding second half and a true testament to not giving up.

The finals are today at 3:00pm against Grand River at RBJ Schlegel Park in Kitchener. If you can find the time to make it out it would be great to have the support!

Clubs

First Ever Girls' Garage Clinic

On May 29th, the Girls' Garage Club hosted their first ever clinic to teach staff members how to change a tire, check tire pressure, and share their knowledge. We are excited for future clinics where they will be given the opportunity to teach more skills such as checking and changing fluids or oils. The staff at Bennies left the clinic feeling empowered to change their own tires if they ever encounter a flat on the road (if and when it's safe to do so). Thank you so much for teaching the staff these important practical skills!

Does this look like something you want to get involved in? Do you want to learn auto skills? This club could be for you! Contact Mr. Dutto for more information.



Student Activities

Saints and Mustangs join to bring Thrift shop

Hey Saints! The Saint Benedict SAC is joining together with the Monsignor Doyle SAC to bring you our school's first thrift initiative. Do you have old clothes that you don't wear anymore or that don't fit? Bring the washed items in to the SAC office every Tuesday and Thursday at lunch. All items from both schools will be collected and then sorted for a big thrift event taking place at St. Benedicts on Tuesday June 13th! And bringing in items will give you credit that can be redeemed at the event. All proceeds and unsold items from the event will be donated to charity, so bring in those clothing items Saints, and help us to create a more sustainable environment.

Watch the announcements for collection days for clothing items for our thrift shop taking place on June 13th. Bring in clothes that you don't wear anymore or that don't fit to the SAC office at lunch every Tuesday and Thursday until June 6th. When you bring in items you can get redeemable tickets for the event. Donate to a good cause, and clear up your wardrobe!

Other News

News from the Library



From the Librarian's desk

Warm weather is here and with it, almost the end of another school year! Here are just a few of the activities that will be happening during the month of June.

Thursday June 8: Cambridge Therapy Dogs Return!

On Thursday, June 8th, our fabulous trio of dog teams return for a final visit before the end of the school year.

Deb and her dog Bruno, Pat and her dog Minka, and Stefanie with her dog Foxy will be visiting in the Library Learning Commons during lunch (10:30AM to 11:30AM) that day. Come visit and enjoy some time with the dogs before the end of the school year. All are welcome!

Featured Idea Exchange Programs

Note: The following events are hosted by Idea Exchange and are not affiliated with St. Benedict or the WCDSB. Please visit ideaexchange.org for more activities in June and during the summer months!

Friday June 16: DIY Father's Day Card pop-up

For St. Bennies students only! Friday June 16th (Father's Day is Sunday, June 18th) In the Library Learning Commons during LUNCH and AFTER SCHOOL! Create a card that celebrates your dad or the people who have played a guiding role in your life!

Friday June 30th: Kick-Off To Summer

Kick off the summer with water games, relay races, beach bowling, and more!

Outside Clemens Mill Library: 10AM to 2PM

Summer treats will be provided.



Hey, teen chess enthusiasts and beginners! Want another chance to learn chess or practice your skills?

We are running a Chess Club, Tuesdays, 3:00PM to 4:00PM in the library!!

Drop-in.

Snacks, boards, and clocks will be provided.

FREE Community Tutoring in Cambridge

Monday

Preston Heights - 4:30 to 6:30 PM
2nd Floor - 350 Linden Dr, Cambridge

Christopher Champlain Resource Centre
(Kinbridge) - 4:30 to 6:00 PM
8-125 Champlain Boulevard, Cambridge



**FREE Bus
Tickets**

Tuesday

Greenway Chaplin Community Centre
6:00 to 8:00 PM
116 Rouse Avenue, Cambridge

Wednesday

Kinbridge Community Association
3:00 to 4:30 PM
200 Christopher Dr, Cambridge

Thursday

Southwood Resource Centre (Kinbridge)
5:30 to 7:30 PM
1-241 Southwood Dr, Cambridge

Online

Every Monday, Tuesday and Thursday
from 5:30 - 7:30 PM on Google Meet.
Link: meet.google.com/mtz-puuy-ixg



**FREE Snacks and
Refreshments**



For more information contact Chad MackIntosh
Email: chadm@kinbridge.ca
Text or Call: (519) 496-1405

Tutoring Offered By Cambridge Neighbourhood Organizations

• SILVERHEIGHTS
NEIGHBOURHOOD
ASSOCIATION





NEW ←
GET UP TO \$1,000

Students in grades 5 to 12!
Do you like solving problems?

Use your talents to create a solution to a problem that affects you, your family, your friends, the world!

Our goal is to say **YES** to all ideas.

Get started at: youthcreativityfund.ca



Apply your creativity towards solving a problem

You can try to change the world or fix a small problem in your life. We're here to help.

Ask for some funds

* You pick the problem and then you apply for free funds (\$500 - \$1,000) to creatively put a plan in place to help solve the problem.

The deadline is the last day of every month.

We'll meet with you to ask a few questions. If you're ready, we'll send your application to the Program Committee for approval.

Ready. Set. Action!

Now's the big moment to try out your idea and celebrate success or embrace failure. Then figure out how to improve and try again.

Tell us how you did

After 3 months, we ask you to get back to us, tell us what you did, and what you learned so far.

Get started at:
youthcreativityfund.ca

Local charity BEP Waterloo Region (bepwr.ca) runs YCF.

HEY PARENTS & CAREGIVERS!

Help develop a culture of creativity in Waterloo Region's youth

We do that by investing in building the creative confidence of our young people. We all benefit when our youth thrive. They are the talent we need to thrive as a community.

Invest in our youth now at:
youthcreativityfund.ca



Calendar of Events

Thursday, June 1

9:00am: Relay For Life

10:45am: Brain Bee Club

10:45am: HOSA Club

10:45am: Seams Sew Easy

10:45am: Chess Club

10:45am: Writing Skills Society

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Concert Band

2:00pm: Math Club

2:00pm: E-car Racing Saints

2:00pm: Weight Room Club

2:15pm: Games Club

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement Council

2:15pm: Doctor Who Club

Friday, June 2

PA Day

Monday, June 5

10:45am: Lights Out! Club

10:45am: Coding Club

10:45am: EcoClub

2:00pm: Weight Room Club

Tuesday, June 6

10:45am: Model UN

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Weight Room Club

Wednesday, June 7

10:40am: The Social Justice Council
Multicultural Talent and Fashion Show

10:45am: Guitar Club

10:45am: Writing Skills Society

10:45am: Coding Club

2:00pm: E-car Racing Saints

2:00pm: Weight Room Club

Friday, June 9

10:45am: Star Trek Club

2:00pm: Weight Room Club

2:15pm: Doctor Who Club

Monday, June 12

10:45am: Lights Out! Club

10:45am: Coding Club

10:45am: EcoClub

2:00pm: Weight Room Club

Tuesday, June 13

10:45am: Model UN

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Weight Room Club

Wednesday, June 14

BENN Newsletter Release

8:00am: Grad Liturgy and Breakfast

10:45am: Guitar Club

10:45am: Writing Skills Society

10:45am: Coding Club

2:00pm: E-car Racing Saints

2:00pm: Weight Room Club

2:15pm: Graphic Novels Club

Thursday, June 15

10:45am: Brain Bee Club

10:45am: HOSA Club

10:45am: Seams Sew Easy

10:45am: Chess Club

10:45am: Writing Skills Society

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Concert Band

2:00pm: Math Club

2:00pm: E-car Racing Saints

2:00pm: Weight Room Club

2:15pm: Games Club

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement

2:00pm: Weight Room Club
2:15pm: Graphic Novels Club

Thursday, June 8

10:45am: Brain Bee Club
10:45am: HOSA Club
10:45am: Seams Sew Easy
10:45am: Chess Club
10:45am: Writing Skills Society
10:45am: GSA Club
10:45am: MCU Movies club
2:00pm: Concert Band
2:00pm: Math Club
2:00pm: E-car Racing Saints
2:00pm: Weight Room Club
2:15pm: Games Club
2:15pm: BoulderDash Club
2:15pm: Student Equity and Engagement Council

2:15pm: Student Equity and Engagement Council

Friday, June 16

year end assembly
10:45am: Star Trek Club
2:00pm: Weight Room Club
2:15pm: Doctor Who Club

Monday, June 19

GR 9 EQAO

*Be sure to check out the
calendar on the school
website for updates!*

The BENN Newsletter

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