



Wednesday, June 14, 2023 - Volume 15, Issue 21

Message from Administration

The past two weeks have been quite busy in the building as June signals the beginning of the wind down to the school year – final assessments, awards banquets, final assemblies, graduation celebrations and so much more.

We continue to be blessed to work alongside a wonderful staff and an energetic student body. We are proud of the dedication, passion and achievement exhibited by the students throughout the school year. We encourage everyone to continue their commitment to their learning and finish the year strong. Please encourage your students to be in class, in uniform with the materials required for their course. Students who are signed out by their parents are not to remain on the property, including the library.

Additionally, I have just a few important updates for you today so that you are aware of some of the upcoming changes in the Administration team for the 2023–24 school year.

I will be retiring at the end of June, it is bittersweet for me as I began my career at SBCSS over 30 years ago, and I have enjoyed having had the pleasure to serve the community as the Principal for the past four years, St. Benedict's will always hold a special place in my heart. Thanks to all for your support and kindness.

Ms. Kamta will also be leaving the community next year, as she looks forward to the birth of her baby in the summer. We wish her health and happiness while away from the community and look forward to having her back.

Congratulations to Mr. Figueiredo, who will be the new Principal in September. Joining the team as Vice Principals will be Matt Anderton and Leisha Craftchick, both returning to SBCSS. I hope you will join me in wish each of them the greatest of success and fulfillment in the upcoming school year.

Admin Team

Mrs. M. Ingoldsby
Principal
A–B

Mr. J. Figueiredo
Vice Principal
Bo–G, International

Mrs. C. Kamta
Vice Principal
H–N

Mr. R. Roque
Vice Principal
O–Z

Final Evaluation Days

All students are to attend school and be in full uniform on the scheduled exam days, including morning classes on Thursday.

Thursday, June 22

8:00 Period 2 class

9:00 Period 3 class

10:00 Period 4 class

12:00 Period 1 final evaluation

Buses: regular schedule

Friday, June 23

8:00 Period 2 final evaluation

Buses:

First wave leaves at 10:15

Second wave leaves at 10:25

Afternoon credit rescue

Buses

First wave: routes 012, 025, 043, 044, 049, 050, 051, 065

Monday, June 26

8:00 Period 3 final evaluation

Buses:

First wave leaves at 10:15

Second wave leaves at 10:25

Afternoon credit rescue

Tuesday, June 27

8:00 Period 4 final evaluation

Buses:

First wave leaves at 10:15

Second wave leaves at 10:25

Afternoon credit rescue

Wednesday, June 28

Credit rescue if needed

No buses

Second wave: routes 002, 014, 041, 048, 052, 057, 062

Graduation 2023 Information

Please see our [school website](#) for more information about Graduation 2023. Information with updates has been communicated through Guidance Google Classroom, school announcements, in-person in students' classrooms, LMS, and via School Messenger (phone and email). Please check emails regularly for updates. Tickets, gowns, and caps were distributed last week. If you still don't have yours, please see the Guidance Office.

Due to the maximum capacity at our venue, we cannot accommodate more tickets at this time. The chance to request a third ticket via filling in a Google Form has now passed. Thank you for understanding. A livestream link will be sent to parents/guardians closer to the date of the ceremony, which is June 27th at 6:30pm to be shared with families and friends who will be watching from home.

Graduating Class Chromebook Returns

If you have borrowed a Chromebook from the school, please return your devices anytime now until the end of the month in the attendance office. Ensure to include the charger as well. Thank you for your cooperation.

Attention all grade 12s and super 12s!

Here is your chance to wear civvies for the last few days of the school year!

Grade 12 civvies occur every June when grade 12 students donate their gently worn used uniform for repurposing. Student can then wear civvies for the remainder of their grade 12 school year for the days leading up to (and including) exams.

Hand in a minimum of 3 uniform items that are in GOOD CONDITION and receive a uniform pass allowing you to wear civvies for the rest of the school year. All donations will be thoroughly checked BEFORE a uniform pass will be granted so make sure your uniform items are clean and in good condition!

Donations will be accepted before school from 7:30am until 8am in the cafeteria on Wednesday, June 21 and from 7:30am–8am in room 111 on Thursday, June 22.

Civvies clothing are to adhere to the following expectations:

- Clothing should be neat, tidy and in good taste, making for a positive learning environment.
- Undergarments and midriffs are not to be visible
- No “short” shorts are allowed.
- Strapless tops or shirts are also not permitted.
- Students will be asked to change or cover shirts with slogans or images inappropriate for a Catholic school learning environment.

School administration reserves the right to send students home whose choice of dress is not in keeping with the above guidelines

Yearbooks are in!

2022-2023 Yearbooks are available for pick up next week in the atrium at lunch on Tuesday and Wednesday.

If you did not purchase a copy, a limited number are available for purchase on School Cash Online.

See Ms. Weiditch for details.



Final Report Card Distribution

Final reports will be placed in the mail the week of July 10th. Grade 12s will receive their transcripts in the same envelope.

If you do not receive these documents by the end of July, please contact the main office at 519-621-4050 X 5601.

Diploma Pick Up

Diploma pick up will be held on Wednesday, July 19th and Thursday, July 20th, between 8AM-2PM.

A PHOTO ID is REQUIRED upon arrival. For students 18+, if someone is picking up on your behalf, they must bring a signed note of permission or call the school ahead of time. Student cards are an acceptable form of identification.

If you are unavailable on these days, please email karen.mcintosh@wcdsb.ca to arrange an alternative pick up date.

Looking for a quick way to navigate all things WCDSB for parents?

Check out the Board website for information and information pertaining to Aspen Portal, Brightspace, School Cash Online, Transportation updates, and other resources

Literacy Test results in

Attention all OSSLT test takers! The results are finally in. If you are looking for your test results, please stop by room 3.2 at lunch to see Mrs. Borba and the crew.

A friendly reminder

Please remember to leave accessible parking spaces available for those who need it.



Positive Parent-Teacher communication

As always, parents/guardians are valuable partners in a child's education. We invite you to keep the lines of communication open as you can be an effective resource to support the learning your child. As per our WCDSB Administrative Procedures Memorandum #APC001, Communication Guidelines, all public and interpersonal communications must recognize the dignity of the individual and be conducted fairly, honestly, and respectfully.

When a parent, guardian or other board stakeholder has a concern or suggestion, it is expected that the matter will first be taken up with the staff member. The process outlined below should be followed.

1

Speak directly to the staff member. If the issue is not resolved, proceed to step two.

2

Speak to the Principal. If the person with the concern has not yet addressed the issue with the staff member involved, the Principal will ask them to do so.

3

If, having spoken to the Principal, the person with the concern believes the issue is not resolved, they may speak to the Superintendent of Learning responsible for the school.

4

If, having spoken to the Superintendent of Learning responsible for the school, the person with the concern believes the issue is not resolved, they may speak to the

5

If, having spoken to the Director of Education, the person with the concern believes the issue is not resolved, they may register as a delegation to address the Board of Trustees. Information on how to register as a delegation to the board is available in the WCDSB website. Please note that stakeholders are free to address the Board of Trustees as a registered delegation at any time, subject to any pertinent laws, regulations or board policies.

2022-2023 School Year Bell Times

7:55 Warning Bell
8:00 - 9:15 Period 1
9:20 - 10:35 Period 2
10:40 Lunch
11:20 Warning Bell
11:25 - 12:40 Period 3
12:45 - 2:00 Period 4



Stay
Connected
with
St. Benedict's!

Twitter

[@StBenedictCSS](https://twitter.com/StBenedictCSS)

Instagram

[@bennies_sac_updates](https://www.instagram.com/bennies_sac_updates)



Host an international student this July!



Who: Students age 13-17 from Spain & France live with a HOST FAMILY

What: Students take English classes Mon-Fri and go on trips/ activities during the week.

Host families provide room and board, plus a welcoming environment.

Where: St. Benedict Catholic Secondary School. Students are provided with a GRT pass.

When: Spanish June 29-July 27, French July 8-28.

Why: Provide your family and the international student with a fantastic cultural experience!

Families are remunerated \$1,000/ 4 weeks.

Please email stefanie@canadalinc.com or call **226.606.5943** for more information.

Our Faith in Action

A huge thanks to the students who gave of their time to make milk bag mats that will be delivered by Canadian Food for Children Charity to those in need in developing countries.

Another thanks to students who donated items to our Christmas drive and Food Bank cereal drive earlier this school year.

Keep it up Saints! Remember that even the smallest acts of kindness can make a difference!



News from Guidance

Community Service Hours – for 2023 Graduates

It is a requirement of graduation that each student complete 40 hours of community service. There are many opportunities to fulfill this requirement. Potential graduates should submit their hours to the Guidance office as soon as possible, so it can be recorded for graduation.

The WCDSB Community Involvement Activity Record can be found here –

<https://lf.wcdsb.ca/Forms/APO015-01F>

Who is your Guidance Counsellor?

Counsellor's Name	Ext	Last names
Mrs. O'Toole	5190	A – D
Ms. Arkell	5636	Do – Ke
Mr. Betik	5633	Kh – Pa
Ms. Varriano Lane	5635	Pe – Q, International students
Mrs. O'Neill	5634	R – Z

GUIDANCE GOOGLE CLASSROOMS

Once again, the Guidance department will have google classrooms available to share information with our students.

Please consider joining the classrooms:

Grade 9 and 10 – <https://classroom.google.com/c/Mzg1OTc4MjA0MDk1?cjc=7c3t6un>

Grade 11 and 12 – <https://classroom.google.com/c/Mzg1OTc4MjA0MjMz?cjc=mxmohzx>

Financing Post-Secondary: Scholarships, Bursaries, and OSAP

Got a 'rich uncle' with a bank full of cash waiting for you to cover your post-secondary costs? Well, I did not either. The reality is that post-secondary education is costly and takes planning, so we hope you've begun. Many students supplement their post-secondary savings through scholarships, bursaries, and loans. This article will get you pointed in the right direction to access the necessary resources for information.

Most scholarships for first year students are 'entrance' scholarships and are automatically awarded based on marks. Some awards, called bursaries, are based on financial need, but may also include other components such as volunteer service, leadership, or being associated with a service group, employer, or union. These are very individual, and you can search these out using the resources set out below.

The following sites are Canadian websites where you can register and search online for a variety of scholarships, bursaries, and contests to help fund post-secondary education.

- scholartree.ca
- scholarshipscanada.com

- schoolfinder.com
- disabilityawards.ca
- studentawards.com

The Scholarship Report is a service Guidance subscribes to at Bennies. It is a wonderful resource that you can use to search for scholarship opportunities by the month. It also provides a great deal of post-secondary information for all pathway opportunities. As the Scholarship Report is a proprietary service, access to it must be for the St. Benedict Community. In order, to view the report, go to the Scholarship page on the website and hit the link to the report. You will need a **PASSWORD** that is for St. Benedict students only. The password can be obtained through guidance.

What can you do now?

- Determine your post-secondary costs including tuition, books, room and board, travel, etc.
- Check parents' places of employment/ your place of employment or service groups for scholarships or bursaries
- Check with the schools in which you are going to apply
- Check Bennies website, through the Students Services tab, AND the Guidance Google Classroom (code – MXMOHZX)
- Create a scholarship/bursary resume where you collect all of your accomplishments, achievements, involvements, and potential barriers overcome in chronological order; you should line up references from teachers, community members and coaches who can speak to your involvement and character
- Talk seriously, with your family about your plan to fund post-secondary which may include applying for OSAP

OSAP – The Ontario Student Assistance Program (OSAP) is a financial aid program that can help you pay for college or university. Applying, for OSAP is done individually and one may be eligible for grants (free money!) and/or loans. OSAP applications will open in April or May 2023 for the 2023–2024 school year. Check out the OSAP website [OSAP](https://osap.ca) for more information. In order to plan, you can use the [OSAP Estimator](https://osap.ca/osap-estimator) tool for a quick guide to see if you eligible for loans or grants. This can be completed anytime.

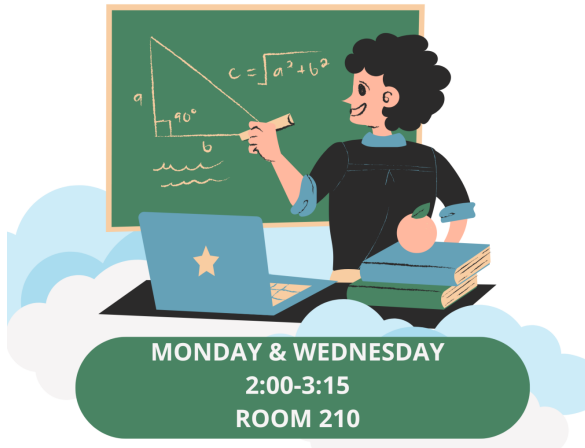
Post-secondary education is an investment in yourself. Planning, as best as possible, will help reduce stress and strain, and is certainly more reliable than finding a 'rich uncle'.

Academics

ST. BENEDICT CSS

HOMWORK CLUB

ENGLISH
MATH
SCIENCE



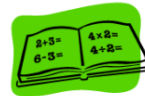
MATH CLUB



EVERY Thursday in ROOM 309

Grade 9, 10, 11, 12 students who want to:

- be able to answer those tough questions from class
- preview up-coming math contests
- prepare for tests, assignments or final exams
- have all your questions answered
- get ready for college or university



Meet with Dr. CHERNYSH
Thursdays after school
in room 309...
See you there!!!!

Saints Garage Spring Tech Tip!

Most drivers have already swapped their winter tires for summer ones, or will very soon. Did you know there's another step to the process that lots of people forget – taking the vehicle back later to get the wheels re-torqued.

Although it's rare for a wheel to fall off, if it does, it can cause major damage and be extremely dangerous. It is important to have your wheels re-torqued after approximately 50–100kms, and even more important on softer aluminum rims where lug nuts can loosen off more easily.



“Ultimately, drivers have a responsibility to make sure their vehicles are safe. If they aren’t careful and a wheel comes off, the consequences could be tragic. When you lose a wheel at highway speed, it’s a cannonball. It’s dangerous for you and potentially deadly for someone else.”

– Andrew Davidson, Road safety manager at the MTO

Luckily, the process is quick. But if you aren’t sure how to do this yourself, please connect with your local garage or Transportation Tech teacher.

Cambridge Training Centre

Ontario Youth Apprenticeship Program – Construction Craft Worker Level 1

Construction craft workers (CCW) erect and dismantle concrete forms, scaffolding, ramps, catwalk, shoring and barricades required at construction sites.

They mix, pour and spread materials such as concrete and asphalt. They are employed by construction, demolition, utilities, and civil and engineering construction companies

Expectations

In this course offered by LiUNA Local 837, you will be learning alongside peers building the foundations for your future career in construction.

A positive attitude and a desire to learn are key traits to be successful in this program. Additionally, mechanical aptitude, manual dexterity and an ability to perform hard physical work are necessary.

Courses/Training Provided

- WHIMIS
- Health and Safety Awareness
- Skid Steer and Mini Excavator
- Propane
- Working at Heights
- First Aid/CPR
- Fire Watch
- Confined Space Entry
- Power Elevated Work Platforms
- Hoisting and Rigging
- Fork Lift

Construction Craft Worker Level 1 is taking place from **September 11, 2023** to **November 3, 2023**

Cambridge Training Centre

330 Industrial Road
Cambridge, Ontario
N3H 4R7

Tel: 519-653-3333
Toll Free: 1-800-981-6181
Fax: 519-653-8086



2022 Wage Rates

ICI Sector - Industrial, Commercial and Institutional

Hamilton (BA 26)

Skilled Labourer

Hourly	\$33.51
Vacation	\$ 3.35
Pension	\$ 9.90
Ttl. Pkg.	\$ 50.47

Niagara (BA 5)

Skilled Labourer

Hourly	\$33.04
Vac.	\$ 3.29
Pension	\$ 9.90
Ttl. Pkg.	\$49.94

Heavy Sector

Hamilton (BA 26)

Skilled Labourer

Hourly	\$37.66
Vacation	\$ 3.77
Pension	\$ 9.37
Ttl. Pkg.	\$54.50

Formwork Council of Ont.

Hamilton/Niagara (BA 5 & 26)

Form Builders

Hourly	\$40.45
Vacation	\$ 4.04
Pension	\$ 9.57
Ttl. Pkg.	\$57.71

Utilities

Hamilton (BA 26)

Skilled Labourer GRP#4

Hourly	\$28.61
Vacation	\$ 2.86
Pension	\$7.32
Ttl. Pkg.	\$42.21

Distribution Gas

Hamilton/Niagara (Zone 3)

Skilled Labourer

Hourly	\$37.77
Vacation	\$ 3.78
Pension	\$ 9.20
Ttl. Pkg.	\$54.91

Residential

Hamilton/Niagara (BA 5 & 26)

Skilled Labourer

Hourly	\$29.30
Vacation	6%
Pension	\$ 5.80
Ttl. Pkg.	\$36.95

Low-Rise Forming

Hamilton/Niagara (BA 5 & 26)

Skilled Labourer

Hourly	\$35.01
Vacation	\$ 3.50
Pension	\$ 7.80
Ttl. Pkg.	\$49.31

*All rates (i.e. monetary) are subject to skill levels classifications

Benefits

Life Insurance	\$100,000 (member) \$30,000 (accidental) \$10,000 (wife/child)
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Prescriptions	Paid at 100% with direct pay swipe card
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Dental	100% Routine 80% Major 60% Orthodontic \$2500/yr (routine/major) \$3000/yr (one time orthodontics)
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Vision	Lenses / Frames / Contacts \$500.00 / 12 mths Safety Glasses \$200.00 / 12 mths Laser Eye Surgery 100% up to \$1000.00 (life time)
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Hearing Aids	Repair/Replace \$400.00 / 60 mths
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Foot Care	Orthotics 50% up to \$600.00 / 12 mths
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Chiro/Physio/Massage Podiatrist & Chiropractists	\$1200 / 12 mths
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Counseling (EAP)	\$1000 / 12 mths
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Health Care Spending Account	\$1000 / 12 mths
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Retire with Dignity

Multi-Employer Diversified Pension Plan – “Multi Employer”

- Every company contributes to the same pension fund
- Every dollar contributed will be received back in the first 50 months of retirement.
- LIUNA's Pension Plan is fully funded through contributions from thousands of individual companies, so you are protected if your company becomes insolvent.
- You can arrange to have your spouse collect your pension for the duration of their lives.



Local 837

A **Construction Craft Worker** works on a wide variety of structures, such as residential, industrial, commercial, and institutional sites as well as hydroelectric dams, roadways, bridges, tunnels, mining and railways. They may also work on utility, landscape and pipeline projects. Specifically, a Construction Craft Worker:

- site preparation and cleanup, setting up and removing access equipment and working on concrete, masonry, steel, wood and pre-cast erecting projects
- handle materials and equipment and perform demolition, excavation and compaction activities
- responsible for site security
- may specialize in operating off-road vehicles, drilling and blasting, scaling, sandblasting, high pressure washing, diving, tunnelling and performing emergency rescue

Construction Craft Worker is a trade regulated by the *Ontario College of Trades and Apprenticeship Act, 2009*. Qualified individuals may obtain a Certificate of Qualification, which confirms its holder has the skills, knowledge and experience that meet industry standards of practice for the trade.

In order to complete an apprenticeship training program in the trade, individuals must become members of the Ontario College of Trades (the College), and apprentices must remain active members for the duration of their apprenticeship.

Upon completing an apprenticeship, the Ministry of Training, Colleges and Universities (MTCU) will issue an individual a Certificate of Apprenticeship. Upon passing the trade's certification examination and meeting the College's registration requirements, the individual may apply to become certified and registered as a journeyman in the trade.

In Ontario, the trade is part of the Interprovincial Red Seal Program—the national standard for the trade across Canada: www.red-seal.ca.

APPRENTICESHIP PROGRAM

An apprenticeship training program consists of on-the-job and in-school training. Generally, the time-frame to become competent in the trade of Construction Craft Worker is 2,880 hours (approximately one and a half years) consisting of 2,400 hours of on-the-job work experience and 480 hours of in-school training.

For detailed information about this program, see the apprenticeship training standard: www.collegeoftrades.ca/training-standards

ON-THE-JOB TRAINING

An apprenticeship involves practical training provided on-the-job by a skilled worker, or trainer. The skills or competencies to be developed are set out by the trade's Apprenticeship Training Standard and are recognized by the industry as being essential to the practice of the trade.

As these essential skills are developed, the apprentice's sponsor or trainer signs the relevant sections of the training standard to indicate that the apprentice has met the individual training objectives by demonstrating the skills required of a skilled worker, or journeyman, in the trade.

IN-SCHOOL TRAINING

A Construction Craft Worker apprenticeship includes two levels of theoretical training, which includes but is not limited to instruction in:

- construction safety
- blueprints and specifications
- construction tools
- equipment handling practices and procedures
- rigging, hoisting and material handling
- earthwork, barriers and controls
- scaffolding

Depending on the training delivery agency, in-school training may be available in one of the following ways:

- block release (full-time, for a set number of weeks)
- day release (one day per week from September to June)
- part-time (night-school programs)
- alternative delivery (online, correspondence, etc.)

MTCU is responsible for reviewing and scheduling classroom training for apprenticeship programs established by the College.

For more information about in-class training, contact a local MTCU Apprenticeship Office: services.findhelp.ca/eo/tcu/appoff



APPRENTICESHIP – WHAT IS IT AND HOW DOES IT WORK?

Apprenticeship is a work-based training program for people who want to work in a skilled trade or occupation. It is also a post-secondary education pathway that provides access to well-paying jobs that require a high level of skill, judgment and creativity. Apprentices are paid while gaining work experience and their wages increase with their skill level. About 90% of apprenticeship training takes place in the workplace, while the remainder consists of theoretical instruction, usually obtained at a college of applied arts and technology or other approved training delivery agency. Apprenticeship training is delivered in partnership by the MTCU and the College. Training agreements between apprentices and sponsors are registered by the MTCU in accordance with legislation. Each individualized training agreement represents workplace training that the sponsor agrees to provide to someone who wants to learn a skilled trade.

ONTARIO COLLEGE OF TRADES – WHO ARE THEY AND WHAT DO THEY DO?

The Ontario College of Trades is the regulatory body for skilled trades professions in Ontario. The College enforces regulations that help protect the public and is committed to promoting the value of working with certified skilled trades professionals. The College also maintains a register of its members including the following membership classes: Journeypersons, Apprentices, Journeyperson Candidates, Tradespersons, and Employers/Sponsors. Individuals with registered training agreements must become members of the College's Apprentices Class and must remain a member in good standing with the College in order to complete the apprenticeship program. To learn more about the College, call toll-free 1-855-299-0028 or in Toronto, call 647-847-3000 or visit www.collegeoftrades.ca.

HOW DOES SOMEONE BECOME AN APPRENTICE?

The person finds a sponsor willing to ensure that he or she is provided with training according to the Apprenticeship Training Standard established by the College. A sponsor may be an individual, employer, third-party sponsor group, or any entity able to provide an apprentice with opportunities to learn the skills necessary to practice the trade. The person and the sponsor submit a completed Application for Apprenticeship to the local MTCU Employment Ontario office. MTCU staff will arrange a discussion to assess the person's eligibility for the program and the sponsor's ability to provide the required training. Staff will explain the roles and responsibilities of all parties involved in apprenticeship training, including the College, and register the training agreement. MTCU staff will also explain the classroom training options and, together with the sponsor, monitor the apprentice's progress during the program. For more information on becoming an apprentice, visit: www.earnwhileyoulearn.ca.

HOW LONG DOES AN APPRENTICESHIP TAKE TO COMPLETE?

Apprenticeships take two to five years to complete, depending on the trade. Prior education and related work experience are considered when determining the length of the program at registration. Flexible classroom training options are generally available to meet the specific needs of apprentices and their sponsors.

ARE THERE OTHER PATHWAYS TO APPRENTICESHIP TRAINING?

The Co-Op Diploma Apprenticeship program allows students attending college to receive apprenticeship training while earning a diploma. The Pre-Apprenticeship Training program helps unemployed individuals strengthen their skills and increase their eligibility for apprenticeship training in a specific skilled trade.

CAN A STUDENT START AN APPRENTICESHIP WHILE ATTENDING HIGH SCHOOL?

The Ontario Youth Apprenticeship Program (OYAP) allows high school students to participate in apprenticeship training while earning their high school diploma. Interested students should contact their guidance counsellor or technical teacher for more information.

DOES THE GOVERNMENT ENCOURAGE SPONSORS TO HIRE APPRENTICES?

The Ontario government provides the Apprenticeship Training Tax Credit to corporations and unincorporated businesses that hire apprentices in certain skilled trades, an Employer Signing Bonus to sponsors who register new apprentices in sectors in which skilled workers are in high demand, and an Employer Completion Bonus to sponsors whose apprentices complete their programs.

DOES THE GOVERNMENT PROVIDE FINANCIAL SUPPORT TO APPRENTICES?

Apprentices can benefit from the Ontario government's Apprenticeship Scholarship and Loans for Tools programs. Both the Ontario and the federal government offer grants during and at the completion of the apprenticeship program.

HOW CAN I LEARN MORE ABOUT APPRENTICESHIP TRAINING?

Visit the MTCU Employment Ontario website at www.ontario.ca/employment, call the MTCU Employment Ontario Contact Centre at 1-800-387-5656 or 416-325-4084 for service for the deaf, visit an Employment Ontario office or visit www.tcu.gov.on.ca.



St. Catharines

267 Carlton St.
St. Catharines, ON
Phone No.: 905.227.1837
Fax No.: 905.227.0165

Hamilton

44 Hughson St. South
Hamilton, ON
Phone No.: 905.525.1116
Fax No.: 905.529.2723

Cambridge

330 Industrial Rd
Cambridge, ON
Phone No.: 519.653.3333
Fax No.: 519-653-8086





GENERAL CARPENTER

PRE-APPRENTICESHIP PROGRAM

BEGINS **July 24, 2023** CAMBRIDGE
REUTER CAMPUS

FREE TRAINING AND TUITION

ADMISSION REQUIREMENTS

- OSSD, GED or equivalent*
- A resident of, and able to work in Ontario
- Proficient in English language

* Those not possessing OSSD or GED may still be considered

ADMISSION PROCEDURES

- Attend a virtual program information session
- Participate in a virtual assessment session
- Be selected for a virtual personal interview

Theory and hands-on learning for 21 weeks with an 8 week paid work placement.

■ FOR MORE INFORMATION: Contact Eva Opitz-Black at 437-224-3436

Email: preapp@conestogac.on.ca

Canada

EMPLOYMENT
ONTARIO

Ontario

This Employment Ontario program is funded in part by the Government of Canada and the Government of Ontario

CONESTOGA COLLEGE 2023

PRE-APPRENTICESHIP ADMISSION PROCEDURES

Conestoga College is now accepting applications for our FREE Pre-Apprenticeship Program!

To be considered you must do the following:

1. ATTEND A VIRTUAL PROGRAM INFORMATION SESSION (via Zoom)

■ DATES

- **Wednesday, April 5, 2023**
4:00 - 5:00 PM
- **Tuesday, May 30, 2023**
4:00 - 5:00 PM
- **Tuesday, April 18, 2023**
6:00 - 7:00 PM
- **Wednesday, June 14, 2023**
6:00 - 7:00 PM
- **Wednesday, May 3, 2023**
6:00 - 7:00 PM
- **Tuesday, June 27, 2023**
4:00 - 5:00 PM
- **Tuesday, May 16, 2023**
4:00 - 5:00 PM



2. PARTICIPATE IN A VIRTUAL ASSESSMENT SESSION

Following the information session, if you decide that you would like to be considered for this pre-apprenticeship program, you will need to complete a virtual assessment. You will be assessed in English, Mathematics and Mechanical Reasoning.

3. INTERVIEW

Select applicants will be invited to return for a virtual interview. If selected, you will receive an email with the date, time and Zoom meeting link.

Please ensure that you bring:

- Copy of OSSD, GED or equivalent
- Copy of your high school transcript if you have not yet completed your OSSD or GED
- Any reference or recommendation letters from employers or instructors
- Current resume
- Social insurance number

- Acceptance is based on a combination of your assessment results and the personal interview.

FOR MORE INFORMATION:

Contact Eva Opitz-Black at 437-224-3436
Email: preapp@conestogac.on.ca





INTRODUCTION TO CONSTRUCTION TRADES

PRE-APPRENTICESHIP PROGRAM

Carpentry, Electrical, Plumbing and Welding

BEGINS

July 3, 2023

BRANTFORD
Aviation Campus

FREE TRAINING AND TUITION

ADMISSION REQUIREMENTS

- OSSD, GED or equivalent*
- 16 years of age or over
- A resident of, and able to work in Ontario
- Proficient in English language

* Those not possessing OSSD or GED may still be considered

ADMISSION PROCEDURES

- Attend a virtual program information session*
- Attend a virtual assessment session
- Be selected for a virtual personal interview

Theory and hands-on learning for 28 weeks with an 8 week paid work placement.

FOR MORE INFORMATION: Contact Kristen Goetz at 519-574-6900

Email: preapp@conestogac.on.ca

Canada

EMPLOYMENT
ONTARIO

Ontario



This Employment Ontario program is funded in part by the Government of Canada and the Government of Ontario

CONESTOGA COLLEGE 2023

PRE-APPRENTICESHIP ADMISSION PROCEDURES

Conestoga College is now accepting applications for our FREE Pre-Apprenticeship Program!

To be considered you must do the following:

1. ATTEND A VIRTUAL PROGRAM INFORMATION SESSION (via Zoom)

■ DATES

- | | |
|--|---|
| • Wednesday, April 5, 2023
4:00 - 5:00 pm | • Wednesday, May 17, 2023
6:00 - 7:00 pm |
| • Thursday, April 20, 2023
4:00 - 5:00 pm | • Thursday, June 1, 2023
4:00 - 5:00 pm |
| • Wednesday, April 26, 2023
6:00 - 7:00 pm | • Wednesday, June 14, 2023
4:00 - 5:00 pm |
| • Thursday, May 11, 2023
4:00 - 5:00 pm | |



2. PARTICIPATE IN A VIRTUAL ASSESSMENT SESSION

Following the information session, if you decide that you would like to be considered for this pre-apprenticeship program, you will need to complete a virtual assessment. You will be assessed in English, Mathematics and Mechanical Reasoning.

3. INTERVIEW

Select applicants will be invited to return for a virtual interview. If selected, you will receive an email with the date, time and Zoom meeting link.

Please ensure that you bring:

- Copy of OSSD, GED or equivalent
- Copy of your high school transcript if you have not yet completed your OSSD or GED
- Any reference or recommendation letters from employers or instructors
- Current resume
- Social insurance number

- Acceptance is based on a combination of your assessment results and the personal interview.

FOR MORE INFORMATION:

Contact Kristen Goetz at 519-574-6900

Email: preapp@conestogac.on.ca



CONESTOGA



WELDER / METAL FABRICATOR

PRE-APPRENTICESHIP PROGRAM

BEGINS

July 3, 2023

CAMBRIDGE
REUTER CAMPUS

FREE TUITION AND TRAINING

ADMISSION REQUIREMENTS

- OSSD, GED or equivalent*
- 16 years of age or over
- A resident of, and able to work in Ontario
- Proficient in English language

* Those not possessing OSSD or GED may still be considered

ADMISSION PROCEDURES

- Attend a virtual program information session
- Participate in a virtual assessment session
- Be selected for a virtual personal interview

Theory and hands-on learning for 25 weeks with an 8 week paid work placement

■ **FOR MORE INFORMATION:** Contact Michelle Ruston at 226-898-3852
Email: preapp@conestogac.on.ca

Canada

EMPLOYMENT
ONTARIO

Ontario

This Employment Ontario program is funded in part by the Government of Canada and the Government of Ontario

CONESTOGA COLLEGE 2023 PRE-APPRENTICESHIP **ADMISSION PROCEDURES**

Conestoga College is now accepting applications for our FREE Pre-Apprenticeship Program!

To be considered you must do the following:

1. ATTEND A VIRTUAL PROGRAM INFORMATION SESSION (via Zoom)

■ DATES

- | | |
|---|---|
| • Tuesday April 4, 2023
4:00- 5:00pm | • Wednesday May 24, 2023
4:00- 5:00pm |
| • Wednesday April 19, 2023
4:00- 5:00pm | • Tuesday May 30, 2023
4:00- 5:00pm |
| • Tuesday April 25, 2023
4:00- 5:00pm | • Tuesday June 13, 2023
6:00- 7:00pm |
| • Tuesday May 9, 2023
4:00- 5:00pm | |



2. PARTICIPATE IN A VIRTUAL ASSESSMENT SESSION

Following the information session, if you decide that you would like to be considered for this pre-apprenticeship program, you will need to complete a virtual assessment. You will be assessed in English, Mathematics and Mechanical Reasoning.

3. INTERVIEW

Select applicants will be invited to return for a virtual interview. If selected, you will receive an email with the date, time and Zoom meeting link.

Please ensure that you can provide the following:

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- Copy of your high school transcript if you have not yet completed your OSSD or GED
- Any reference or recommendation letters from employers or instructors
- Current resume
- Social insurance number

- Acceptance is based on a combination of your assessment results and the personal interview.

FOR MORE INFORMATION:

Contact Michelle Ruston at 226-898-3852
Email: preapp@conestogac.on.ca



Athletics

Bennie's Varsity Girls Slow-Pitch Third in Province

Please congratulate our Varsity Girls Slow-Pitch Team on an amazing run into the OFSAA Slow-pitch tournament on Monday and Tuesday. The girls came into the tournament ranked 6th in the province and had to face the #3 ranked St. Michael's from Stratford. With an amazing offensive onslaught and strong defence, our girls persevered to beat St. Michaels 15-8.

Two more wins for the girls against 14th-seeded Bayside High from Belleville 12-5 and 10th-seeded B.A. Carter High from Sudbury 26-6 secured our Saints a spot in the semi-finals of the Grand Championships.

The girls fought hard against a very tough #2 ranked Richview High from Etobicoke but fell short losing 11-2. The loss in the semi-finals didn't stop the girls from coming out strong in their bronze medal win against St. Peter's High School from Barrie 10-7.

Winning the bronze at OFSAA makes our Varsity Girls Slow-Pitch Team the 3rd best team in all of Ontario. Excellent job girls, you have made your coaches and your school proud.



Track and Field results

St. Benedict finished its amazing track and field season with a final performance at the Ontario Championships in Ottawa this past weekend.

Putting St. Benedict on the map in the all-Ontario championship in Ottawa, T. Riordon competed in the Novice Girls Shot Put. Tori finished the season with a personal best throw of 9.92 metres, which puts her in the top 10 in the province after just recently being introduced to the sport.

Congratulations to all of our competitors this season.

MVPs of each division were: M. Porto, M. Olatundun, A. Adams, F. Latif, M. Harris, M. Holman

Spirit Award winners were: T. Riordon, K. Channer, M. Olatundun, R. Buckley, B. Jolley, T. Elises

The Kevin Largey Award went to Colin Carriere.

Thanks to all athletes for an awesome season!

Saints Football Begins Road to 2023 Championship

The Saints football program took part in a 4 day spring camp the week of June 12th with the goal of beginning to take the initial steps towards winning another District 8 Championship in 2023. Coach Vale as well as 9 community volunteers were thrilled to be working with over 60 motivated players who are excited to be suiting up in the blue and gold in the fall. Both junior and senior players were put through a series of drills and game-like scenarios to refine their skills and build momentum for next season. The Saints program is focused and determined to return to the Championship glory they experienced in 2021 when both the Junior and Senior programs raised the District 8 trophy!



Young Basketball Enthusiasts are “Chewin’ up the Nets” at St. Benedict



Waterloo Region has long been a basketball hotbed, and with the recent success and stardom of Kitchener's newly-crowned NBA Champion Jamal Murray, you can expect more youth than ever before will want to take up the game.

For 16 years, St. Benedict CSS in Cambridge has had the privilege of running the annual Family of Schools Basketball Spring Basketball League for boys and girls in grades four to eight.

Founded by John Malnerich, St. Benedict's past senior boys basketball coach, the program provides members of the St. Benedict community and its family of schools a transition activity for students who will eventually attend St. Benedict.

The St. Benedict family of schools is comprised of: Christ the King, Our Lady of Fatima, St. Elizabeth, St. Gabriel, St. Joseph (C), St. Margaret, St. Michael, St. Peter, St. Teresa of Calcutta.

This popular community program is run by current players in the St. Benedict basketball program who are interested in taking on a leadership role within the school community.

These student leaders are responsible for assisting in the delivery of the program as well as coaching their own team. This provides future Saints the opportunity to meet current students as well as get familiar with the facility.



For the current group of student coaches, it provides them the opportunity to enhance their leadership skills and give back to the community.

The program requires NO basketball experience.

The school promotes the program and encourages players to come to the league with a positive mindset, eagerness to learn, openness to meet new people and make new friends, and to gain confidence to try out for extracurricular activities when they reach high school in order to be more connected with the school and its community.

The overriding goal is not only to enhance the skills of each player but also help students feel more comfortable about their transition to St. Benedict in the future and to have an immediate sense of belonging within a school community.



What makes this program so special is that many athletes who grew up attending the program have now cycled through and have become coaches helping to run it.

This speaks to the positive experience that these students had at a young age, and the special place this program holds in their hearts.

The St. Benedict Family of Schools Basketball Spring Basketball League is a shining example of what it means to be the heart of the community, where success for each is possible and there is always a place for all!!!

Clubs

Racing Saints have great year

The Racing Saints had an amazing year with all the new implementations such as suspension and frame configurations, complete graphic changes to both cars, new gear ratios that were calculated, designed, 3D printed and installed and much, much more. Mr. Castela and Mr. Dutto would like to thank the team on all their dedication and efforts this season. See you all back in the fall!



Members of the team with their two cars.

Doctor Who Club: Final meeting this Friday

The final DOCTOR WHO CLUB meeting of the year takes place this Friday June 16th after school in room 226. We'll be holding the final prize raffle of this year...and in honour of the upcoming 60th anniversary celebrations this November, we're finishing off the year with a viewing of the VERY FIRST episode from 1963: AN UNEARTHLY CHILD.



Join us for our final gathering of the year...and then we'll be back in September with more adventures in time & space with our favourite Time Lord.

Saints Rowing Club rows in Regatta

This past weekend, 14 members of the Saints Rowing Club represented St Benedict at the Canadian Secondary Schools Rowing Association Championship Regatta in St Catherine's - a huge event drawing schools from all over Canada, the US, and around the world.

They showed much heart and determination in supporting each other through a weekend of extreme heat and wind. Our rowers in our 8+ crew, with Jasmine Ramos at the helm as cox, finished their 2 km race with grit and huge smiles on their faces. This was the first time St Benedict has ever sent a crew to compete in a national rowing regatta, and the Saints Rowing Club is the top rowing team in our district! They've made history already, and have only just begun to write the story of Saints Rowing.

The Saints have been supported by a huge team of community and parent volunteers who have spent many early mornings and this past weekend investing in this team. Their coaches Ms Currie, Ms Novakovich, and Ms Pittens could not be more proud of the entire rowing team for an inspiring and fun season that will wrap up with our final row of the year on the Grand River this Wednesday.

Student Activities

Other News

News from the Library



From the Librarian's Desk

Wishing all St. Bennies students a successful end-of-the school year.

Congratulations to the class of 2023! You did it! Clemens Mill Library staff wish you all the best in your future endeavours.

Featured Idea Exchange Programs

Note: The following events are hosted by Idea Exchange and are not affiliated with St. Benedict or the WCDSB. Please visit ideaexchange.org for more activities in June and during the summer months!

Friday June 16: DIY Father's Day Card pop-up

For St. Bennies students only! Friday June 16th (Father's Day is Sunday, June 18th) In the Library Learning Commons during LUNCH and AFTER SCHOOL! Create a card that celebrates your dad or the people who have played a guiding role in your life!

Quiet Study Room

The St. Bennies Library Learning Commons is offering students a Quiet Study Room in the CreativeHub classroom just prior to exams.

The room will be open from 10AM to 2PM Monday June 19 to Thursday June 22 for individual study only. There will be one student per table and no talking will be strictly enforced. Space is limited and will be on a first come, first served basis.

Social Insurance Number Clinic

Are you looking for a job but don't have a Social Insurance Number? Visit the Learning Commons on Thursday, June 22th between 9am and 4pm to speak with a Client Service Specialist to help you apply

for your Social Insurance Number. The Client Service Specialist can also provide information on federal grants that are available to students, as well as available apprenticeship help

Power of Trades

Are you interested in exploring the skilled trades?

Visit the Learning Commons on Mondays (10am–12pm) and Wednesdays (1pm–4:30pm) in June and learn about this pre-employment training program.

Power of Trades is a program designed to help newcomers to Canada ages 18+ access jobs in the skilled trades in Ontario. All services are offered free of charge. This program is offered at no cost to participants.

Not sure if the skilled trades are right for you?

Skilled trades are hands-on jobs in the construction, motive power, industrial, and service sectors. With over 140 skilled trades to choose from in careers as diverse as automotive repair, landscaping, child care, and masonry work, these careers offer great opportunities for advancement, high salaries and options for self-employment.

Friday June 30th: Kick-Off To Summer

Kick off the summer with water games, relay races, beach bowling, and more! Outside Clemens Mill Library: 10AM to 2PM Summer treats will be provided.

Calendar of Events

Wednesday, June 14

6:30pm: June Jukebox Concert

Thursday, June 15

10:45am: Brain Bee Club

10:45am: HOSA Club

10:45am: Seams Sew Easy

10:45am: Chess Club

10:45am: Writing Skills Society

10:45am: GSA Club

10:45am: MCU Movies club

2:00pm: Concert Band

2:00pm: Math Club

2:00pm: E-car Racing Saints

2:00pm: Weight Room Club

2:15pm: Games Club

2:15pm: BoulderDash Club

2:15pm: Student Equity and Engagement Council

Friday, June 16

Year end assembly

10:45am: Star Trek Club

2:00pm: Weight Room Club

2:15pm: Doctor Who Club

Monday, June 19

GR 9 EQAO

Wednesday, June 21

Summer Solstice

7:30am: Grad used uniform turn-in

10:45am: Guitar Club

Thursday, June 22

Exam Day

7:30am: Grad used uniform turn-in

10:45am: HOSA Club

10:45am: Chess Club

Friday, June 23

Exam Day

Monday, June 26

Exam Day

Tuesday, June 27

Exam Day

6:30pm: Graduation Ceremony

Wednesday, June 28

Credit Rescue

BENN Newsletter Release

Thursday, June 29

Last Day of 2022-2023 School Year

Saturday, July 1

Canada Day

*Be sure to check out the
calendar on the school
website for updates!*

The BENN Newsletter

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